

# Up to Now

Newsletter of the St. Margaret of Cortona Region of the Secular Franciscan Order

Covering the District of Columbia, Maryland, Delaware, Virginia,  
and portions of West Virginia and Pennsylvania



Fr. Philippus Philippus, OFM/Cap

Volume 21 Issue 3

*Let us begin again, for up to now we have done nothing.*

February 2018

## Fostering Communion in the St. Margaret of Cortona Region

**To foster communion among members, the council should organize regular and frequent meetings of the community as well as meeting with other Franciscan groups, especially with youth groups. It should adopt appropriate means for growth in Franciscan and ecclesial life and encourage everyone to a life of fraternity. The communion continues with deceased brothers and sisters through prayer for them. (OFS Rule #24)**

The Saint Margaret of Cortona Region has many activities planned to foster a sense of community among members of the region. In order of occurrence they are as follows:

1) **Day of Reflection, If You Wish the Discipleship Journey**, March 3, 2018, St. Clement Mary Hofbauer Parish, Baltimore, Md. Sponsored by Little Flower, St. Michael the Archangel, Padre Pio, and St. Joseph Cupertino Fraternities; presented by Bill Bouffard, OFS. Final registration is due by February 17, 2018. See <http://saintmargaretofcortona.com/newsevents/>.

2) **Eighth Annual Day of Reflection for Candidates and Newly Professed**, April 8, 2018, St. Anthony Shrine, Elliott City, Md. This one-day retreat is designed to offer candidates in particular an opportunity to reflect on what Franciscan Spirituality and profession mean, as well as to bring candidates and newly professed together with others in the region. [See page 11](#) for registration form and more details.

3) **Renewed and Confirmed: Live the Treasure**, June 29-July 1, 1918, Priest Field Pastoral Center, Kearneysville, W. Va. Our Chapter of Mats will

- Celebrate our Rule
- Pray our Rule
- Delve deeply into our Rule and charism
- Allow our Rule to challenge us as we move forward

See registration form on [page 13](#).

4) **Summer Seminar for Secular Franciscans, Francis, the Troubadour: How Can I Keep from Singing?** July 12-15, 2018, St. Francis University, Loretto, Penn. More information and the registration form can be found beginning on [page 17](#).

5) **Franciscan Mission Service Mission and Global Awareness Trip for Secular Franciscans**, August 25-September 2, 2018. Learn about the global poverty that affects Bolivia; experience the Bolivian culture; deepen your understanding and spend time in prayer and guided reflection. For more information, [go to page 10](#).

6) **World Youth Day 2019 Panama**, January 21-28, 2019. A delegation of young adults (18 to 35 years or so) will be sponsored by the Archdiocese of Baltimore. There are several requirements, including forms, waivers, reservations, documents and payments, to join the Baltimore delegation for WYD 2019. These need to be reviewed and approved by Oct. 18, 2018. For information contact [sarah.arzembowski@archbalt.org](mailto:sarah.arzembowski@archbalt.org). For information about other local dioceses, please contact Harry Ford, OFS, Regional Youth and Young Adult Commission Chair, at [hmford1010@gmail.com](mailto:hmford1010@gmail.com).

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## Regional Minister's Message



### SO JUST WHAT DO SECULAR FRANCISCANS DO?

I don't wear my Tau publicly nearly as much as I should. But when I do, there is almost always an "evangelizing" moment. Someone will ask what it is, and I'll say, "That's a Tau cross, the habit of the Secular Franciscans. I'm a Secular Franciscan." Usually, what follows is "What are Secular Franciscans?" and

I have a well-rehearsed elevator speech about Francis, Clare, Luchesius and Buonadonna, and how we've been around for 800 years. But then I sometimes get the question I dreaded: "But what do Secular Franciscans do?"

I would stumble with an answer about our charism, our prayer life, our fraternal life, our apostolates and other good works. But I realized that what I ended up describing was not much more than what every Catholic is called to do. I finally realized that what's distinctive about Secular Franciscans is not so much **what** we do as **who** we are.

My dear sister (and our Regional Spiritual Assistant delegate from the Conventuals), Anne Mulqueen, OFS, wrote the *FUN Manual* chapter, "Our Identity as a Secular Franciscan." And in it, Anne quotes Fr. Anselm Romb, OFM Conv., "...the original twelve followers of St. Francis came from many walks of life - lawyer, priest, businessman, soldier, peasant. Having known the world, they were better adapted to transform it." We are a **secular** Order, an important distinction. And I always remind my brothers and sisters that we are NOT a lay order; diocesan priests and deacons are secular (as opposed to "religious") and may join our Order. We have our role to play in transforming the world.

We learn more of who we are from Article 7 of our Rule: "United by their vocation as brothers and sisters of penance, and motivated by the dynamic power of the gospel, let them conform their thoughts and deeds to those of Christ by means of that radical interior change which the gospel itself calls conversion. Human frailty makes it necessary that this conversion be carried out daily."

We are an Order of **penitents**. But what does that mean in the 21st Century? Anne quotes Fr. Lino Temperini, TOR: "The term Penance in Franciscanism is equivalent to the biblical meaning of *metanoia*,

understood as an intimate conversion of the heart to God, as a vital attitude, a continuous state of being. It is not a question of doing penance but of being penitent."

It takes **daily conversion** to be a penitent, and daily conversion requires practice. It calls us to be something that is very countercultural in our society. It calls us to be humble. And humility does not come easily to me. In the realm of politics, culture, finance, business, in fact in every aspect of our lives in society today, we are called to be certain, prepared, and ready to argue with those with whom we disagree or hold different views. The last thing we are called to do is to be humble, to reflect on where we may have failed or sinned or forgotten to be true to Jesus' commandment that we love one another. So we are called to be **humble**, and to be open to daily conversion.

Anne also reminds us that "personal conversion is not the end. It is the means. We take the fruit of conversion and distribute it to a hungry and broken world." Francis does not begin by urging us to do external penances - no strict fasts, no hair shirts, no flagellation. What he asks us to do is positive:

1. Love God totally,
2. Love our neighbor as ourselves,
3. Hate our sinful tendencies,
4. Receive the body and blood of Christ in a worthy manner, and
5. Produce good fruits of penance.

Who are we? How do we "follow Christ in the footsteps of St. Francis," and "go from gospel to life and life to the gospel?" We are humble, joyful, secular penitents, and, just as Francis and Clare and millions of people over the centuries, we take our love of God and neighbor out into this "hungry and broken" world. Anne will be one of the presenters at our Chapter of Mats June 29 - July 1. More information and the registration form can be found in this edition of *Up to Now* on [page 13](#).

On a personal note, please allow me to thank you for choosing me to serve as your regional minister these past six years. It has been the most joyful time for me as a Secular Franciscan, to visit so many fraternities and meet so many of my brothers and sisters. Please support your fraternity minister as she/he discerns who should serve on the next regional council.

And please consider serving on the regional council yourself.

Peace and love,  
Patrick

## Regional Formation Director's Message

Brothers & Sisters, Peace of Christ!

Lent is now upon us. It is a time for renewal and rebirth. Our souls should be drawing closer to God through prayer, penance, fasting, and almsgiving in preparation for Easter and Christ's resurrection.

Prayer helps us develop a more personal relationship with God and enables us discern what His will is for us. Performing acts of penance makes reparation for our sins and those of mankind. Fasting enables us to detach more easily from worldly goods and makes room for the Holy Spirit to grow inside our hearts and lives. Fasting also shows God that we are willing to back up our prayers with action! And lastly, almsgiving is charity towards our neighbor and atones for many sins.

I'd like to make a few suggestions on how we can start to draw closer to Jesus during this season of conversion and renewal. First, we need to make time in our busy schedules each day to spend time in prayer and conversation with the Lord. How can we ever know God's perfect will in our lives if we don't take the time to listen to Him? God can speak to us in a variety of ways; through quiet time, scripture, priests, people, our children, family members, music, prayerful reading, nature and more. But the most important thing is to set aside time to listen. We need to quiet our souls and let God enter.

St. Francis had a desire to spend time in prayer and fasting, and his almsgiving was truly evident by his life of poverty and his care for creation and the poor, especially the lepers. St. Clare, who was his little plant, followed in his footsteps in many ways. Both knew that to become like Christ, one needed to gaze and reflect upon His life, passion, death, and resurrection.

In one of the letters St Clare wrote to Lady Agnes of Prague, she said:

Look upon him who became contemptible for you,  
and follow him, making yourself contemptible

in this world for him. Your Spouse, though more beautiful than the children of men, became for your salvation the lowest of men, was despised, struck, scourged untold times throughout his whole body, and then died amid the suffering of the cross.... Gaze upon him, consider him, contemplate him, as you desire to imitate him. If you suffer with him..., you shall rejoice with him; if you die with him on the cross of tribulation, you shall possess heavenly mansions in the splendor of the saints, and in the Book of Life your name shall be called glorious among men (2LAg 19-22).

Wow! What wonderful advice to put into practice! I encourage you this Lenten Season to prepare your hearts properly where Jesus can dwell, by attending daily Mass as much as possible, by spiritual reading and reflection, by making holy hours with the Lord, by frequent confession and recitation of the holy rosary, and by reaching out to those in need. These are the places where we encounter God's grace and mercy.

Pope Francis says "Fasting makes sense if it really chips away at our security and, as a consequence, benefits someone else, if it helps us cultivate the style of the Good Samaritan, who bent down to his brother in need and took care of him."

All these considerations are the basis for the theme this year for the Annual Day of Reflection for our Inquirers and Candidates on April 7. The registration flyer on [page 11](#) gives the time, date, place and the cost for attending. Please be sure to share this news with your fraternity, so we can receive your registration by March 24. Come and learn what it means to "Behold the face of Christ in others."

I hope and pray that each of you experience the love of the Lord in your lives this Lenten and Easter Season and always!

*Your sister in Christ and Sts. Francis & Clare,  
Victoria Spalding, OFS*

### *Prints of La Verna Explore Franciscan Imagery at the National Gallery of Art*

Washington, DC—One of the most innovative Italian books of the early baroque period, the *Descrizione del Sacro Monte della Vernia*, published in 1612, illustrates the experiences of Saint Francis and the buildings of the Franciscan community at La Verna. Drawing from the Gallery's rich holdings of works with Franciscan imagery, *Heavenly Earth: Images of Saint Francis at La Verna* contextualizes this publication alongside some 30 traditional representations from the late 15th through the mid-18th century. *Heavenly Earth* will be on view on the ground floor of the West Building from February 25 through July 8, 2018.

<https://www.nga.gov/press/exh/4906.html>



## Read the Liturgy of the Hours Digitally

### APPS

#### Laudate:

Includes interactive Rosary, daily readings, Liturgy of the Hours, Roman Missal changes, NAB and Douay-Rheims version of the Bible.

Cost: Free

<https://catholicapps.com/laudate/>

#### Give Us This Day (published by Liturgical Press):

Includes Morning, Evening, and Night Prayer: prayers for various occasions, spiritual writings by Robert Ellsberg and Fr. James Martin, SJ, among others

Cost: Monthly issues – 12 issues for \$19.99; single issue \$1.99 each; free trial available

<https://www.giveusthisday.org/Home/app>

#### Universalis

Includes: Full day's prayer (Office of Readings, Morning Prayer, Terce, Sext, None, Evening Prayer, Night Prayer); readings at Mass

Available in several formats: iPhone, iPad, iPod Touch, Amazon Fire, Kindle Fire, Android, Windows, Mac, email service

Cost: varies from a \$.99/month subscription to about a \$24.50 one-time cost for registration for multiple platforms.

<http://universalis.com/n-apps.htm>

### ONLINE

#### Divine Office Catholic Ministry:

Closed to new viewers, but an exception is made for ordered viewers.

Does not have Terce or Sext.

Cost: Free

<https://divineoffice.org/>

#### Universalis:

All hours of the Liturgy of the Hours

Cost: Free

<http://universalis.com/lauds.htm>

#### iBreviary

There is a link on the regional website

Cost: Free

<http://saintmargaretofcorona.com/newsevents/>

### EBOOKS

#### Kindle:

Any number of ebooks from Amazon, ranging in price from free to about \$20.00 a year. If you get the Universalis version, be sure to get the United States edition.

[https://amazon.com/s/ref=nb\\_sb\\_noss\\_2?url=search-alias%3Daps&field-keywords=liturgy+of+the+hours+kindle&rh=i%3Aaps%2C%3Aliturg+of+the+hours+kindle](https://amazon.com/s/ref=nb_sb_noss_2?url=search-alias%3Daps&field-keywords=liturgy+of+the+hours+kindle&rh=i%3Aaps%2C%3Aliturg+of+the+hours+kindle)

#### Nook:

A couple of books from Barnes & Noble

<https://www.barnesandnoble.com/s/liturgy+of+the+hours+nook?requestid=547416>

## What Are We Doing?

On February 8, 2018, the feast day of St. Josephine Bakhita (a former slave), Margie Petrizza, OFS and Gary Burton, OFS of St. Francis of Assisi Fraternity, were privileged to be one of four groups selected from across the country to present on their Anti-Human



trafficking effort from both St. Francis of Assisi Parish and Fraternity in Triangle, Virginia.



Trafficking activities during a nationally broadcasted webinar hosted by the USCCB's Trafficking Victims Assistance Program, Office of Migration and Refugee Services.

The webinar's objective was to highlight various Anti-Trafficking efforts to build awareness and provide best practices for those currently involved or wanting to

launch an initiative to end modern day slavery. Margie and Gary represented the Anti-Human Trafficking partnership effort from both St. Francis of Assisi Parish and Fraternity in Triangle, Virginia.

The other presenters were Deacon Fred Molina from the Diocese of Orlando, Florida; Karen Prochnow from St. Anne's Catholic Church, Seal Beach, California; and, Mary Anne Silvestri from St. Joseph's Catholic Church, Long Beach, California. Feedback received by the USCCB from the attendees was positive regarding the usefulness of the information and future networking opportunities.

The webinar can be seen at <https://www.youtube.com/watch?v=cOzMtPoVwFE&feature=youtu.be>.



## Canticle of Fraternity

Praise be You, My Lord, through Sister Brokenness who reveals to us your healing and your wholeness. She is tender and fragile and invites us to share our poverty with one another.

Praised be You, My Lord, through Sister Forgiveness who reveals your unconditional love and tender mercy. She is gentle and asks for poverty of spirit as she seeks to be both freely given and freely received in fraternity.

Praise be You, My Lord, through Brother Conversion who reveals your radical Gospel call and the heart of the paschal mystery. He is violent and requires uprooting, letting go, emptying and comes to us through self emptying fraternal experiences. He is a mirror of true Eucharist.

Praise be You, My Lord, through Sister Joy who reveals your fullness and the life of your Trinitarian love. She is carefree. She is loving. She is genuine. She is Beatitude. She is gift coming from you through sharing Your presence with one another.

Most High, all powerful and good Lord,  
Yours are brokenness, forgiveness, conversion and joy.  
We praise and bless You, Lord, and give You thanks for fraternity.  
All praise be yours, O Lord

*Poem: Renita Brunner OFS  
from Franciscan Seculars: Isle of Wight, Great Britain*  
<http://franciscanseculars.com/join-us>



## POPE FRANCIS' WORDS

### DO YOU WANT TO FAST THIS LENT?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your heart with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

<http://kingscourtparish.ie/2017/02/a-thought-from-pope-francis-for-lent/>

## Mark Your Calendar



**April 8, 2019 – Eighth Annual Day of Reflection for Inquirers, Candidates and Newly Professed.** St. Anthony Shrine, Ellicott City, Md. [Registration form is on page 11.](#)

**April 21, 2018 – Regional Elections.** Franciscan Monastery of the Holy Land, Washington, D.C. (1400 Quincy Street N.E., Washington, D.C. 20017)



**June 29-July 1, 2018 – Chapter of Mats.** Priest Field Pastoral Center Kearneysville, WV. [Registration form is on page 13.](#)



**July 12-15, 2018 – Summer Seminar for Secular Franciscans,** Francis, the Troubadour: How Can I Keep from Singing? July 12-15, 2018, St. Francis University, Loretto, Penn. More information and the registration form can be found beginning on [page 17.](#)



**August 25 - September 2, 2018 – FMS Short-Term Mission & Global Awareness Trip,** Bolivia. Registration and deposit required by May 1. [See flyer on page 10](#)

**January 21-28, 2019 – World Youth Day Pilgrimage in Panama.** For more information go to <http://saint-margaretofcortona.com/newsevents/>.



## 2018 MONTHLY INTENTIONS OF PRAYER – OFS and YOUFRA

To underline our communion with the Pope, we offer the intention of the Holy Father for the month and an intention for OFS according to the life and important events of the Order.

<b>2018</b>	
<b>January</b>	<p><b><u>For the Evangelization:</u></b> That Christians and other religious minorities in Asian Countries may be able to practice their faith in full freedom.</p> <p><b><u>OFS:</u></b> For the national fraternities of Togo, Mozambique, and Korea. Our Father...</p>
<b>February</b>	<p><b><u>Universal:</u></b> That those who have material, political or spiritual power may resist any lure of corruption.</p> <p><b><u>OFS:</u></b> For the national fraternities of RD Congo (VP), and Cyprus (VFP). Our Father...</p>
<b>March</b>	<p><b><u>For the Evangelization:</u></b> That the Church may appreciate the urgency of formation in spiritual discernment, both on the personal and communitarian levels.</p> <p><b><u>OFS:</u></b> For the national fraternities of Brazil (VFP), Switzerland, Russia and Japan. Our Father...</p>
<b>April</b>	<p><b><u>Universal:</u></b> That economists may have the courage to reject any economy of exclusion and know how to open new paths.</p> <p><b><u>OFS:</u></b> For the national fraternities of Mauritius, Cuba, Latvia, Taiwan and for the CIOFS Presidency. Our Father...</p>
<b>May</b>	<p><b><u>For the Evangelization:</u></b> That the lay faithful may fulfil their specific mission by responding with creativity to the challenges that face the world today.</p> <p><b><u>OFS:</u></b> For the national fraternities of Canada, Costa Rica and New Zealand (VFP). Our Father...</p>
<b>June</b>	<p><b><u>Universal:</u></b> That social networks may work towards that inclusiveness that respects others for their differences.</p> <p><b><u>OFS:</u></b> For the national fraternities of Haiti, Czech Republic, Germany, Denmark, El Salvador, Austria, Malawi and Puerto Rico. Our Father...</p>
<b>July</b>	<p><b><u>For the Evangelization:</u></b> That priests who experience fatigue and loneliness in their pastoral work may find help and comfort in their intimacy with the Lord and in their friendship with their brother priests.</p> <p><b><u>OFS:</u></b> For the national fraternities of Rwanda and for the Pan-African Congress. Our Father...</p>
<b>August</b>	<p><b><u>Universal:</u></b> That any far-reaching decisions of economists and politicians may protect the family as one of the treasures of humanity.</p> <p><b><u>OFS:</u></b> For the national fraternities of Paraguay (VFP), Ireland, Brazil and the European Congress. Our Father...</p>
<b>September</b>	<p><b><u>Universal:</u></b> That young people in Africa may have access to education and work in their own countries.</p> <p><b><u>OFS:</u></b> For the national fraternities of Great Britain, Oceania Australia (VFP), Angola and Sweden. Our Father...</p>
<b>October</b>	<p><b><u>For the Evangelization:</u></b> That consecrated religious men and women may bestir themselves and be present among the poor, the marginalized, and those who have no voice.</p> <p><b><u>OFS:</u></b> For the national fraternities of Croatia (VFP), Sri Lanka and India. Our Father...</p>
<b>November</b>	<p><b><u>Universal:</u></b> That the language of love and dialogue may always prevail over the language of conflict.</p> <p><b><u>OFS:</u></b> For the national fraternities of the United States, Portugal, Vietnam (VFP), Nicaragua (VFP) and for the CIOFS Presidency. Our Father...</p>
<b>December</b>	<p><b><u>For the Evangelization:</u></b> That people who are involved in the service and transmission of faith may find, in their dialogue with culture, a language suited to the conditions of the present time.</p> <p><b><u>OFS:</u></b> For all the national fraternities in difficulty. Our Father...</p>

## PRAYER FOR OFS LEADERSHIP

Give us, O God,  
leaders whose hearts are large enough  
to match the breadth of our own souls  
and give us souls strong enough  
to follow leaders of vision and wisdom.

In seeking a leader, let us seek  
more than our own enhancement—  
though enhancement we hope for;  
more than security for our own plans and vision—  
though security we need;  
more than satisfaction for our own selfish wants—  
though many things we desire.

Give us the hearts to choose and follow the leader  
who will work with other leaders  
to bring Your will to the agenda  
and help us to fulfill it.

Give us leaders who lead us to virtue  
without seeking to impose  
their own version of virtue on others.

Help us also to see the seed of the Divine in each one  
so that we don't reject our brothers or sisters  
for thinking differently from us.

May we always follow leaders who lead us  
to love all our brothers and sisters  
regardless of differences  
of race, ethnicity, or political persuasion.

Give us leaders who will provide  
for the advancement of our Order  
without dictating to others to achieve it.

Give us insight enough ourselves  
to choose as leaders those who can tell  
strength from power,  
growth from greed,  
leadership from dominance,  
and real greatness from the trappings of grandiosity.

We trust you, Great God,  
to open our hearts to learn  
from those to whom you speak in different tongues  
and to respect the life and words  
of those to whom you entrusted  
the good of other parts of this globe.

We beg you, Great God,  
give us the vision as Secular Franciscans  
to know where holy leadership truly lies,  
to pursue it diligently,  
to ask it to respect the integrity of every person  
in the entire Order.

We ask these things, Great God,  
with minds open to your word  
and hearts that trust in your eternal care.

Amen

*Adapted and Updated September 1, 2012  
by Kevin Queally, TOR and Anne Mulqueen, OFS*

### Websites of Interest

#### Not just an empty phrase

<https://www.thegospelcoalition.org/article/4-reasons-to-believe-in-the-empty-tomb>

#### Once Virginia's biggest tree, an ancient 123-foot champion bald cypress has fallen

[https://pilotonline.com/news/local/environment/once-virginia-s-biggest-tree-the-ancient-big-mama-has/article\\_e8aed901-9859-58dd-a7a8-0e47961a16ac.html?\\_vfz=medium%3Dsharebar](https://pilotonline.com/news/local/environment/once-virginia-s-biggest-tree-the-ancient-big-mama-has/article_e8aed901-9859-58dd-a7a8-0e47961a16ac.html?_vfz=medium%3Dsharebar)

#### A new way to help the poor

[https://www.youtube.com/watch?v=8oKl\\_qDJHt4z&feature=youtu.be](https://www.youtube.com/watch?v=8oKl_qDJHt4z&feature=youtu.be)

Thank you, Bob Longo

#### New Archeological Discoverys

A new section of the Western Wall

<http://www.foxnews.com/science/2017/10/16/amazing-western-wall-discovery-new-section-ancient-theater-uncovered-in-jerusalem.html>

Ancient inscription unearthed in Jerusalem

<http://www.foxnews.com/science/2017/08/23/ancient-inscription-unearthed-in-jerusalem-thrilling-archaeologists.html>

Excavation of Tel Lachish give evidence of the high places and sacred pillars

[http://www.israeltoday.co.il/NewsItem/tabid/178/nid/30246/Default.aspx?topic=article\\_title](http://www.israeltoday.co.il/NewsItem/tabid/178/nid/30246/Default.aspx?topic=article_title)

Miscellaneous discoveries

<https://www.timesofisrael.com/topic/biblical-archaeology/>



"Monk at Computer" from the Centre for the History of the Book, University of Edinburgh

## *Nominations for Regional Council*

**O**n April 21, 2018, the St. Margaret of Cortona Region will elect new officers. We need each fraternity to submit nominees for the offices of Minister, Vice-minister, Secretary, Treasurer, Formation Director, Area Councilor MD/PA, Area Councilor Metro D.C., Area Councilor VA/WVA and Area Councilor MD/DE. When submitting a name, give the fraternity name and the office for which the person has agreed to run. Those nominated for office must consent to the nomination. Those nominated will be asked to submit a short biography, which is to include SFO experience, as well as other pertinent experience.

### ***From the General Constitutions of the Secular Franciscan Order:***

#### **THE OFFICES IN THE FRATERNITY**

##### Article 51

1. While firmly upholding the co-responsibility of the council to animate and guide the fraternity, the minister, as the primary person responsible for the fraternity, is expected to make sure that the directions and the decisions of the council are put into practice and will keep the council informed about what he or she is doing.
2. The minister also has the following duties:
  - a. to call, to preside at, and to direct the meetings of the fraternity and council; to convoke every three years the elective chapter of the fraternity, having heard the council on the formalities of the convocation;
  - b. to prepare the annual report to be sent to the council of the higher level after it has been approved by the council of the fraternity;
  - c. to represent the fraternity in all its relations with ecclesiastical and civil authorities. When the fraternity acquires a juridical personality in the civil order, the minister becomes, when possible, its legal representative;
  - d. to request, with the consent of the council, the pastoral and fraternal visits, at least once every three years.
  - e. to put into effect those acts which the Constitutions refer to his or her competence.

##### Article 52

1. The vice-minister has the following duties:
  - a. to collaborate in a fraternal spirit and to support the minister in carrying out his or her specific duties;
  - b. to exercise the functions entrusted by the council and/or by the assembly or chapter;

- c. to take the place of the minister in both duties and responsibilities in case of absence or temporary impediment;
  - d. to assume the functions of the minister when the office remains vacant.
2. The secretary has the following duties:
    - a. to compile the official acts of the fraternity and of the council and to assure that they are sent to their respective proper recipients;
    - b. to see to the updating and preservation of the records and the registers, noting admissions, professions, deaths, withdrawals, and transfers from the fraternity ;
    - c. to provide for the communication of the more important facts to the various levels and, if appropriate, to provide for their dissemination through the mass media.
    - d. to provide for the communication of the more important facts to the various levels and, if appropriate, to provide for their dissemination through the mass media.
  3. The master of formation has the following duties:
    - a. to co-ordinate, with the help of the other members of the council, the formative activities of the fraternity;
    - b. to instruct and enliven the inquirers during the time of initiation, the candidates during the period of initiation formation, and the newly professed;
    - c. to inform the council of the fraternity prior to profession, concerning the suitability of the candidate for a commitment to live according to the Rule.
  4. The treasurer, or bursar, has the following duties:
    - a. to guard diligently the contributions received, recording each receipt in the appropriate register, with the date on which it was given, the name of the contributor, or the one from whom it was collected;
    - b. to record in the same register the items of expense, specifying the date and the purpose, in conformity with the directions of the fraternity council;
    - c. to render an account of his or her administration to the assembly and to the council of the fraternity according to the norms of the national statutes.

Additionally, the council has four regional area council members, representing the minister at fraternal visitations and local elections. The four areas are: the Virginia area, the Maryland/Pennsylvania area, the Maryland/Delaware area, and the metro D.C. area.



ST. MARGARET OF CORTONA REGION  
 CHAPTER OF ELECTIONS  
 SATURDAY, APRIL 21, 2018

Name \_\_\_\_\_

Fraternity \_\_\_\_\_

I would like to serve as:

Select one

- Minister
- Vice Minister
- Secretary
- Treasurer
- Formation Director
- Area Councilor Metro DC
- Area Councilor VA
- Area Councilor MD/DE
- Area Councilor PA/MD

My Qualifications are:

Year professed: \_\_\_\_\_

How I serve my fraternity/the region:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Why I feel called to serve the region:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Signature: \_\_\_\_\_

Return to: Patrick Martin ([jpmmartin@gmail.com](mailto:jpmmartin@gmail.com))

Ann Corro ([Anncorro@aol.com](mailto:Anncorro@aol.com))

Carolyn Protin ([ceprotin513@gmail.com](mailto:ceprotin513@gmail.com))

**DUE NO LATER THAN SATURDAY, APRIL 7, 2018**



franciscan mission service  
**Short-Term Mission &  
Global Awareness Trip**

**25 AUG—2 SEP, 2018**

Experience the rich Bolivian culture and learn the many layers of global poverty that affect Bolivia today. This is your opportunity to join us in visiting our missionaries and their local partners in Cochabamba, Bolivia. With the support of the Secular Franciscan Order, FMS missionaries have been serving in solidarity with the Bolivian people for 25 years.

Registration and 50% deposit required by May 1.  
Cost is \$1,500 + flight.

*Experience*

Learn about the Bolivian culture through shared meals, guided hikes, visits to FMS mission sites, and more. Unlike traditional service trips that focus on completing one project, this experience offers a glimpse into the experience of encounter of being in relationship with the Bolivian people.

*Reflect*

Deepen your understanding of structural poverty, and spend time each day in prayer and guided reflection to process your experience. Ponder your own responsibility as a Secular Franciscan in building the kingdom of God on earth.

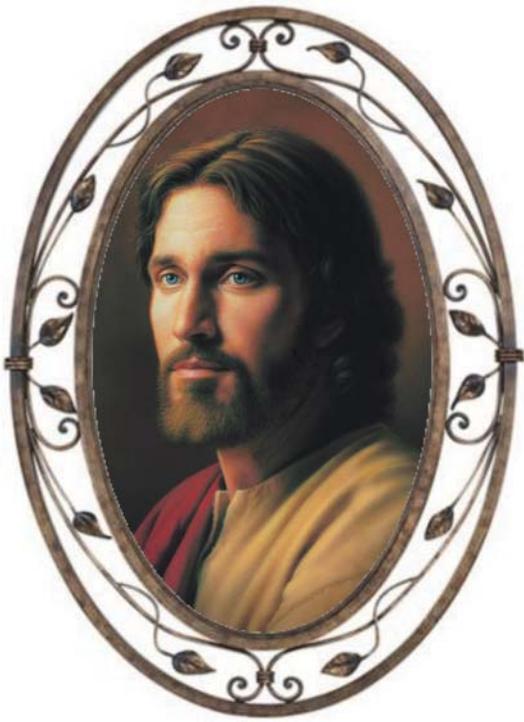
*Grow*

Strengthen your commitment to service and social justice. Develop a better awareness of social and cultural issues. Build friendships with your fellow travelers. Dive deeper into the Secular Franciscan charism.

[franciscanmissionservice.org/programs/trips/bolivia](http://franciscanmissionservice.org/programs/trips/bolivia)

*Bolivia*





# Beholding the Face of Christ in Others

## Franciscan Day of Reflection For Inquirers and Candidates Day of Reflection 2018

Saturday, April 7, 2018, 8:30 a.m. - 4:00 p.m.  
Shrine of St. Anthony  
12290 Folly Quarter Road  
Ellicott City, MD 21042  
(410) 531-2800

Sponsored by the St. Margaret of Cortona Regional Formation Team

Francis beheld the face of Christ through fervent prayer, meditation, and fasting. By doing so, he was able to encounter Christ in everyone he met, rich or poor, friend or enemy. How can we learn to do the same? Come and join us for a day of reflection on what it means to encounter Christ in our neighbor by using the means St. Francis and St. Clare taught us.

**(Formation teams and newly professed are also invited.)**

Cost: \$50.00 per person.

Yes! I plan to attend the Franciscan Day of Recollection for Candidates and Inquirers.

Name \_\_\_\_\_

Fraternity \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

I am an Inquirer    I am a candidate    I am newly professed

I am a member of the formation team

Please complete this form  
and return by March 24  
with check payable to

**St. Margaret or Cortona Region**

Send form and payment to:

**Peter Noyes, ofs**  
2917 Shepperton Terrace  
Silver Spring, MD 20904  
pnoyes@aol.com

**My heart is ready, oh God; my heart is ready.**

*Psalm 57:7*

[Directions to the Shrine of St. Anthony](#)

## *Around the Region*

### **RECEIVED AS CANDIDATES**

Chris Gordon, OFS, Pope St. John XXIII Emerging Fraternity, Davidsonville, Md.

Chris Grubach, OFS, St. Conrad Fraternity, Annapolis, Md.

Toby Harkleroad, OFS, St. Conrad Fraternity, Annapolis, Md.

Rick Jaime, OFS, St. Francis of Assisi Fraternity, Triangle, Va.

Antonio Mayorga, OFS, St. Francis of Assisi Fraternity, Triangle, Va.

Joe McHugh, OFS, St. Conrad Fraternity, Annapolis, Md.

Wayne Miller, OFS, St. Francis of Assisi Fraternity, Triangle, Va.

Clarence Neason, OFS, St. Francis of Assisi Fraternity, Triangle, Va.

Jim O'Shaughnessy, OFS, St. Francis of Assisi Fraternity, Triangle, Va.

Anne Marie Pessagno, OFS, Pope St. John XXIII Emerging Fraternity, Davidsonville, Md.

Kathy Radigan, OFS, St. Francis of Assisi Fraternity, Triangle, Va.

Marly Redden, OFS, St. Francis of Assisi Fraternity, Triangle, Va.



*St. Francis of Assisi Triangal Fraternity Candidates, from left: Wayne Miller, OFS, Antonio Mayorga, OFS, Jenny Schrader, OFS, Rick Jaime, OFS, Ulli Vaerst, OFS, Clarence Neason, OFS, and Marly Redden, OFS. Not shown are Kathy Radigan, OFS and Jim O'Shaughnessy, OFS.*



*St. Conrad Fraternity, Annapolis Md., newly professed: Toby Hackleroad, OFS; Chris Gordon, OFS; Joe McHugh, OFS*

Jenny Schrader, OFS, St. Francis of Assisi Fraternity, Triangle, Va.

Nina Teti, OFS, Pope St. John XXIII Emerging Fraternity, Davidsonville, Md.

Ulli Vaerst, OFS, St. Francis of Assisi Fraternity, Triangle, Va.

### **NEWLY PROFESSED**

Judith Dodge, OFS, St. Conrad Fraternity, Annapolis, Md.



*Judith Dodge Profession St. Conrad Fraternity, Annapolis: Denise Miante, OFS, Formation Director; Jude Dodge, OFS; Pat Tyrrell, OFS, Minister*

James Girouard, OFS, Sacred Heart of Jesus Fraternity, Warrenton, Va.

Maureen Zwirble, OFS, Sacred Heart of Jesus Fraternity, Warrenton, Va.

### **LOSSES IN THE FAMILY**

Mary Ferrara, OFS, August 23, 1926 - January 16, 2018, St. Joseph Cupertino Fraternity, Ellicott City, Md. Mary was professed on June 10, 1951, and was active until the 90s.

Dennis Thiel, OFS, December 2, 1937 - November 28, 2017, Our Lady of the Rosary Fraternity, Williamsburg, Va. Denny was professed on October 24, 1989, and was active in leadership roles for many years.



*Catherine Wynne, OFS, December 17, 2017, St. Thomas More Fraternity, Arlington, Va.*



Steve Zawisa, OFS, December 10, 2017, St. Francis of Assisi Fraternity, Triangle, Va. He was professed on August 15, 2006, and was an active member of the fraternity for years, although he found it necessary to withdraw more recently. His white hair, coupled with a full white beard and moustache made him a natural for the many Santa ministries he was involved in at that time of year. He was fully engaged in many other ministries as well, such as hospice.

# PriestField Pastoral Center

## CHAPTER OF MATS 2018

**Where:** Priest Field Pastoral Center, 4030 Middleway Pike, Kearneysville, WV 25430-3742

**When:** June 29 - July 1, 2018

**Who:** All Secular Franciscans, including candidates, inquirers and spiritual assistants

**What:** Renewed and Confirmed: Live the Treasure!

**Presenter:** TBA

### REGISTRATION FORM INSTRUCTIONS:

1. Submit form no later than **June 15, 2018**
2. Please type or print all information clearly.
3. Only one participant per registration form.
4. NON-REFUNDABLE deposit of \$50.00 must accompany this form.
5. **Make your check payable to ST. MARGARET OF CORTONA REGION\*** and mail this form with payment to:

Peter Noyes, ofs

2917 Shepperton Terrace

Silver Spring, MD 20904

email: pnoyesofs@yahoo.com

**\*Please make checks payable to St. Margaret of Cortona Region,  
NOT to Peter Noyes or to Priest Field. Thank you.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Fraternity \_\_\_\_\_

### Please check room requirement:

**Rooms are designed for double occupancy for maximum attendees.**

- A) Single occupancy room: \$248.00<sup>†</sup>
- B) Double occupancy room: \$228.00
- C) Single occupancy cabin: \$282.00
- D) Double occupancy cabin: \$257.00
- E) Dormitory: \$184.00
- F) Days Only: \$126.00

**†Select single occupancy only if there is a serious personal or medical reason. Thank you!**

Please indicate any special needs you have: \_\_\_\_\_

Please choose a roommate, or one can be assigned for you.

Name of preferred roommate: \_\_\_\_\_

Amount enclosed with this form \$ \_\_\_\_\_





# Carbon Fast for Lent 2018



Brought to you by Michigan Interfaith Power & Light



## Why fast?

Most religious traditions have some form of fasting as part of their spiritual practice. The Muslim season of Ramadan is perhaps the most widely known and practiced form of fasting worldwide. For many Christians, the season of Lent is associated with fasting as part of the preparation for Easter.

As a spiritual practice, fasting purifies us and sharpens our intentions. Like pebbles in our shoe, the hunger pangs of traditional fasting are a steady reminder of an intention to leave behind an old way of life and to prepare for spiritual rebirth. The feeling of hunger prompts a continued awareness of the need to become more conscientious in our actions and to whole-heartedly commit to the inward transformation we seek. Fasting also reminds us to keep in our hearts the plight of the poor and the imperative to care for the least of these.

Many of us grew up “giving something up” for Lent—candy, meat, or other pleasures—only to gleefully indulge in the forbidden item when the season passed. While going without something we enjoy gives us a taste of sacrifice, it often does not bring about a substantial inner change.

Whatever your religious persuasion, our intent with this Carbon Fast is to suggest practices that will go beyond merely “giving up” some conveniences temporarily, but will support a deeper transformation in your relationship with Earth.

## Why carbon?

Because carbon dioxide (CO<sub>2</sub>) is a heat-trapping gas and key driver of global warming, reducing carbon and other greenhouse gas emissions is a matter of great urgency.

Those who are being affected most severely by climate change—including millions of people in the developing world who have already

lost their homes and livelihoods—are those whose own carbon footprints are the smallest, and who have the fewest resources to cope with the fallout. Reducing our carbon emissions is as much a matter of caring for Creation as it is of protecting the least of these.

\*In an effort to keep the calendar fresh, we’ve broadened the types of suggested activities to include water protection and conservation. While some of these are not technically carbon-reducing, we feel they keep the spirit of the fast.

## How to use this calendar

This calendar suggests one sustainability-related activity for each day between Ash Wednesday and Easter. Some of these might be things you’re already doing. Some require a little preparation. Some may be challenging or even uncomfortable.

If doing one activity each day seems overwhelming, you might instead choose one activity each week and repeat it each day. Or choose one action and do it for the whole season.

Since Christians are called to dwell in community—to share in one another’s burdens and joys, and to work together as members of one body—we encourage you to see if members of your congregation or family want to participate in the Carbon Fast with you.

As we take steps to do our part—changing the ways we drive our cars, heat and cool our buildings, consume food and other goods—we also recognize that personal lifestyle changes *alone* are not sufficient. Therefore, we hope this fast helps you be a witness for the cry of the Earth and promote systemic change—as a member of your community and as a citizen.

In this time of repentance and rebirth, we hope above all that this calendar will be a tool for spurring action and reflection, helping us right our relationship with the Earth, in this season and beyond.



# February - March 2018

(first half of Lent)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14 Ash Wednesday	15	16	17
If your household has more than one car, try to use the more fuel efficient one for errands and trips. Save gas by completing multiple errands on one trip.	Schedule a free home energy assessment and get free efficiency upgrades. DTE: 866-796-0512 Consumers: 888-316-8014	Learn how to use your programmable thermostat! Tailor it to the season and your schedule. In winter, set it lower when you are away and at night.	“Dust thou art...” Consider how linked you are to the earth and how you can be in loving relationship with all Creation. Preview the calendar and set your intentions.	Calculate your carbon footprint: <a href="http://www3.epa.gov/carbon-footprint-calculator/">www3.epa.gov/carbon-footprint-calculator/</a> . Take note of the activities that are the most carbon-intensive.	Consider and pray about your consumption habits. What would Jesus wear, drive, eat, etc.? Set at least 1 concrete goal for shrinking your footprint. Write it down.	Save energy and add some beneficial humidity to your house by air-drying your laundry.
18	19	20	21	22	23	24
Many religions and denominations have statements on the humane treatment of Earth's non-human creatures. Read yours at <a href="http://HumaneSociety.org">HumaneSociety.org</a> .	Conventionally grown coffee causes deforestation. Choose shade-grown, organic coffee as a more sustainable option.	One roundtrip cross country flight makes up 15% of an average American's annual CO2 footprint. Plan a vacation that doesn't involve air travel this year.	Water heating is very energy intensive, and chances are your water is hotter than you need. Try turning your water heater down to ~120°.	For Palm Sunday, order sustainably grown palms: <a href="http://EcoPalms.org">EcoPalms.org</a> . (Remember that you can use any leftover ashes in the garden.)	Learn how your diet impacts the climate at <a href="http://VegMichigan.org">VegMichigan.org</a> . Consider becoming a “reducitarian” by not eating meat for 1 day each week.	Netflix and chill tonight with a nature documentary. <i>Planet Earth</i> and <i>Earth's Natural Wonders</i> are good options. Marvel at the miracle of Creation.
25	26	27	28	1	2	3
30% of landfill mass is food/yard waste. Composting is good for the Earth and your garden: <a href="http://HowToCompost.org">HowToCompost.org</a> .	Learn about our oceans and commit to buying only sustainably fished seafood: <a href="http://Oceana.org/living-blue/sustainable-seafood-guide">Oceana.org/living-blue/sustainable-seafood-guide</a> .	Does your utility offer a renewable energy option? Green power cuts your emissions and sends your utility the message that consumers want clean energy.	Has your congregation taken steps to green its building? Check out this resource for ideas: <a href="http://MichiganPL.org/StewardsOfHope">MichiganPL.org/StewardsOfHope</a> .	Refrigerators are usually the biggest electricity-users in a house. Unplug or recycle old or rarely used refrigerators for significant energy savings.	Don't forget about our member resources and discounts on sustainable products and services: <a href="http://MichiganPL.org/MemberCenter">MichiganPL.org/MemberCenter</a> .	13% of US GHG emissions are from producing and transporting food. Try to buy food that is grown organically and close to home.
4	5	6	7	8	9	10
Get a tune-up and set your car tire pressure to the recommended level for optimal gas mileage.	Get a tune-up and set your car tire pressure to the recommended level for optimal gas mileage.	Stay cozy and conserve energy by checking your windows and doors for air leakage. Caulk and weatherstrip as needed (these do need maintenance over time!).	Save trees and reduce waste by stopping unwanted junk mail at <a href="http://DMACHoice.org">DMACHoice.org</a> .	Save trees and reduce waste by stopping unwanted junk mail at <a href="http://DMACHoice.org">DMACHoice.org</a> .	Tame your lead foot on the highway. Higher speeds (55 mph+) reduce fuel economy.	Get a tune-up and set your car tire pressure to the recommended level for optimal gas mileage.

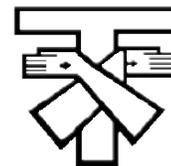


# March - April 2018

(second half of Lent)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 Take note of how your church's coffee hour is run. Look for greening opportunities like using china instead of paper cups, choosing shade-grown coffee, etc.	12 Is solar energy right for your church? Check out our Solar Guide for Houses of Worship: <a href="http://MichiganIPL.org/Resources/Congregations">MichiganIPL.org/Resources/Congregations</a> .	13 Utilities offer free energy saving products and services to their customers, including churches. Take advantage of it! Call us for info: 248-463-8811.	14 Is your voter registration current? Check it out at <a href="http://Michigan.gov/Vote">Michigan.gov/Vote</a> .	15 Identify your MI legislators and learn about their environmental voting track records: <a href="http://michiganlev.org">michiganlev.org</a> .	16 Individual carbon-reducing actions alone are not enough! Join our advocacy work: <a href="http://MichiganIPL.org/Advocacy">MichiganIPL.org/Advocacy</a> .	17 If you are still using incandescent bulbs, <i>throw them out and replace them with LEDs now!</i> It seems wasteful, but the energy savings make this a no-brainer.
18 Donate to your congregation's Green Ministry or an organization that promotes Creation Care... maybe Michigan IPL!	19 Protect our waterways by safely disposing prescription drugs. Drug take-back programs are best, but <a href="http://earth911.com">earth911.com</a> suggests additional methods that are less bad than flushing them.	20 Learn about how environmental degradation affects the global poor. Fast today to remain mindful of their hardship.	21 As you dream of spring, consider low maintenance perennials and grasses to reduce the need for watering. What can you do to cut down the size of your thirsty lawn?	22 If your windows are well-caulked but still emanating cold air, consider using plastic window sealing. Tyz-All interior storm window kits are very effective: <a href="http://energyfederation.org">energyfederation.org</a> .	23 Roof icicles are a sign that your building is losing heat. Attic hatches, fireplaces and recessed lights can be those made with petroleum/plastic. What items can you borrow or buy second hand?	24 Minimize your purchasing of new items, especially those with a lot of packaging and those made with petroleum/plastic. What items can you borrow or buy second hand?
25 Observe the Sabbath by unplugging your electronics and yourself! Relish simple pleasures.	26 Large roofs and parking lots = lots of stormwater run-off (and often high drainage fees). Could your church add rain barrels or a rain garden to mitigate this?	27 Install a WaterSense-labeled shower head to save water and energy (often while improving water pressure).	28 Religious groups the world over are divesting from fossil fuels. Learn about how socially and environmentally-responsible investing could work for you.	29 <b>Holy Thursday</b> Start some organic seeds indoors. Witness God's love in action! Tomatoes, peppers and eggplant should be started now for an early harvest this summer.	30 <b>Good Friday</b> Learn about how to leave a green legacy: <a href="http://GreenBurialCouncil.org">GreenBurialCouncil.org</a> .	31 <b>Holy Saturday</b> Plant a tree. Trees reduce storm water runoff, absorb CO <sub>2</sub> , and if planted on the south or west sides of your house provide cooling shade in the summer.
1 <b>Easter</b> How did your carbon fast go? What new behaviors did you begin?	2 Bonus: Recalculate your carbon footprint: <a href="http://www3.epa.gov/carbon-footprint-calculator/">www3.epa.gov/carbon-footprint-calculator/</a> . Did it shrink? Let us know!	3	4	5	6	7



***“Francis the Troubadour: How Can I Keep From Singing?”***

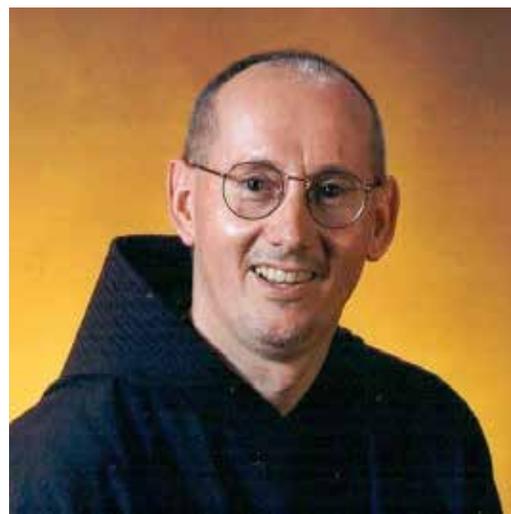
***Presenters***



**Jerry and Cricket Aull, OFS:** Jerry and Cricket are in their 46<sup>th</sup> year of marriage with six children and eight grandchildren. Both have degrees in theology, including Jerry’s Doctorate in Ministry. They have been doing Catholic retreats, conferences and parish missions for over 20 years on customized themes across the US and Canada. Cricket is a professed Secular Franciscan since 2000; she is a published author of four books, has served as a retreat leader and conference speaker for Franciscans and parishes, and has been a Spiritual Director for many years, including Spiritual Direction for the Deacons in the Archdiocese of Atlanta. Jerry is a liturgical musician and recording artist who has performed in concert for a number of notable occasions, such as in the Sanctuary of Martin Luther King’s church, for the President of the US, and with John Michael Talbot. A singer/songwriter with 10 CDs, which include the

beautiful voices of the Aulls’ five daughters, Jerry is also a jazz and big band musician and singer in Atlanta. Additionally, Jerry has been a conference and workshop speaker for Stephen Covey for over 25 years, and also teaches Theology at The Marist School. Together, the Aulls promote the Catholic tradition through interactive teaching and music.

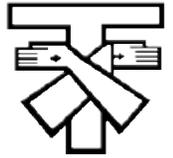
**Br. Bob Herrick, OFM Cap:** Br. Bob Herrick, OFM Cap. is a friar of St. Augustine Province, headquartered in Pittsburgh, PA. He presently resides at Capuchin College in Washington, DC and is a formator for young friars who are in studies at Catholic University. Originally from Imperial, PA, Br. Bob is one of six sons, and likes to say that he was born into ‘community life’ by living with five other brothers! He was taught by the Franciscan Sisters from Millvale, who were very instrumental in encouraging his Franciscan vocation. Br. Bob attended St. Fidelis High School and College in Herman, PA. In 1977, Br. Bob became a novice with the Capuchins and moved to Annapolis, MD for novitiate, where he professed simple vows on July 15, 1978. He professed final vows at St. Augustine Church on August 22, 1981. Br. Bob has served in many Capuchin parishes, including those in Cleveland and Dover, OH, at York, PA, and at the Hermitage in Herman, PA. Br. Bob served as guardian of the Hermitage in Wheeling, WV for twelve years, where he also served as spiritual assistant for St. Alphonsus Secular Franciscan Fraternity, as regional spiritual assistant for Lady Poverty Region, and as assistant director at the Paul VI Pastoral Center in Wheeling, WV. He later served on the interprovincial novitiate staff in Santa Ynez, CA for four years. He is now in his second stint as formator at Capuchin College. Wherever Br. Bob has served, music has been a large part of his ministry, whether as music director in parishes and retreat centers, or as part of his formation work with the young friars. This year, Br. Bob will celebrate forty years as a Capuchin friar.



***Endorsed by the National Executive Council of the Secular Franciscan Order - USA***



# 9<sup>th</sup> Summer Seminar for Secular Franciscans July 12-15, 2018



## ***“Francis the Troubadour: How Can I Keep From Singing?”***

### **Tentative Schedule**

#### **Thursday - July 12, 2018**

- 12:00-4:30 PM – Registration (*Christian Hall*)
- 5:00 PM – Dinner (*Torvian Dining Hall*)
- 6:30 PM – Opening prayer (*DiSepio*)
- 7:00 PM – Session 1
- 8:30 PM – Social (*Christian Hall*)

#### **Friday – July 13, 2018**

- 8:00 AM – Breakfast (*Torvian*)
- 9:15 AM – Morning prayer (*DiSepio*)
- 9:30 AM – Session 2
- 11:30 AM – Break
- 12:00 noon – Lunch (*Torvian*)
- 2:00 PM – Session 3
- 3:30 PM – Break
- 4:00 PM – Mass (*Immaculate Conception Chapel*)
- 5:00 PM – Dinner (*Torvian*)
- 6:30 PM – Evening prayer (*DiSepio*)
- 7:00 PM – Session 4
- 8:30 PM – Social (*Christian Hall*)

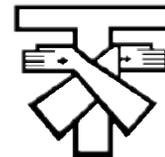
#### **Saturday – July 14, 2018**

- 8:00 AM – Breakfast (*Torvian*)
- 9:15 AM – Morning prayer (*DiSepio*)
- 9:30 AM – Session 5
- 11:30 AM – Break
- 12:00 noon – Lunch (*Torvian*)
- 2:00 PM – Session 6
- 3:30 PM – Break
- 4:00 PM – Mass: Sunday liturgy (*Immaculate Conception Chapel*)
- 5:00 PM – Dinner (*Torvian*)
- 6:30 PM – Evening prayer (*DiSepio*)
- 7:00 PM – Session 7
- 8:30 PM – Social (*Christian Hall*)

#### **Sunday - July 15, 2018**

- 8:00 AM – Breakfast (*Torvian*)
- 9:15 AM – Morning prayer (*DiSepio*)
- 9:30 AM – Session 8
- 12:00 noon – Lunch and Departure

***Endorsed by the National Executive Council of the Secular Franciscan Order - USA***



***“Francis the Troubadour: How Can I Keep From Singing?”***



***Driving Directions to St. Francis University***

**From Northwestern Pennsylvania:** Take **I-79 to Rt. 422 East** to Ebensburg. In town, turn left at the traffic light onto High Street. Continue straight at next light. Turn left on to Manor Road. Saint Francis University is six miles on the right.

**From Cleveland (Ohio area):** Take **Ohio Turnpike East to I-80 East**. Take **I-680 South to Route 422 East** (approximately 120 miles) to Ebensburg. In town, turn left at the traffic light onto High Street. Continue straight at next light. Turn left on to Manor Road. Follow this road for six miles to the Saint Francis University entrance on right.

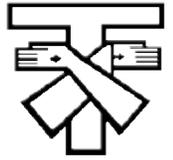
**From Southwestern PA and Southeast Ohio:** Take **Route 22 East** from Pittsburgh to second Ebensburg exit (Ebensburg/Loretto exit). Bear right at end of exit ramp. Proceed straight (crossing over Route 22). Turn right at the first light on to Manor Road. Follow this road for six miles to the Saint Francis University entrance on right.

**From Northeastern PA/Central New Jersey:** Take **I-80 South to I-80 West to Exit 161 (Bellefonte)**. Take **US99/Rt. 220 South** approximately 50 miles to Altoona. Take **Rt. 22 West** to Lilly/Portage Exit. Turn right onto **Rt. 53 North**. Continue on Rt. 53 North approximately two miles to traffic light (Sheetz on left). Turn left at light and continue beneath railroad overpass. 200 yards beyond overpass, bear right at Saint Francis University sign onto St. Joseph Street. Take this road four miles to Loretto. At Village Cross monument on traffic circle, bear left. Saint Francis University entrance is 200 yards on left.

**From Southeastern PA, Baltimore, MD, and Washington, D.C.:** Take **PA Turnpike (I-76) West to Bedford Exit 146 (220 North/I-99 North)**. Turn left after toll booth. At top of hill, turn left onto **US99/Rt. 220 North** to Altoona. Travel approximately 30 miles to Rt. 22 West. Continue from Altoona -- previous paragraph.

If you are programming your GPS, set it to:  
117 Evergreen Drive, Loretto, PA 15940

***Endorsed by the National Executive Council of the Secular Franciscan Order - USA***



***“Francis the Troubadour: How Can I Keep From Singing?”***

**General Information**

- Room check-in is 3 PM, July 12<sup>th</sup>.
- Check out time is 12 noon, July 15<sup>th</sup>.
- Sorry, no early arrivals or late stays.
- All rooms have a bathroom; linens and towels are provided.
- If you need a hair dryer, bathrobe, umbrella, iron, or other amenity, please bring those with you.
- We cannot accommodate special room requests other than handicapped access.
- Commuter registration does not include room or board – meals are paid at the door at the dining hall.
- Shuttle service is provided to/from residence hall, dining hall, and conference center for all attendees.

Air Transportation Information:

**Please note: No transportation to/from airports is provided by the Seminar. We recommend flying into one of the following options and driving to campus.**

- Johnstown Regional - JST (25 mi.)
- Altoona-Blair County – AOO (30 mi.)
- University Park (State College, PA) – UNV (73 mi.)
- Pittsburgh International - PIT (100 mi.)

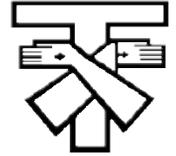
***Other questions?***

**Contact Fr. Joe Lehman, TOR, (814) 472-3054  
(daytime) or e-mail [jlehman@francis.edu](mailto:jlehman@francis.edu)**





# 9<sup>th</sup> Summer Seminar for Secular Franciscans July 12-15, 2018



***“Francis the Troubadour: How Can I Keep From Singing?”***

## REGISTRATION

-  **RESIDENT** registration fee includes residence hall room and all meals
-  **COMMUTER** registration fee does not include room or meals
-  Payment must accompany this form and is **NON-REFUNDABLE**
-  Register before **June 1<sup>st</sup>** to receive a \$25 discount on the **RESIDENT** registration fee
-  Absolutely no registrations accepted after Monday, June 25<sup>th</sup>

**REGISTRATION LIMITED TO 100 PARTICIPANTS**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Fraternity \_\_\_\_\_ Region \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

### RESIDENT (ON CAMPUS) REGISTRATION - Accommodations in Christian Hall

Single Room **\$290** /After June 1, 2018 registration is **\$315** per person = \$ \_\_\_\_\_  
**LIMITED NUMBER OF SINGLE ROOMS AVAILABLE**

Double Room **\$230** /After June 1, 2018 registration is **\$255** per person = \$ \_\_\_\_\_

I will be rooming with \_\_\_\_\_

I will need a roommate – match me up if you can

**OR:**

COMMUTER REGISTRATION – (NO ROOM OR MEALS) @ **\$70** per person = \$ \_\_\_\_\_

**To pay by check:** Make check payable to **Saint Francis University**. Please mail your check and this registration form to: **Mission Integration Office, Saint Francis University, P.O. Box 600, Loretto, PA 15940-0600**

**OR:**

**To pay by Credit or Debit Card:** Online registration: <https://my.francis.edu/sfubus/ICFL/ICFLseminar.asp>

Questions? Contact Fr. Joe Lehman, TOR, (814) 472-3054 (daytime) or e-mail [jlehman@francis.edu](mailto:jlehman@francis.edu)

*Endorsed by the National Executive Council of the Secular Franciscan Order - USA*

## Franciscan Saints, Blesseds and Feasts

(Click on the name to go to a Web link.)

### FEBRUARY

- 15 [Transfer of the Body of St. Anthony of Padua](#)
- 16 [St. Veridiana](#), Virgin, Third Order Secular, d. 1242  
[Bl. Philippa Mareri](#), Virgin, Second Order; d. 1263
- 17 [Bl. Luke Belludi](#), Priest, First Order, d. 1286
- 18 [St. Bernadette Soubirous](#), Virgin, cordbearer, d. 1879 Plenary Indulgence possible for Cordbearers only
- 19 [St. Conrad de Plaisance](#), Confessor, Third Order Secular, d. 1351
- 20 [Bl. Peter of Treja](#), Priest, First Order, d. 1304
- 22 [Feast of the Chair of St. Peter](#)
- 23 [Bl. Isabelle of France](#), Virgin, Second Order, d. 1270
- 25 [Bl. Sebastian of Aparicio](#), lay brother, First Order, d. 1600
- 26 [Bl. Antonia of Florence](#), Virgin, Third Order Secular, d. 1533
- 27 [Bl. Louise Albertoni](#), Virgin, Third Order Secular, d. 1533  
[Blessed Jose Tous Y Soler](#), priest, founder, 1st Order, d. 1871
- 28 [Bl. Jeremie de Valachie](#), lay brother, First Order, d. 1625

### MARCH

- 2 [St. Agnes of Prague](#), virgin, Second Order, d. 1281
- 3 [Bl. Innocent of Berzo](#), Priest, First Order, d. 1890  
Bls. Liberatus Weiss, Samuel Marzorati and Michel Pio Fasoli, priests and martyrs, First Order, d. 1716
- 5 [St. John-Joseph of the Cross](#), Priest, First Order, d. 1734
- 6 [St. Colette de Corbie](#), Virgin, Second Order, d. 1447
- 7 [Bl. Christopher of Milan](#), Priest, First Order, d. 1485
- 9 [St. Frances of Rome](#), was a tertiary before founding another religious Institute, d. 1440  
[St. Catherine of Bologna](#), Virgin, Second Order; d. 1463
- 11 [Bl. John Baptist Righi of Fabriano](#), Priest, First Order, d. 1539

- [Bl. Jean Kearney](#), Priest, martyr, First Order, 1653
- 12 [Bl. Angela Salawa](#), virgin, Third Order Secular, d. 1922  
[Bl. Louis Orione](#), Priest, Third Order Secular, d. 1940
- 13 [Bl. Agnellus of Pisa](#), Priest, First Order, d. 1236
- 15 [Bl. Louis of Casoria](#), Priest, First Order, d. 1885
- 16 [Bl. Torello of Poppi](#), Confessor, Third Order Secular, d. 1282
- 17 [Bl. Mark of Montegallo](#), Priest, First Order, d. 1496
- 18 [St. Salvator of Horta](#), religious, First Order, d. 1567
- 19 [St. Joseph](#), foster father of Our Lord
- 20 [Bl. Hippolyte Galentini](#), Confessor, Third Order Secular, d. 1620
- 21 [Bl. John of Parma](#), priest, First Order, d. 1289  
[Bl. Amedee IX de Savoie](#), Confessor, Third Order Secular, d. 1472  
[St. Nicholas de Flue](#), Confessor, Third Order Secular, d. 1487  
[St. Conrad of Parzham](#), Capuchin lay brother, d. 1894
- 22 [St. Benvenute of Osimo](#), priest, First Order, d. 1282
- 23 [Bl. Jeremy Lambertenghi](#), Priest, Third Order Secular, d. 1513
- 24 [St. Fidelis of Sigmaringen](#), Capuchin priest, martyr 1622
- 25 Feast of the Annunciation of the Blessed Virgin Mary
- 26 [Bl. Didacus Joseph of Cadiz](#), Priest, Capuchin, d. 1801
- 28 [Bl. Jane Mary of Maille](#), Virgin, Third Order Secular, d. 1414
- 29 [Bl. Ludovico of Casoria](#), priest, founder, First Order, d. 1885
- 30 [St. Peter Regaldo](#), priest, First Order, d. 1486
- 31 [St. Leonard Murialdo](#), Priest, Third Order Secular, d. 1900

### APRIL

- 2 [Bl. Elisabetta Vendramini](#), religious, Third Order Regular, d. 1860

- St. Francis de Paola**, Priest, founder, Third Order, d. 1507
- 3 **St. Benedict the Moor**, lay brother, First Order, d. 1589
- 4 Bl. Guillaume de Sicli, Confessor, Third Order Secular, d. 1404
- 6 **St. Crescentia Hoess**, Virgin, Third Order Secular, d. 1744
- Bl. Angela Salawa**, Virgin, Third Order Secular, d. 1922
- 7 **Bl. Mary Assunta**, Virgin, Third Order Secular, d. 1925
- 8 **Bl. Julian of St. Augustine**, lay brother, First Order, d. 1606
- 9 **Bl. Thomas of Tolentino and Companions**, Priest, First Order, martyr, 1321
- 11 **Bl. Angelo of Chiavasso**, Priest, First Order, d. 1495
- 12 **Bl. Boniface Zukowski**, Priest, First Order, martyr, 1942
- 14 **Bl. Lidwyne de Schiedam**, Virgin, Third Order Secular, d. 1433
- 15 **Bl. Gandolph of Binasco**, Priest, First Order, d. 1260
- 16 **St. Benedict Joseph Labré**, cord-bearer of St. Francis, d. 1783
- 17 Bl. Paul de Ste. Madeleine, Priest, First Order, martyr, 1643
- 18 **Bl. Andre Hibernon**, lay brother, First Order, d. 1734
- 19 **Bl. Conrad of Ascoli**, Priest, First Order, d. 1289
- 20 Bl. Anastase Pankewicz, Priest, First Order, martyr, d. 1942
- 21 **Bl. Francis of Fabriano**, Priest, First Order, d. 1322  
**St. Conrad de Parzham**, lay brother, First Order, d. 1894
- 23 **Bl. Gilles of Assisi**, lay brother, First Order, d. 1262
- 24 **St. Fidelis of Sigmaringen**, Priest, First Order, martyr, 1622
- 25 **St. Pedro de San Jose Betancur**, religious, Third Order, founder, d. 1667
- 26 Bl. Pierre De Pethancourt, Priest, Third Order Secular, d. 1667
- 27 **St. Zita of Lucca**, Virgin, Third Order Secular, d. 1278
- 28 **Bl. Luchesius**, First Franciscan Third Order Secular, d. 1260 Plenary Indulgence for Franciscan Third Order Seculars (renewal of Tertiary Engagements)
- 30 **Bl. Benedict of Urbino**, Priest, First Order, d. 1625  
**St. Joseph Benedict Cottolengo**, Priest, Third Order Secular, d. 1842
- MAY**
- 2 **St. Richard Pampuri**, Confessor, was a tertiary before joining another religious institute, d. 1930
- 3 Bl. Edouard-Joseph Rosas, Bishop, Third Order Secular, d. 1903
- Bl. Arthur Bell, Henry Heath, John Woodcock**, et al., priests, martyrs of England, First Order, d.1646
- 4 **Bl. Ladislav de Gielniow**, Priest, First Order, d. 1505
- 5 **Bl. Beinvenu Mareni**, lay brother, First Order, d. 1289
- 6 **Bl. Anne-Rose Gattorno**, Virgin, Third Order Regular, d. 1900
- Bl. Marie-Catherine Troiani**, Virgin, Third Order Regular, d. 1897
- 7 **Bl. Agnellus of Pisa**, priest, First Order, d. 1236
- 8 **Bl. Jeremiah of Valacchia**, religious, First Order, d. 1625
- St. Amato Ronconi**, priest, Third Order Secular, d. 1304
- 11 St. Gemme de Sulmona, Virgin, Third Order Secular, d. 1439  
**Bl. Antonio of St. Anne Galvoa**, priest, founder, First Order, d. 1822  
**St Ignatius of Laconi**, lay brother, First Order, d. 1781
- 12 **St. Leopold Mandic of Castelnuovo**, priest, First Order, d. 1942
- 16 **St. Margaret of Cortona**, **penitent**, Third Order Secular, d. 1297, Plenary Indulgence possible (renewal of engagements of the Franciscan Secular Order)
- St. Theophilus of Corte**, Priest, First Order, d. 1740

