

**St Mary of The Angels Fraternity
Order of the Secular Franciscan
The Angelus**

November 21, 2021



**Minister: Susan Jamison
Vice-Minister: Sonia Bernardo
Spiritual Assistant: Michael Huether
Formation Director: Tom McGrath
Secretary: Portia - Treasurer: Carmencita Fiesta
Counselors: Lilian Soriano, Mary Badjo & Irma Jean-Baptiste
The Angelus: Mary Badjo**

OUR NOVEMBER MEETING

Michael Oliver will lead a discussion on **Chapter 20** of
LIVE LIKE FRANCIS
Please come prepared!

Please share something about your favorite November Franciscan Saint! That should be easy
as November 29th is the **FEAST OF ALL SAINTS OF THE SERAPHIIC ORDER!**

Christian Prayer led by Tom

Info on our **Christmas Party!**

Info about the annual **Regional Ministers Meeting and National Fraternal and Pastoral Visitations** attended by Tom in Susan's place, Mary as Regional Councilor, Mike as Regional Vice-Minister, and Michael Oliver as our designated driver.

Sign up for our January **Pro Life Spiritual Bouquet** to the Infant Jesus.

Mention of a **Fraternity-Wide Advent Penance.**

Honoring Our Daily Prayer Zoom Leaders — Carmencita and Portia who have led it so ably
for over a year now **and Tom** who faithfully helps and connects Dale in through his phone.
Thanks to everyone who participates and prays together!!!

Presentation on the importance of **Private Revelation** and judging its veracity.

ANNOUNCEMENTS

Happy Birthday Jaime Bernardo on November 18th, and
Happy 30th Anniversary to Frank Barletta, Madonna Goody, Joyce Routh, Alina Zygmunt
Happy 15th Anniversary to Joseph Tap Nguyen

Mass for the living and deceased fraternity members was celebrated at the
Shrine of St. Jude on Saturday, November 6th at 8:30 a.m.

Pray for quick recovery for Joyce's daughter Terri Ann who is sick and in the hospital having had an
emergency C Section (the baby is fine thank goodness) and may have Covid. Carol Smith, and for the
needs and intentions of our members.

Needs continue for non-perishable food items for the needy in our neighborhoods. See
www.facebook.com/St.Stephensfoodpantry for details.

Cash and check donations as well as gift cards to grocery stores are gladly accepted.

Blessings, Genie

Happy Anniversary to St. Mary of the Angels Fraternity!

Nick emailed his best wishes to all of us on our Anniversary as a Fraternity! Nick wrote in part:

“November 4, feast of St. Charles Borromeo, was the Canonical establishment of St. Mary of the Angels fraternity. I was at the First Mass in the Chapel at St. Jude's, with Fr. Peter Sheridan as celebrant. Lucille Leach was our Minister then. I think Lucille and Genie Dutton were the organizers of the new fraternity.

I shared the email with Sonia and Alina, and Sonia wrote back:

“Thank you Nick, You are right! Our fraternities Canonical establishment was November 4, 1989. Our first Spiritual Assistant was Fr. Peter Sheridan. However five of us started this fraternity, Lucille Leach, Sonia and Jaime Bernardo, Paul and Janet Turner.”

Alina then added this:

“The fraternity started out as a “spirit-filled seed” that grew in the hearts and souls of the five following Franciscans: Lucille Leach, Sonia and Jaime Bernardo, and Janet and Paul Turner. From there, with the nurturing of the ministers and newly professed members, the fraternity grew and grew, developing deep roots in our Catholic Christian faith and its ideals. The same Holy Spirit that reached out to St. Francis has touched our fraternity over these many years to keep it active and alive.

Continuing the theme of a “growing plant/tree,” the fraternity is an organic unit that will change as needed to suit the current environment. Its core values will always remain the same; however, as new leaves (members) are added, its branches will continue to reach out and thrive. The stem/trunk will be strong and straight to support the new growth, as its chosen leaders follow faithfully the Catholic doctrines.

Let us all continue to “fertilize” our precious fraternity by enthusiastic participation and needed volunteerism. Each of us plays an important role in keeping our fraternity healthy and

thriving. With



gratitude



and heart-felt



appreciation, Alina

November 2021, Minister's Message

Greetings Folks!

Please pray for the **Holy Souls** with vigilance this month!

Tom was kind enough to attend the **Annual Ministers Meeting on my behalf as that** particular day my husband Bob and I were guests at a wedding. Before that meeting, I was able to procure the permission of our Regional Minister Robert Longo to work with Mike Huether on a **region-wide Pro Life Spiritual Bouquet to be offered to the Infant Jesus in front of the Blessed Sacrament on January 22nd**. January 22nd is the day designated every year by the USCCB as the Day of the Prayer for the Legal Protection of Children, and the day after the annual Pro Life March in Washington D.C. Mike was kind enough to say a few words about this bouquet to the Region's ministers and hand out the papers to the various ministers of our region. Tom also mentioned it at the meeting. I am making the Bouquet papers a part of this Angelus so you will all see them, but I will also bring them to our November and December meetings for presentation and sign up. **It would be so wonderful if our Region could work spiritually together on this. December and January are particularly critical for our country's pro life future with significant decisions being made by the U.S. Supreme Court. Prayers for our country and its pro life change of heart are urgent.**

Genie and Connie are joining me in a **Franciscan Advent Fast**. This started November 11th (the day St. Francis chose to start his own Advent Fast in honor of St. Martin of Tours). The Fast consists of 1) one meal being only bread and water with nothing else 4 hours before or after that meal (the rest of the day is free from fasting) offered for your own private intentions; and 2) a rosary offered for our country. Sundays are free days. One can start anytime before Christmas! It is not too late to join us. Flexibility is key to success and you can modify the fast to meet your needs. For example, Connie chose to do a liquid fast for her one meal rather than bread. **God is not looking for perfection; He wants our effort, not perfection.** I hope more of you will come up to me at the meeting and tell me you are joining us.

There are many challenges and trials in this life. But you knew that. There is so much beyond our control. Our joy is in the Lord and our firm hope is our future with Him in Heaven forever. Jesus Christ truly walks with us every single minute. **When we meet a trial, let us remember to keep on giving it to Jesus in prayer and supplication and then thanking Him in advance for His loving response to our prayers.** Yesterday I listened to a podcast rosary with wonderful meditations about Blessed Solanus Casey, the saint who always encouraged people to thank God ahead of seeing His response to their prayers of supplication and to remember that God cares, God hears and God answers (even if it is not the answer which we wanted or in the time we wanted. In Heaven we will see and understand). You can find that podcast on this website, it is titled **"Thanking God Ahead of Time": <https://www.schooloffaith.com/rosary-archive>.**

HAPPY THANKSGIVING! HAPPY ALL SERAPHIC SAINTS FEAST DAY!



ALL SAINTS OF THE SERAPHIC ORDER

November 29th

“On November 29, the Church celebrates the many Franciscan saints who followed in the footsteps of St. Francis. It is a special day for all Franciscans to celebrate the feast of ‘All the Saints of the Seraphic Order.’

According to tradition, St. Francis of Assisi prayed the following prayer:

"O Lord Jesus Christ, two favors I beg of you before I die. The first is that I may, as far as it is possible, feel in my soul and in my body the suffering in which you, O gentle Jesus, sustained in your bitter passion. And the second favor is that I, as far as it is possible, may receive in my heart that excessive charity by which you, the Son of God, were inflamed, and which actuated you willingly to suffer so much for us sinners."

In response to his earnest prayer, the Lord appeared in the form of a seraph, or a six-winged angel (They are usually considered the highest order of angelic beings, immediately above the Cherubim, and their special duty is to love God).

Then Jesus bestowed on St. Francis the wounds of his suffering. St. Francis had been marked with the love of Christ, the stigmata.

St. Francis died two years later in 1226, leaving the world the Franciscan Order, which became synonymous with the Seraphic Order. To this day, seraph wings and seraphs are symbolic of the Franciscan Order....”

The final Rule of life for Franciscan friars was also approved on this day in 1223. To commemorate this, and all the saintly examples produced in the Franciscan Order, on this day all the saints of the Seraphic order are remembered at Franciscan churches.

<https://www.catholicnewsagency.com/saint/all-saints-of-the-seraphic-order-feast-733>

WHERE THERE IS HATRED, LET ME SOW LOVE

This is the third of my articles on the Peace Prayer of St. Francis, based on "Instruments of Christ, Reflections on the Peace Prayer of St. Francis of Assisi by Albert Haase, OFM. This month, we will discuss the second line of the prayer depicted above.

All of us Franciscans know very well of the story of the wolf of Gubbio: no doubt learning of it from our initial formations. It is one of many stories of Francis' saintly diplomacy: how he brought the wolf and the citizens of the town of Gubbio together in reconciliation, then in love of each other. It is one of many examples of peace being possible when you sow love amid hatred. So, having become instruments of Easter peace, we now consider the various seeds needed to be planted if we wish to reap the Risen Christ's harvest of peace in the hearts of all. Love drives all who walk in the footsteps of Jesus: "By this everyone will know that you are my disciples, if you have love for one another." (John 13:35). Many of us, however, mistake love for infatuation or, worse yet, lustful tendencies. Again, a self-centered focusing upon ourselves. Love is, rather, a challenge from Christ for all of us as supposedly His disciples.

In his first letter to the Corinthians, the apostle Paul states practical ramifications of Jesus's challenge of love. He blatantly calls prayer, charitable acts, faith, and even martyrdom nothing if done without love (1 Corinthians 13: 1 – 3). Christian love is patient, kind, and never rude or arrogant: never demands its own way or seeks revenge (1 Corinthians 13: 4 – 7). Jesus's challenge of love clearly is other-centered. Christian love involves emptying and surrendering oneself to the service of others. "We know love by this, that He laid down His life for us—and we ought to lay down our lives for one another (1 John 3: 16). It is a resolution to make a faithful commitment as would any servant. Mother Teresa of Calcutta spent her life in the service of the poorest of the poor. Martin Luther King, Jr. challenged and helped change the injustices of America's social structure. Cesar Chavez organized the first successful union of farm workers. All different people and lifestyles sharing their commitments of love in their own ways.



For what reasons do people hate? They differ with each and every relationship, but there are common causes that are brought on by human nature being excessively focused on ourselves permitting us to be hurt too easily. We tend to blame others for not having respect for us, taking advantage of us, or not treating us better. But there are other causes not so common, but still widespread. They come in the form of doubts, uncertainties, distrust, irrational fears, suspicions, or phobias of other races or ethnic groups based solely on the fact that they are different from us. This type of hatred is generated mainly out of ignorance or misunderstanding of the differences leading to discrimination, prejudice, and alienation among communities looked upon as “the enemy”.

The Lord said, “But I say to you, Love your enemies and pray for those who persecute you” (Matthew 5:44). He challenges us to look beyond ourselves to become peacemakers, and move beyond the hatred, prejudice, and resentment. He makes us to realize that if we civilly do the dialogue, with time and reasoning, we replace the ignorance with understanding of each other's experiences and differences. Talk with one another as in the wolf and the people of Gubbio. We acknowledge the reasons of the other, become aware of how the other's past shaped him, and recognize the other's hopes, intentions, and dreams. Each opposing party also needs to take the opportunity to express the fears, concerns, and hurts: in short, the experience of being heard—we prepare the soil where the seeds of peace and love can be sown.

The Peace Prayer reminds us that the fundamental condition for Easter peace is love. More than being an emotional feeling, it is a conscious decision to go beyond ourselves to serve others Love is the mutual understanding. The Lord calls us to promote the vulnerable sharing and sensitive listening—what is needed for the mutual understanding. The walls between the enemies come down and the seeds of love germinate where hostility used to thrive.

Next month, we talk about the nature of injury and pardon.

**Peace,
Mike**



LET'S REALLY CELEBRATE THESE AMAZING NOVEMBER FEAST DAYS!

November 13— St. Frances Xavier of Cabrini

Starting from absolute zero, Mother Cabrini miraculously began her work among Italian immigrants. She would work almost exclusively with, and for, Italians the rest of her life.

She begged, pleaded, and cajoled. She pulled every lever of charm and persuasion she could reach. It worked. Her deep spirituality and constant state of motion soon put her in contact with Italian benefactors eager to help their own. Mother Cabrini was then seemingly everywhere, doing everything. She founded hospitals, orphanages, schools, workshops, and convents in New York, Denver, Cincinnati,

Pittsburg, St. Louis, San Francisco, and Chicago. She trekked to Nicaragua, Argentina, and Brazil. She sailed back to Italy nine times. She became an American citizen but remained fully Italian in her identity and a source of pride for America's many "Little Italies." Mother Cabrini's relentless energy, remarkable administrative skills, shrewdness, humility, and charisma quickly built an empire of charity. When she died in Chicago, she left behind sixty-seven institutions and a robust Order of dedicated nuns. On July 7, 1946, she became the first United States citizen to be canonized a saint.



November 16- St. Gertrude the Great

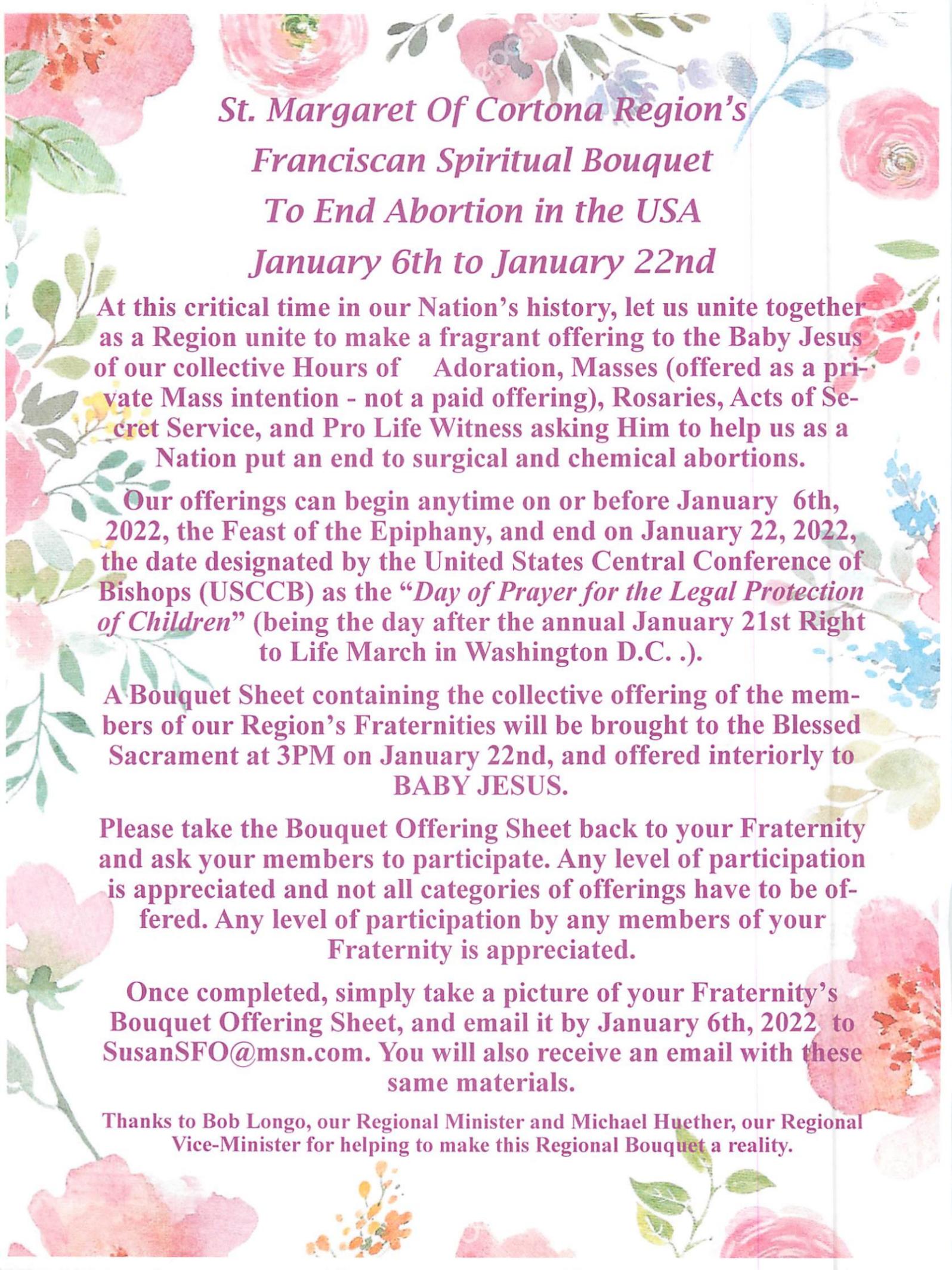
Gertrude lived a "nuptial mysticism" in which she was Christ's bride and the Mass was the wedding banquet at which a chaste self-giving consummated the sacred bond of lover and beloved. Gertrude's vowed virginity was the proof and basis of her enduring commitment to Christ, a promise made in the company of His mother, Mary, and all the angels and saints. Gertrude composed her spiritual diaries at the express command of her spouse, Christ. Their hymns, prayers, and reflections also show a profound concern for the holy souls in purgatory. Gertrude continually begged Christ's mercy on them, and Christ responded that merely petitioning for the release of such souls was sufficient for Him to grant the favor. In Gertrude's visions, Jesus speaks to her almost exclusively at Mass and during the Liturgy of the Hours.

This is consoling. Most Catholics meet Christ more through the Sacraments than through books, so Christ appearing in priestly vestments, holding a chalice, or standing at an altar is absolutely congruent with our experience of Sunday Mass. Apart from her writings, few details of Gertrude's life are known. She left virtually no footprint besides her life of quiet fidelity as a contemplative nun.

Like John the Baptist, she decreased so the Lord could increase. Gertrude's alluring private revelations became common spiritual reading among the saints of the sixteenth and seventeenth centuries and continue to fire the imagination of all who read them today.

LET'S REALLY CELEBRATE THESE AMAZING NOVEMBER FEAST DAYS!

1. **Feast of All Saints – Holy day of Obligation**
2. **Commemoration of all of the Faithfully Departed** – Plenary Indulgence for the holy souls when one visits a church or chapel and recites a Pater and a Credo
3. **Bl. Helen Enselmini, Virgin, the Franciscan 2nd-Order; a "Poor Clare" sister, d. 1231**
4. **St. Charles Borromeo, Bishop, Franciscan Third Order Secular, d. 1584**
5. **Feast of the Saints Relics**
6. **Bl. Margaret of Lorraine, Virgin, the Franciscan 2nd-Order; a "Poor Clare" sister, d. 1521**
7. **Bl. Raynier of Arezzo, lay brother, religious of the Franciscan 1st Order, d. 1304**
8. **Bl. John Duns Scotus, Priest, religious of the Franciscan 1st Order, d. 1308**
9. **Bl. Gabriel Ferritti, Priest, religious of the Franciscan 1st Order, d. 1456**
10. **Bl. Louis Guanella, Priest, Franciscan Third Order Secular, d. 1915**
11. **Bl. Mary Crucifixa, Virgin, the Franciscan 3rd-Order; a "Poor Clare" sister, d. 1826**
12. **Bl. John of Peace, Confessor, religious of the Third-Order Regular [living in community, under a Rule], d. 1340**
13. **St. Didacus of Alcala, lay brother, religious of the Franciscan 1st Order, d. 1463**
14. **St. Nicholas Tavelich and Companions, Martyrs, religious of the Franciscan 1st Order, d. 1391**
15. **Bl. Sebastien de Jesus, lay brother, religious of the Franciscan 1st Order, d. 1734**
16. **St. Agnes of Assisi, Virgin, the Franciscan 2nd-Order; a "Poor Clare" sister, d. 1253**
17. **Bl. Jane of Signa, Virgin, Franciscan Third Order Secular, d. 1307**
18. **Bl. Salome of Cracow, Virgin, the Franciscan 2nd-Order; a "Poor Clare" sister, d. 1268**
19. **St. Elizabeth of Hungary, Virgin Patroness of Franciscan Third Order Secular, Plenary Indulgence (renewal of Tertiary engagement), d. 1231**
20. **Bl. Migagros Ortells, Virgin, Capuchin religious, Martyr 1936**
21. **Feast of the Presentation of the Holy Virgin Mary**
22. **Bl. Salvator Lilli, Priest, religious of the Franciscan 1st Order, martyr 1895**
23. **Bl. Marie de Jesus Bon Pasteur, Virgin, religious of the Third-Order Regular [living in community, under a Rule], d. 1902**
24. **Bl. Timothy Trajonowski, lay brother, Conventual religious, martyr 1942**
25. **Bl. Humilis of Bisignano, lay brother, religious of the Franciscan 1st Order, d. 1637**
26. **St. Leonard of Port Maurice, Priest, religious of the Franciscan 1st Order, d. 1751**
27. **St. Francis Anthony Fasani, Priest, Conventual religious, d. 1742**
28. **St. James of the March, Priest, religious of the Franciscan 1st Order, d. 1476**
29. **Saints of the Seraphic Order**
30. **Bl. Anthony Bonfadini, Priest, religious of the Franciscan 1st Order, d. 1482**



*St. Margaret Of Cortona Region's
Franciscan Spiritual Bouquet
To End Abortion in the USA
January 6th to January 22nd*

At this critical time in our Nation's history, let us unite together as a Region unite to make a fragrant offering to the Baby Jesus of our collective Hours of Adoration, Masses (offered as a private Mass intention - not a paid offering), Rosaries, Acts of Secret Service, and Pro Life Witness asking Him to help us as a Nation put an end to surgical and chemical abortions.

Our offerings can begin anytime on or before January 6th, 2022, the Feast of the Epiphany, and end on January 22, 2022, the date designated by the United States Central Conference of Bishops (USCCB) as the "*Day of Prayer for the Legal Protection of Children*" (being the day after the annual January 21st Right to Life March in Washington D.C.).

A Bouquet Sheet containing the collective offering of the members of our Region's Fraternities will be brought to the Blessed Sacrament at 3PM on January 22nd, and offered interiorly to **BABY JESUS.**

Please take the Bouquet Offering Sheet back to your Fraternity and ask your members to participate. Any level of participation is appreciated and not all categories of offerings have to be offered. Any level of participation by any members of your Fraternity is appreciated.

Once completed, simply take a picture of your Fraternity's Bouquet Offering Sheet, and email it by January 6th, 2022 to SusanSFO@msn.com. You will also receive an email with these same materials.

Thanks to Bob Longo, our Regional Minister and Michael Huether, our Regional Vice-Minister for helping to make this Regional Bouquet a reality.

*St. Margaret Of Cortona Region's
Franciscan Spiritual Bouquet
To End Abortion in the USA
January 6th to January 22nd*

At this critical time in our Nation's history, let us unite unite together as a Region unite to make a fragrant offering to the Baby Jesus of our collective Hours of Adoration, Masses (offered as a private Mass intention - not a paid offering), Rosaries, Acts of Secret Service, and Pro Life Witness asking the Infant to help us as a Nation put an end to surgical and chemical abortions.

Our offerings will begin on or before January 6th, 2022, the Feast of the Epiphany, and end on January 22, 2022, the date designated by the United States Central Conference of Bishops (USCCB) as the *Day of Prayer for the Legal Protection of Children* (being the day after the annual January 21st Right to Life March in Washington D.C.). A Bouquet Sheet containing the collective offering of the members of our Region's Fraternities will be brought to the Blessed Sacrament at 3PM on January 22nd, and offered interiorly to BABY JESUS.

The Members of the _____ Fraternity, OFS, lovingly offer the Baby Jesus the following acts of love to Him, asking Him to help us as a Nation put an end to surgical and chemical abortions.

_____ Hours of Adoration

_____ Masses

_____ Rosaries

_____ Acts of Secret Service (a secret kindness done for a fellow human).

_____ Participation in the Annual Right to Life March in Washington D.C. on January 21st or prayerful presence at 11 AM on Jan. 21st, on the public sidewalk outside of the Bethesda Maryland offices of Leroy Carhart, MD, who performs abortions of babies in every trimester if the mothers simply claim depression from the pregnancy, or prayerful presence at anytime on the public sidewalk outside a local abortuary.

Please return this paper on or before January 6th, to SusanSFO@msn.com

Fraternity Member's Name Adding Roses to our Region's Spiritual Bouquet to the Baby Jesus to end abortion in the USA, running from Jan 6 th to Jan 22 nd	Hours of Adoration For This Intention	Masses Privately Offered For This Intention (no monetary donation)	Number of Rosaries Prayed For this Intention	Acts of Secret Service Offered For This Intention	Participation in the DC January 22 nd Pro Life March or other prayerful presence outside an abortuary .
TOTALS					