

THE FLYER
**NEWSLETTER FOR THE
ST. JOSEPH CUPERTINO
FRATERNITY OF THE
SECULAR FRANCISCANS**



August 16, 2020

Theme for the Year:

**Sanctify Yourself & You
Will Sanctify Society**

San Giuseppe di Copertino
Public domain 18th century
engraving

**A Message from Fr. Timothy Lyons, OFM Conv.,
Shrine Chaplain and Director
National Shrine of Saint Kateri Tekakwitha, Fonda, NY:**

2019-2022 Council

Acting Minister:

James Kim, OFS:
443-458-3361

Acting Vice Minister:

Denise Donaldson,
OFS:
443-683-2538

Acting Secretary:

Jeanne Kerins, OFS
410-227-6497

Treasurer:

Gerry Pinkas, OFS:
410-655-2648

Formation Director:

Sherry Lewis, OFS:
410-299-7144

Councilor:

Lita Maisel, OFS:
410-747-2374

Spiritual Assistant:

Br. Lawrence
LaFlame,
OFM Conv.:
410-485-5000

Friends, For all of us to be successful in starving the coronavirus, we need to follow what the medical world and our government are directing us to do. Stay home. Isolate yourself. Wash your hands, cover coughs and sneezes, keep a six-foot distance between yourself and others. If sick, quarantine yourself.

I think that isolation is probably the hardest of all these steps to remaining healthy. We humans are social animals. We live in families and neighborhoods, cities and towns; we teach and learn from others by word and action. All in all, the step of isolation can seem like a punishment. Isolation can be a lot like quitting cold turkey: What and who do I fill my life when being alone creates a vacuum that demands to be filled? There can be fear in isolation: What do I do now? One easy step is to replace people with things. I can keep myself amused with video games, snack foods, beer, alcohol, drugs: actions that are just kicking the can of isolation farther down the road. OR we can substitute this fear of isolation by being that social animal that we are originally created to be. Replace people with prayer and good works.

Continue to be social by thinking of others. Pray one decade of the rosary for a family member, the next decade for a doctor or nurse in harm's way who is taking steps to heal and comfort others. Pray one decade for your bishop or priest or minister that they will remain healthy and not become anxious about the future. Do not be afraid to begin your prayers with an examination of conscience and ask God for forgiveness for past sins and offenses. Seek forgiveness first, then pray a decade for someone who has hurt you in the past. Watch Mass on television. Ask God at the time of Communion to receive the grace of His most precious body and blood. If you are unable to watch Mass on television, take time to be alone. Ask for God's divine help. Ask for forgiveness. Read a gospel passage. Pray the prayer of Spiritual Communion, which is below and can also be found on the Spiritual Resources page on our web site: <https://www.katerishrine.com/programs-1>. Ask for God's blessing today.

Remain social as God has originally intended you to be. Do not be afraid to become social with your Creator and Savior.

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Minister's Message

By James Kim

Dear Brothers and Sisters, some of you may know the so-called "Second Lent." It means the period of 46 days from the Assumption of the Blessed Virgin Mary (August 15) to the Feast of St. Michael and Archangels (September 29). Our holy father, St. Francis, faithfully observed this Second Lent and it is also known that St. Joseph of Cupertino observed the Second Lent every year. St. Bonaventure wrote:

He was likewise bound to the Angelical Spirits by an inseparable bond of affection, because by them the souls of the elect are enkindled and raised to God by a marvelous fire of love; and therefore, in devotion to them, he fasted forty days, from the feast of the Assumption of the glorious Virgin, giving himself, for that time, wholly to prayer. To the Blessed Michael the Archangel he had a more special devotion; and he honored him with peculiar love, because to him was committed the office of presenting souls to God (Chapter 9, *The Life of St. Francis of Assisi* by St. Bonaventure).

The Second Lent is also called the Lent of the Blessed Virgin Mary because this period reminds us of the familiar passages from the Book of Revelation 12:1-9 (*New American Bible*):

A great sign appeared in the sky, a woman clothed with the sun ... Then war broke out in heaven; Michael and his angels battled against the dragon ... The huge dragon, the ancient serpent, who is called the Devil and Satan, ... , was thrown down to earth ...

As Secular Franciscans, it may be worth following the footsteps of St. Francis by observing the Second Lent. We may observe charity, prayers and fasting as in the Lent. We may revisit the readings and Gospels during the Lent this year. (Please let me know if you need them. I keep them all). We may try to practice virtues in our daily lives such as patience, prudence, compassions, etc., and offer our fruits to the Lord. Whatever they are, they may be valuable presents for the Messiah coming soon after this period.



The Mourning Saint John the Evangelist, Virgin Mary, and Saint Mary Magdalene
By an Umbrian Artist, cc0, The Walters Art Museum

Do you have a story from your daily conversion, pilgrimage, street evangelization, or social justice activity that you would like to share? Please email to jtwillis@aol.com (or call 443-745-1109) by the first of the month and you may see it in an upcoming edition of *The Flyer*.

Please use this as a way to share of bit of yourselves with your Franciscan brothers and sisters.

Treasurer's Report

July – 2020

Beginning (running) Balance: \$ 1,256.34

Common Fund Contributions \$ 195.00

Total \$ 1,451.34

Expenses:

Brother Lawrence \$100.00

Franciscan Friars \$100.00

Total \$ 200.00

Ending (running) Balance: \$ 1251.34

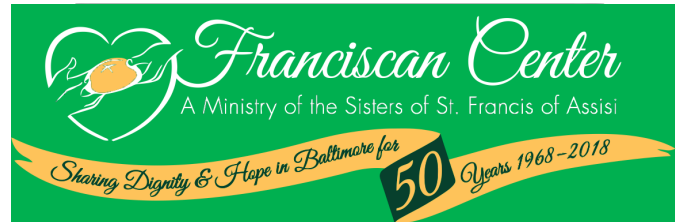
Thank You for your monthly contributions!

Upcoming expense: ~\$180 for annual web fee.

May charity be the root and foundation of your life. (Eph 3:17)

Contributions are Tax Deductible. Please mail to:

**Gerry Pinkas, OFS
3810 Marriottsville Road
Randallstown, MD 21133**



What's Next ~Jeff Griffin

COVID 19 continues to leave us in limbo. We will continue to serve all of our meals outside in a Grab and Go style. Our Social Workers are working outside as well. We are planning to start opening our inside activities on September 1st but that could easily change to October 1st.

Dallas Nicholas Elementary - Our neighborhood elementary school is only 2 blocks from our center. The principal is the awesome Danielle Adams. We will be working with Mrs. Adams to make sure every child in our school is ready for school on Day 1. This will likely mean we will be asking for school supplies from our friends and supporters. Stay Tuned.

Cookout #4 - We will be hosting our 4th cookout on September 8th, the first day of school. If you like to help please let me know. If you would like to donate food or supplies for this event please let me know. We want this to be festive and I know with your help we will make it a fun day.



I pray that each of you find the time to get away and find a way to relax. I know for each person this will mean something different but the need to find that relaxation spot is necessary and critical to our well being.

May God Bless Each of You.

-Taken from Franciscan Center Update, July 31, 2020


To donate to the Center this month, please consider visiting their website at <https://>

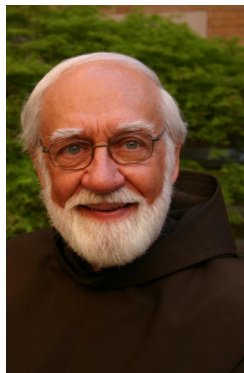
fcbmore.networkforgood.com/projects/89510-giving-campaign-2020 . To donate directly, click the big, green button.

Book Share

Book Share is back! We may be on Zoom or in-person, so contact Gerri Fynn at 410-707-1060 and let her know you're joining us on the first Saturday of the month (9/5/2020). We are on Chapter 7 of *Surrounded by Love* by Murray Bodo, OFM.

Normally meeting from 1-3 pm, we have great dialog, deep conversations, and many laughs—join us!

Murray Bodo, OFM, 
Photo used with permission



Drawing Water ~Gerry Pinkas

Suppose that we were given a just sentence of an eternity in hell and were given a bucket of cool water as our last consolation. Compared to eternity, that would not last long even were we to drink it one molecule at a time. It would place upon us more confusion than consolation, as in hell, all things are in torment.

Suppose then, that in our misery we were to give our bucket of cool water away out of filial love to another soul suffering alongside us the same horrible fate. I am certain that the walls of hell would at that instant dissolve and we would find ourselves in eternal glory as the torments of hell dissolved into nothing. That is what heaven is, isn't it? Jesus gave his all that we might be set free from that judgment, and if we in all of our human sufferings, like Him were to give away all of our consolations out of love for Him, I am indeed certain that He would not allow us to out give him. As St. Francis says, "It is in giving that we receive".



Drawing Water by Bevin CCO The Waletts Art Museum

Heaven is an eternal giving back to God the unending blessings He eternally gives us. In my recent meditations, I contemplated the sufferings of Jesus in his Passion and death. I fancied that I could console Him in His sufferings, and in so doing, I discovered that it was not I who was consoling Him, but He who was consoling me.

Please Pray For:

Joan Babin, OFS
Connie Baker, OFS
Karan Bevers, OFS
John Kirby, OFS
Marie Lindung, OFS
Jean Singleton, OFS
Jim Tebo, OFS



Our Deceased Brothers and Sisters:

Deacon Tom Bellos, OFS

Frances Bastress, SFO
Joe Bezila, SFO
Mary Chandler, OFS
Jerry Cichowicz, SFO
Shirley Costello, OFS
Joe Cykoski, SFO
Stella Cykoski, SFO
Claire Lee Davidson, SFO
Adela Duff, SFO
Donna Duncan, SFO
Charles Ferrara, SFO
Mary Ferrara, SFO
Dolores Fritz, OFS

Marilyn Gilson, SFO
Richard Hall, SFO
Joy Kubricky, OFS
Frances Langbehn, SFO
Bob Lewis, SFO
Jean Manning, OFS
Jim Manning, OFS
Yvonne Proch, SFO
Nancy Seaton, SFO
Don Sweitzer, OFS
Betty Taylor, SFO
Bud Tenley, SFO
Regina Yeager, SFO
Dorothy Zalewski, SFO



August 16, 2020 Gathering

- ◆ 2 pm
- ◆ Virtual Meeting on Zoom
- ◆ Link will be emailed closer to the date
- ◆ If you need help with Zoom, please call Ray Glennon, OFS at 443-458-8044.

The Rule Review

6. They have been made living members of the Church by being buried and raised with Christ in baptism; they have been united more intimately with the Church by profession. Therefore, they should go forth as witnesses and instruments of her mission among all people, proclaiming Christ by their life and words.

Called like Saint Francis to rebuild the Church and inspired by his example, let them devote themselves energetically to living in full communion with the pope, bishops, and priests, fostering an open and trusting dialogue of apostolic effectiveness and creativity.

7. United by their vocation as “brothers and sisters of penance,” and motivated by the dynamic power of the gospel, let them conform their thoughts and deeds to those of Christ by means of that radical interior change which the gospel itself calls “conversion.” Human frailty makes it necessary that this conversion be carried out daily.

On this road to renewal the sacrament of reconciliation is the privileged sign of the Father's mercy and the source of grace



"St Anthony of Padua" by Walwyn is licensed under CC BY-NC 2.0 , edited to fit

Happy Birthday!

Louise Hotovy	8/14
Jim Tebo	8/20
Rosemary Whelan	8/20
Gail Bunyan	8/21

Upcoming:

Dawn Glennon	9/5
Bill Siefken	9/6

EVENTS AT

THE SHRINE OF ST. ANTHONY

Mass Times- Sundays through Fridays
10:00AM Outside of Carrollton Hall

Korean Mass—Fridays 7:30pm Outside of Carrollton Hall

Confession Schedule-

Monday through Friday :
9:00am - 10:00am Outside of Carrollton Hall

Fridays 7:00pm-8:00pm Drive Up-Chapel Parking Lot

Gift Shop Hours

Monday through Saturday 9:00 AM - 4:00pm
Sunday 10:00am - 2:00pm

The Shrine Grounds are open daily dawn till dusk!.

If you have any questions please call our Front Office at 410-531-2800; check the website for full details www.shrineofstanthony.org

Peace & All Good ~ Louise and Mike Hotovy

Dear Sisters and Brothers in Francis and Clare,



St. Francis in Adoration by Jeremiah Nathan
CCO The Walters Art Museum

As we make the big transition to a smaller life - moving from a four-level, four-bedroom house to a small two-bedroom duplex - we frequently refer to Francis quote, "Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."

At times, it seems daunting dealing with the possessions we have accumulated over 40 years, but looking at it realistically, very little of it was extravagant. It was just a collection of things that were needed at the time, but have long since outlived their usefulness. Of course, COVID-19 has made the transition a bit more difficult, as gathering helpers to assist in the move is more difficult when our children and friends have their own legitimate concerns in protecting themselves and their families.

So we soldier on, performing triage on our possessions - selling a few, donating many - and reducing our lifestyle down to the elemental things that sustain our bodies and fulfill our souls. Yes, our old joints hurt as we pack boxes and lug furniture, but through the discomfort comes a sense of peace that this is the direction we were meant to follow. It is amazing to realize how little we actually need to function in this world.

We very much look forward to a future that includes retirement, donating time to worthy causes, getting more involved with the fraternity and our new parish, and enjoying the 55+ community benefits of never again having to mow a lawn or scoop snow!

You are in our prayers.

Welcome, Visitors!

Want to find out more about Secular Franciscans?

- ⇒ Keep an eye on our websites & newsletter so you know when we begin meeting in person again. Secular Franciscans are friendly & do not have secret rites. We (usually) meet on the third Sunday of the month from Noon~4:30 (we start with a social lunch, business meeting at 1, formation/presentation, and then end with prayer).
- ⇒ Check out our website: <http://stjosephcupertino.sfousa.org/our~fraternity/>
- ⇒ Check out the St. Margaret of Cortona website: <http://saintmargaretofcortona.org/>
- ⇒ Check out our national website: <https://secularfranciscansusa.org/>