



OF SPECIAL
INTEREST:

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Minister's Message

Peace and good!

The Catholic Patriarch of Jerusalem has called for a day for fasting, abstinence, and prayer for peace.

This is indeed a heavy time that we are living through.

Words cannot express the sorrow for what is unfolding in the Middle East.

While this has been jarring to our collective psyche, it is just the latest social justice issue that requires our attention.

Now is an opportune time to remind the fraternity about Justice, Peace and Integrity for Creation (JPIC). Gil Donahue, OFS, has been serving as the Regional JPIC Coordinator and as the de facto Tau JPIC representative.

As Gil nears the end of his term, we should think about how to keep JPIC vibrant. I know many members of Tau would like to get more involved.

We'll discuss in future meetings, but you can also reach out to a Council member or Gil directly.

We are open to new ideas and actions.

Josh



Organization

Tau Fraternity
P.O. Box 51
150 S. Sterling Blvd.
Sterling, VA 20167

Meetings every 1st Sunday
of the month at:
St. Joseph Catholic Church
750 Peachtree St., Room 205

PACE
& BENE

The Tau Fraternity of the Secular Franciscan Order was canonically established on June 21, 1992. The Fraternity is affiliated with the Third Order Regular of St. Francis, Province of the Most Sacred Heart of Jesus. Tau Fraternity is in the St. Margaret of Cortona Region of the Secular Franciscan Order.

The Tau Fraternity Council currently includes the following officers:

- Minister—Josh Goldberg, OFS
- Vice Minister—Liz Wellborn, OFS
- Formation Director—Bill Richey, OFS
- Secretary—Barbara Slivers, OFS
- Treasurer—Joe Boyle, OFS
- Councilor—Kimberley Heatherington,



November is Black Catholic History Month!

MEET THE *Saintly Six*

 <p>Venerable Henriette DeLille</p>	 <p>Venerable Augustus Tolton</p>	 <p>Servant of God Julia Greeley</p>
 <p>Venerable Pierre Toussaint</p>	 <p>Servant of God Mary Lange</p>	 <p>Servant of God Thea Bowman</p>

African-American Catholics being considered for **canonization**

Celebrate by
learning more
about the
Saintly Six!

www.usccb.org/committees/african-american-affairs/road-sainthood-leaders-african-descent

RECAP OF OCTOBER 1 GATHERING

OPENING PRAYER

Josh Goldberg, OFS, offered this opening prayer of St. Francis: "Lord, help me to live this day quietly, peacefully. To lean upon Thy great strength trustfully, restfully. To wait for the unfolding of Thy will patiently, serenely. To meet others peacefully, joyously. To face tomorrow confidently, courageously. Amen."

PRESENTATION: OPEN HOUSE

Bill Richey, OFS, and Josh Goldberg, OFS, provided the presentation "Why be a Franciscan?"

- To live and share in the Gospel life through the way of St. Francis of Assisi
- St. Francis was born in 1181 or 1182 to a wealthy merchant in Spoleto, Italy.
- He was a serious partier as a young man; as a warrior in Assisi's war with Perugia, he was imprisoned for one year until his father paid a ransom.
- He founded the Franciscan Orders, including the Poor Clares and the OFS.
- He died in 1226, and was canonized in 1228; a short video of his life was played.
- OFS brothers and sisters see Christ in everyone, are devoted to Mother Mary, and seek constant conversion.
- We meet in community monthly and work in individual and group apostolates.
- Val Milleson, OFS, shared her journey after feeling a calling that lingered for years.
- Kelly Passero, Candidate, shared her path to Tau after two prior relocations necessitated her withdrawal from an OFS fraternity in each area.
- Jennifer Raimo, Inquirer, was then elevated to Candidate. The Rite of Admission was directed by Josh Goldberg, OFS, Minister, and Bill Richey, OFS, Formation Director, utilizing pp. 14-17 of the *Ritual of the Secular Franciscan Order*. Congratulations, Jen!

ONGOING FORMATION

Bill Richey, OFS, led a review discussion of pp. 70-77 of *Called to Build a More Fraternal and Evangelical World — A Concordance to the SFO Rule*. Reflections on Article 11 were offered by:

- Lisa Jaeger, OFS: St. Francis was an extreme example of giving up all material possessions. We just need to be detached from material things. This should be a freeing from worrying. A poverty in spirit is joyful. St. John Paul II had explained without emptying ourselves we cannot appreciate what we've been given.
- Liz Welborn, OFS, shared that St. Francis was exuberant and wanted to suffer as Christ did. She grew in love for Christ and St. Francis at the annual Tau retreat. St. Francis demanded poverty from early followers. Eventually, this changed but Liz no longer feels the need to own extra possessions.
- Sharon Goldberg, OFS, read from Thomas Merton, OCSO, that Christ is within us and we are called to live in great simplicity. She explained we need to open the door and our hearts to Christ. She considers herself a mystical Catholic and leads from her heart. She believes St. Francis lived complete surrender.

(see next page)

RECAP OF OCTOBER 1 GATHERING

ONGOING FORMATION, CONTINUED

- Bill Richey, OFS, discussed 2 Corinthians 8:9, p. 71, "Remember how generous the Lord Jesus was: he was rich but he became poor for your sake, to make you rich out of his poverty." Sts. Francis & Clare had the same thread of thought. The Papal Statement, p. 76 notes we become rich in the poverty of Christ on the cross.
- Bill Bouffard, OFS, noted that the reading didn't touch upon the Beatitudes, which Article 11 is closely tied to. It's not about me, you, or us. It's about God, which opened up everything else for St. Francis.
- Kimberley Heatherington, OFS, explained both Christ and St. Francis were poor, but we aren't; we're just not owned by our possessions. Spiritual poverty is detachment from things in order to be more open to God.
- A general group discussion took place after guest Tom Ryan asked about the connection between ego and poverty.



APOSTOLATES

MISSIONARIES OF CHARITY HOSPICE

Thanks to our Brothers and Sisters who support the apostolate at the Missionaries of Charity Gift of Peace House.

The last food delivery of 2023 will be on Saturday, December 9. The menu for December is ham, corn pudding, pasta dishes, and cookies.

If you would like to help or have questions, please contact Veronica O'Donnell, OFS or Joe Boyle, OFS.

ST. VINCENT DE PAUL

Help to feed the hungry. Joe Boyle, OFS, volunteered to shop and deliver food to the St. Vincent de Paul Society chapter at St. Timothy Catholic Church. Food donations may be dropped off prior to the Tau Gathering in the stairwell on the right at St. Joseph School. You can also provide a monetary donation to Joe, who is Tau Treasurer. Thank you!

For more information, see

<https://sttimothyparish.org/outreach-and-ministries/st-vincent-de-paul/>

POOR CLARES OF NEW JERSEY

Tau Fraternity supports the Monastery of St. Clare in Chesterfield, NJ, with a biannual monetary donation. The monastery is home to Sister Karen Stapleton, OSC, who began her Franciscan journey with Tau Fraternity. The main work of the Poor Clares of NJ is to provide Altar Bread to parishes in the diocese of Trenton.

For more information, or to submit a prayer intention to the Poor Clares, see [The Poor Clares of New Jersey — Joyfully Embracing the Gospel Way of Life .\(poorclaresnewjersey.com\)](http://www.poorclaresnewjersey.com)

Watch their YouTube video [A Quiet Joy: New Jersey's Monastery of Saint Clare](https://www.youtube.com/watch?v=...)

FRANCISCAN MISSION SERVICE

Tau Fraternity provides a biannual monetary donation to Franciscan Mission Service. The organization prepares and supports lay Catholics for mission service opportunities around the globe.

For more information, see [Home | Franciscan Mission](#)

PRAYER SHAWL APOSTOLATE

Tau Fraternity provides handmade prayer shawls to individuals in the Diocese of Arlington. Currently, shawls are being provided to pregnant women participating in the Gabriel Project. For more information, please contact Sharon Goldberg, OFS.

ECUMENICAL APOSTOLATE

Tau Fraternity partners with the First Baptist Church of Herndon to provide English lessons to students. Tau members volunteer time and talent to teach at Introductory, Intermediate, and Advanced levels. For more information or to volunteer, please contact Sally White, OFS.

Many thanks!



James 2:17

APOSTOLATE NEWS

MISSIONARIES OF CHARITY HOSPICE APOSTOLATE BY JOE BOYLE, OFS

The bi-monthly delivery of food donations and kitchen supplies took place Saturday, October 14, to the Missionaries of Charity "Gift of Peace" House in Washington, DC.

Our TAU brothers and sisters were very generous in preparing pasta entrees, salad, and veggies — while adding bread and butter, as well as soft drinks — for the Missionaries of Charity sisters and their hospice patients.

St. Joseph's monetary donation allows the Fraternity to support the Missionaries of Charity sisters' need for kitchen and household supplies; the sisters are thrilled to receive



these donations, which support their "Gift of Peace" House. One of the sisters commented, "We have been waiting for someone to call or help us."

It takes many hands to cook, donate, shop, and transport our donations; many thanks to all who assisted with our October delivery.

Here are pictures of the "helping hands" and of the "Gift of Peace" house.

Thanks also for all who pray for these apostolates.



ST. JOSEPH YOUTH MINISTRY FALL RETREAT

Tau members Josh Goldberg, OFS, and Vera Stewart, OFS, participated in the St. Joseph Youth Ministry Fall Retreat.

Vera shares that the group — which included five other adults and 18 high-schoolers — drove to the Concord Retreat Center in Yellow Springs, WV, on Friday, September 28, and returned on Sunday, October 1.

The retreat theme was *Identity in Christ, Isaiah 43:1 - “I have called you by name: You are mine”*.

The weekend included talks from the group leaders, small group discussions, games, a Rosary walk, a bonfire, adoration, confession, and plenty of time for reflection.

To conclude the retreat, the group attended Mass at Sacred Heart of Jesus Church in Winchester, VA.

It was a wonderful weekend that allowed the participants to become closer to each other as they focused on their identify as children of God.



www.concordretreat.org



VERA'S CRAFTS FOR CHARITY!

Vera Stewart, OFS, partnered with Linda Soller from the First Baptist Church in Herndon to sell crafts for charity at the St. Joseph Craft Fair on October 28.

The proceeds from Vera's sales went to the Loudoun Abused Women's Shelter.

Linda sold hats made by ladies in her knitting group; proceeds from the hats sold will support students taking the English language classes held by Tau and First Baptist.



ASSISI TRIP REUNION!

Sharon Goldberg, OFS, reports that 15 of the approximately 40 pilgrims who traveled to Assisi this spring recently gathered together for a reunion. Most attendees were from St. Joseph, but some came from Pennsylvania and North Carolina.

They were presented with the book *The Little Flowers of Saint Francis* by Brother Ugolino.

“Our Fraternal Sister Barbara and myself were gifted with the centerpieces of prayer plants,” said Sharon. “I was honored to present them with prayer shawls. All individually crafted with earth colors and our beloved TAU sign. Each one contained a pattern that allowed them to become a tapestry. Fr. Matt agreed to allow me to make him a prayer blanket. I will include the tapestry of colors that was used in all the others to make it a precious and warm.”



JOE'S TRIP TO THE NATIONAL SHRINE OF DIVINE MERCY

Joe Boyle, OFS, recently made a return trip to The National Shrine of The Divine Mercy in Stockbridge, MA (www.shrineofdivinemercy.org).

Joe says, "The Shrine promotes understanding of Divine Mercy. The Shrine is staffed by the Congregation of Marian Fathers of the Immaculate Conception of the Most Blessed Virgin Mary, which is a fraternal community of consecrated life in the Roman Catholic Church. In America, the members of the Congregation are perhaps best known for their work promoting the message of Divine Mercy from Stockbridge, Massachusetts. They are also known for their devotion to Mary Immaculate, dedication to praying for the poor souls in Purgatory, and active service to the Church."

Joe shares that, "One of my most favorite parts of the campus is the life-sized Stations of the Cross...outdoors and so peaceful!"



TAU COMMITTEES

If you are interested in participating actively in a Tau Committee, take a moment to chat with the chair:

Cultural Diversity Committee — Sally White, OFS

Hospitality Committee — Cyndy Filan-Kim, OFS

Interfaith/Ecumenical Committee — Kimberley Heatherington, OFS

Infirmarian Committee — Sharon Goldberg, OFS

Recruitment Committee — Vacant

Technology Committee — John Ata, OFS



The IFC Interfaith Concert

November 5, 2023 | 5-7:30pm

Washington Hebrew
Congregation

3935 Macomb St., NW
Washington, DC

*Honoree: Selva Jayaraman,
Co-Founder, Business Integra*



All Faiths.



One Family.



For tickets and information,
please visit our website.

IFCMW.org



PRAYER INTENTIONS

HEAR US, LORD!

Please keep the following intentions in your prayers:

For the physical and spiritual healing of Sylvia Capurso; Cynthia Filan-Kim's sister; Sally White and her husband Gary; Richard and Carole Clarke and their grandsons Liam and Rory; and Helen Broxmeyer and her daughter Susan.

For peace in the Middle East.

For the patients and Sisters at the Missionaries of Charity Gift of Peace House. For the people affected by Coronavirus and their caregivers. For the Mother of Mercy Free Medical Clinic and its patients. For all peoples who suffer persecution. For the country of Myanmar and its citizens. For the victims of natural disasters. For all those impacted by the fires in Maui. For refugees and migrant workers. For Russians opposing the war in Ukraine. For Bishop Rolando Alvarez imprisoned in Nicaragua.

For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please send prayer requests to Josh Goldberg, OFS.

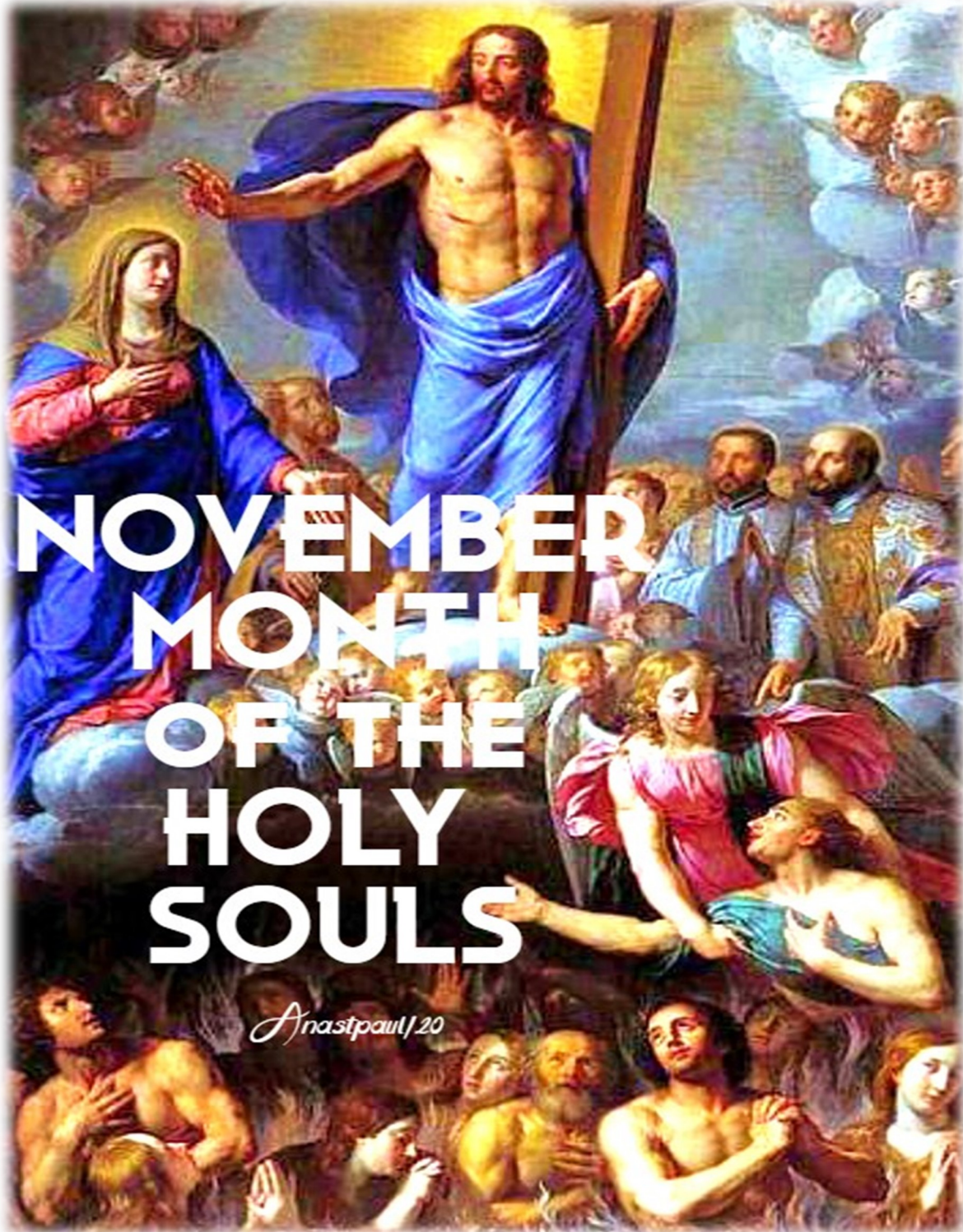
*Do not be anxious about anything,
but in everything, by prayer and
petition, with thanksgiving, present
your request to God..*

Philippians 4:6-7



REFLECTIONS: ALL SOULS

POETRY, DEVOTIONS & PRAYER



REFLECTIONS: ALL SOULS

POETRY, DEVOTIONS & PRAYER



Prayer for The Poor Souls in Purgatory.

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

RESOURCES RECOMMENDED BY JOE BOYLE, OFS

The "Holy Souls Sodality" is a monthly newsletter which focuses on the Holy Souls in Purgatory. It's an excellent resource for those who pray for the Holy Souls.

<https://prayforsouls.org>

St. Joseph's Parish has a ministry called "Purgatorial Prayer Society" which meets monthly and prays for our Holy Souls in Purgatory.

<https://www.sjcherndon.org/purgatorial-prayer-society>

CALENDAR: ACTIVITIES & EVENTS

November is the Month of the Holy Souls in Purgatory*

- Nov. 1 Feast of All Saints: Holy Day of Obligation
- Nov. 2 All Souls Day
- Nov. 4 Memorial of St. Charles Borromeo, Bishop and Secular Franciscan
- Nov. 5 Tau Fraternity Gathering
- Nov. 6 Valerye Milleson's birthday
- Nov. 8 Feast of Blessed John Duns Scotus
- Nov. 19 Feast of St. Elizabeth of Hungary
- Nov. 21 Feast of the Presentation of the Holy Virgin Mary
- Nov. 22 Memorial of St. Cecilia
- Nov. 23 Erik Larin's birthday
- Nov. 26 Sharon Goldberg's birthday
- Nov. 29 Feast of the Saints of the Seraphic Order
- Nov. 30 Feast of St. Andrew the Apostle

*See the Franciscan Calendar for more dates:
<http://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

November 2023

Su	Mo	Tue	We	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

Su	Mo	Tue	We	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



Sunday, November 26, 2023

Renewing and strengthening our faith for the future
 Join the Most Reverend Michael F. Burbidge, Bishop of Arlington, for the opening of the Golden Jubilee celebration of the Diocese of Arlington!

Sunday, November 26, 2023 at 5:00 PM
 The Solemnity of Jesus Christ the King of the Universe

Saint Michael's Catholic Church
 Annandale, VA

Reception to follow in the Saint Michael's School Gym
All are welcome. Please RSVP to events@arlingtondiocese.org

Festival of Praise

St. Joseph Catholic Church
750 Peachtree Street
Herndon, Virginia

Sept. 17
Oct. 15
Nov. 19
Dec. 10

7:00pm
to
9:00pm

Festival of Praise is an opportunity to gather as a parish community simply to give glory to God. This prayer experience is accompanied by Eucharistic adoration and worship music meant to draw us out of ourselves to worship God for who He is.



NEXT TAU GATHERING

NOVEMBER 5, 2023

SCHEDULE

1:30 pm–1:32 pm Opening Prayer
1:32 pm–2:12 pm No Presentation - All Souls
Commemoration Ceremony
BRING YOUR FRANCISCAN CROWN ROSARY!
2:12 pm–2:22 pm Break
2:22 pm–3:02 pm Ongoing Formation
3:02 pm–3:12 pm Break
3:12 pm–3:22 pm Angelus & Liturgy of the Hours
3:22 pm–3:32 pm Business Meeting
3:32 pm Closing Prayer

St. Joseph Church
Room 205

INITIAL FORMATION

Candidates:
Chapter 5 in *Franciscan Journey*, p. 46-58

ONGOING FORMATION

Please think about a person (or persons) in your life for whom you give thanks to God for their good influence on you — either in general, or specifically in terms of your Catholic journey with Christ.

During Ordinary Time, we will precede the Liturgy of the Hours with the Angelus:

The Angelus

V. The Angel of the Lord declared unto Mary,

R. And she conceived of the Holy Spirit.

---- Pray The HAIL MARY ----

V. Behold the handmaid of the Lord,

R. Be it done unto me according to your Word.

---- Pray The HAIL MARY ----

V. And the Word was made flesh,

R. And dwelt among us.

---- Pray The HAIL MARY ----

V. Pray for us, O holy Mother of God,

R. That we may be made worthy of the promises of Christ.

--- LET US PRAY ---

Pour forth, we beseech You, O Lord, Your grace into our hearts: that we, to whom the Incarnation of Christ Your Son was made known by the message of an Angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.



Pray The HOLY ROSARY Daily / facebook.com

LITURGY OF THE HOURS

31st Sunday in Ordinary Time

Readers: **PLEASE VOLUNTEER - TBD****

Midday Prayer: See [here](#) or <https://divineoffice.org/ord-w31-sun-dp2-current/?date=20231105>

Evening Prayer:

Hymn: #45 – “Let All Things Now Living,” pg. 1554

Gospel Cantic and Prayer—

Evening Prayer II: pgs. 638/637

Everything else: Sunday, Week III

Evening Prayer II: pg. 861

** Contact Joe Boyle, OFS, to volunteer for:

- ◆ Liturgy of the Hours Psalm 1
- ◆ Liturgy of the Hours Psalm 2
- ◆ Liturgy of the Hours Psalm 3
- ◆ Scripture Reading and Responsory.