



THE FLYER

**NEWSLETTER FOR THE
ST. JOSEPH CUPERTINO FRATERNITY
OF THE SECULAR FRANCISCANS**

A Miracle of Saint Joseph of Cupertino,
Public domain, 1750, Placido Costanzi,
The Metropolitan Museum of Art
www.metmuseum.org

February 20, 2022

Masks Required (per Howard County)

**Our Theme for the Year is:
Eucharist: The Lord's Body and Blood**

Reflections from Brother Lawrence

It is cold outside today, but that is usually the case at this time of year. I am still in school and this year students are coming to realize that snow days off are rapidly becoming a thing of the past. We have already had 3 virtual days instead of snow days. I doubt that the lads are very happy about this new development, but I think that that can be said about the teachers even more!

Time moves on and time brings changes both good and bad changes it seems. This can be said for life regardless of how or where it is lived. The only constant, it seems to me, is time keeps moving on. St. Augustine of Hippo once wrote that he knew exactly what "time" is until he is asked to explain the concept. This is so true, but I think the more important thing might be just to live life as best as one can. To me, time is a great gift given to the cosmos and one of its great benefits is that it gives us the opportunity to do things again: to straighten things out, to make up with others, and to speak and listen to God and others over and over again.

When I think about the fallen angels, who do not exist in time once they decided to go their own way, they never had an opportunity to change their minds. How blessed we are to have time move on and allow us to make things aright. It is truly a great gift from God for us. God gives us the opportunity to correct our mistakes and we should thank him for that.

But, also, living as we do in time, we always have the opportunity to correct things with those here in our daily life. We need to take those opportunities when they arise for as the Lord taught us to pray, "forgive us our sins *as we forgive those who trespass against us.*" Perhaps, when we do, we shall get a little warmer on these cold February days. ~Br. Lawrence

2019-2022 Council

Acting Minister:

James Kim, OFS:
443-458-3361

Acting Vice Minister:

Denise Donaldson, OFS:
443-683-2538

Acting Secretary:

Jeanne Kerins, OFS
410-227-6497

Treasurer:

Gerry Pinkas, OFS:
410-655-2648

Formation Director:

Sherry Lewis, OFS:
410-299-7144

Councilor:

Lita Maisel, OFS:

Spiritual Assistant:

Br. Lawrence LaFlamme, OFM Conv.
410-485-5000

Md/Pa Area Councilor:

Jackie Holzel, OFS
holzel@yahoo.com

Newsletter Editor:

Deanna Williston, OFS
jtwillis@aol.com

Bible quotes are from the Douay-Rheims translation, unless otherwise noted.

Minister's Message

We, the council, selected "Eucharist: The Lord's Body and Blood" for the theme of this year. I hope all our sisters and brothers may take time frequently, especially while we are in Mass, to reflect on Christ's body and blood and also to reflect on what we are supposed to be to receive the body and blood of Christ.

Therefore, O Lord, we humbly implore you by the same Spirit graciously make holy these gifts we have brought to you for consecration that they may become the Body and Blood of your Son our Lord Jesus Christ.

We must be familiar with these words; it's what the priest says while covering with his hands the bread and wine. Afterwards, he makes the sign of the cross over the bread and wine. It's the moment that the bread is not simply baked flour but becomes the body of Christ and that the wine becomes the blood of Christ. We kneel down, and the zucchetto of bishops and Pope is removed. In the past, altar boys rang bells at this moment. We have been prepared for this feast through confession of our sins, Liturgy of Word and homily. If we believe that Mass is a feast of heaven on the earth, as St. John Paul II said, it's the moment the heavenly feast begins on the earth. The Eucharist is not a matter of thought and interpretation, but is what we see and hear as we are in the feast.

Because of our imperfection, we are prone to be distracted all the time, even during Mass. So from now on, let's set our minds firmly that when we sing Hosanna and begin to kneel down, we become more conscious and pay more attention to what we see and hear.

~James Kim



The Last Supper by Giorgio Vasari II, Florence, Italy ~1545, CC0 The Walters Art Gallery



Treasurer's Report

January – 2022

Beginning (running) Balance:	<u>\$3511.55</u>
Common Fund Contributions	\$ 385.00
Remuneration for music refused	\$ 80.00
Total Income	<u>\$ 465.00</u>
Intermediate Subtotal	<u>\$3976.55</u>
Expenses:	
Spiritual Assistant	\$ 100.00
Franciscan Friars	\$ 100.00
Office Supplies	\$ 23.20
Total Expense	<u>\$ 223.20</u>
Ending (running) Balance:	<u>\$3753.35</u>

The average contribution per person estimate for 2021 was \$156 per year.

Contributions are Tax Deductible.

Direct Donation checks to:

St. Joseph Cupertino Fraternity

Mail donations to:

Gerard Pinkas
3810 Marriottsville Rd.
Randallstown, MD 21133

You may use your bank's **BILL PAY**. Direct payment to:

St. Joseph Cupertino Fraternity
c/o address above.

Contact Gerry with any bill pay questions.

Welcome, Visitors!

Want to find out more about the
Secular Franciscans?

- ◆ Attend a meeting. We meet (usually) on the third Sunday of the month at 2 pm.
- ◆ Check out our website:
<http://stjosephcupertino.sfousa.org/our-fraternity/>
- ◆ Check out our regional website:
<http://saintmargaretofcortona.org/>
- ◆ Check out our national website:
<https://secularfranciscansusa.org/>

Happy Anniversary

On the anniversary of
your profession:

6	Joan Bundy, OFS	02/16/2014
6	Chris Donaldson, OFS	02/16/2014
6	Harry Ford, OFS	02/16/2014
6	Kathy Ford, OFS	02/16/2014
2	Louise Hotovy	02/16/2020
2	Mike Hotovy	02/16/2020
2	Michael King	02/16/2020
2	Mimi Cox-Owens	02/16/2020
2	Joanne Patton	02/16/2020
2	Melissa Reed-Konigsdorffer	02/16/2020
2	Bill Sefken	02/16/2020
2	Alice Umugiraneza	02/16/2020

Happy Birthday!

Theresa Lam, OFS	02/06
Charlene Heyden, OFS	02/15
Jerry Yu, OFS	02/26
James Kim, OFS	02/27

Coming Next Month:

Mick Michieli-Beasley, OFS	03/05
Deanna Williston, OFS	03/05
Cindy Mohler, OFS	03/13
Karan Bevers, OFS	03/21
France Staudenmann OFS	03/29

Of Habits, Clare and Francis

Saint Clare's patches on St. Francis' habit | San Francesco - Rivista della Basilica di San Francesco di Assisi

Reprinted with permission from: sanfrancescopatronoditalia.it



The biographies offer a vivid image of the intimate relationship that bound these two great Christian Saints

By D. Mechthild Flury in *St. Francis Patron Saint of Italy* n.2 Feb 1989

As biographers tell us, Saint Francis used to give his clothes to the poor. When this form of his generosity started to damage his health, his Brothers were forced to forbid him from this action, reminding him of obedience. If we believe these stories, it is not surprising that so many of the Saint's tunics or habits have reached our days. One of these can be found in Cortona, where it appears that it was brought by Brother Elia, a close confidant of the Saint. A second habit, made of white wool, is preserved in the Convent of Saint Clare in Assisi, and a third habit, finally in the Sacred Convent. The oldest piece of information on the latter is found in the Codice 344, fol 73 ss of the Municipal Library of Assisi, in which it was mentioned as early as 1350 as an object of inventory.

The habit is made of rough, crumpled wool. The color is dark grey, as the natural shades of wool allow, because the fabric is not dyed. The grey color is obtained by spinning different types of natural wool. In this way, the processing of brown and beige wool, mixed together according to precise parameters, which allow one to obtain dark grey. However, if the brown wool component is increased, the product will be of a color which is closer to brown than grey. From the original seams which are preserved, it is possible to identify the cut of the original habit easily.

On the front and on the back there is a 60 cm wide ring of fabric that forms the central part to which several segments are connected laterally, so as to create the shape of a habit. In the seams the pieces of cloth overlap each other by half a centimeter, and the edges are sewn on both sides with linen yarn using overlocking stitches. A linen cover covers a large part of the front and back, as well as the right sleeve from the inside. It is connected with visible stitches of linen yarn, in the front and back halves, to the outer fabric and is fixed at the edges with overlocking stitches. On the sides there is no lining.

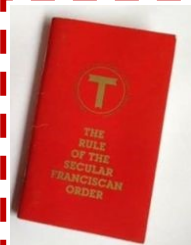
The right sleeve has a superimposed linen pocket. The pocket for alms under the sleeve is one of the obligatory components of a Franciscan habit. The left sleeve was lost. What is fundamental about the general appearance of this relic are the numerous pieces of wool, large and small, attached to the habit. Under these patches there are, as far as it is possible to ascertain despite the interference of the lining, fringed holes without traces of cuts and in certain points, even several small holes next to one another. These empty spots have been improved with a total of six different pieces of wool, each of which is present with two or three pieces. The exception is a piece of rather rough, brownish wool, which is present on the habit nineteen times. This fabric, often in large pieces, was sewn to the habit all by the same hand. The seams of these pieces are particular. The edges of the cut are followed by a linear linen thread that forms the seam closing it with a stitch. Instead, the pieces which we mentioned before, less precise, are sewn with simple stitches.

Among the written and unwritten rules that Francis prepared for his Order, there is a recommendation for the treatment of the habit or tunic. Tradition says that this can be improved externally and internally only with pieces of cloth from used clothes. No document could represent the will of its wearer better than his own habit!

Lucky circumstances led to the discovery that shows how Francis' habit represents another important document for the history of the Order. By observing Clare's cloak, I was able to establish a relationship between it and Francis' habit: the many brown patches carefully placed on Francis' habit come from Clare's cloak! This cloak is made of a piece of cloth about 55 cm wide and 356 cm long, which is gathered with a seam of about 20 cm on the edge of the collar to form a cape. The cloak is open in front and now also in the back; the pieces of cloth used for Francis' habit are missing from the cloak at the point where the middle seam once was.

The fact that the patches of Clare's cloak are on Francis' habit, attached with great care, leaves no doubt that the operation was carried out by one person. If we consider Saint Clare the author of the work, the question arises of when it was executed. Clare lived for many years after Francis' death. It is possible that she patched the habit of her Brother of Faith when he was still alive, but it is also possible that she embellished with her cloak that poor garment as the last act of love, after the Saint's death, when the habit had already become a relic. The well-preserved state of the seams makes this second version more probable. However, there can be no doubt that it was Saint Clare who sewed the patches on the habit, because it is unconceivable that her sisters could damage the cloak of the founder of their order after Saint Clare's death, since this cloak had also become a relic of considerable importance.

For Francis' habit, the discovery of the patches taken from Clare's cloak is a confirmation of the authenticity of this habit, the last among many attributed to St. Francis. Saint Clare certainly knew which was the last habit worn by the Saint, when she patched it with pieces of her cloak in a fit of emotional attachment.



The Rule Review

So that we might more fully live the Gospel Life, Secular Franciscans should not just read *The Rule*, but reflect on and pray with *The Rule*.

17. In their family they should cultivate the Franciscan spirit of peace, fidelity, and respect for life, striving to make of it a sign of a world already renewed in Christ²⁸. By living the grace of matrimony, husbands and wives in particular should bear witness in the world to the love of Christ for his Church. They should joyfully accompany their children on their human and spiritual journey by providing a simple and open Christian education and being attentive to the vocation of each child (*Lumen Gentium* 41:5; *Apostolicam Actuositatem* 30:2.3).

17. 회원들은 가정 안에서 프란치스코의 평화와 충실 및 생명을 존중하는 정신으로 살아, 그리스도 안에서 쇄신된 세상의 표지가 되도록 노력해야 합니다. 혼인의 은혜로 생활하는 부부는 이 세상에서 교회에 대한 그리스도의 사랑을 증거해야 합니다. 또 순수하고 개방적인 크리스찬 교육으로 각 자녀의 성소에 주의하면서, 기쁘게 자기 자녀들과 함께 인간적이고, 영적인 여정을 걸어가야 합니다.

The Rule of the Secular Franciscan Order (with citations) may be accessed at anytime at:

<https://secularfranciscansusa.org/the-rule-of-the-secular-franciscan-order/>

Please note that the English and Spanish versions have updated 2020 translations.

Volunteer with the Companions of St. Anthony

On a daily basis, the Companions receive prayer requests for those suffering from cancer, for children who are suffering from a variety of medical conditions, and for a number of other issues; Sherry Lewis, OFS and her team of volunteers try to write a handwritten note in reply to each request. If you would be interested in helping out, even with just a 1/2 hour a week, please contact our sister Sherry through email (preferred) or her phone and she will arrange a time for you to come in.

sharon.lewis@companionsofstanthony.org

410-455-0458



“If we, as the Body of Christ, don’t love well, why do we expect anyone else to love well?”

Fr. Dave Pivonka, TOR

The Shrine of St. Anthony

The Militia Immaculata Initiative Guest Homilist, Fr. Jobe Abbass OFM Conv., Delegate & Vocations Director for Canada and MI Director for Our Lady of the Angels Province, will be at the Sunday, February 27, 12 Noon Mass.

The Shrine Grounds & Courtyard are open daily dawn till dusk. Per Howard County rules, masks must be worn indoors. Lenten Stations of the Cross will follow the Friday 12 noon Masses.

If you have any questions please contact the Front Office at 410-531-2800;
www.shrineofstanthony.org



March Gathering

March 20 * 2pm * Glassroom
Fr. Stephen King OFM Conv.

Book Share– Admonition 11

No One Should Be Scandalized at Another's Fall

Join our online book sharing and delve more deeply into: *St. Francis' Sermon on the Mount: Lessons from the Admonitions* by John Michael Talbot.

Friends old and new usually meet on the first Saturday of every month from 1-3 pm on ZOOM!

Contact Geri Flynn OFS for details:
Angelbarty@aol.com

Next meeting is March 5

Missing Your Saint?

Our sister, Jeanne Kerins, OFS, called down the Holy Spirit; drew our yearly patron saints, Bible verses, & prayer partners; and mailed the above to the entire fraternity. If you did NOT receive your packet, please contact Jeanne at

(410) 227-6497 or jmkerins12@gmail.com.

Please reach out to our brothers and sisters who have not been attending our gatherings & let us know how we can help them reconnect with the fraternity and/or any services they may need.

Flowers for the Friars

What Is A Spiritual Bouquet?

A spiritual bouquet is the offering of prayers and or sacrifices to another as a gift. This can be indicated in many ways, but traditionally it's in the form of a card letting the person know what prayers or sacrifices have been offered up for them.

How To Word A Spiritual Bouquet:

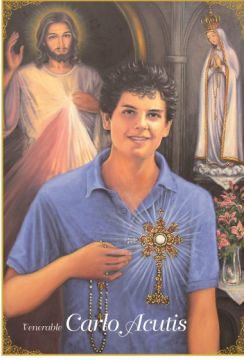
Writing out a spiritual bouquet message is as easy as jotting a note down on a simple card to let someone know what has been offered up for them. You can even use a store bought card, and just write the spiritual bouquet part on an insert for the card. Here are some wordings that might help get you started.

- "A spiritual bouquet in your honor..." under that "The following prayers have been offered up for your intentions" (then list the prayers/offerings)
- "I, (put your name here) have offered (list prayers here) for your intentions. God bless."

Bring cards to the next gathering or mail to:

Franciscan Friars Conventual
Our Lady of the Angels Provincial House
12300 Folly Quarter Road
Ellicott City, MD 21042

See more ideas at: www.catholicicing.com/spiritual-bouquets-explained-a-beautiful-catholic-tradition



Please Pray for Healing for:

- Karan Bevers, OFS
- Gail Bunyan, OFS
- Louise Hotovy, OFS
- Mike Hotovy, OFS
- Sherry Lewis, OFS

- Lita Maisel, OFS
- Jim Tebo, OFS
- Jerry Yu, OFS

Image of Blessed Carlo Acutis, from carloacutis-en.org



Our Deceased

Brothers & Sisters:

- Connie Baker, OFS
- Frances Bastress, SFO
- Dea. Tom Bello, OFS
- Joe Bezila, SFO
- Mary Chandler, OFS
- Jerry Cichowicz, SFO
- Shirley Costello, OFS
- Joe Cykoski, SFO
- Stella Cykoski, SFO
- Claire Lee Davidson, SFO
- Adela Duff, SFO

- Donna Duncan, SFO
- Charles Ferrara, SFO
- Mary Ferrara, SFO
- Dolores Fritz, OFS
- Marilyn Gilson, SFO
- Richard Hall, SFO
- John Kirby, SFO
- Joy Kubricky, OFS
- Frances Langbehn, SFO
- Bob Lewis, SFO
- Marie Lindung, OFS
- Jean Manning, OFS
- Jim Manning, OFS

- Georgianna Papazian, OFS
- Yvonne Proch, SFO
- Nancy Seaton, SFO
- Jean Singleton, OFS
- Don Sweitzer, OFS
- Betty Taylor, SFO
- Bud Tenley, SFO
- Regina Yeager, SFO
- Dorothy Zalewski, SFO
- Fr. Cronin Cantlon, OFM Conv.
- Fr. James Elliott, OFM Conv.
- Fr. Larry Kubera, OFM Conv.

UPCOMING GATHERING:

February 20 * Classroom * 2PM

My 2018 Trip to the Holy Land

- ◆ At our February Gathering, Will Potter, OFS will present on his trip to the Holy Land.
- ◆ In case of inclement weather, the Gathering may be livestreamed over Zoom, please contact Ray Glennon, OFS for any assistance. (Check email on the day.)
- ◆ We will close with the Rosary.
- ◆ Per current Howard County rules, masks must be worn at all indoor gatherings.



Along the Palm Sunday Road View of the Old City of Jerusalem

by Will Potter