




The Porter

St. Conrad Fraternity, Annapolis, MD
Secular Franciscan Order – April 2022
<http://stconradannapolis.sfousa.org/>

The Porter deadline for the next issue is May 14th. Please send news, prayer requests, poems, or interesting items that you think other members may enjoy to: Joan Faltot, 8217 Grainfield Rd, Severn, MD 21144, or send by email to jd6bouv@verizon.net.

 Fraternity Meeting	<p style="text-align: center;">Saturday, April 23, 2022</p> <p style="text-align: center;">Mass at 8:30 AM at the Chapel on the Hill Sacred Heart, 16501 Annapolis Rd, Bowie, MD 20715 Meeting at 9:00 – noon *** Whitmarsh Hall (on the hill)</p> <p>(We will meet in the smaller room in Whitmarsh Hall adjacent to the room where we have been meeting.)</p> <p>Masks are no longer required, but feel free to wear one if you wish.</p>
Program	Ongoing formation: Divine Mercy. Fr. Patrick has offered to hear confessions.
Liturgy	Bowie/Crofton/Severna Park: Morning Prayer, Saturday in the Octave of Easter Psalter – Sunday, Week 1; followed by the Divine Mercy Chaplet for Ukraine (bring your rosary)
 Refreshments	Annapolis/Eastern Shore is responsible for the supplies and refreshments. <i>Please remember to bring your coffee cup.</i> Bowie/Crofton/Severna Park will be next, so please arrange to take the supplies home and restock if necessary.
 Prayer Requests	<p>For physical and spiritual healing of: Encarnacion del Pozo Martínez (former Minister General of the OFS who is hospitalized due to a stroke), Joan Kvetkas, John McHugh (Joe's brother), Judith Tyrrell, Gertrude Shelton (Marie's mom), Ed Sievers (Kathleen's husband), Evelyn Jones, Tessie Chitty, Jan Parker (National Minister), Ed Wilbourne, Kellie Eye (granddaughter of Susan Greif), Bill Mulqueen, Ruth Shea's husband, Evelyn Jones' niece, Jimmy Wilbourne of Genny), Gerard Malka (brother of Genny Wilbourne), Carolyn Melka (sister-in-law of Genny Wilbourne)</p> <p><i>(Please help update this list by sending changes/additions to jd6bouv@verizon.net)</i></p>
Birthdays	Santa Ragot – 04/21 Audrey Donnelly – 05/06 Catherine Gonzalez – 05/04 Carmen Delgado – 05/07
Profession Anniversaries	Jenny Moreira – 05/08/1979 Jeanne Wilbourne – 05/15/1976 HAPPY 45 th Anniversary ! Ed Wilbourne – 05/15/1976 HAPPY 45 th Anniversary ! Marie Shelton – 05/19/2000
Save the Date	May 13-15, 2022: Regional Retreat at Loyola on the Potomac Retreat House in Faulkner, MD. All rooms are single rooms. Cost for the weekend is \$270. Theme: To Be a Secular Franciscan, in These Changing Times. Weekend Facilitator: Steven King, OFM Conv. August 3-7, 2022: 20th Quinquennial Congress in Phoenix, Arizona. For more information: https://saintmargaretofcortona.org/upcoming-events/ . Click on the 20 th Quinquennial Congress icon to download all four pages of information.
Council Meeting	Friday, May 6 th at 7:00pm via Zoom



Minister's Minute

I wish everyone a blessed Easter season for you and your families.

Despite the fact that another cold front and rain have invaded our area this Easter Monday, I expect warmer weather and more spring blossoms in our future as the fraternity plans a field trip for our meeting on May 21st. This is an early reminder, so that you can discuss carpools in preparation to our visit to Abbot Fr. Joseph Lee (who gifted the 1st class relic of St. Francis to Ruth Shea). He has invited us to the Monastery of the Holy Cross at 1302 Quincy St NE, in Washington DC. He will talk on "Living the Franciscan Lifestyle," and he has invited us to stay for lunch. More details will be included in *The Porter* next month.

Since Divine Mercy Sunday is this coming this Sunday, our meeting Saturday will be devoted to St. Faustina and Jesus' message of Divine Mercy. After Morning Prayer from the Liturgy of the Hours, we will be praying the Divine Mercy Chaplet. Fr. Patrick has offered to hear confessions as part of our meeting. Several members of our fraternity have agreed to speak on the life of St. Faustina, the Divine image(s), and personal stories of their devotion to Divine Mercy.

This month we will be meeting in the smaller room in the basement of Whitemarsh Hall. The entrance is through the small exterior staircase on the side of the building.

From the National: Please see page 3 for information about nominations for election to the National Secular Franciscan Council. Nominations close on June 30, 2022. Elections will take place, October 20th. You may nominate yourself. If you chose to nominate another person, please contact the person first to see if they will accept the nomination

TREASURER'S REPORT

Thank you for your continuing generosity-

April Treasurer's report is as follows:

March Balance		\$2,402.90
April Deposit	\$ 790.00	
New Balance		\$3,192.90
SA Stipend	(\$100.00)	
FFA	(\$100.00)	
2022 Fair Share	(\$1,420.00)	
April Balance		\$1,572.90

Council approved \$100 donation for Franciscans in the Holy Land.

Fraternity contributions can be mailed to:

*Joe McHugh
1740 Tedbury St
Crofton, MD 21114*

Remember, when making your donation to the fraternity, use the memo line of your check to designate where you wish your contribution to be directed. There are three possible designations:

- COM - Common Fund (this covers fraternity operations and the Sabu family in India)
- BUS - bus tokens for the Light House shelter clients
- Phoenix – Phoenix Academy 'backpack' food program

OUTREACH OPPORTUNITIES – DENISE MIANTE

Phoenix Academy "Backpacks" – Food Bags were filled on March 16--THANKS to Joe and Jean for all their help in March. Next scheduled backpack filling is on Wednesday, April 20th. at 9:45am. Contact Denise for more information at Rubob903@gmail.com

Lighthouse Shelter Lunches: The sandwich making crew meets on the 4th Thursday of each month at 9:30am, so April 28th will be the next meeting. The production quota has increased to 50 sandwiches. Catherine will host the group. For additional informaton, contact Catherine at mcmgonzalez59@outlook.com.

**THE NATIONAL FRATERNITY
OF THE SECULAR FRANCISCAN ORDER
IN THE UNITED STATES**

April 16, 2022

Dear brothers and sisters,

May the Lord give you peace! The National Fraternity Council has asked us to serve as the co-chairs of the Nominations Committee. The 2022 National Elective Chapter is announced with the following details:

1) Election date and location:

Saturday morning, October 15, 2022
National Elective Chapter
Detroit, Michigan

2) Positions to be filled are:

National Minister
National Vice Minister
National Secretary

National Treasurer
National Councilor 1
National Councilor 2

National Councilor 3
International Councilor

3) Nominations are now being accepted.

Nominations close on June 30, 2022 at 11:59PM.

4) Please nominate well-qualified, permanently professed Secular Franciscans to serve in these positions. You may nominate a person for more than one position. You may also nominate yourself.

(If you would like to nominate someone, please contact that person first to see if they will accept the nomination.)

5) Please send your nomination (NAME, ADDRESS, ZIP CODE, EMAIL ADDRESS) either via electronic e-mail, or via snail-mail to **both**:

Kate Kleinert, OFS
408 Custer Ave, Glenolden, PA 19036
E-mail: kkleinert@msn.com

A
N
D

Emma Lozowsky, OFS
6817 White Oak Court, Edwardsville, IL 62026
E-mail: ofs.minister.prairie@gmail.com

YOU MUST SEND YOUR NOMINATION TO **BOTH** CO-CHAIRS TO AVOID THE POSSIBILITY OF ANY NOMINATION BEING LOST IN THE MAIL/E-MAIL.

Please distribute this letter to the members of your region. All professed members may make nominations. Use the e-mail addresses noted above.

Thank you for your cooperation and participation.

Blessings,

Kate

Kate Kleinert, OFS
Co-Chair, Nominations Committee

Emma

Emma Lozowsky, OFS
Co-Chair, Nominations Committee

EARTH DAY – APRIL 22, 2022 THEME – INVEST IN OUR PLANET

From Judith Tyrrell

The key point of this year's theme is to **act in a bold way, innovate in a broad way, and implement in an equitable manner**. Every government, every business, and every individual in this world has a voice. There is not going to be one person who can do it all. But now is the time. Together, we can make a difference. We need to act as a team altogether. **Sustainability** is the answer to sustainable prosperity. Smart and innovative companies are realizing that going green will help us all. It is now vital that all business leaders must become engaged in shaping the future for sustainability. It's time to take the **benefit of a green economy** by adopting it. All governments need to encourage society, institutions, and businesses to build a framework for supporting a stable future.

Check out the Earth Day website: <https://www.earthday.org/earth-day-tips/>

It provides information on 52 actions/tips/quizzes to make a difference, every day of the year. Each action/tip links to a page with more information or a quiz. Below, I have highlighted 16 tips which I think are the most doable, plus 7 quizzes to test your knowledge. If you are viewing *The Porter* online, **click on underlined word(s)** below to go directly to more information. At our meeting, there will be a handout summarizing all 52 tips which Judith Tyrrell has put together for us.

Practical tips

1. Fight climate change with diet change ([Recipes](#))
2. Stop [deforestation](#)
3. Calculate your [plastic consumption](#)
4. Ask for [green power](#)
5. Switch to [reusable bags](#)
6. Learn how to [combat plastic pollution](#)
7. [Compost](#)
8. [Meal prep](#)
9. Push for [Plant-based options](#)
10. Go [pesticide-free](#)
11. Support [organic](#) ingredients
12. Buy [local food](#)
13. Eat [less meat](#)
14. Grow an [organic garden](#)
15. Use a [reusable water bottle](#) (It's a lot cheaper!)
16. Skip plastic, [buy glass or paper products](#)

Take a quiz

1. [Invest in our planet](#) quiz
2. [Regenerative agriculture](#) quiz
3. [Climate change](#) quiz
4. [Climate and environmental](#) literacy quiz
5. [Clean Energy](#) quiz
6. [Ocean plastic](#) quiz
7. [Sustainable fashion](#) quiz



20th Quinquennial Congress

3-7 August 2022

REGISTRATION & GENERAL INFORMATION



Please read all 4 pages below before registering

Registration opens August 1, 2021

Q Registration Cost:

Full "Early bird" *	\$ 175	August 01- Dec. 31, 2021
Full Regular *	\$ 205	January 01 - May 27, 2022
Full "Late Owl" *	\$ 250	May 28 - July 1, 2022
One day only "Early bird" **	\$ 83	August 01 - Dec. 31, 2021
One day only **	\$ 100	January 01 - July 01, 2022

Young adults (Age 18-35)

Scholarships available, please email:

ofsusa.qcongress@gmail.com

* Includes meal plan: 4 dinners, 3 breakfasts and 3 lunches, beginning with dinner on Wed. Aug.3

** Includes 1 lunch and 1 dinner

Meals on your own Sunday, Aug.7

Registration closes July 1, 2022. We cannot accommodate walk-ins

BEFORE REGISTERING: please read all 4 pages of information provided on the regional website at <https://saintmargaretofcortona.org/upcoming-events/> -- click on the 20th Quinquennial Congress icon to download all 4 pages of information.