

THE FLYER

Newsletter for the St. Joseph Cupertino Fraternity of the Secular Franciscans USA January 15, 2023

* Extraction of Saints * * 2 pm *

Our Theme for the Year:

Franciscan Joy



Greetings from Brother Lawrence, OFM Conv.

Happy New Year!

Well, it is time to begin another year and to remember the one just past. There are most likely many things that you can remember fondly from 2022 and some not so memorable. My suggestion, forget the bad and celebrate the glad!

There is one thing that I know that sets the new year off in a celebratory way and that is the receiving of the Epiphany extractions in the January meeting. It is a time to see what the Holy Spirit has in mind for is in 2023. I find myself to be fortunate in that I get three selections each January, one each from the two fraternities for which I am Spiritual Assistant and one from my own province. There are times when I get three that do come together and other years when I get three that just don't jive for me. I still try to figure it out and, sometimes, reading of a biography of the patrons given to me helps me to figure something out. Sometimes not.

So, enjoy the beginning of the New Year, remember to make some resolutions that you will keep and will not keep. Enjoy the beginning of the year and bring the joyousness of the new year and what God chooses to give to us.

Peace.

Br. Lawrence

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Bible quotes are from the Douay-Rheims translation, unless otherwise noted.

Minister's Note January 2023

Have you met a person who was always joyful? There have been a few people that I have met like that. Nothing seems to upset their apple cart, even when things are not going well. They always are smiling and praising God for what they have, both good and bad. I also have met people who seem to be angry all the time. Nothing seems to make them happy. They are always looking at life as a road of sorrow, something to be endured. They tend to anticipate the next worst thing. Yet, they, too, may be taking their suffering to the Cross of Christ.

When I think about our theme for the year, <u>Franciscan Joy</u>, these friends are what come to mind. It isn't that they have not experienced sorrow or rejection or anger or joy or hope. It is because of these things that they seek in every moment to live in Christ. Brother Leo asked Saint Francis about "perfect joy." In that discourse, we hear that it is because of suffering that we find perfect joy:

"If we bear all these injuries with patience and joy, thinking of the sufferings of our Blessed Lord, which we would share out of love for him, write, O Brother Leo, that here, finally, is perfect joy."

(Chapter 8, Little Flowers of Saint Francis)

Maybe you are like me, and struggle with accepting the heartaches of life with ease or with the 'patience of Job,' as my grandmother would say. One confessor told me to go to the foot of the Cross and look at Jesus. He suffered the trials and tribulations of life as well. Saint Clare wrote, "Gaze upon Him, consider Him, contemplate Him, as you desire to imitate Him."

We can be gazing in the wrong direction. The enemy wants us to focus on the bad, the worst of humanity, and to feel hopeless. He does not want us to focus on the Truth, the Beauty, the Light. He wins that way.

How do we gaze upon Jesus? How can we endure with patience, with perfect joy? One is through the Sacrament of Confession. Jesus meets us there. Two is through the Sacrament of the Eucharist. Jesus meets us there. Last is through the gifts of Adoration and Prayer. Jesus meets us there. The hymn by Hazel Lemmel states this beautifully: "Turn your eyes upon Jesus, Look full in His wonderful face, And the things of earth will grow strangely dim, In the light of His glory and grace."

For me, finding perfect joy means that I am refining my mind, my heart, and my soul so that I can more perfectly see Jesus. He is there in every joy, every heartache, every sorrow, every moment of my life. As this new year begins, may we learn together more ways of finding perfect joy as Saint Francis did.

~Melissa

New & Improved Divine Office Website and App

At the start of the New Year, our gift to you is a new website design with a different architecture. We meant it to be fresh and beautiful, to promote our members' interactions with one another and to encourage and sustain our need to immerse in prayer away from daily distractions.

We have had the old website for 14 years and while some of you might have been very comfortable using it, we are sure the need for a change will become obvious once you'll get to know the new design and what it has to offer.

We take this opportunity to guide you briefly through the key changes and the new features:

We added to the website the 3D Spinning Globe, showing how many people around the world are praying with you.

- We worked on and improved the Comment and the Prayer Request section by adding the option to post short Intercessory Prayers and Personal Reflections directly below each prayer for the day.
- We also added a Community Forum, it can be used to share your experience, seek for spiritual support, or ask questions about our Catholic faith to the other members.
- "My Profile" page was augmented to contain your personal activity on the website, either prayers or discussion topics. And if you are a Contributor to our work, you'll also have access to your contribution records along with the option to update the contribution.
- We added more features that before were only available in our apps: you can now switch the website color scheme (dark/light), increase the font size, change the audio playback speed, and access a Full-Screen Prayer Room completely focused on praying the Liturgy of the Hours.

Here is a video guide, an Introduction to the Divine Office New Design: https://youtu.be/KrEvIAtWPgA

Remember you can write to support@divineoffice.org if you have questions or need guidance or while on the website, use the support button on the bottom-right of your screen.

The https://DivineOffice.org website redesign was made possible by the constant and generous support of our contributors and was months in the making. We are grateful and hope you'll receive the change with joy and spread the news in your community. By doing so you'll be contributing to our mission of promoting the ancient tradition of praying the Liturgy of the Hours.

Merry Christmas and A Happy New Year!

- Divine Office Team (edited & reprinted with permission)

The Shrine of St. Anthony

Noon **Mass** daily, including Feb 2 (Candlemas) & Feb. 3 (Blessing of the Throats)

Confessions Mon. - Sat. 11am; Adoration Tuesdays 11am

Tours (following Mass): Jan. 8 & 21, Feb. 12 & 25, March 12 & 25.

The Shrine Grounds & Courtyard are open daily dawn till dusk.

410-531-2800 https://www.ShrineOfStAnthony.org



The Shrine of St. Anthony is NO LONGER HAS A COLLECTION BIN for the Franciscan Center of Baltimore.

Stay tuned to hear what the Fraternity Apostolate will be collecting/doing next.



Mike Hotovy, OFS 01/06 Jim Soltysiak, OFS 01/26 Br. Lawrence LaFlame, OFM Conv. 01/26 Coming Next Month:

Theresa Lam, OFS 02/06 Charlene Heyden, OFS 02/15 Jerry Yu. OFS 02/26 James Kim, OFS 02/27

The Rule Review

So that we might more fully live the Gospel Life, Secular Franciscans should not just read *The Rule*, but reflect on and pray with *The Rule*. This is translated and printed by Eds Armstrong, R.J, Wayne Hellman J. A., Short, W. J, Francis of Assisi: Early Documents (FA:ED), Earlier Exhortation (1LtF), p. 41.

⁸We are spouses when the faithful soul is joined by the Holy Spirit to our Lord Jesus Christ. ⁹We are brothers to Him when we do the will of the Father who is in heaven (Mt 12:50). ¹⁰We are mothers when we carry Him in our heart and body through a divine love (1Cor 6:20) and a pure and sincere conscience and give birth to him through a holy activity which must shine as an example before others (Mt 5:16). 11O how glorious it is to have a holy and great Father in heaven! ¹²O how holy, consoling to have such a beautiful and wonderful Spouse! ¹³O how holy and how loving, gratifying, humbling, peace-giving, sweet, worthy of love, and, above all things, desirable: to have such a Brother and such a Son, our Lord Jesus Christ, who laid down his life for his sheep (Jn 10:15) and prayed to his Father saying: ¹⁴Holy Father, in your name (Jn 17:11) save those whom you have given me in the world; they were yours and you gave them to me (Jn 17:6). ¹⁵The words that You gave to me I have given to them, and they have accepted them and have believed in truth that I have come from You and they have known that you have sent me (Jn 17:8). ¹⁶I pray for them and not for the world (Jn 17:9). ¹⁷Bless and sanctify them (Jn 17:17). I sanctify myself for them (Jn 17:19). ¹⁸I pray not only for them, but for those who will believe in me through their word (Jn 17:20) that they may be sanctified in being one as we are (Jn 17:11). ¹⁹I wish, Father, that where I am, they also may be with me that they may see my glory (Jn 17:24) in your kingdom. Amen (Mt 20:21).

> The Rule of the Secular Franciscan Order (with citations) may be accessed at anytime at: https://secularfranciscansusa.org/the-rule-of-the-secular-franciscan-order/

Please note that the English and Spanish versions have updated 2020 translations.

Common Fund Account Report

November—2022

Beginning (running) **Contributions are Tax** Balance \$3318.81 Deductible.

Direct Donation checks

Income: to:

Common Fund St. Joseph Cupertino Contributions \$ 0.00 Fraternity

Total Income:

\$0.00

Intermediate Subtotal:

\$3318.81

You may use your bank's BILL PAY.

Expenses:

Direct payment to:

Br. Lawrence \$200.00

St. Joseph Cupertino **Fraternity**

Total Expenses:

\$200.00

Ending (running)

Balance:

\$3118.81

February Events:

- Gathering
- February 19
- Third Sunday
- 2 pm in the Glassroom.
- Come for Mass & stay for a lunch social.
- Father Bart Karwacki on "Franciscan Joy"

"Wherefore, brethren, labour the more, that by good works you may make sure your calling and election. For doing these things, you shall not sin at any time. For so an entrance shall be ministered to you abundantly into the ever-lasting kingdom of our Lord and Saviour Jesus Christ." 2 Peter 1:10

Should you need to miss a Gathering, please contact a Council member.

"God made us for joy, and the joy of living reflects the original joy that God felt in creating us." St. John Paul II

Moving, Sick, or Changing Status?

Our sister, Melissa Reed-Konigsdorffer, OFS, needs to know of any change of your contact information, but also, would like to be able to pray with you for any changes in your health or living situation. Please contact our Minister with any needs or concerns.

Please email Melissa at: ScoutsDouglas@yahoo.com

Book Share- Admonition 17 The Humble Religious

Join our online book sharing and delve more deeply into: St. Francis' Sermon on the Mount: Lessons from the Admonitions by John Michael Talbot.

Friends old and new usually meet on the first Saturday of every month from 1-3 pm on ZOOM!

> Contact Geri Flynn OFS for details: AngelBarty@aol.com

> > Next meeting: January 21.

Welcome, Visitors!

Want to find out more about the Secular Franciscans?

- Attend a meeting. We meet (usually) on the third Sunday of the month at 1:30 pm.
- Check out our website: https://StJosephCupertino.SFOUSA.org/Welcome-To-Our-Fraternitys-Website
- Check out our regional website: https://SaintMargaretOfCortona.org/
- Check out our national website: https://SecularFranciscansUSA.org/

Please Pray for Healing for:

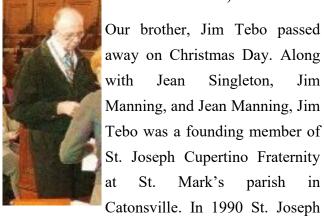
Karan Bevers, OFS Gail Bunyan, OFS Patrick Caughy, OFS Harry Ford, OFS Louise Hotovy, OFS Mike Hotovy, OFS Lita Maisel, OFS

Will Potter, OFS Br. Lawrence, OFM Conv.



Jim Tebo, OFS

Jim



Cupertino Fraternity moved at the request of Fr. Bart Karwacki, OFM Conv. to St. Joseph Cupertino Friary, now called the Shrine of St. Anthony in Ellicott City, Maryland.

Jim and John Kirby could often be seen on Sunday mornings at the Double T Diner in Catonsville with a group of guys who were either homeless or had physical disabilities. Jim was a true Franciscan in the sense of his caring and love for those less fortunate. Jim was also our fraternity historian for many years and loved to give talks at ongoing formation at fraternity gatherings, on the Saints. Jim was a beautiful person and his Franciscan spirit shown brightly within him. May our brother, Jim, rest in the Spirit of our loving Father.

~Bob Longo, OFS

Our Deceased Brothers & Sisters:

Connie Baker, OFS

Frances Bastress, SFO Dea. Tom Bello, OFS Joe Bezila, SFO Mary Chandler, OFS Jerry Cichowicz, SFO Shirley Costello, OFS Joe Cykoski, SFO Stella Cykoski, SFO Claire Lee Davidson, SFO Adela Duff, SFO Donna Duncan, SFO Charles Ferrara, SFO Mary Ferrara, SFO Dolores Fritz, OFS Marilyn Gilson, SFO Richard Hall, SFO John Kirby, SFO Joy Kubricky, OFS Frances Langbehn, SFO Bob Lewis, SFO Sherry Lewis, OFS Marie Lindung, OFS Jean Manning, OFS Jim Manning, OFS Georgianna Papazian, OFS

Yvonne Proch, SFO

Nancy Seaton, SFO Jean Singleton, OFS

Don Sweitzer, OFS Betty Taylor, SFO Bud Tenley, SFO Jim Tebo, OFS Regina Yeager, SFO Dorothy Zalewski, SFO

Fr. Cronin Cantlon, OFM Conv. Fr. James Elliott, OFM Conv. Fr. Larry Kubera, OFM Conv.

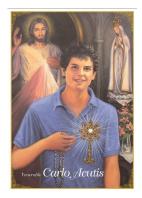


Image from Carlo Acutis website: https://CarloAcutis-en.org

UPCOMING GATHERING:

- * January 15 * 3rd Sunday *
- Glass Room* 2:00 pm *
- Come for Mass & stay for lunch.

Extraction of Saints & Renewal of Promises