



# The Porter

St. Conrad Fraternity, Annapolis, MD  
Secular Franciscan Order – February 2023  
<http://stconradannapolis.sfousa.org/>

The Porter deadline for March is the 10th. Please send news, events, prayer requests, poems, or any interesting items that you think other members may enjoy to: Joan Faltot, 8217 Grainfield Rd, Severn, MD 21144, or send by email to [jd6bouv@verizon.net](mailto:jd6bouv@verizon.net).



Fraternity  
Gathering

Saturday, February 18, 2023

Mass at 8:30 AM

 St. John the Evangelist   
689 Ritchie Highway, Severna Park, Md. 21146

Program

In place of our usual Saturday morning gathering, we will be attending the parish's half day of recollection. begin at 8:30am for Mass, followed by a light breakfast, talk and Eucharistic Adoration until 12:30pm. Sr. M. Donata Farbaniec of the Congregation of Our Lady of Mercy Sisters, will be the featured speaker. Her presentation is, "Trust in God: The Most Certain Way Through Darkness. The event is free but **registration is required**. Instructions were sent in an email from Judith on Saturday. The link for registration is: <https://stjohnsp.org/events/kls9bul9yihk9el2whe8sbg3y47ku1>  
Sorry, there is a large gathering for this parish program, so it will not be practical to provide a zoom session of this gathering.

Prayer Requests



**For physical and spiritual healing of:** Lita Milan, Bill Chitty, John Corbis, Jerry Miante, Kathleen Sievers, Judge Dodge, Carole Marsh's sister, Harry Thompson, Jeanne Wilbourne, Ed Wilbourne (rehabilitation), Jackie Chaplin (sister of Kathleen Sievers), Audrey's daughter Diane (COVID), Encarnacion del Pozo Martínez (former Minister General of the OFS, hospitalized due to a stroke), Joan Kvetkas, Gertrude Shelton (Marie's mom), Ed Sievers (Kathleen's husband), Evelyn Jones, Tessie Chitty, Jan Parker (National Minister), Kellie Eye (granddaughter of Susan Greif), Bill Mulqueen, Ruth Shea's husband, Evelyn Jones' niece, Jimmy Wilbourne, Gerard Malka (brother of Genny Wilbourne), Carolyn Malka (sister-in-law of Genny Wilbourne)  
(Please help update this list by sending changes/additions/deletions to [jd6bouv@verizon.net](mailto:jd6bouv@verizon.net))

Birthdays

Linda Haney – 02/16  
Joan Faltot – 03/04  
Harry Thompson – 03/05

Profession  
Anniversaries

Kathleen Sievers – 03/06/1994

Council Meeting

Friday, March 3 at 7:00 via Zoom



## Minister's Minute:

Dear Brothers and Sisters, " Love one another"

As we anticipate the beginning of Lent on the 22<sup>nd</sup> of this month we begin thinking about how St. Francis spent his Lents in prayer, fasting and almsgiving reflecting on the MERCY of God in his life. "Rule 7 and Article 13 of the Constitutions guide us in how we might spend ours: united as "brothers and sisters of penance" and motivated by the dynamic power of the gospel let them conform their thoughts and deeds to those of Christ by means of that radical interior change which the gospel itself calls 'conversion.'" Human frailty makes it necessary that this conversion be carried out daily. On this road to renewal, the sacrament of reconciliation is the privileged sign of the Father's MERCY and the source of grace.

Secular Franciscans called in earlier times the brothers and sisters of penance proposed to live in the spirit of continual conversion. Some means to cultivate this characteristic of the Franciscan vocation, individually and in fraternity are: listening to and celebrating the Word of God, review of life, spiritual retreats, the help of a spiritual advisor and penitential celebrations. They should approach the Sacrament of Reconciliation (Sacrament of MERCY by Thomas Weinandy OFM Cap- a guide to confession) frequently and participate in the communal celebrations of it, whether in fraternity or with the whole people of God.

The fruits of conversion which is a response to the love of God are the works of charity (MERCY) in the interactions with brothers and sisters."

As you will see in the rest of the Porter our fraternity has the opportunity to learn more about Divine Mercy and grow in our trust in God "witnessing to the poor crucified Christ even in difficulties and persecutions" (rule 10) at our Retreat this Saturday at St. John the Evangelist. Also in our outreach to the poor and hungry at the Light House and Phoenix Academy, and in our prayer for the dead Sr Patricia we do the spiritual and corporal works of MERCY. The topics for the Social Ministry Convocation workshops at MERCY High School are wonderful way to learn to live out our JUSTICE, PEACE AND INTEGRITY OF CREATION values along with participating in the 40 Days for Life and the Maryland March for Life as we stand up for the greatest of God's Creations.

Corporal Works of MERCY	Spiritual Works of MERCY
Feed the hungry	Instruct the ignorant
Give drink to the thirsty	Counsel the doubtful
Give alms to the poor	Admonish the sinner
Shelter the homeless	Forgive injuries
Visit the sick	Comfort the sorrowful
Visit the imprisoned	Deal wrongs patiently
Bury the dead.	Pray for the living and the dead.

Please join us for these activities with your prayers and presence. If you need a ride call us 410-721-7308 and we will connect you with a ride.

PEACE, LOVE AND JOY, JUDITH

## MORNING DAY OF RECOLLECTION

### Topic: "Trust in God – The Most Certain Way Through Darkness"

Our time and life circumstances are marked by fear and confusion. Many of us try to find an anchor that will provide us with an unwavering hope. The message of mercy given to St. Faustina Kowalska by the Lord Jesus is an unbreakable assurance that we are safe. Ninety-two years ago, on Feb. 22, 1931, our Lord offered us the image of his mercy with the signature: Jesus, I Trust in You - a visual letter of God to us all. Come and learn how to read this letter and what it means to trust in God's mercy amidst our daily struggles.

#### About the Speaker:

Sr. M. Donata Farbaniec was born in Poland. She joined the Congregation of the Sisters of Our Lady of Mercy in 1995. She is a perpetually professed sister and works as a member of a formation team accompanying the candidates on the first stages of their religious life. From 2010-2013 she was assigned to the community in Boston. In 2016, she began a ministry propagating the message of Divine Mercy at the St. John Paul II National Shrine in Washington, D.C. where she continues her efforts.

#### Schedule:

8:30 AM	Mass
	Light breakfast in Shepherd's Room immediately following Mass
9:30 AM	In Church - Introductions (Father Erik)
9:40-10:20 AM	Sr. M. Donata Farbaniec
	Short break
11:30-12 Noon	Sister Donata speaking
12-12:15 PM	Questions
12:15-12:30 PM	Closing prayers

## TREASURER'S REPORT

Thank you for your continuing generosity !!!

January 14 balance		\$2,826.95
January deposit	1,175.00	
End of January balance		\$4,001.95

## OUTREACH OPPORTUNITIES – DENISE MIANTE

**Shelter Lunches** – Mad and delivered 60 sandwiches with several other items. Our next scheduled 50 sandwich-making is for 9:30 a.m. Thursday, February 23 at Catherine's home in Annapolis. For additional information, contact Catherine at [cmgonzalez59@outlook.com](mailto:cmgonzalez59@outlook.com).

**Phoenix Academy** – Food bags were filled on Wednesday, January 18. Next filling will be on Wednesday, February 15th at 9:30 a.m. in the cafeteria.

**Apostleship of the Sea** -- Jerry met with Andy at the Apostleship of the Sea and delivered 16 boxes; 3 packages of socks; and a monetary donation. He was very happy to receive them.

*Fraternity contributions can be mailed to:*

*Joe McHugh  
1740 Tedbury St  
Crofton, MD 21114*

*Remember, when making your donation to the fraternity, use the memo line of your check to designate where you wish your contribution to be directed. There are three possible designations:*

**COM** - Common Fund (this covers fraternity operations and the Sabu family in India)

**BUS** - bus tokens for the Light House shelter clients

**Phoenix** – Phoenix Academy 'backpack' food program

## OBITUARY: SISTER MARY PATRICIA ARMBRUST, PCPA

<https://www.zanesvilletimesrecorder.com/obituaries/mnj252363>



Beloved Religious Sister of the former Monastery of Poor Clares of Perpetual Adoration, Washington, DC, passed peacefully to her heavenly homeland the morning of January 17, 2023, at the age of 91, at Carroll Manor Nursing Home, Washington, DC, where she was a resident. Preceded in death by her dear late parents, Frank and Ruby (Schau) Armbrust, and brother, the late Francis (Frank) Armbrust; survived by her brother Charles Anthony (Jan) Armbrust, sister Joan Carol Armbrust (the late Howard Goldstein), brother Thomas Joseph Armbrust; two nieces, Valerie Christine Armbrust-Conley and Stacey Lynn Armbrust; one nephew, James Armbrust and several great nieces and nephews. Born September 1, 1931, Sister Mary Patricia entered the Order of Poor Clares of Perpetual Adoration in Portsmouth, Ohio and made her Religious Profession of Vows August 2, 1979. She transferred to the Washington, DC Monastery in 1987, and was blessed with 43 years of Vows at the time of her passing. She contributed her skills throughout the years as seamstress of religious garb, the laundering of Church linens, and was a very good all-around cook who took extra effort to make meals both appealing to view as well as tasteful. Sister Mary Patricia was dedicated and steadfast in her service to the Eucharistic Lord and worked tirelessly at her Community tasks. Welcoming and warm, the Sisters and visitors alike were touched by her caring and gentle spirit. Memorial Contributions may be made to the Poor Clares of Perpetual Adoration, 4108 Euclid Ave, Cleveland, Ohio, 44103.

# Maryland March for Life!

## Date and Location

**February 27, 2023**

Starting at St. Mary's Church and School  
in Annapolis (109 Duke of Gloucester St.)

## Featured Speakers

- Gloria Purvis, Catholic Speaker, Pro-Life Activist
- Reverend Pat Mahoney, Pro-Life Activist
- Laura Bogley, Executive Director, Maryland Right to Life
- and MORE!

## Itinerary

5PM: Gather in the parking lot of St. Mary's Annapolis for registration and pick up your chick fil a!

5:30PM: Outdoor Prayer and Worship Services in the parking lot of St. Mary's

6PM: Line up to march to the State Capitol

6:30PM: Rally at the State Capitol!

Email us at  
[mdmarchforlife@gmail.com](mailto:mdmarchforlife@gmail.com)

Register at  
[mdmarchforlife.com](http://mdmarchforlife.com)



Follow us on:  
Facebook and Instagram

# 44TH ANNUAL ARCHDIOCESAN SOCIAL MINISTRY CONVOCATION

## Dream Big --- Dream Together

Saturday, February 25, 2023 -- Mercy High School, Baltimore, MD

**Registration Required – Deadline February 17** -- Information & flyer: <https://cchdbaltimore.org/>

Keynote Speaker - Rev. Dr. Marlon Tilghman, Pastor, Ames United Methodist Church, Bel Air, MD  
Social justice advocate and leader with BRIDGE Maryland

Schedule:

9:00 – 9:30 a.m. Welcome and Opening Prayer (*free live-streaming*)

9:30 – 10:00 a.m. Keynote Speaker (*free live-streaming*)

10:00 – 10:20 a.m. Awards Ceremony (*free live-streaming*)

10:20 – 10:45 a.m. Extended Break

10:45 – 12:00 p.m. AM Workshops

12:00 – 1:15 p.m. Lunch and Social Ministry Fair

1:15 – 2:30 p.m. PM Workshops

2:30 – 2:40 p.m. Break

2:40 – 3:00 p.m. Closing Prayer

### **Workshops**

#### **1. ABCs of Social Justice**

*Presenter: Lauren Bailey, Pax Christi USA*

This workshop will describe the basic principles of social justice based on Catholic Social Teaching. Participants will explore these basic principles directed at the local parish community and how to incorporate them into daily parish life through liturgy, social mission, cooperation with other like-minded groups, and otherwise.

#### **2. Same Mission, Different Ministries: Lessons from a Century of Service and Change (AM Only)**

*Presenters: Bill McCarthy, Executive Director, Catholic Charities of Baltimore; Fr. Ray Chase, Pastor, St. Vincent de Paul Church; Greg Conderacci, former Director of Catholic Charities Community Services*

Catholic Charities of Baltimore can trace its roots to parish social ministry: St. Vincent de Paul Parish began in 1792, with a church and an orphanage. While its mission to love, advocate, serve and teach has never changed, the needs of those it serves and the challenges of meeting those needs have expanded dramatically. Today, as it celebrates 100 years as an agency, it has evolved in many ways to become one of America's largest Catholic Charities. This workshop will explore the often-rocky path of how social ministry can innovate to meet the changing needs of the people it accompanies

#### **3. Who Lives Where: Systemic Racism and the Housing Shortage**

*Presenters: Matt Hill, Esq., Public Justice Center; Lisa Hodges-Hiken, Esq., NAACP Baltimore*

The Baltimore region has seen a boom in construction of luxury housing with government funding. Are we funding segregation? Beyond the Boundaries works for racial and economic diversity in housing with our partners in the Inclusionary Housing Coalition.

#### **A Parish Green Team: A New Way of Being Community (AM Only)**

*Presenters: The Green Team of St. John Evangelist in Columbia, Chairperson Kathleen Valdivia*

"Many things have to change course, but it is we human beings above all who need to change. We lack an awareness of our common origin, of our mutual belonging, and of a future to be shared with everyone." (Pope Francis, *Laudato Si*). Have you wondered how your parish and community can take up this challenge to care for our common home? Join us to look at ways we can work together for a more sustainable future for all.

#### **5. The Catholic Church's Response to Racism: How to be Anti-Racist**

*Presenters: Adrienne Curry, M. Div., Director of the Office of Black Catholic Ministries and Darron Woodus, Pastoral Associate Holy Family (Randallstown)*

Racism is not merely one sin among many; it is a radical evil that divides the human family and

denies the new creation of a redeemed world. To struggle against it demands an equally radical transformation in our own minds and hearts as well as in the structure of our society. This workshop will look at how the Catholic Church addresses racism through the lens of Catholic Social Teaching, pastoral letters, and other church documents, as well as ways to combat the sin of racism. We will also look at the process of canonization of saints in the Catholic Church.

#### **6. The Relentless Pace of Murder in Baltimore Continues. What Can One Person Do to Help?**

*Presenters: Yvonne Wenger, Director of Community Affairs, Archdiocese of Baltimore; Jim Casey, Grief Ministry volunteer; Nora Collins, Director, Ignatian Volunteer Corps in Baltimore; & Homicide Survivor Advocates, Baltimore Police Department and Roberta's House*

The Archdiocese of Baltimore's Grief Ministry works to support victims' families through a partnership with the Baltimore Police Department and Roberta's House, a family grief support center. The Grief Ministry will not solve the systemic issues that contribute to the murders, but it does provide an opportunity to live into our Christian call for peacemaking through family-to-family connections channeling compassion, awareness, and prayer to confront the suffering and desolation. This workshop explores the impact the ministry has on volunteers and families served.

#### **7. Accountability is the New Evangelization**

*Presenter: James Conway, St. Wenceslaus Baltimore*  
As a faith community we have a framework of evangelizing to people who have very little experience with adversity in the church, but how do we evangelize to those that have been hurt by or have adverse feelings to the church? Who is integral in facilitating this process?

#### **8. Journeying Together with Young People: How to Build an Alive and Authentic Church**

*Presenters: Rudy Dehaney, Northeast Catholic Community; Nicholas Stein, Bon Secours Young Adults; Stefanie Miles, Archdiocese of Washington*  
Over the past two years, the USCCB has been journeying together with young adults of different cultural backgrounds to look at how we build a better Church. This session will talk about the journey, its struggles and joys, lessons learned, and

steps we should take to address issues across cultural families together with young people.

#### **9. Our Church and Labor: Principles & Practice (PM Only)**

*Presenters: Clayton Sinyai, Executive Director, Catholic Labor Network; Maryland Catholic Labor Network Leadership Team*

Catholic labor leaders, clergy, and advocates will discuss the US Catholic Church's rich doctrinal basis and history of support for organized labor. As a major non-profit employer, how well does our Church exemplify good employer practices? Where does it come up short, and can it do better for its employees without diminishing its services to the poor.

#### **10. Maryland Catholic Conference 2023 Legislative Session Update**

*Presenter: Jenny Kraska, Executive Director, Maryland Catholic Conference*

Our faith inspires us to respond to pressing current statewide challenges. We are called to listen, encounter, and work together to promote civility, justice, and a state that welcomes and accompanies those who are most vulnerable and in need. Join us as we discuss the most recent advocacy efforts in the 2023 Maryland Legislative Session and explains how each one of us can make our voices heard.

#### **11. Equity Now: Redlining, Unconscious Bias and Baltimore's Equity Mission for Real Inclusion**

*Presenter: Dana Moore, Chief Equity Officer, City of Baltimore*

Baltimore City is the birthplace of redlining. With a global impact, sadly, it is one of our greatest exports, so to speak. The City continues to labor under its artifacts. But the City is also hyper focused on assuring that the remnants of redlining are addressed and that access to opportunity and services is equitable.

#### **12. Come and Listen: Transgender Catholic Families and Individuals Share Their Experiences Living in a Catholic Parish**

Transgender Catholics and Catholic family members share their experiences growing up in a Catholic parish. They will speak about their struggles as a family and within their parish, as well as about their search for community and acceptance.

## 40 DAYS FOR LIFE

The 40 Days for Life campaign to pray and fast for an end to abortion is on for this Feb. 22nd to April 2nd at the Annapolis Planned Parenthood.

With one of its three pregnancy clinics directly across the street from Planned Parenthood on West Street, **Wellspring Life Ministry has emphasized the importance of these vigils to hopefully change the hearts and minds of moms considering abortion** to reconsider life for their child instead. Our prayer and presence at Planned Parenthood can also change the hearts and minds of abortion workers. We should pray in church and elsewhere for the end of abortion but note that **Ramona Trevino, a former Planned Parenthood manager** and now the national 40 Days for Life Outreach Coordinator, **said if vigil standers had not been outside her abortion clinic she would never have known people were praying for her!**

Participating in 40 Days for Life is even more important now with Annapolis Planned Parenthood again conducting surgical abortions as well as distributing the abortion pills. Plans are also underway in the Maryland General Assembly to enshrine abortion in our state constitution. Such efforts along with the ongoing assisted suicide legalization efforts lead many to think because anti-life measures are legalized that they are also morally okay.

**Pray Just 1 Hour Weekly For Mothers, Babies & Workers. Be A Voice For The Voiceless And Save A Life!**



**February 22 to April 2, 2023**

**HELP SAVE LIVES IN ANNAPOLIS!**



**You can protect mothers and babies!** Mothers entering abortion clinics respond to peaceful, prayerful vigil with positive signs offering help, hope, and life for their pre-born baby.

**With God's help**, 40 Days for Life prayer vigils and fasting saved over 20,000 babies, from abortion, encouraged over 200 abortion workers to quit, and closed over 100 abortion centers.

### How To Participate in 40 Days for Life In Our Community

- **Vigil location:** Planned Parenthood 929 West St., Annapolis
- **Vigil hours:** Mondays 10AM to 7 PM; Tues-Friday 8 AM to 5 PM
- **For more info or to sign up:** [www.40daysforlife.com/annapolis](http://www.40daysforlife.com/annapolis)
- **Local contact:** Bill Cummins at [annapolisvigil@gmail.com](mailto:annapolisvigil@gmail.com) or 443-926-6901.)