



# **THE FLYER**

March 20, 2022

NEWSLETTER FOR THE ST. JOSEPH CUPERTINO  
FRATERNITY OF THE SECULAR FRANCISCANS

Our Theme for the Year is:  
**The Eucharist: The  
Lord's Body & Blood**

A Miracle of Saint Joseph of Cupertino, Public domain, Placido Costanzi, The Metropolitan Museum of Art <https://metmuseum.org>

## **Greetings from Brother Lawrence**

Blessings to one and all. We have almost made it through another winter season and I must confess that this is the first time for me as a teacher that I had off more days for rain than snow. Ash Wednesday falls on the first Wednesday in March this year, which does push back the Lenten season & makes Easter very late indeed. Yet, the time when each of these arrives is not as significant as the meaning of the days themselves. First, of course, is Ash Wednesday. Outside of the great feasts of the liturgical year and Sundays, there is no day when the Church is more filled than Ash Wednesday. There is something very special about this day and I have often read about its popularity, but I have never seen any research as to why this is so. Perhaps, it is because more people are penitential than we believe. Certainly, as Franciscans, we all recognize the importance of the penitential seasons. St. Francis himself referred to his followers as penitents. Each of us knows that we are sinners, in fact, I teach my students this when I let them know that members of the Church are not saints, but sinners. Yes, the church is a community of sinners, but the important part of that is that we know it, we accept it, and we are penitents because of it. Each of us prays daily for grace to assist us in being better in following Jesus' way of life. We have come to realize that we could never stay on the Jesus road without the help of the Holy Spirit given to each of us at baptism. Each of us realizes that our journey on this earth will someday come to an end; we are reminded of this on Ash Wednesday, "Remember that you are dust and to dust you shall return." It is a part of our Franciscan humility that helps us to recognize that we are fallen people, sinners throughout life, but, also, penitents seeking forgiveness and grace to help us.

This Lenten season, let each of us remember that this is an important part of our calling as Franciscans. It is our humility that allows us to come to understand and to accept that we are not perfect, in fact far from it. O Holy Spirit, help us all to see ourselves as we really are, guide us along the narrow Christian way, help us to help others to do the same, and come lead us to the end of our journey in heaven. Amen. ~Brother Lawrence

### **2019-2022 Council**

**Acting Minister:**

James Kim, OFS:  
443-458-3361

**Acting Vice Minister:**

Denise Donaldson, OFS:  
443-683-2538

**Acting Secretary:**

Jeanne Kerins, OFS  
410-227-6497

**Treasurer:**

Gerry Pinkas, OFS:  
410-655-2648

**Formation Director:**

Sherry Lewis, OFS:  
410-299-7144

**Councilor:**

Lita Maisel, OFS:

**Spiritual Assistant:**

Br. Lawrence LaFlamme, OFM Conv.  
410-485-5000

**Md/Pa Area Councilor:**

(Vacant)

**Newsletter Editor:** Deanna Williston, OFS [jtwillis@aol.com](mailto:jtwillis@aol.com)

*Bible quotes are from the Douay-Rheims translation, unless otherwise noted.*

## Minister's Message

“Depart from me, for I am a sinful man, O Lord.” (Lk 5:8b)

It was the first response of Peter when he saw the wonders which Jesus showed to him and his colleagues. It's before Peter was called to follow Jesus. However, when he was called afterward, he left everything and followed Jesus. Peter's response was a pretty big contrast to the response of the young man who said “Master, all these things I have observed from my youth” (Mk 10:20b) but could not follow Jesus.

The young man was a good person, having kept the Commandments. Peter also might not be a more sinful man than the young man. The young man and Peter both might not have stolen, might not have born false witnesses, and might have honored their mothers and fathers. The young man and Peter both might be good persons, at least with no significant faults, *in human eyes*. However, at the first meeting with Jesus, the responses of the two men are pretty different. The one who confessed that he was a sinner was able to follow Jesus, but the other who said he observed all the Commandments could not.

Seeing the story of Zacchaeus (Lk 19:1-10), it also may not be a matter of wealth they possess. For the wealthy tax collector, Jesus announced “This day is salvation come to this house.” Zacchaeus had had the longing to see Jesus and so ran ahead and even climbed a tree. Then, he joyfully received Jesus at his house and said “Behold, Lord, the half of my goods I give to the poor.” It's the moment of his conversion. His longing was repaid. What made Peter and Zacchaeus recognize they were sinners? Which side are we closer to, the young man who said he observed all Commandments or Peter who said he's a sinner?

~James Kim



-image of Christ with Zacchaeus from manuscript, Church of the Holy Sepulchre, Jerusalem, ca. 1598, cc0 edited The Walters, <https://art.thewalters.org/>



## Treasurer's Report

### February – 2022

Beginning (running) Balance:	<u>\$3753.35</u>
Common Fund Contributions	\$ 340.00
Total Income	<u>\$ 340.00</u>
Intermediate Subtotal	<u>\$4093.35</u>
Expenses:	
Spiritual Assistant	\$ 100.00
Franciscan Friars	\$ 100.00
Donations	\$ 80.00
Total Expense	<u>\$ 280.00</u>
Ending (running) Balance:	<u>\$3813.35</u>

“The most generous are usually the humblest.” –Descartes  
(-as quoted in: The Pope Speaks—Jean Gutton)

The average contribution per person estimate for 2021 was \$156 per year.

#### Contributions are Tax Deductible.

Direct Donation checks to:

**St. Joseph Cupertino Fraternity**

Mail donations to:

Gerard Pinkas  
3810 Marriottsville Rd.  
Randallstown, MD 21133

You may use your bank's **BILL PAY**. Direct payment to:

**St. Joseph Cupertino Fraternity**  
**c/o address above.**

Contact Gerry with any bill pay questions.

### Welcome, Visitors!

Want to find out more about the  
*Secular Franciscans?*

- ◆ Attend a meeting. We meet (usually) on the third Sunday of the month at 2 pm.
- ◆ Check out our website:  
<http://stjosephcupertino.sfousa.org/our-fraternity/>
- ◆ Check out our regional website:  
<http://saintmargaretofcortona.org/>
- ◆ Check out our national website:  
<https://secularfranciscansusa.org/>

## Happy Anniversary

On the anniversary of your profession:

23	Gail Bunyan, OFS	03/21/1999
17	Ray Heverling, OFS	04/10/2005



## Happy Birthday!

Mick Michieli-Beasley, OFS	03/05
Deanna Williston, OFS	03/05
Cindy Mohler, OFS	03/13
Karan Bevers, OFS	03/21
France Staudenmann OFS	03/29

*Coming Next Month:*

Kathy Ford, OFS	04/06
Julianna Kim, OFS	04/28



2022 Regional Retreat

May 13th to May 15th

Loyola on the Potomac Retreat House  
9270 Loyola Retreat Rd, Faulkner, MD 20664  
Phone: +1 301 392 0800

Our Weekend Facilitator will be  
Fr. Stephen King, OFM Conventual  
(Scroll down to See Fr. King's Bio below)

**Weekend Theme—To be a Secular Franciscan, in These Changing Times**

### Weekend Retreat Information

**Cost per person \$270 (all single rooms). Includes: Friday and Saturday evening dinner, Saturday and Sunday breakfast, and Saturday and Sunday Lunch**

**A non-refundable (after April 1, 2022) deposit Check for \$100, is required. Make check payable to **St. Margaret of Cortona Region****

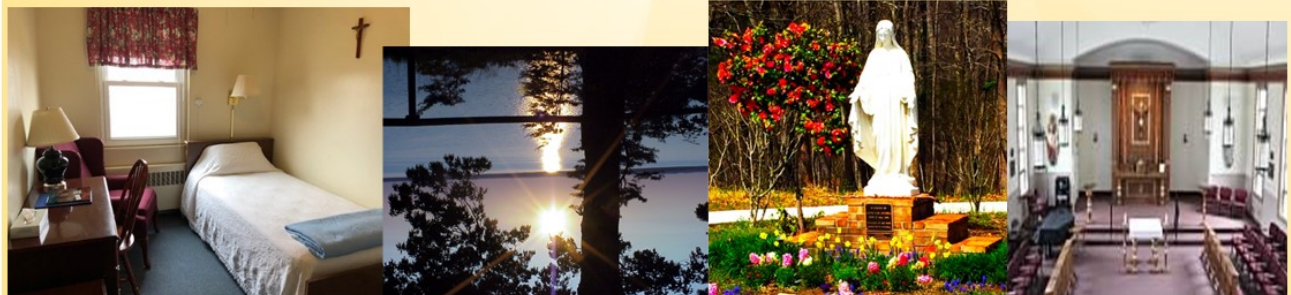
**The deadline to send your deposit check is **April 1, 2022.****

**Mail check to: Peter Noyes  
P.O. Box 860  
Burtonsville, MD 20866**

**Day-trippers are welcome at \$90 per day (meals included)**

**If you have questions concerning cost or non-refundable deposits, contact Peter at: [pnoyesofs@gmail.com](mailto:pnoyesofs@gmail.com)**

**We look forward to seeing you at our first in-person retreat in two years.**



## **Challenges Can Help Us to Live a Better Franciscan Way of Life**

Another year has come and gone; we now remember Christmas past and to say a prayer for a healthier New Year. Let us also ask the question, did we accomplish our goals in 2021? Did we live out our Franciscan vocation to the best of our abilities? Did we move forward on our Franciscan journey? Thankfully, God has given us a new year to learn what we did not learn in 2021; a new year to accomplish those goals yet to be reached. Another year for the opportunity to grow in our Franciscan Spirituality.

The new year will bring many challenges, as we are faced with many unforeseeable changes. These challenges will allow us the opportunity to help enrich our spiritual life, to the point of sharpening our spiritual senses. Will we be up to the task of turning these challenges (especially negative) into something positive that will reflect who we are as Franciscans? Are not challenges the motivating factor needed to push us forward in living a better Franciscan way of life?

Our General Constitution states:

### **Article 8.2**

-- *Rule 4.3* ...open to the challenges that come from society and from the Church's life situation, "going from Gospel to life and from life to Gospel";

### **Article 14**

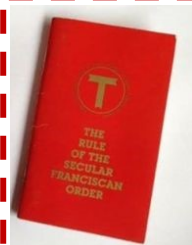
1. Aware that God wanted to make of us all a single people and that he made his Church the universal sacrament of salvation, the brothers and sisters should commit themselves to a faith-inspired reflection on the Church, its mission in today's world, and the role of the Franciscan laity within it. They should take up the challenges and accept the responsibilities that this reflection will lead them to discover.

When Pope St. John Paul the Great stepped out on the balcony of St. Peter's Basilica, after his election in October 1978, his first words were, "Be not afraid". He is challenging us to boldly step out of our comfort zone and make a difference. In his first homily as pontiff, he tells us "Brothers and sisters, do not be afraid to welcome Christ and accept his power. Help the Pope and all those who wish to serve Christ and with Christ's power to serve the human person and the whole of mankind. Do not be afraid. Open wide the doors for Christ. To his saving power open the boundaries of States, economic and political systems, the vast fields of culture, civilization, and development. Do not be afraid. Christ knows "what is in man". He alone knows it."

If we start with the small challenges and work our way up to the really big challenges, we can make a difference. We can be an example to others in helping them embrace the challenges they fear to accept. When we awake from sleep each morning and put our feet to the floor, the opportunity awaits us to face new challenges, whether it be at home, at work, or even in our Church. Challenges are needed for us to better understand the world in which we live and to put into action the commitment we made at our profession. Challenges allow you the opportunity to show who you are that reflects your way of life as a Franciscan. My 2022 challenge to you, is to turn your challenges into something fruitful.

Your Franciscan brother in Christ,

*Bob Longo, OFS*



## **The Rule Review**

So that we might more fully live the Gospel Life, Secular Franciscans should not just read *The Rule*, but reflect on and pray with *The Rule*.

18. Moreover they should respect all creatures, animate and inanimate, which “bear the imprint of the Most High”<sup>30</sup>, and they should strive to move from the temptation of exploiting creation to the Franciscan concept of universal kinship. 19. Mindful that they are bearers of peace which must be built up unceasingly, they should seek out ways of unity and fraternal harmony through dialogue, trusting in the presence of the divine seed in everyone and in the transforming power of love and pardon<sup>31</sup>. Messengers of perfect joy in every circumstance, they should strive to bring joy and hope to others<sup>32</sup>. Since they are immersed in the resurrection of Christ, which gives true meaning to Sister Death, let them serenely tend toward the ultimate encounter with the Father<sup>33</sup>.

18. 이 밖에도 회원들은 “지존하신 분의 표지를 지닌” 다른 피조물, 즉 생물과 무생물에게까지 존경심을 표현하고, 남용하려는 유혹을 극복하고, 프란치스코의 보편적 형제애의 사상을 가지도록 힘써야 합니다. 19. 회원들은 평화의 전달자로서 간단없이 평화를 건설해야 하는 자임을 기억하고, 누구에게도 신적(神的) 요소가 있으며, 사랑과 용서로 사람을 변화시킬 힘이 있음을 신뢰하고, 대화를 통해서 일치와 형제적 조화의 방법을 모색해야 합니다. 회원들은 완전한 기쁨의 전달자이므로 어떤 처지에서든지 다른 이들에게 기쁨과 희망을 가져다주도록 노력해야 합니다. 회원들은 자매인 죽음의 참 뜻을 알게 해주는 그리스도의 부활에 동참(同參)하게 되었으므로, 성부와 최후의 만남을 평온한 마음으로 준비해야 합니다.

The [Rule of the Secular Franciscan Order](https://secularfranciscansusa.org/the-rule-of-the-secular-franciscan-order/) (with citations) may be accessed at anytime at:

<https://secularfranciscansusa.org/the-rule-of-the-secular-franciscan-order/>

Please note that the English and Spanish versions have updated 2020 translations.

## **Little Portion Farm**

### **Spring Film Series on Sustainable Agriculture**



To further our efforts in educating and inspiring our community about sustainable agriculture, we have decided this year to host a film series! The first screening will be held on Wednesday, April 27th at 7pm in the “Glass Room” in the Shrine of St. Anthony. We will be showing *Sustainable*, an uplifting film “about the land, the people who work it and what must be done to sustain it for future generations.” More details about the film, as well as the trailer, can be viewed at <https://tickettailor.com/events/littleportionfarm1/647661> .

Tickets are being sold for \$10 to help us cover the costs of the licensing fee to screen the films. If you know you would like to attend, please purchase a ticket at the link above to reserve your spot. Our current capacity is 60 attendees, so grab a ticket before we sell out! Hope to see you there!

## **The Shrine of St. Anthony**

### **Reflections on Penance** by Brother Paschal Kolodziej, OFM Conv.

I am of the age that I remember the good Sisters always telling us in Grade School to "offer it up". Offer it up in reparations to the Sacred Heart and for the Poor Souls. This became our mantra in Grade School. Often I would think to myself as a young boy that this religion is so depressing! Always denying oneself. As I grew older, I began to see penance as an opportunity for "metanoia" or a turning towards God. When we turn towards God we also turn away from our own selfishness, and self-concern.

We recently had the Super Bowl. This was a huge event. But it was an event with a lot of background. The athletes that performed that day spent many, many days and months in training to accomplish their goal. Work outs and drills became a daily necessity. They needed to be totally focused. In our spiritual life we also must stay focused. What helps us to stay focused is the acceptance of the little crosses that come to us each day. There are many ways to "train" for our "metanoia". Passing up a dessert, refraining from complaining, calling a shut in, spending time sending a card to someone who is alone, refraining from social media, volunteering at your local parish or soup kitchen, spending time before the Blessed Sacrament, attending Mass more frequently. The possibilities are endless. These little penances can pull us out of ourselves and open us up to others. It makes us more focused on God and others.

May you have a joyful Lent in focusing more on the Lord.

**The Shrine Grounds & Courtyard** are open daily dawn till dusk.  
Lenten Stations of the Cross will follow the Friday 12 noon Masses.

If you have any questions please contact the  
Front Office at 410-531-2800;  
[www.shrineofstanthony.org](http://www.shrineofstanthony.org)



### **April Gathering**

April 24 \* 2pm \* Classroom  
Mike King on the Beatitudes  
Divine Mercy Chaplet

### **Missing Your Saint?**

Our sister, Jeanne Kerins, OFS, called down the Holy Spirit; drew our yearly patron saints, Bible verses, & prayer partners; and mailed the above to the entire fraternity. If you did NOT receive your packet, please contact Jeanne at

(410) 227-6497 or [jmkerins12@gmail.com](mailto:jmkerins12@gmail.com).

Please reach out to our brothers and sisters who have not been attending our gatherings & let us know how we can help them reconnect with the fraternity and/or any services they may need.

### **Book Share– Admonition 12**

#### **How to Know the Spirit of God**

Join our online book sharing and delve more deeply into: *St. Francis' Sermon on the Mount: Lessons from the Admonitions* by John Michael Talbot.

Friends old and new usually meet on the first Saturday of every month from 1-3 pm on ZOOM!

Contact Geri Flynn OFS for details:  
[Angelbarty@aol.com](mailto:Angelbarty@aol.com)

**Next meeting is April 2**

**Election on June 26 (fourth Sunday). Please mark your calendar.**

## **The Fraternity Council** (from the Constitutions)

**Article 49** 1. The Council of the local Fraternity is composed of the following offices: Minister, Vice-Minister, Secretary, Treasurer, and Teacher of Formation. Other offices may be added according to the needs of each Fraternity. The Spiritual Assistant of the Fraternity forms part of the Council by right.

2. The Fraternity, meeting in an Assembly or Chapter, discusses questions regarding its own life and organization. Every three years, in an Elective Assembly or Chapter, the Fraternity elects the Minister and the Council in the way established by the Constitutions and Statutes.

**Article 50** 1. It is the duty of the Council of the local Fraternity:

- to promote the initiatives necessary for fostering fraternal life, for improving the human, Christian, and Franciscan formation of its members and for sustaining them in their witness and commitment in the world;

- to make concrete and courageous choices, appropriate for the situation of the Fraternity, from among the numerous activities possible in the field of the apostolate.

2. The duties of the Council are also: a) to decide on the acceptance and admission to Profession of new brothers and sisters;

b) to establish a fraternal dialogue with members in particular difficulties and to adopt subsequent measures;

c) to receive the request for withdrawal and to decide on the suspension of a member from the Fraternity;

d) to decide on the establishment of sections or groups in conformity with the Constitutions and the Statutes;

e) to decide on the use of available funds and, in general, to deliberate on matters concerning financial management and economic affairs of the Fraternity;

f) to assign duties to the Councillors and to the other professed members;

g) to request from the competent Superiors of the First Order and the TOR suitable and prepared religious as Assistants;

h) to perform such other duties as are required by these Constitutions or which are necessary to carry out its proper purposes.



## The Offices in the Fraternity



**Article 51** 1. While firmly upholding the co-responsibility of the Council to animate and guide the Fraternity, the Minister, as the primary person responsible for the Fraternity, is expected to make sure that the directions and the decisions of the Fraternity and of the Council are put into practice and that he or she will keep the Council informed about the work being done.

2. The **Minister** also has the following duties:

- a) to call, to preside at, and to direct the meetings of the Fraternity and Council; to convoke every three years the Elective Chapter of the Fraternity, having complied with the requests of the Council on the formalities of the convocation;
- b) to prepare the annual report to be sent to the Council of the higher level after it has been approved by the Council of the Fraternity;
- c) to represent the Fraternity in all its relations with ecclesiastical and civil authorities. When, and if, the Fraternity acquires a juridical personality in the civil order, the Minister becomes, when possible, its legal representative;
- d) to request, with the consent of the Council, pastoral and fraternal visits, at least once every three years.
- e) to put into effect those acts which the Constitutions refer to his or her competence as Minister.

### **Article 52**

1. The **Vice-Minister** has the following duties:

- a) to collaborate in a fraternal spirit and to support the Minister in carrying out his or her specific duties;
- b) to exercise the functions entrusted to him or her by the Council and/or by the Assembly or Chapter;
- c) to substitute for the Minister in both duties and responsibilities in case of absence or temporary impediment;
- d) to assume the functions of the Minister when the office remains vacant.

2. The **Secretary** has the following duties:

- a) to compile the official acts of the Fraternity and of the Council and to assure that they are sent to their respective proper recipients;
- b) to keep the records and the registers up to date and file them, noting admissions, professions, deaths, withdrawals, and transfers from the fraternity;
- c) to provide any communication of relevant facts to the various levels and, if appropriate, to disseminate through the mass media.

3. The **Teacher of Formation** has the following duties:

- a) to co-ordinate, with the help of the other members of the Council, the Formation activities of the fraternity;
- b) to instruct and animate the aspiring members during the time of initiation (before admission), the candidates during the period of initial formation, and the newly professed;
- c) to inform the Council of the Fraternity prior to Profession, concerning the suitability of the candidate for a commitment to live according to the Rule.

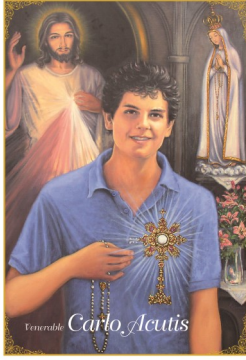
4. The **Treasurer**, or Bursar, has the following duties:

- a) to guard diligently the contributions received, recording each receipt in the appropriate register, with the date on which it was given, the name of the contributor, or the person who collected it.
- b) to record in the same register the items of expense, specifying the date and the purpose, in conformity with the directions of the Fraternity Council;
- c) to render an account of his or her administration to the Assembly and to the Council of the Fraternity according to the norms of the National Statutes.

5. The provisions regarding the rights and duties of the Vice-Minister, the Secretary and the Treasurer apply, with the appropriate adaptations, at all levels.

## FRANCISCAN FUN FACT

I am reading the book "The Pope Speaks: Dialogues of Paul VI with Jean Guitton (1967). In that book, on page 48 he reports that both of Pope Paul VI's parents were Secular Franciscans. This was not on the list distributed a while back, "Well Known (or maybe not) Secular Franciscans". I thought this exciting as Pope St. Paul VI thought very highly about the role of the laity in the renewal of the Church. He was also quite fond of St Josemaria who founded Opus Dei. ~Gerry Pinkas, OFS



**Please Pray for Healing for:**

Karan Bevers, OFS  
Gail Bunyan, OFS  
Louise Hotovy, OFS  
Mike Hotovy, OFS  
Sherry Lewis, OFS

Lita Maisel, OFS  
Jim Tebo, OFS  
Jerry Yu, OFS



Image of Blessed Carlo Acutis, from [carloacutis-en.org](http://carloacutis-en.org)

**Our Deceased**

**Brothers & Sisters:**

Connie Baker, OFS  
Frances Bastress, SFO  
Dea. Tom Bello, OFS  
Joe Bezila, SFO  
Mary Chandler, OFS  
Jerry Cichowicz, SFO  
Shirley Costello, OFS  
Joe Cykoski, SFO  
Stella Cykoski, SFO  
Claire Lee Davidson, SFO  
Adela Duff, SFO

Donna Duncan, SFO  
Charles Ferrara, SFO  
Mary Ferrara, SFO  
Dolores Fritz, OFS  
Marilyn Gilson, SFO  
Richard Hall, SFO  
John Kirby, SFO  
Joy Kubricky, OFS  
Frances Langbehn, SFO  
Bob Lewis, SFO  
Marie Lindung, OFS  
Jean Manning, OFS  
Jim Manning, OFS

Georgianna Papazian, OFS  
Yvonne Proch, SFO  
Nancy Seaton, SFO  
Jean Singleton, OFS  
Don Sweitzer, OFS  
Betty Taylor, SFO  
Bud Tenley, SFO  
Regina Yeager, SFO  
Dorothy Zalewski, SFO  
  
Fr. Cronin Cantlon, OFM Conv.  
Fr. James Elliott, OFM Conv.  
Fr. Larry Kubera, OFM Conv.

**UPCOMING GATHERING:**

**March 20 \* Classroom \* 2PM**

**Confession & Repentance**

**with Fr. Stephen King OFM Conv.**

- ◆ In case of inclement weather, the Gathering may be livestreamed over Zoom, please contact Ray Glennon, OFS for any assistance. (Check email on the day.)
- ◆ We will close with the Stations of the Cross.
- ◆ Please be considerate when making decisions about masks and social distancing.

“If angels could be jealous of men, they would be so for one reason: Holy Communion.”

-Saint Maximillian Kolbe OFM Conv.



Photo: <https://SaintMaximillianKolbe.com>