

Our Lady of the Rosary Secular Franciscan Fraternity Williamsburg, Virginia

www.olrsfo.weebly.com

2021

Message from Minister- Maria Fuentes-Sherman, OFS

Finally!

After over a year of separation, lockdown, masks & social distancing we can finally say there is a light at the end of this tunnel. What a pleasure to finally walk outdoors & be able to freely breathe fresh air, to hug our loved ones, to participate in Mass. And following this thought, the very real possibility that we Franciscans will soon be able to celebrate our monthly gatherings at our usual venue.

In May we started to look to the flowering earth. June is the beginning of trips to the beach or lounging by the pool, & barbeques. Last month the ladies had their special day. This month its the gentlemen's special day. Let's make it ultra special for them ladies: we can man the grill that day, right? June is also the month of wedding & graduation celebrations - beginnings & endings but both joyful.

June begins our spiritual / religious journey on the 7th with The Most Holy Body & Blood of

Christ (Corpus Christi) & quickly on its heels we have the Most Sacred Heart of Jesus on the

12th. Our Blessed Mother is not left out as her feast of the Immaculate Heart of the Blessed Virgin Mary is celebrated on the 13th. The feast of the Nativity of Saint John the Baptist, celebrated on the 24th, has special meaning for me as he is patron saint of my Island of Puerto Rico. On that day people crowd the beaches, & at midnight the tradition is to dunk into the ocean in symbolism of the Baptizer. June 29th closes with the feast of the Solemnity of Saints Peter & Paul Apostles.

There are also some fun holidays in June. Have you ever celebrated National Bubba Day (June

2), also National Rocky Road Day (ice cream); June 3 World Bicycle, June 4 Applesauce Cake Day; June 5 Hot Air Balloon Day; June 7 National Chocolate Ice Cream Day; or June 8th Best Friends Day? On a serious note there is D-Day, WWII on June 6.

By the way, did you remember to Say Something Nice June 1st or Hug Your Cat on June 4th, or Leave the Office Early on the 3rd. Do you remember the Yo-Yo? It has a special day on June 5th.

And on that note I am ending this nonsensical greeting. I guess my message is: there is so much for which to be grateful if we would only look. Our God is full of surprises.

Peace and all good, Maria / QK

Live A Life Worthy of Your Call

Secular Franciscan Order – USA National Theme - 2021





June Formation



This month we will continue the book, *Clare of Assisi: A Heart Full of Love*. Ask the Holy Spirit to be with you as you read Chapter 7, "Eucharist." I have found it beneficial to prayerfully read the pages more than once to ensure a good understanding of the content. What caught your eye as you read these pages? The first questions I will ask are: "What word or phrase stood out to you, and why? We will discuss the five questions for reflection at the end of the chapter.

We are also going to continue our discussion on the importance of formation as we move from inquiry to candidacy and then to fully professed.

What does formation do for us?

- It helps the member toward the full realization of our human and Christian development.
- It helps us to become mature in our faith, bringing us to personal union with the Father in Christ through the Holy Spirit
- It helps us to experience Church within a community of faith and love while remaining faithful to the conditions of our secular state in life
- The example of St. Francis's life enlightens us
- The Holy Spirit is our source of strength and light

Secular formation must be:

- Active
- Communal
- Centered on Jesus and His Gospel
- Ecclesial
- Secular
- Franciscan
- Joyful
- In the spirit of simplicity
- Open ended



If you wish to continue your monthly fraternity donation please send your check to treasurer, Barbara Massey, 862 Ventnor Drive, Newport News, VA 23608-8927. Please make checks payable to SFO.



20th Quinquennial Congress

The Franciscan Jubilee is Back on!

August 3-7, 2022 Phoenix, AZ

More information regarding registration and hotel reservation will be available soon.

https://secularfranciscanusa.org/



Prayer Request

Please keep in your prayers: the soul of Barry, a dear friend of Maria

If you have a prayer request, please email your request to karenrutherfordcoulson@gmail.com to be included in our next newsletter!



Praying for Our Deceased Brothers and Sisters

and SistersJoan Albrecht

Edna Bartlett

Gladys Branch

Joan Buhler

Julia Carey

Donald Carpenter

Dorothy and Janice Carpenter

Rose Coleman

Josephine Decori

Esme Esflavo

Marian Garris

Florence Gorden

Jack Houlahan

Dorothy and Don Johnson

Lauren Pallazola

Mark Pepper

Daphne Pritchett

Elma Stanbeck

Lauren Sessa

Denny Thiel

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Maria Torres

Frances Warren

Pineapple Inn Pantry

At the Pineapple Inn, we strive to ensure that our guests have access to all services available to them. This includes access to a small pantry that is stocked by members of the faith community and good hearted individuals. If you would like to help, we are always in need of these items:



Soup/Chili – *Canned foods should have a pop-top if possible*

Ramen Noodles

Mac & Cheese (consider Velveeta or Kraft with liquid cheese)

Rice (White or Brown)

Canned meat (tuna, chicken, ham, Spam, Vienna Sausages etc.)

Tuna with crackers kit

Canned Veggies (no GREEN BEANS)

Canned tomatoes

Tuna with crackers kit

Shelf stable meals - i.e. Hormel Completes

Pasta

Spaghetti/Pasta sauce

Stove Top Stuffing

Peanut butter

Jelly

Sandwich Bread @ Fruit cups/canned fruit @ Cereal - cheerio's etc.

Hot Cereal – oatmeal etc.

Granola/Cereal bars

Juice (V8, Ocean Spray – no Hi-C please)

Boxed or powdered milk

Peanut butter

Jelly

Sandwich Bread

Canola oil/Vegetable Oil (needed to make Rice a Roni etc.)

Salad Dressing (Ranch & Italian)

Spices (Salt, pepper, Italian blend etc.)

Sugar & Flour

Condiments (ketchup, mustard, mayo etc.)

Fresh fruit & vegetables - we are happy to take your excess garden goods

Snacks/cookies

Microwave popcorn

Feminine hygiene products

Can Openers

We also are in need of pots, pans, dishes, and silverware.

As always we are grateful for any and all donations.

If you have any questions please call us at (757) 259-9670 or send us an email to info@pineapplehousing.com

Chaplet for the Release of Souls from Purgatory St. Gertrude Prayer to Release Souls from Purgatory

(Each time this prayer is said, 1,000 Souls are released from Purgatory)

The Prayer of St. Gertrude, is one of the most famous of the prayers for souls in purgatory. St. Gertrude the Great was a Benedictine nun and mystic who lived in the 13th century. According to tradition, our Lord promised her that 1,000 souls would be released from purgatory each time the prayer is said devoutly.

The Release of Holy Souls Chaplet

The Apostle's Creed:

I believe in God,

the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary,

suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Hail Mary...

Glory be to the Father,,,

Pray: Holy Souls pray for us as we pray for you.

The Prayer of St. Gertrude said 10 times: Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Glory be to the Father...

(You can say this decade once or on all five decades of your rosary. If you pray this prayer using the five decades, you will release fifty thousand souls from Purgatory. Remember a majority of us will be there someday and we will want prayers said for us.)

Chaplet created by Bob Longo, OFS

June - Month of the Sacred Heart of Jesus



- 1. Bl. Felix of Nicosia, lay brother, Capuchin religious. d/ 1787
- 2. Bl. John Pelingotto, Confessor, Franciscan Third Order Secular, d. 1304
- 3. Bl. Andrew of Spello, Priest, religious of the Franciscan 1st Order, d. 1254
- 4. St. Francois Caracciolo, Priest, had been a tertiary before founding or joining another religious Institute, d. 1608
- 5. Bl Pacific of Cerano, Priest, religious of the Franciscan 1st Order, d. 1482
- 6. Bl. Lawrence of Villamagna, Priest, religious of the Franciscan 1st Order, d. 1535
- 7. Bl. Himiliana Cerchi, Virgin, Franciscan Third Order Secular, d. 1246
- 8. Bl. Nicolas de Gesturi, lay brother, Capuchin religious, d. 1958
- 9. Bl. Innocent Guz, Priest, Conventual religious, martyr 1940
- 10. Bl. Edouard Poppe, Priest, Franciscan Third Order Secular, d. 1924
- 11. Bl. Yolanda of Hungary, Virgin, of the Franciscan 2nd-Order; a "Poor Clare" sister, d. 1298
- 12. Bl. Floride Cevoli, Virgin, Capuchin religious, d. 1767
- 13. St. Anthony of Padua, Priest, religious of the Franciscan 1st Order, d. 1231 Plenary Indulgence for cordbearers
- 14. Bl. Zephirin Jimenez, Martyr, Franciscan Third Order Secular, d. 1936
- 15. St. Vincenta Gerosa, Virgin, had been a tertiary before founding or joining another religious Institute, d. 1847, and Saint Mary Bartholomea Capitanio.
- 16. Bl. Marie-Therese Scherer, Virgin, had been a tertiary before founding or joining another religious Institute, d. 1888
- 17. Bl. Peter Gambacorti, Confessor, Franciscan Third Order Secular, d. 1435
- 18. Bl. Guy of Cortona, Priest, religious of the Franciscan 1st Order, d. 1250
- 19. Bl. Achille Puchata, Priest, Conventual religious, martyr 1943
- 20. Bl. Micheline de Pesaro, Virgin, Franciscan Third Order Secular, d. 1356
- 21. Bl. Herman Stapien, Priest, Conventual religious, martyr 1943
- 22. St. Thomas More, Martyr, Franciscan Third Order Secular, d. 1943
- 23. St. Joseph Cafasso, Priest, Franciscan Third Order Secular, d. 1860
- 24. Nativity of St. John the Baptist
- 25. Bl. Bienvenu de Gubbio, lay brother, religious of the Franciscan 1st Order, d. 1232
- 26. Bl. Frederick Jassoone, Priest, religious of the Franciscan 1st Order, d. 1916
- 27. Bl. Marguerite Baeys, Virgin, Franciscan Third Order Secular, d. 1879
- 28. St. Barthelemie Capitanio, Virgin, had been a tertiary before founding or joining another religious Institute, d. 1833
- 29. Sts. Peter and Paul, Holy Day of Obligation, Plenary Indulgence
- 30. Bl. Raymond Lulle, Martyr, Franciscan Third Order Secular, d. 1315

