



# THE FLYER

**Newsletter for the St. Joseph Cupertino  
Fraternity of the Secular Franciscans USA**

March 17, 2023

THIRD SUNDAY

“Gaze upon Him; consider  
Him; contemplate Him, as  
you desire to imitate Him.”

*Saint Clare*

**UPCOMING March 17 Visitor Speaker Brother Lawrence LaFlame.**

**Gather after mass for fellowship in the Dining Room. Meeting at 2 pm.**

- ◆ Meetings are third Sunday of the month at 2 pm. (See website for date changes and updates)
- ◆ Check out our website: <https://StJosephCupertino.SFOUSA.org/Welcome-To-Our-Fraternities-Website>
- ◆ Check out our regional website: <https://SaintMargaretOfCortona.org/>
- ◆ Check out our national website: <https://SecularFranciscansUSA.org/>

## **Greetings from Brother Lawrence, OFM Conv.**

We are deep into the Lenten season and the Sacred Triduum falls at the very end of March. I certainly hope that your Lent is what you have expected it to be this year. Sometimes we fall in our Lenten season at times and sometimes Lent goes just the way we were expecting it to go. Other years it is inconsistent, but when this happens we still need to keep the Lenten season as we wanted it to be!

The season is a most important one for our preparation for the Triduum and for Easter itself. We have difficulty at times in our Lenten journey but we need to do the best we can for the preparation for Triduum and Easter is most important. It is important to think towards the end of Lent because it helps to prepare us for the most important time of the Church year. It must be a restart each and every time we fall in our attention to Lent and what are doing in order to make ourselves ready for the Sacred Triduum and Easter. Therefore, we must respond to any fall by intentionally getting back into your Lenten practices.

When we get to the final days and we begin to commemorate and consider the final days of Jesus' ministry it is most important to be able to make the most of our recalling of Jesus' final days and his sacrifice for us and as long as we continue to avoid losing ourselves in a falling from the practices of Lent we should be able to get back to our practices that will surely continue to help us prepare for the Triduum and Easter.

God bless,  
Br. Lawrence

### Minister's Note

We are journeying with Saint Clare on a year long novena. Last month our focus was on *Honoring Our Talents*. We experienced Ander's beautiful iconography and made some of our own. Each of us has gifts that we need to share with others.

This month our focus is *Strength in Suffering*. Our speaker this month will be Brother Lawrence. Many of the Saints, including St Clare suffered from physical ailments that seemed to strengthen their own spiritual growth. They united their suffering with those of Christ on the cross. Many of us are suffering from various ailments: spiritual, physical, mental. It is through our community that we are strengthened. Our prayer partners are lifting us up as we lift them up. We are not alone.

Even if you have not made known your sufferings, Christ sees them. He knows you and He takes that onto the Cross. May we look forward to Easter and a celebration of love outpoured to us through His suffering.

In His Love  
Melissa



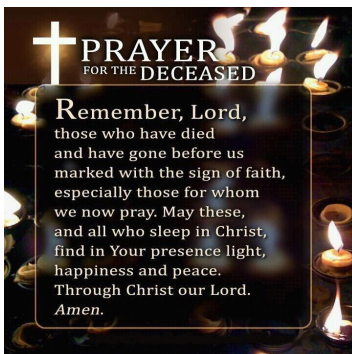
Pilgrimage to Assisi September 10-19, 2024  
Join Father Noel Danielewicz, OFM Conv.

For more information reach out to Melissa.

### St Margaret of Cortona CHAPTER OF MATS

Registration is **NOW OPEN** for our **September 6-8, 2024 Chapter of Mats** to be held at the beautiful **Claggett Center** in Adamstown, Maryland. Under the theme of **The Next 800 Years**, we will explore where we have been, where we are now, and where we are going.

Click the blue for information on the [2024 OFS Chapter of Mats](#)



We pray for all our deceased brothers and sisters this month.

*Formation Thought of the Month:*

“Blessed Father,

May we show ourselves to be faithful. Our effort here is brief, the reward is eternal.

May the excitements of the world vanish like a shadow, and not disturb us.”

St. Clare

Amen

The movie Cabrini is at theaters in our region this month though March 21st.



Mother Frances Xavier Cabrini is the first American Saint and founded the Missionary Sisters of the Sacred Heart.

You can find theaters and showtimes here:

<https://www.angel.com/tickets/cabrini>

Trailer here: <https://www.youtube.com/watch?v=uuFkt3w-7kl>

Volunteer to help Little Portion Farm at <https://www.LittlePortionFarm.org>

Food grown helps those in need.



**Help at the Shrine:** Volunteer as a lector, Eucharistic Minister, Usher, especially before our gatherings. Help staff a table to invite interest in the Secular Franciscan Order. Email Melissa.

**2022-2025 Council**

**Minister:**

Melissa Reed-Konigsdorffer OFS  
410-552-5750  
Scoutsdouglas@yahoo.com

**Vice Minister:**

Charlie Heyden OFS  
410-215-9079  
CHeyden2@comcast.net

**Secretary:**

France Staudenmann OFS  
301-366-1769  
France.Staudenmann@gmail.com

**Treasurer (Acting):**

Jerry Yu OFS  
443-514-5007  
bravo0226@yahoo.com

**Formation Director:**

Jeanne Kerins OFS  
410-227-6497  
JMkerins12@gmail.com

**Councilor 1:**

Bob Longo OFS  
240-476-5796  
BLongoSFO@gmail.com

**Councilor 2:**

Ray Glennon OFS  
443-458-8044  
Ray.Glennon@1972.USNA.com

**Spiritual Assistant:**

Br. Lawrence LaFlame, OFM Conv.  
410-485-5000  
LLaFlame@ArchBishopCurley.org

*Bible quotes are from the Douay-Rheims translation, unless otherwise noted.*



## Treasurer's Report

February – 2024

<b>Beginning (running) Balance:</b>	\$ 1916.37
<b>Income:</b>	
Common Fund Contributions	\$ 1750.00
Refund by the Shrine	\$100.00
<b>Total Income</b>	<b>\$ 1850.00</b>
<b>Expenses:</b>	
Spiritual Assistant	\$100.00
Franciscan Friars	100.00
<b>Total Expenses</b>	<b>\$ 200.00</b>
<b>Ending (running) Balance:</b>	<b>\$ 3566.37</b>

If you are unable to attend the gatherings, you can send your contributions to the fraternity.

### Contributions are Tax Deductible

Direct Donation checks to: **St. Joseph Cupertino Fraternity**

### Mail donations to:

Jerry Yu  
2812 Green Shade Court  
Ellicott City, MD 21042

**You may use your bank's BILL PAY.** Direct payment to **St. Joseph Cupertino Fraternity C/O the address above.**

**NOTE! FOR BILL PAY, THE ADDRESS HAS CHANGED.**

# Happy Anniversary

Gail Bunyan 3/21/99

# Happy Birthday!

Mick Michieli-Beasley, OFS 03/05

Deanna Williston, OFS 03/05

Cindy Mohler, OFS 03/13

Karan Bevers, OFS 03/21

France Staudenmann OFS 03/29

Upcoming  
Kathy Ford 4/6

### Book Share--

Thomas A'Kempis' classic Imitation of Christ.

First Saturdays from 1-3 pm on ZOOM!

Contact Geri Flynn OFS for details:  
AngelBarty@aol.com



### PRAYER LIST

#### For Healing:

Gail Bunyan, OFS

Lita Maisel, OFS

Bill Siefken, OFS

Teresa Lam, OFS

Rosemary Whelan, OFS

Michael Radcliff, OFS

Patrick Caughy, OFS

Will Potter, OFS