



# The Porter

St. Conrad Fraternity, Annapolis, MD  
Secular Franciscan Order – July 2023  
<http://stconradannapolis.sfousa.org/>

The Porter deadline for next issue is August 4th. Please send news, events, prayer requests, poems, or any interesting items that you think other members may enjoy to: Joan Faltot, 8217 Grainfield Rd, Severn, MD 21144, or send by email to [jd6bouv@verizon.net](mailto:jd6bouv@verizon.net).



Fraternity  
Gathering

**Saturday, July 15, 2023**  
**Gather in the Parish Office (old Convent) following Mass at 8:30 AM**  
**St. John the Evangelist**  
**689 Ritchie Highway, Severna Park, Md. 21146**

Refreshments



Annapolis/Eastern Shore

**Please remember to bring your coffee cup.**

Bowie/Crofton/Severna Park will be next, so please arrange to take the supplies home and restock if necessary.

Liturgy

Bowie/Crofton/Severna Park. Liturgy of the Hours, Feast of St. Bonaventure

Program

Fr. Patrick will speak on St. Bonaventure.

Discussion: Chapter 5. *When Saint Francis Saved the Church.*

Prayer Requests



**For physical and spiritual healing of:** Evelyn Jones' son Jimmy, Audrey Bushée, Lita Milan, Bill Chitty, John Cobis, Jerry Miente, Kathleen Sievers, Judge Dodge, Carole Marsh's sister, Harry Thompson, Jeanne Wilbourne, Ed Wilbourne (rehabilitation), Jackie Chaplin (sister of Kathleen Sievers), Joan Kvetkas, Gertrude Shelton (Marie's mom), Ed Sievers (Kathleen's husband), Evelyn Jones, Tessie Chitty, Kellie Eye (granddaughter of Susan Greif), Bill Mulqueen, Evelyn Jones' niece, Jimmy Wilbourne, Gerard Malka (brother of Genny Wilbourne), Carolyn Malka (sister-in-law of Genny Wilbourne) **(Please help update this list by sending changes/additions/deletions to [jd6bouv@verizon.net](mailto:jd6bouv@verizon.net))**

Birthdays

Santa Matarazza – 7/20

Pat Tyrrell – 7/24

Monica Ruppert – 7/25

Jude Dodge – 7/29

Profession  
Anniversaries

Brigid Cobb – 8/3/1983

Council Meeting

Friday, August 4 at 7:00 via Zoom

Upcoming  
Events

**July 21 – 23, 2023** Regional Retreat. Loyola on the Potomac Retreat House, 9270 Loyola Retreat Rd, Faulkner, MD 20664. Weekend facilitator: Fr. Charley Miller, OFM, Holy Name College, Silver Spring, Rd. For latest information see:

<https://saintmargaretofcorona.org/upcoming-events/>



## Minister's Minute:

Dear Brothers and Sisters,

- Have you discovered OH BABY on channel 7 Saturday Mornings? Great joy to see the amazing adorable creatures that Janai Norman presents to us. This morning it was about those incredible camouflaging animals both on land and in the sea. I was thinking about St. Francis seeing God's presence in the beauty of Creation.
- Several of us were able to enjoy a delightful morning at St. Anthony Shrine walking in the St. Anthony Garden of Eternity after praying the Peace Prayer at the Peace Pole etc . I do hope you all get out there to explore all that the Shrine has to offer as outlined last month in the Porter.
- This time of year, we often have more time to be together with family and extended family and friends. The Friday Formation from Francine Gikow OFS is about FAMILY and food for thought for some meaningful dialog and challenges to be the peacemaker in our own families. She also wrote the Franciscan Living article in the TAU p 15. Look for the Friday Formation in your emails.
- July 15<sup>th</sup> our next meeting date is the feast of ST. Bonaventure and Father Patrick will be talking to us about him as well as Chapter5 of our Book Discussion on POVERTY. We will have time for table sharing and we look forward to seeing you back at St. Johns.

PEACE, LOVE AND JOY, JUDITH

### ***Opportunity to Evangelize***

As a way to evangelize, we would like to begin parish visits. This could be done on a Hospitality Sunday at your parish. We would be available to speak with fellow parishioners and hand out information about Secular Franciscans. If this couldn't be done at your parish but you would still like to make the Secular Franciscan presence known, we could come together for a weekend Mass and sit together as a family. If you would be interested in this opportunity to evangelize, please contact me or any council member.

Mary Anne Novak ✨ [manovak618@gmail.com](mailto:manovak618@gmail.com) ✨ 586-202-7163

## **OUTREACH OPPORTUNITIES – Denise Miante**

**Phoenix Backpacks:** Program will resume in October. Contributions made to "Phoenix" during the summer will accumulated and tracked by the Joe and dispensed when the program continues next school year.

**Light House Shelter Lunches:** Made and delivered 50 sandwiches on Thursday June 22nd. Next scheduled sandwich-making is on **Thursday, July 27<sup>th</sup>** at 9:45 at Catherine's home.

**Shelter Bus Passes:** Purchased and delivered 200 All-day bus passes on Thursday, June 22nd.

## TREASURER'S REPORT – JOE MCHUGH

Thank you for your continuing generosity !!!

May's Ending Balance		\$4,683.95
Donation to St. Anthony's Shrine	(\$100)	\$4,583.95
FFA Stipend	(\$100)	\$4,483.95
SA Stipend	(\$100)	\$4,383.95
2023 Fair Share	(\$1,360)	\$3,023.95
Denise - Profession Items	(\$622)	\$2,401.95
June Deposit/Balance	\$1,260	\$3,661.95

Fraternity contributions can be mailed to:

Joe McHugh  
1740 Tedbury St  
Crofton, MD 21114

Remember, when making your donation to the fraternity, use the memo line of your check to designate where you wish your contribution to be directed. There are three possible designations:

**COM** - Common Fund (includes Sabu family)

**BUS** - bus tokens for the Light House shelter clients

**Phoenix** – Phoenix Academy 'backpack' food

## SUGGESTED READING / MOVIES

Judith suggests the book **Perfect Love, Forty Stories and Reflections inspired by Saint Bonaventure's De Perfectione Vitae** by Fr. Rick Martignetti, OFM, Tau Publishing.

*"Through his wisdom and wit, Fr. Rick shows the gift he has for making the profound teaching of the great Saint Bonaventure accessible to the everyday read. Take these forty reflections with you into your prayer time and expect transformation."* –D. Mark Mravalle, S.T.D., Chair of Mariology, Ave Maria University & Franciscan University of Stebensville.

Joan F. suggests the book **Pray for Us: 75 Saints Who Sinned, Suffered, and Struggled on Their Way to Holiness** by Meg Hunter-Kilmer. (5 starts at Amazon) This book consists of short biographies (3-4 pages) of extraordinary people from Servants of God to Saints who you have probably never heard of. The author's purpose is to illustrate how God can transform anyone. These are not the pious religious you find on prayer cards. I have been reading just one a day, because I find them so fascinating that I usually end up searching for more information in about them on the internet.

For example, Ven. Matt Talbot (1856-1925, Ireland) was a drunk as was his father and all his brothers yet with his conversion at 28, he gave up drinking. He knew he was an alcoholic, so he to distract himself from going to the pub with friends, he went to church daily, lived simply, and gave to the poor the money he would have spent drinking. He even became a Third Order Franciscan. In 1925, at age 69 after 40 years of sobriety, he collapsed on street and died as he had lived, in simple obscurity.

So, who did the work to put Matt Talbot on the Apostolic Process? Searching the internet.... I found some additional information. At his death "cords and chains" were discovered on this body. In 1931, the Archbishop of Dublin opened an inquiry into a "holy dock worker." In 1947 the Vatican started the Apostolic Process and in 1975 he was declared Venerable. Father Albert Dolan, an American Carmelite priest founded the Matt Talbot Legion to aid alcoholics and also authored two books about Talbot.

Author Meg Hunter-Kilmer is a skilled writer who can captivate the reader in a concise 3-page biography that will amaze the reader and leave them wanting to know more about these exception saints.

## MOTHER MARY LANGE -- UPDATE

Pope Francis has advanced the sainthood cause of Mother Mary Elizabeth Lange, a Black religious sister who founded the country's first African American religious congregation in Baltimore in 1829.

The recognition of Lange's heroic virtue and the advancement of her cause from Servant of God to Venerable was announced by the Vatican in a decree signed on June 22, 2023. The Church will now need to approve a miracle attributed to her intercession before she can be beatified. Two miracles are needed for canonization. Three possible miracles have been claimed by people praying for her intercession.

A Filipino woman who prayed to Mother Lange that a tumor on her back would be non-cancerous. When the woman lay on the operating table about to have the tumor removed, the surgery was canceled when her doctor could not feel the tumor and radiological tests showed it had disappeared.

A Cuban woman who believes her 93-year-old mother was cured of a head injury after the daughter prayed to Mother Lange.

Obate Sister Mary Alice Chineworth, O.S.P., former superior general of the Oblate Sisters of Providence, offered her own testimony of how she didn't need recommended eye surgery after an earlier surgery left her blind in one eye. She had prayed to Mother Lange and when the day of the surgery arrived, she could see out of both eyes.

## PRAYER FOR THE CANONIZATION OF MOTHER MARY LANGE

PRAYER FOR THE CANONIZATION OF  
MOTHER MARY LANGE

Almighty and Eternal God,

You granted Mother Mary Lange extraordinary trust in Your providence. You endowed her with humility, courage, holiness and an extraordinary sense of service to the poor and sick.

You enabled her to found the  
Oblate Sisters of Providence  
and provide educational, social and  
spiritual ministry especially to the  
African American community.

Mother Lange's love for all enabled her to see Christ in each person, and the pain of prejudice and racial hatred never blurred that vision. Deign to raise her to the highest honors of the altar in order that, through her intercession, more souls may come to a deeper understanding and a more fervent love of You.

Heavenly Father, glorify Your heart  
by granting also this favor  
(here mention your request)  
which we ask through the intercession of  
Your faithful servant, Mother Mary Lange.

## 2023 LOYOLA REGIONAL RETREAT † † † JULY 21 – 23, 2023



### Location:

**Loyola on the Potomac Retreat House**  
**9270 Loyola Retreat Rd**  
**Faulkner, MD 20664**  
**Phone: 1 301 392-0800**

**Check-in time after 4 PM on Friday – Check-out time after lunch on Sunday**

**Cost:** The cost per person is \$275 (all single rooms) all meals included. A non-refundable deposit check, for \$175, is required. Make check payable to: St. Margaret of Cortona Region – **The deadline to send your deposit check is July 1, 2023.**

When sending in your check, include the following: Your name, email address, and the name of your fraternity. Mail check to:

Peter Noyes  
1904 Atkisson Road  
Joppa, MD 21085-1811

**If you have questions concerning cost or non-refundable deposits, contact Peter at:**  
[pnovesofs@gmail.com](mailto:pnovesofs@gmail.com)

**Theme for the weekend Retreat:** *What's Next, Discernment And Life's Crossroads*

**Weekend facilitator: Fr. Charley Miller, OFM, Holy Name College**

Fr. Charley has a Master's degree in Counseling, Theology, and Social Work. He has special training in clinical pastoral work, family and marriage therapy, spiritual direction, and substance abuse counseling. Fr. Charley has experience in marriage and family counseling and spiritual direction for the last 35 years.

He has been in parish work for almost fifty years and spent eleven years in formation work with the young OFM Franciscan friars. Fr. Charley says he would like to think that he approached all these from a Franciscan perspective.



## AGENDA FOR 2023 ANNUAL RETREAT

*Bring your Liturgy of the Hours*

*We ask attendees to bring a small snack to share at our Friday and Saturday evening socials*

### Friday – July 21

- 4:00 pm Check-in
- 7:00 Dinner
- 8:00 Welcome/Evening Prayer (LOTH)  
Fr. Charley Miller, OFM – “Who am I, God?” “God comes to us disguised as our lives”  
– R. Rohr, OFM
- 9:00 Social

### Saturday – July 22

- 8:00 am Breakfast
- 9:30 Morning Prayer
- 10:00 Fr. Charley – “Who are You, God?” Images of God, and: Doubts as stepping stones to faith.
- 11:00 Our human relationships as parables of our God relationship: intimacy, Loneliness, love, and “dark night”
- 12:30 pm Lunch
- 1:00 pm Quiet Time (Adoration in the Chapel)
- 3:00 Fr. Charley – “A compass is not a map!” – Difficult choices and discerning “the will of God”.
- 5:00 Mass (in the Chapel)
- 6:00 Dinner
- 7:30 Evening Prayer
- 7:45 Social

### Sunday – July 23

- 8:00 am Breakfast
- 9:30 Morning Prayer
- 9:45 Fr. Charley – Who are we? – believers, Catholics, Franciscans, seekers in a world and a church are changing and facing hard decisions?”
- 12:30 pm Lunch – Departure

At least 5 of us will be attending the Retreat from our fraternity. Can you join us?