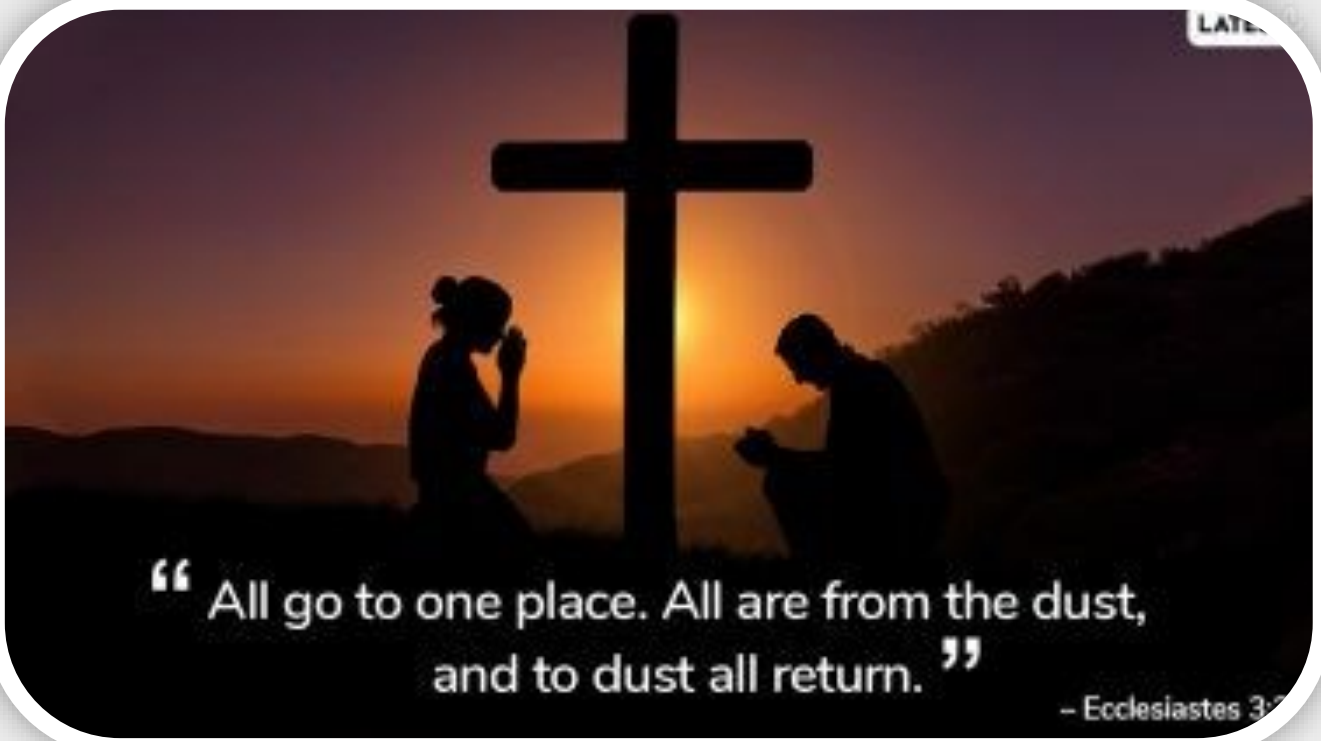


**ST MARY OF THE ANGELS FRATERNITY  
ORDER OF THE SECULAR FRANCISCAN  
THE ANGELUS \* MARCH 8, 2020**



**Minister: Susan Jamison  
Vice-Minister: Sonia Bernardo  
Spiritual Assistant: Michael Huether - Formation Director: Tom McGrath  
Secretary: Portia - Treasurer: Carmencita Fiesta  
Counselors: Lilian Soriano, Mary Badjo & Irma Jean-Baptiste  
The Angelus: Mary Badjo and Susan Jamison**



## *Our March Meeting Agenda*

Opening Prayer

Greetings to **Matt Aujero**, Campus Minister, The Catholic Student Center at University of Maryland about, **Maryland Coalition Against Pornography**

### **Announcements**

Thank you to Tom, Carmencita, Portia, Aurea, Lilian and Susan for braving the cold and wind to pray and witness to life on March 28th at the Bethesda Maryland late term abortionist clinic of Leroy Carhart with the **40 Days For Life** Spring Campaign,

- Thank you to Genie for arranging our Monthly Mass.
  - Thank you to our Dorothy Day Volunteers
- April Meeting – will be held on March 19th, due to Easter Sunday falling on the second Sunday in April. Thanks to Mike H. for bringing this to our attention
- Sign Up Sheet for April 6th, Holy Week, pilgrimage to the Franciscan Monastery on DC, Leave St. Jude's at 9 AM. Portia, to circulate.
- Are you interested in a late summer/fall pilgrimage trip to a) the Shrine of the Most Blessed Sacrament (Mother Angelica) in Hanceville, Alabama, or 2) Padre Pio's Shrine in Pennsylvania near Philly, or 3) the Divine Mercy Shrine in Stockbridge Massachusetts or 4) Shrine of Our Lady of Good Help in Champion, Wisconsin, or 5) Medjugorje and Italy. Costs vary greatly depending on location. A tally of interest to find out the most popular spot by raising hands taken by Portia. Volunteers needed to help plan the pilgrimage.

### PRESENTATION BY OUR GUEST SPEAKER

Break / Prayer Partners by Mary

Follow Up to our Speaker: Are you willing to serve on a committee within our Fraternity to help fight porn and human trafficking? Please stay after the meeting for a few minutes to discuss possible meeting times and locations.

- Christian Prayer led by Tom McGrath
- If time permits: Portia's Presentation on Chapter 10 from "What It Takes"

CLOSING PRAYER



MARCH BIRTHDAYS

9 – PEGGY NICHOLSON; AND 12 – JENNIFER REDDOCK.

PRAYERS THE PASSING OF LILIAN SORIANO'S SON



**ART SHOW!**

**Our Artist Fraternity Member Dale Eppig, will be having an ART SHOW on MARCH 21st at the Seton Center in Emmitsburg MD located at 226 East Lincoln Avenue, from 10 AM To 3 PM.**

**HOPE YOU CAN COME!**

**Dale recently moved to Emmittsburg and her new address is 327 South Seton Avenue, Emmitsburg MD 21727.**



## MINISTER'S MESSAGE, by Susan

My Prayer for you today is that you will be encouraged by our Father God to have some special inspiration to feel **HIS LOVE FOR YOU TODAY** which is so great that it is beyond telling. My prayer for you today is that, in grateful praise, you will respond with ever deeper love for **OUR GOD** and every deeper love for yourself and your neighbor.

Life is so very short. Plan to make today **A DAY YOU WILL WANT TO REMEMBER** with joy in Heaven. Let us not be discouraged by our frailty but **TRUST** in **HIS LOVE**. Forgive everyone even if you have to repeat that forgiveness on a daily basis.

I was so very happy to see so many of our members praying and witnessing to life with the **40 DAYS FOR LIFE CAMPAIGN**. People in crisis pregnancies need the strength of our witness and prayers. They need our love and our care. Similarly the folks at the Dorothy Day Center are heartened and loved by the dinners our Fraternity makes. Anything we can do to stop the evil of porn and human trafficking will also be very meaningful acts of love. On this earth we can not usually see results, but in the next life we will **REJOICE** that we were not apathetic and did what we could do.

**GOD** really cares that we try.

### PRAYER

Lord God, this Lent wash away all my doubts about your love for me, for others, and for all your creation, that I may proclaim your goodness. Teach me to become perfect as you are perfect, in all my ways.

May I, with your help, come to see and love in others your own image and likeness, especially in those I find difficult. May my Lenten observance help me to enter into the dying and rising Jesus, that I may experience and share with others your joy, and that I may rejoice with a new song in my heart together with all your children. Amen.

Submitted by Portia

## SPIRITUAL ASSISTANT'S MESSAGE

March, 2020

This is the third and final of three articles on our Father Francis's deep devotion to prayer from my writings of my spiritual assistant's training. It is based on the tenth chapter of St. Bonaventure's, "The Major Life of Saint Francis".

Francis considered it a serious fault to allow one's mind to wander or harbor empty thoughts especially while praying. When he experienced this, he immediately confessed it and atoned for it. This was an efficient practice for him in that it minimized distractions to his prayer practices and life.

As we are currently into the Lenten season, Francis, during one of these seasons, made a dish to hold some articles to keep them from being lost. But when thoughts of this dish came to his mind during his prayer time, he threw it into the fire making it a sacrifice for him deeming it to be an interference with his precious moments with God. He then prayed the Psalms, being seized with passionate surges of feeling each and every time he said God's name.

He honored God's name whenever he came across it. He was known to instruct his friars to pick up any piece of paper lying around and put them aside out of fear that God's name might be written on them and should not be tread on. He became filled with joy at every mention of the name of Jesus.

Three years before he met Sister Death, Francis celebrated the birth of Jesus at the Greccio (my Angelus article of last December). He obtained the people's permission for this celebration so as not to display it as an object of entertainment. All of the friars and people were invited to come and participate in the celebration and praise God. Francis stood before the crib virtually overcome with compassion. The mass was celebrated in song: Francis even sung the Gospel. He preached about the poor king, the Babe of Bethlehem, tenderly.

A knight who was a friend of Francis, having given up his profession for the love of Christ, said he saw the child asleep in the crib, but awoke when Francis took him in his arms. This witness proved to have

actually occurred. The display of reverence for the Child Jesus by Francis raised the hearts of all who were weak in faith. The hay of the crib was known to provide cures to sick animals and warded off pestilences when kept by the people. These on-going miracles were God's way of giving glory to His servant Francis and showed the people the authenticity of his prayers.

Look elsewhere in this edition of The Angelus for my special message on the season of Lent.

MIke



LET'S REALLY CELEBRATE THESE AMAZING  
MARCH FEAST DAYS!

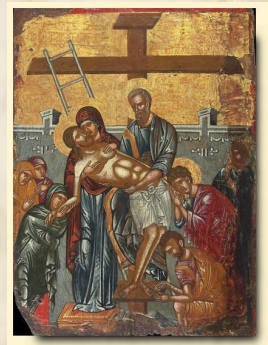
St. Agnellus of Pisa — March 13



He was welcomed into the Franciscans by Saint Francis himself who then sent him to start a Franciscan mission in Paris. He also began a Franciscan English Province in Oxford and became good friends with King Henry III.

St. Joseph of Aremathea — March 18

This is Joseph from the Bible who requested that the body of Jesus be taken down from the cross and given to him for burial. He gave his own tomb to the body of Our Lord and was called righteous and virtuous. For this reason, he is the patron saint of funeral directors.



St. Joseph — March 19



Joseph is the foster father of Jesus, and husband of the Blessed Virgin Mary. He's the man who taught the Christ Child the skills of carpentry and guided him in the Jewish faith.

Joseph is the ultimate model of manhood, fatherhood, and discipleship. It's fitting that we celebrate this great man during the time of Lent, when he had to give so much of himself and his desires to ensure the safety of Jesus and Mary.

St. Patrick — March 17



St. Patrick of Ireland is one of the world's most popular saints. He was born in Roman Britain and when he was fourteen or so, he was captured by Irish pirates during a raiding party and taken to Ireland as a slave to herd and tend sheep. At the time, Ireland was a land of Druids and pagans but Patrick turned to God and wrote his memoir, The Confession. In The Confession, he wrote:

"The love of God and his fear grew in me more and more, as did the faith, and my soul was rosed, so that, in a single day, I have said as many as a hundred prayers and in the night, nearly the same. I prayed in the woods and on the mountain, even before dawn. I felt no hurt from the snow or ice or rain."



This is the second of three articles on our Father Francis's deep devotion to prayer from my writings of my spiritual assistant's training and based upon the tenth chapter of St. Bonaventure's, "The Major Life of Saint Francis".

### **Our Prayerful Role of Hope**

Saint Bonaventure said: "Three things are necessary to everyone: truth that brings understanding, love of Christ which brings compassion, and endurance of hope which brings perseverance". Amongst other things, the season of Lent traditionally involves refocusing and renewing our faith with deeper experiences of prayer, thus strengthening our prayer lives. It is also important to remember that Christians are called to live in hope. So, as we progress through this Lenten season, let us work to become more understanding, compassionate, and faithful by developing a stronger habit of hope.

As I have shared with you since the beginning of this year my writing on Our Father Francis's fervent prayer life, let's look at ours in light of this Lenten season. Some may have noticed that I wear a blue bracelet inscribed with St. Padre Pio's well-revered phrase, "Pray, hope, and don't worry". This famous saying of his is telling us that emphasizing our hope in God through prayer will give us the comfort we always desire. We pray because we are both reliant and confident in God. We, as good Christians and Franciscans, our usual traditional prayers, but we also pray the Scriptures, or God's own words. Some of these hope-promoting Scripture passages could include:

- "We who have taken refuge might be strongly encouraged to hold fast to the hope that lies before us. This we have as an anchor of the soul, sure and firm." (Hebrews 6:18-19)
- "Rejoice in hope, endure in affliction, persevere in prayer". (Romans 12:12)
- "May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit." (Romans 15:13)
- "Let us hold unwaveringly to our confession that gives us hope, for he who made the promise is trustworthy". (Hebrews 10: 12)

The first passage above refers to hope as, "an anchor of the soul". During the time of the ancient Roman persecution of Christians, the anchor was adopted as a Christian symbol because of its similarity to the shape of a cross. It was found inscribed on the walls of the catacombs as well as homes representing hope to Christians without drawing attention to the Roman authorities. Since that time, the anchor cross can be found in many Catholic and non-Catholic Christian churches, reminding us of hope and encouragement in Christ. We use it as an inspiration to prayerfully meditate for hope in our stormy times in life. When we do realize it, let us practice it and find renewal in the resulting Easter season when we celebrate the glorious and joyful resurrection of Christ.

—Mike





The signs for the 40 Days For Life Campaign were not in their usual spot. I searched and searched only to learn that they had not yet been put out for the Spring Campaign by the Campaign's manager. I was afraid we would be praying without signs. However a young lady was there all by herself with a sign when our group got there. She was delighted by our company and we were delighted with her and her sign. PRAISE JESUS!

