



The Little Flower Fraternity of the Secular Franciscan Order St. Margaret de Cortona Region

Come and be fed...body, mind, soul and spirit

January 28, 2023

*Then he returned to Bethany,
where he stayed overnight.*

MATTHEW 21:17 NLT

Sisters and Brothers of penance, our loving Lord Jesus knew and practiced the discipline of rest and withdrawal and he honored his friends Lazarus, Martha and Mary by allowing them to host him throughout his final week of life. Between days of intense public pressure in Jerusalem, Jesus found fellowship in Bethany.

Jesus balanced stress with friendship and quietness. His example reminds us to make time for rest and withdrawal amongst our Franciscan family. A life intent on serving God will meet resistance. Others may reject or misunderstand our efforts. Evil doesn't give ground without a fight. Even God's work leads to tired workers. The fourth commandment has not been canceled. Jesus put it in its proper context when he said, " ... the Sabbath was made for man, not man for the Sabbath ..."

In this way Jesus reminds us that God ordered us to rest for our benefit, to come away to a quiet place, not just to obey a command but to be refreshed by He Himself. We, like Jesus, may have to leave the place of conflict and stress in order to rest. Bethany was no escape or retreat; it was refreshment.

How often do you rest? How often do you plan times of withdrawal for reflection and renewal? Discipleship will be weary work without the component of rest. We are under orders to include it in our lives.

And so, at our February 11th Gathering the fraternity is going to take a moment in our fraternal life to step away from what we normally do and go away to a quiet place to pray and reflect together as we rest in the Heart of Jesus. We will be meeting from 9:00am beginning with Holy Mass until 3:00pm as we celebrate together our discipleship as Franciscans alive in Christ Jesus as was our Seraphic Father, St. Francis of Assisi. Please join us as we travel to the Heart of Jesus as he calls us aside to a quiet place.

Peace and all joy in Jesus and Francis,

Phillip Francis Pucher, OFS
Minister & Servant Leader

What's next....

PERFECT JOY!
In Rejection Celebrating the Joy of Jesus in the Season of Lent

Saturday, February 11, 2023
9AM to 3PM

Mass at 9am

Continental Breakfast provided
Bring your own lunch
(There will not be sufficient time to go out and grab lunch)

Beverages and snacks will be provided throughout the day
Wrap up, cleaned up and out by 3pm
(We ask everyone to help in some way to clean up...many hands make light work!)

What's in store for the day?
Your Brothers and Sisters will cover topics from:

The Early Days
Penance
From the Heart
The Writers
Joyful Noise
Wrap up with a Taizé Prayer Service!

Also, please remember to bring:
Ritual (Brown) Book
Paper and pen for note taking
Your financial contributions for the month
It is also suggested to bring a chair cushion for the day



******HELP US HELP ST. FRANCIS CHURCH FOOD PANTRY!******

******PLEASE BRING NON-PERISHABLE FOOD ITEMS TO EACH GATHERING!******

(Note: If you are bringing items from your personal pantry, please check the expiration dates and kindly do not bring expired items for donation as they will likely be discarded)



The key to our success is COMMUNICATION!

If you are in need of prayers for yourself or an immediate family member,
please make sure to contact our Infirmarian

She's back!

Helen Tumminello

Phone 410-859-8226 (Preferred) or e-mail: hltumminello@aol.com

Helen will then get out an e-mail and make phone calls with the information.

****Our Sister Helen is returning as our Infirmarian! A HUGE THANK YOU to our Sisters Joan Kane and Kelly Frederick for picking up the slack while Helen recovered.***

Please keep our contact information in a place with your Will and/or final wishes so that your loved ones can notify us at the appropriate time.

PRAYER REQUESTS

*In order to protect the privacy of our Sisters and Brothers,
we are only listing the names of those who have asked for/or are in need of our prayers.*

*Phil Pucher Barb Bruno John Tumminello Helen Tumminello Jim Childress
Debbie Gough (Sister-in-law of Lisa)
Kathleen Hale Elsie Saylor Jennifer and Brian Dean Burnap*

Retreat...Reflect...Reconnect
Opportunities for Spiritual Growth

Our March 11, 2023 Gathering we are planned to have our Pastoral and Fraternal Visitation. All are highly encouraged to attend.

APRIL 2023 GATHERING DATE CHANGE

The second Saturday in April 2023 is Holy Saturday.

The Council decided to move our April Gathering to **APRIL 15, 2023.**

PLEASE MARK YOUR CALENDARS!

Inquirers and Candidates Day of Reflection and Recollection

March 11, 2023

Shrine of St. Anthony

Details to follow

Sight and Sound Bus Trip to see “Moses”

Tuesday, March 14, 2023

Bus leaves at 10:30am and returns at 7:30pm

Lunch at Bird in Hand Restaurant

Raffle on the way up, snack on the way home

\$135 per person

Immaculate Heart of Mary Church

To register, please complete and this form and return, with payment by **February 13, 2023** to:
Father Jeff Dausen - Attn. Bus Trip, IHM 8501 Loch Raven Blvd. Towson, MD 21286

First and Last Name(s) _____

Address _____

Email _____ Phone _____

Make your check payable to Immaculate Heart of Mary Church

Formation Retreat Weekend

June 23-25, 2023

Washington Retreat House

Details to follow

Regional Retreat

Loyola on the Potomac

July 14-15, 2023

Details to follow

Latest **Up To Now** issue link:

<https://saintmargaretofcorona.org/wp-content/uploads/2022/11/2022-November-Up-To-Now-Newsletter.pdf>



Adoration Corner

Many parishes around the Archdiocese are needing adorers of the Blessed Sacrament. Below are some churches and contact info if you are able to share your time with the Lord at Adoration.

Baltimore Basilica

www.adorationpro.org/baltimorebasilica

(select weekly commitment)

Questions ana.farias@baltimorebasilica.org

St. Francis of Assisi

Thursdays 8am-Noon

Immaculate Conception Church (Towson)

<https://adorationpro.org/ictowson>

St. Philip Neri

Wednesdays 9am-6pm

If your parish has adoration hours, please e-mail Lisa and give her the information.



Birthday Celebrant:

February:

Helen Bridges Feb 11th

Profession Anniversaries:

February:

Marge Lane 2/27/2005
Frank Passaro 2/27/2005

Treasurer's Report:

Little Flower Fraternity
Financial Report
January 28, 2023

Net balance as of	11/22/2022		\$ 1,392.25
Income			
TOTAL INCOME			\$ 1,309.82
Expenses			
Ck 1559	Lisa Gough	\$ 96.10	Guides/Postage
Ck 1560	St. Francis Church	\$ 50.00	January Gathering
	TOTAL EXPENSES		<u>\$ 146.10</u>
<i>Net Income/(Loss)</i>			\$ 1,163.72
Net Balance			\$ 2,555.97
Less:	Future Retreat Reserve		<u>\$ (300.00)</u>
	Working Balance as of	1/28/2023	<u><u>\$ 2,255.97</u></u>

Charity for February:

**Catholic Youth Education Development (CYED)
(aka Chihumba School – Fr. Guy)**

Please make ALL checks payable to: **LITTLE FLOWER FRATERNITY**

Mail to: Little Flower Fraternity
c/o Lisa Gough, OFS
121 Warwick Drive
Lutherville, MD 21093

Little Flower Fraternity Council

Spiritual Assistant: Fr. Bart Karwacki, OFM Conv. bartkar47@gmail.com

Minister	Phil Pucher, OFS	ofspilpucher.21@yahoo.com	410-243-2924
Vice Minister	Al Gigel, OFS	Albertofs14@gmail.com	443-762-6722
Treasurer	Lisa Gough, OFS	Lisa21093@comcast.net	443-928-9668
Secretary	Beth Dykton, OFS	mybese@aol.com	301-641-4764
Formation Director	Joan Kane, OFS	joankane1014@gmail.com	410-925-7910
Elected Councilor	Mike Huether	Michaelhuether4@gmail.com	410-963-0190
Elected Councilor	Kelly Frederick, OFS	Kellyfrederick0@gmail.com	410-967-1794
Elected Councilor	Gary Haigley	None	410-477-0016
Infirmarian	Helen Tumminello, OFS	htumminello@aol.com	410-859-8226
JPIC Coordinator	Teresa Knauff	teresalmknauff@gmail.com	410-300-4452

Invite a friend to join us the 2nd Saturday of every month!

Gathering Address

St. Francis of Assisi Church

Burke Hall

3615 Harford Road

Baltimore, MD 21218

St. Francis of Assisi, pray for us.