

**ST MARY OF THE ANGELS FRATERNITY
SECULAR FRANCISCAN ORDER
THE ANGELUS * AUGUST 11, 2019**



SUB TUUM PRAESIDIUM

EARLEST KNOWN PRAYER TO OUR LADY

FOUND ON A PAPYRUS DATING BACK TO 250AD.



***Beneath thy compassion,
we take refuge,
O Mother of God:
do not despise our petitions in time of
trouble, but rescue us from dangers,
only pure one, only blessed one.***

Minister: Susan Jamison

Treasurer: Carmencita Fiesta

Formation Director: Tom McGrath

Counselors: Lilian Soriano, Mary Badjo,



Vice-Minister: Genie Dutton

Secretary: Marilyn Wall

**Spiritual Assistant: Michael Huether
& Margret Nicholson**

Minister's Message

Our August Meeting promises to be GREAT & AMAZING! Dale will be giving us an ART SHOW! Mike will be giving a special talk on St. Clare (St. Clare's Feast Day falls exactly on our meeting day!) and Carmencita has a special presentation. Genie will be discussing our Naming Ceremony at the September Annual Picnic hosted by

We have seen a lot of sorrow in our Fraternity recently with the passing of Lilian's daughter and Alina's husband. Looking at the prayer needs Genie sent us this month its easy to see that many others in the Fraternity are grappling with difficult situations. **I am so grateful for your prayers and the prayers and love we show one another and for our families. It means so much.**

August 2, was our special Fraternity's name feast day: Our Lady of the Angels of the Portiuncula. I hope many of you had a chance to obtain the wonderful Portiuncula Plenary Indulgence obtained for the faithful by St. Francis himself on that day.

Just a reminder about indulgences. Lets try to get them as we can! The poor souls need our efforts.

What are the common everyday indulgence acts? 1. Adoration of the Blessed Sacrament for at least one half hour. 2. Pray at least five decades of the rosary with a group; 3, The pious exercise of the Stations of the Cross at church stations while meditating on the sufferings of Christ depicted at each station; 4. Visit a graveyard and pray for the dead. 5. The devout reading of Sacred Scriptures for at least a half an hour.

If you do any of these, and you have the intention to obtain an indulgence and are free from attachment to sin, you can get a plenary indulgence. All you have to do is also receive Holy Communion and pray an Our Father and Hail Mary for the Pope on the day of the indulgenced act and go to Confession within two weeks of the indulgenced act. Hence, if you go to confession on the same Saturday of each month, (i.e. the first Saturday) you should be able to obtain many indulgences for your deceased relatives and friends and other people in purgatory on almost every day of each month! How great is that?!!

Remember: You can ask God to reserve your last indulgence for yourself!



“Our Lady of the Angels”

Artist:

William Adolphe Bougreau

Circa 190

G. K. Chesterton from an early notebook (mid-1890s):

“You say grace before meals.
All right.
But I say grace before the play
and the opera,
And grace before the concert and
pantomime,
And grace before I open a book,
And grace before sketching,
painting,
Swimming, fencing, boxing,
Walking, playing, dancing;
And grace before I dip the
Pen in the ink.”

Blessings, Genie

SPIRITUAL ASSISTANT'S MESSAGE

August, 2019

Article 24 of our Rule says to us:

"To foster communion among members, the council should organize regular and frequent meetings of the community as well as meeting with other Franciscan groups, especially with youth groups. It should adopt appropriate means for growth in Franciscan and ecclesial life and encourage everyone to a life of fraternity. This communion also continues with deceased brothers and sisters through prayer for them."

The manner in which we should, as seculars, demonstrate a strong and enduring fraternity spirit is to be considered here. The regular monthly meeting, called gatherings, is the official way we build up our fraternity spirit. We do this through prayer (Liturgy of the Hours, and other seasonal devotions), education (formation), apostolic activity (our apostulates and other volunteerism), dialogue, and socializing. We should always be about continuing our education in Franciscanism and emphasize our involvement in Church life as a means of continued spiritual nourishment and the promotion of community. Stressed here again is the fraternity deriving much of its vigor from an enthusiastic council. The council needs to meet once a month to take care of most of the "behind the scenes" business, devise ways of fostering gospel living and to be concerned for the growth of all its members.

Next month, we talk about Article 25 and its topic of financial support.

Thanks, all! Mike

Our Monthly Mass, Five Year Profession Anniversaries, Birthdays and Prayer Needs Submitted by Genie

No Professions. Mass was celebrated Saturday, August 3 at 8:30 a.m. at the Shrine of St. Jude Church for living and deceased members of the fraternity.

Prayer Needs:

Alina Zygmunt and the soul of her beloved husband Ted who passed on July 26th.

Lilian Soriano as she mourns the tragic loss of her youngest daughter Jennifer.

Joyce Routh and husband Jim, also her sister Joanne and brother-in-law Roger with severe health conditions.

The family of Saul Mayarga, 43, father of four, who just passed.

Carol Smith can drive now and is on the mend. Pray for healing for Kaity West, 31, in critical condition from car accident. Carol also notifies of us of request by Fr. Briese for 400 coats and housing,

Rose Mary and husband, Alfio Mazzaglia – Alfio is home now and has extra care to assist Rose Mary. Also, prayers for the selling of their condo in Ocean City to help with financial needs.

Ian Anthony Jamison, Susan's grandson born prematurely on August 3rd and weighing only 2 lbs, 9 oz.

Continue prayers for Hazel and her husband, Martin, for Mary Badjo still visiting in Togo, Dale Eppig and Frank Barletta for health needs, and Connie's and Susan's elderly mothers.

Eight sayings attributed to St. Anthony

Submitted anonymously

Originally published in Aleteia — Inspiring Quotes from Saint Anthony <http://aleteia.org/2016/06/13>

“Actions speak louder than words; let your words teach and your actions speak.”

“Earthly riches are like the reed. Its roots are sunk in the swamp, and its exterior is fair to behold; but inside it is hollow. If a man leans on such a reed, it will snap off and pierce his soul.”

“Attribute to God every good that you have received. If you take credit for something that does not belong to you, you will be guilty of theft.”

“Christians must lean on the Cross of Christ just as travelers lean on a staff when they begin a long journey.”

“The spirit of humility is sweeter than honey, and those who nourish themselves with this honey produce sweet fruit.”

“Anyone, then, who desires to live chastely in Christ Jesus, must flee not only the mouse of lust, but even from its very scent.”

“Damned money! Alas! How many religious did it blind! How many cloistered religious did it deceive! Money is the ‘droppings of birds’ that blinded the eyes of Tobit.”

“The saints are like the stars, who, in His providence, Christ hides under a seal, lest they appear whenever they wish. Instead, they are always ready to disembark from the quiet of contemplation into the works of mercy at the time decided upon by God, whenever their heart should hear the word of command.”

