



OF SPECIAL
INTEREST:

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<https://tauofs.org/>

APRIL 2024

Minister's Message

Brothers and Sisters,

Peace and all good!

He is Risen! Alleluia!

We have completed our Lenten journey.

So, what's next?

For those that attended Easter Vigil Mass, you may have witnessed baptisms of adults and children who have professed their love for this way of life. It's a life filled with service that is expressed in many ways.

On April 22, I'll be representing Tau at the Regional elections. It's a reminder that our secular organization, not unlike the Catholic Church, is both evangelizing new disciples and new leadership.

While regional elections are three years away and Tau elections less than two years away, it is not too early to begin to think about your role in supporting the organization of the Secular Franciscan Order.

Just like other organizations, the SFO relies on the time, talent and treasure of our volunteers.

This is something to reflect on we are both participants (e.g., attendees at retreats) and leaders (e.g., active in Apostolates).

Volunteering your time as an elected leader in the SFO is an apostolate that many, many people benefit from.

Josh



Organization

Tau Fraternity
c/o St. Joseph Catholic Church
750 Peachtree St.
Herndon, VA 20170

Meetings every 1st Sunday
of the month at:
St. Joseph Catholic Church
750 Peachtree St., Room 205

PACE
&&&
BENE

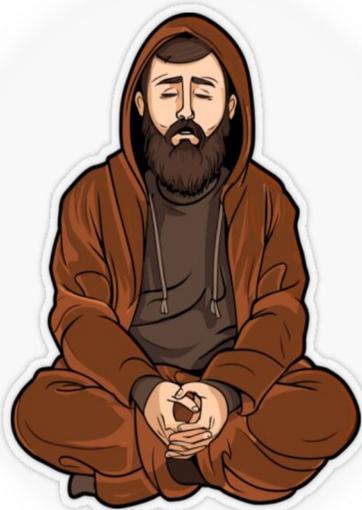
The Tau Fraternity of the Secular Franciscan Order was canonically established on June 21, 1992. The Fraternity is affiliated with the Third Order Regular of St. Francis, Province of the Most Sacred Heart of Jesus. Tau Fraternity is in the St. Margaret of Cortona Region of the Secular Franciscan Order.

The Tau Fraternity Council currently includes the following officers:

- Minister — Josh Goldberg, OFS
- Vice Minister — Liz Wellborn, OFS
- Formation Director — Bill Richey, OFS
- Secretary — Barbara Slivers, OFS
- Treasurer — Joe Boyle, OFS
- Councilor — Kimberley Heatherington, OFS



Monthly Tau Contemplative Prayer & Franciscan Spirituality Zoom Discussion led by Gil Donahue, OFS



Join your fellow Franciscans in a lively, hour-long discussion of contemplative prayer and Franciscan spirituality each month, led by Brother Gil!

The next meeting will be on Monday, April 15 at 7:00 PM.

E-mail Gil to receive a Zoom link.

Buy this sticker at: www.redbubble.com/i/sticker/St-Francis-of-Assisi-Contemplation-and-Meditation-by-stickercircle/144775557.EJUG5

TAU ANNUAL RETREAT: MAY 17-19

- Retreat Location:** Priest Field Pastoral Center
4030 Middleway Pike - Kearneysville, WV
<https://priestfield.org>
- Retreat Master:** Father Bernie Tickerhoof, TOR
- Retreat Topic:** 2024: The 800th Anniversary of Francis's Stigmata (1224)

Retreat Agenda

FRIDAY - MAY 17

- 4:00 - 5:45 PM** Arrival and Room Assignment
- 6:00 PM** Liturgy of the Hours - Evening Prayer in Blessed Sacrament Chapel
- 6:30 PM** Dinner in the Dining Room
- 7:30 PM** Session 1 in Dorothy Day Conference Room (lower level)
- 8:30 - 10:00 PM** Eucharistic Adoration (optional) - Blessed Sacrament Chapel

SATURDAY - MAY 18

- 7:00 AM** Rosary in Blessed Sacrament Chapel
- 7:30 AM** Liturgy of the Hours - Morning Prayer in Blessed Sacrament Chapel
- 8:00 AM** Breakfast in the Dining Room
- 9:00 AM** Session 2 in Dorothy Day Conference Room (lower level)
- 11:00 AM** Mass in Blessed Sacrament Chapel
- 12:00 PM** Lunch in the Dining Room
- 1:00 PM** Reconciliation in St. Francis Confessional Room (lobby area)
- 2:30 PM** Session 3 in Dorothy Day Conference Room (lower level)
- 4:00 PM** Free Time
- 5:30 PM** Liturgy of the Hours - Evening Prayer in Blessed Sacrament Chapel
- 6:00 PM** Dinner in the Dining Room
- 7:00 PM** Session 4 in Dorothy Day Conference Room (lower level)
- 8:30 PM** Social in Dorothy Day Conference Room & Lobby (lower level)

SUNDAY - MAY 19

- 7:00 AM** Rosary in Blessed Sacrament Chapel
- 7:30 AM** Liturgy of the Hours - Morning Prayer in Blessed Sacrament Chapel
- 8:00 AM** Breakfast in the Dining Room
- 9:00 AM** Pack
- 9:30 AM** Summary Session in Dorothy Day Conference Room (lower level)
- 10:30 AM** Mass in Blessed Sacrament Chapel
- 11:30 AM** Depart

TAU ANNUAL RETREAT: MAY 17-19

Retreat Pricing: Single - \$285.00 Double - \$510.00

Retreat Payments: Checks made out to Tau Fraternity; memo line = "Retreat 2024"
Checks should be received no later than Sunday, May 5, and can
be delivered at the monthly gathering or mailed to:
Tau Fraternity / 750 Peachtree St. / Herndon, VA 20170

Other Info: This year, we will be joined by brothers and sisters from Portiuncula
Fraternity, which regularly meets at Priest Field. Our sister Vicki
Shanholtz, OFS, transferred to this fraternity.

Meet the Retreat Master:

Fr. Bernie Tickerhoof is a friar of the Third Order Regular of St. Francis. He is currently the Director of Ongoing Formation for his religious community, and is a member of Franciscan Pathways, the community's retreat ministry. Fr. Bernie offers retreats and spiritual programs in retreat centers, parishes, and religious congregations. These are tailored to the particular needs of the specific groups and organizations. He has developed a variety of programs on contemporary spirituality, faith and biblical conversion, and leadership development.

Fr. Bernie received his Master of Divinity (MDiv) from St. Francis Seminary, formerly in Loretto, PA, in 1978, and a Master of Theology (ThM) in spirituality and liturgy through the Jesuit School of Theology at Berkeley, CA (now part of Santa Clara University) in 1979. He received a Doctor of Ministry (DMin) at Pittsburgh Theological Seminary in 2007. He has also pursued graduate studies at the Franciscan Institute at St. Bonaventure University and at the Catholic University of America.



Fr. Bernie was ordained in 1978 and has been involved in spiritual ministry and retreat work since 1979. He has traveled widely throughout the country in a ministry of preaching, spiritual conferences, and retreats. He served on his community's initial formation team as Vocation Director (1993-1996), as Novice Director (2004-2012), and as Director of Initial Formation (2008-2012). He has done extensive work in Franciscan Spirituality through the Franciscan Federation of the U.S. and as a spiritual assistant for the Secular Franciscan Order at the local, provincial, and regional levels. Fr. Bernie was on his province's leadership team from 2008 to 2012.

RECAP OF MARCH 3 GATHERING

PRESENTATION

Bill Bouffard, OFS, provided a Lenten talk on “What Kind of Soil Am I?” based on Mark 4:3-8 and 4-20. There are four paths one can take when the seed of the Word is sown:

- One can be on the path, hear the Word, but have no response
- Enthusiastically receive the Word, but hardness of heart leads to falling away
- Allow the Word to sink in, but other things take over (power, possessions, etc.)
- Hear the Word, accept it, and bear fruit

Jesus puts the Word out for everyone, knowing not all will hear it. Only you can decide what type of soil you are.

We cannot have a connection with God unless we have a connection with ourselves and others.

Bill invited us to respond to the Word as St. Francis responded to the leper.

Love (Mark 12:28-34) and the Cost of Discipleship (Mark 8:34-38) were discussed.

- Love the Lord your God with all your heart; love your neighbor as yourself
- Deny yourself, take up your cross, and follow Him

The Stations of the Cross were prayed.

ONGOING FORMATION

Bill Richey, OFS, provided an article from The Holy See, “Message of His Holiness Pope Francis for Lent 2024: Through the Desert God Leads us to Freedom”.

www.vatican.va/content/francesco/en/messages/len/documents/20231203-messaggio-quaresima2024.html

Group discussion then focused on personal takeaways from the article.

Some of the themes that emerged from the discussion were:

- Daily conversion
- Surrender
- Gratefulness
- Powerlessness

JOE'S FLORIDA VISIT WITH VAL!

Joe Boyle, OFS, shares that, "While passing through Jacksonville, FL (3/15), I stopped to have lunch with our Sister Valerye. She is enjoying her new fraternity, and has volunteered to assist with a new formation class. She sends her best wishes to all the Tau brothers and sisters."



APOSTOLATES

MISSIONARIES OF CHARITY HOSPICE

Thanks to our Brothers and Sisters who support the apostolate at the Missionaries of Charity Gift of Peace House.

The next food delivery will be **Saturday, April 13**; the menu will be shepherd's pie, salad, and cookies.

If you would like to help or have questions, please contact Veronica O'Donnell, OFS or Joe Boyle, OFS.

POOR CLARES OF NEW JERSEY

Tau Fraternity supports the Monastery of St. Clare in Chesterfield, NJ, with a biannual monetary donation. The monastery is home to Sister Karen Stapleton, OSC, who began her Franciscan journey with Tau Fraternity. The main work of the Poor Clares of NJ is to provide Altar Bread to parishes in the diocese of Trenton.

For more information, or to submit a prayer intention to the Poor Clares, see [The Poor Clares of New Jersey — Joyfully Embracing the Gospel Way of Life .\(poorclaresnewjersey.com\)](http://www.poorclaresnewjersey.com)

Watch their YouTube video [A Quiet Joy: New Jersey's Monastery of Saint Clare](https://www.youtube.com/watch?v=...)

ECUMENICAL APOSTOLATE

Tau Fraternity partners with the First Baptist Church of Herndon to provide English lessons to students. Tau members volunteer time and talent to teach at Introductory, Intermediate, and Advanced levels. For more information or to volunteer, please contact Sally White, OFS.

Many thanks!

ST. VINCENT DE PAUL

Help to feed the hungry. Joe Boyle, OFS, volunteered to shop and deliver food to the St. Vincent de Paul Society chapter at St. Timothy Catholic Church. Food donations may be dropped off prior to the Tau Gathering in the stairwell on the right at St. Joseph School. You can also provide a monetary donation to Joe, who is Tau Treasurer. Thank you!

For more information, see <https://sttimothyparish.org/outreach-and-ministries/st-vincent-de-paul/>

FRANCISCAN MISSION SERVICE

Tau Fraternity provides a biannual monetary donation to Franciscan Mission Service. The organization prepares and supports lay Catholics for mission service opportunities around the globe.

For more information, see [Home | Franciscan Mission](#)

PRAYER SHAWL APOSTOLATE

Tau Fraternity provides handmade prayer shawls to individuals in the Diocese of Arlington. Currently, shawls are being provided to pregnant women participating in the Gabriel Project. For more information, please contact Sharon Goldberg, OFS.



James 2:17

TAU LEADS THE WAY OF THE CROSS!

On March 22, members of Tau Fraternity took place in the Way of the Cross held in the sanctuary of St. Joseph Catholic Church, acting as readers, and cross and candle bearers.

Fr. Tom said in an e-mail the next day, "I appreciated the brothers and sisters of Tau Fraternity leading our Stations of the Cross last night."

Thanks to Marguerite McGill and Joe Boyle, OFS, for the pictures.



TAU LEADS THE WAY OF THE CROSS!



TAU COMMITTEES

If you are interested in participating actively in a Tau Committee, take a moment to chat with the chair:

Cultural Diversity Committee — Sally White, OFS
Hospitality Committee — Cyndy Filan-Kim, OFS
Interfaith/Ecumenical Committee — Kimberley Heatherington, OFS
Infirmarian Committee — Sharon Goldberg, OFS
Recruitment Committee — Vacant
Technology Committee — John Ata, OFS



PRAYER INTENTIONS

HEAR US, LORD!

Please keep the following intentions in your prayers:

For the physical and spiritual healing of Sylvia Capurso; Cynthia Filan-Kim's sister; Sally White and her husband Gary; Richard and Carole Clarke and their grandsons Liam and Rory.

For peace in the Middle East.

For the patients and Sisters at the Missionaries of Charity Gift of Peace House. For the people affected by Coronavirus and their caregivers. For the Mother of Mercy Free Medical Clinic and its patients. For all peoples who suffer persecution. For the country of Myanmar and its citizens. For the victims of natural disasters. For refugees and migrant workers. For Russians opposing the war in Ukraine.

For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please send prayer requests to Josh Goldberg, OFS.

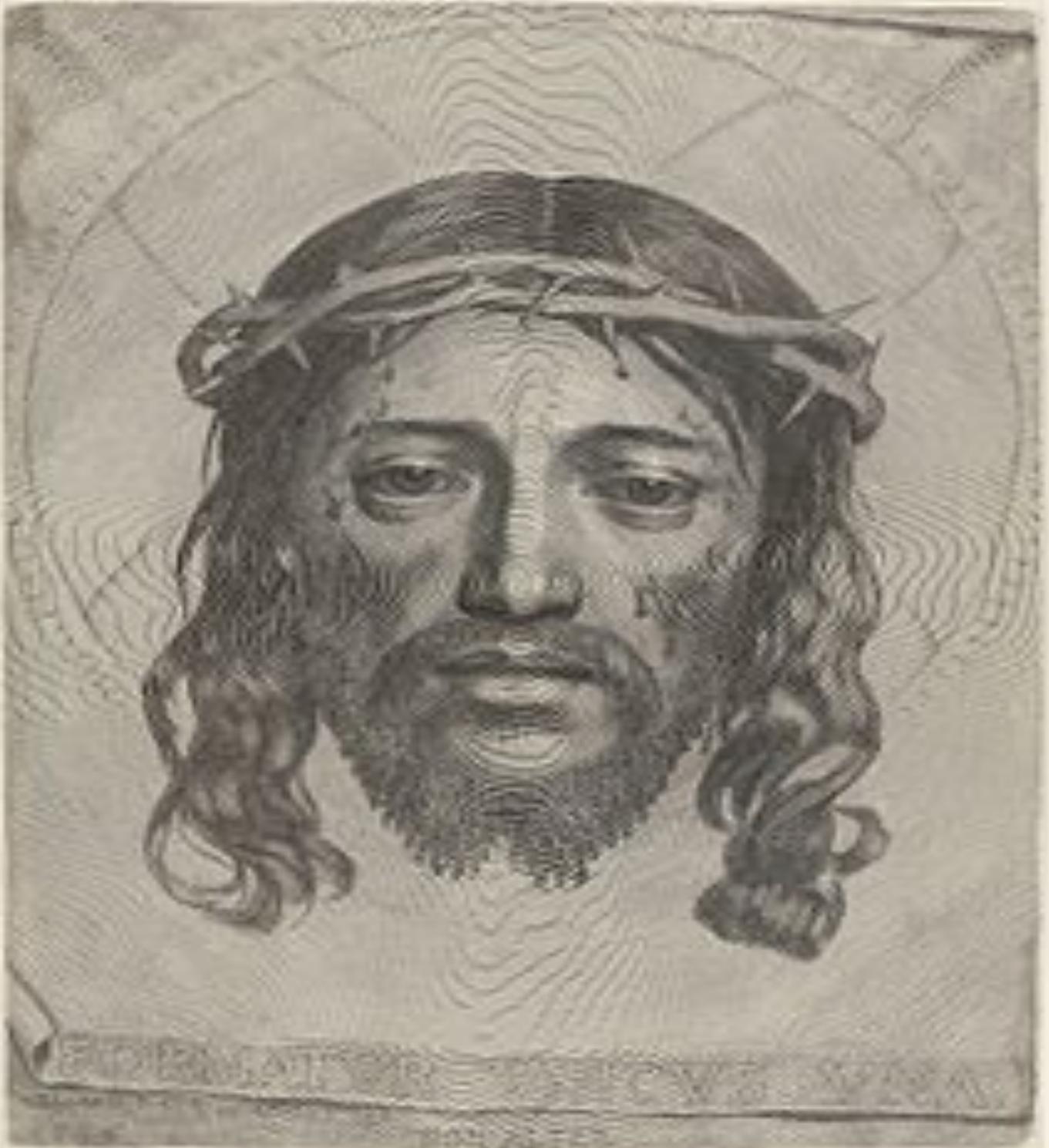
***Do not be anxious about anything,
but in everything, by prayer and
petition, with thanksgiving, present
your request to God.***

Philippians 4:6-7



APRIL: MONTH OF THE HOLY FACE

POETRY, DEVOTIONS & PRAYER



APRIL: MONTH OF THE HOLY FACE

POETRY, DEVOTIONS & PRAYER



Holy Face of Jesus,
Be my joy.

Holy Face of Jesus,
Be my strength.

Holy Face of Jesus,
Be my health.

Holy Face of Jesus,
Be my courage.

Holy Face of Jesus,
Be my wisdom.

Holy Face of Jesus,
Image of
the Father,

Provide for me.

Holy Face of Jesus,
Mirror of Thy
Priestly Heart,

Be my zeal.

Holy Face of Jesus,
Gift of the Spirit,

Show me Thy love.

Holy Face of Jesus,
saddened by sorrow,

**Grant my requests
through Thy merits.**

Amen.-

- Catholics striving for Holiness-

CALENDAR: ACTIVITIES & EVENTS

May is the Month of the Holy Face and the Redemption*

- Apr. 1 St. Benedict the Moor Feast Day
- Apr. 4 Frank Bowen's birthday
- Apr. 7 Tau Monthly Meeting
- Apr. 11 Joe Boyle's birthday
- Apr. 13 Missionaries of Charity Hospice Food Delivery
- Apr. 22 Heber Garcia's profession
- Apr. 24 Walter Gawlak's & Erik Larin's profession
- Apr. 25 Gil Donahue's birthday
- Apr. 29 Sharon Goldberg's, Stanley Hoover's, Lisa Jaeger's, and Barbara Slivers' profession

*See the Franciscan Calendar for more dates:
<https://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

April 2024

| Sun | Mo | Tue | We | Thu | Fri | Sat |
|-----|----|-----|----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

May 2024

| Sun | Mo | Tue | We | Thu | Fri | Sat |
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| 26 | 27 | 28 | 29 | 30 | 31 | |



NATIONAL
**Eucharistic
 Congress**

July 17-21
 Indianapolis, Indiana

www.eucharisticcongress.org



Sunday, April 7
 7:00 - 9:00 PM
 Featuring Eucharistic Adoration
 & worship music
 St. Joseph Catholic Church

NEXT TAU GATHERING

APRIL 7, 2024

SCHEDULE

- 1:30 PM** Opening Prayer: Veronica O'Donnell, OFS
Social Time
- 1:50 PM** Pray the Divine Mercy Chaplet
www.thedivinemercy.org/message/devotions/pray-the-chaplet
- 2:00 PM** Bill Richey: Ongoing Formation
- 2:45 PM** Break
- 3:00 PM** Stanley Hoover: Presentation
Mother Teresa
- 3:30 PM** Regina Caeli & LOH
- 3:45 PM** Business Meeting
- 4:00 pm** Closing Prayer

St. Joseph
Room 205

INITIAL FORMATION

Inquirer: Ch. 4 in *The Franciscan Journey*
Candidate: Ch. 15 in *The Franciscan Journey*

ONGOING FORMATION

Please read pages 23-25 in:

<https://saintmargaretofcorona.org/wp-content/uploads/2021/11/Revised-Chapter-21-History-of-the-SFO-and-its-Rule.pdf>

Please read the second part of:

<https://saintmargaretofcorona.org/franciscan-spirituality/>

During Eastertide, we will recite the Regina Caeli:



Regina Caeli Laetari Queen of Heaven

*O Queen of Heaven, rejoice,
Alleluia.*

*For He Whom thou didst
merit to bear, Alleluia.
Hath risen as He said,
Alleluia.*

Pray for us to God, Alleluia.

*V. Rejoice and be glad,
O Virgin Mary! Alleluia.*

*R. For the Lord
is truly risen, Alleluia.*

Let us Pray:

*O God, Who by the
Resurrection of Thy Son,
Our Lord Jesus Christ,
hast vouchsafed
to make glad
the whole world, grant,
we beseech Thee,
that, through the
intercession
His Holy Mother,
the Blessed Virgin Mary,
we may attain the joys
of eternal life.
Through the same Christ
our Lord.
Amen*

LITURGY OF THE HOURS 2ND SUNDAY OF EASTER (DIVINE MERCY SUNDAY)

Midday Prayer: See [here](#) or

<https://divineoffice.org/easter-w02-sun-dp2-current/?date=20240407>

Evening Prayer:

Hymn: #40 – “Love Divine, All Loves Excelling”: pg. 1522

Psalms with Antiphons from Easter Sunday: pg. 429

Everything else: pg. 455

Scripture & Responsory Reader:
Jen Raimo

Contact
Liz Welborn, OFS,
to volunteer for May
Scripture Reading
and Responsory.