

## The Clarion



### St. Clare Fraternity

St. Edmond Church  
Rehoboth Beach, DE  
November 2020

“FOLLOW JESUS BY WALKING IN THE STEPS OF FRANCIS OF ASSISI, AND IMITATE HIS JOYFUL LOVE”

MINISTER: Andy Zampini 302-354-6777  
VICE MINISTER: Carolyn Protin 302-424-2441  
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GATHERING DATE  
**THURSDAY NOVEMBER 12, 2020**

THANK YOU for continuing to support our  
Common Fund! During this time of ‘social distancing’  
please send your monthly donation,  
payable to St. Clare Fraternity, to  
Kevin Mumford, ofs  
100 Ivywood Knob, Rehoboth Beach, DE 19971

#### November 12

1:00pm: Zoom Gathering  
Formation: Boasting in the Cross  
Presenter: Andrea Lipchak  
(Zoom connection information will be sent separately.)

#### *Rite of Admission – October 8, 2020*



Kathleen Murphy, ofs, Mary Ellen Tully, ofs, and  
Patty Derrick, ofs with Minister Andy Zampini, ofs

#### Minister's Message

Dear Sisters and Brothers,  
Can you imagine what it must have been like for the disciples to hear Jesus verbalize the incredible words of what we call ‘The Beatitudes’? They must have been thinking why is Jesus acknowledging the poor in spirit, those who mourn, the meek, those hungering and thirsting for righteousness, the merciful, the clean of heart, the peacemakers, those willing to be persecuted for righteousness, and those willing to be insulted and persecuted for following Him. Is this what the kingdom is about?

We are familiar with the words of the Beatitudes, but we are challenged to do more than read them and listen to them, we are called to live them.

The Beatitudes are wonderful words upon which to spend time meditating. I have found taking one of the Beatitudes at a time and using that as the focus of my prayer time is very powerful form of prayer. Using the Beatitude “Blessed are the meek, for they will inherit the land” as an example: What is Jesus telling me? What does it mean to be meek? How can I be meek in the various aspects of my life? Are there other passages from scripture that encourage me to be meek? What will be the consequences of being meek? Am I willing to experience these consequences? How can I make being meek an on-going part of my daily life?

I encourage you to take the time to meditate on each of the Beatitudes...internalize them and then put them into action!  
Peace and Good!  
Andy

**OUR FRATERNITY GATHERINGS IN 2020**

November 12  
December 10

**OUR FRATERNITY GATHERINGS IN 2021**

Please mark your calendars NOW

January 9  
February 13  
March 12  
April 9  
May 14  
June 11  
July 9  
August 13  
September 10  
October 8  
November 12  
December 10

**NOVEMBER BIRTHDAYS**

Florence Bianco 11/15  
Dianne Douglas Barbacano 11/15  
Ellen Oneto 11/23

**NOVEMBER PROFESSIONS**

Lucy Deiacco 11/21/1965  
Kate Meire 11/30/2001

**2021 Guide for Christian Prayer Orders**

Thank you to those who have placed your order!  
If you haven't ordered yet, please email your order to me by Nov. 9 and let me know which one you need:

1 vol. Standard Print \$3.00  
4 vol. Standard Print \$3.00  
1 vol. Large Print \$6.00  
4 vol. Large Print \$6.00

Roman-Franciscan Christian Prayer  
1 vol. Standard Print \$7.00  
4 vol. Standard Print \$7.00

They will be distributed at our December 10<sup>th</sup> Gathering

*Please continue to pray for your Prayer Partner*

*Does your Prayer Partner know that you are praying for him/her? If not, why not let them know. They may have a special request for you to remember.*

*We will be selecting new prayer partners in January during the Extraction of Saints.*

**PRAYER REQUESTS**

We continue to pray for all of our fraternity sisters and brothers who are ill and cannot be with us, and for the special intentions of:

Florence Bianco, ofs  
Lucy Deiacco, ofs  
Janice & Dick McCarthy, ofs  
Linda Sciallo, ofs  
Laraine Hofmass, ofs  
Bonnie Coté, ofs  
Nicole Meringolo, ofs  
Carolyn Protin, ofs  
Anne Betschart  
Natalie Blakely, ofs



We pray for all of our deceased relatives and friends, and especially for:

John Zell, ofs & Mary Lou Zell, ofs  
Deacon Buddy Bianco, ofs  
Deacon Bob Leonzio  
Barbara Petrisko, ofs  
Bill Farrell, ofs  
Bill Walker, ofs  
Dee Matthews, ofs

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.*

*May they rest in peace. Amen  
May the souls of the faithful departed through the mercy of God rest in peace. Amen.*

Thank you to our brother, Frank Rega, for this month's reflection

From St. Bonaventure's *Minor Life of St. Francis*.

As a loyal follower of Jesus crucified, St. Francis crucified his lower nature with all its passions, from the very beginning of his religious life, by practicing strict self-discipline; he restrained the impulses of sensuality with such rigid self-control that he scarcely took enough food or drink to keep himself alive. As long as he was in good health, he scarcely ever ate cooked food; when he did, he occasionally mixed ashes with it, so that he got no pleasure out of eating it. As a rule, however, he was content to destroy the taste by adding water.

He was particularly strict when it was a question of having anything to drink; he refused to let his fallen nature enjoy the use of wine, so that his spirit might be occupied with the light of wisdom. It should help us to realize this all the more clearly when we remember that he would scarcely drink enough ordinary water, even when he was almost dying with thirst. More often than not, the bare earth was the only bed his tired body had to lie on, and his pillow was a stone or a piece of wood. His clothes were simplicity itself – nothing more than a coarse, rough covering to protect him. He knew for certain from his own experience that poor, uncouth dress put his wicked enemies to flight, while soft or expensive clothes only gave them courage to attack him more fiercely.

While keeping watchful guard over himself with rigid self-discipline, St. Francis was especially careful in his efforts to protect the inestimable treasure of chastity, which we carry in a shell of perishable earthenware. By practicing the most perfect interior and exterior purity, he did everything he could to preserve it as something holy and held in honor. In the early years of his religious life, in the courage and fervor of his spirit he often threw himself into a ditch full of ice or snow in the depths of winter. He did this to gain complete control over the enemy which was part of his own nature and to preserve the white robe of purity from the heat of passion.





## CALL FOR NOMINATIONS TO COUNCIL

Our Fraternity will hold its elections to Council on Thursday, April 8, 2021.

Article 21 of our Rule states:

*On various levels, each fraternity is animated and guided by a council and minister who are elected by the professed according to the constitutions.*

*Their service, which lasts for a definite period, is marked by a ready and willing spirit and is a duty of responsibility to each member and to the community.*

*Within themselves the fraternities are structured in different ways according to the norm of the constitutions, according to the various needs of their members and their regions, and under the guidance of their respective council.*

And Article 32 of our General Constitutions states:

*The ministers' and councilors' task to lead is temporary. **The brothers and sisters, rejecting all ambition, should show love for the fraternity with a spirit of service, prepared both to accept and to relinquish the office.***

The life and animation of our Fraternity is the responsibility of each of us. A key part of this responsibility is to be open to serve our Fraternity as a member of Council.

Please give serious and prayerful consideration to placing your name in nomination for one of the following positions on Council:

- Minister
- Vice-Minister
- Secretary
- Treasurer
- Formation Director
- Councilor at Large
- Councilor – Infirmarian

The term for Council positions is three years.

Our Sister, Nela is serving as our Secretary of Elections and will be coordinating the development of the ballot and the election process for the Fraternity. Please contact Nela if you are willing to be considered for one of the positions on Council.

If you are approached by members of the Fraternity to serve on Council, please be open to their encouragement.

Please be open to saying “Yes” to the call to serve our Fraternity. Our Blessed Mother gave us the perfect example of saying “Yes” ...”Be it done unto me according to Thy word.”