



SPECIAL
POINTS OF IN-
TEREST:

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Minister's Message

Peace and all good!

July is the month of the liturgical calendar devoted to the Precious Blood of Jesus.

At the end of his Incarnate life, Jesus ultimately pours out his blood — the liquid life force essential to existence — for humanity. This blood is precious not simply because it is his, but because of what it means for us.

So how did Jesus' sacrifice become a sanguinary celebration?

On June 30, 1849, Pope Pius IX stated that he intended to create a feast in honor of the Precious Blood. He made it official on August 10, instructing that July would be dedicated to the Precious Blood of Jesus Christ. Pope Pius X fixed July 1 as the celebration date. After Vatican II, the feast was removed from the calendar, yet the whole of the month remains as a special observance.

But the reverence for Jesus' blood — and the doctrinal implications of that act — has been pondered since the time of the Passion itself.

Consider 1 Peter 1:18-19: "You know that you were ransomed from the futile ways inherited from your fathers, not with perishable things such as silver or gold, but with the precious blood of Christ, like that of a lamb without blemish or spot."

Likewise, St. Paul tells us: "Therefore, my friends, since we have confidence to enter the sanctuary by the blood of Jesus, by the new and living way that he opened for us through the curtain (that is, through his flesh), and since we have a great priest over the house of God, let us approach with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water" (Heb. 10:19-22).

There it is — "precious blood of Christ"; "by the blood of Jesus."

The devotion contains a twofold theology.

There's the physical blood that Jesus shed — the blood from his severe flagellation; the blood from his scalp after a crown of thorns was forced onto his head; the blood from his wounds as he hung on the cross, and as the centurion's spear pierced his side.

And there's the eschatology it represents: that there is salvific power in Jesus' shed blood — that it has the ability to put us right with God; that it can save us from sin; that it can save us from ourselves.

But — here she goes again — that blood also represents love and forgiveness.

And it is a love that we can receive again and again, in the Eucharist. While we may associate blood more closely with wine in a chalice than a communion wafer, the Church tells us Jesus is present in the same way in both, under the appearance of bread and wine.



Organization

Tau Fraternity
P.O. Box 51
150 S. Sterling Blvd.
Sterling, VA 20167

Meetings every 1st Sunday at:
St. Joseph Catholic Church
750 Peachtree St., Room 205
Herndon, VA 20170

Pace e Bene

The Tau Fraternity of the Secular Franciscan Order was canonically established on June 21, 1992. The Fraternity is affiliated with the Third Order Regular of St. Francis, Province of the Most Sacred Heart of Jesus. Tau Fraternity is in the St. Margaret of Cortona Region of the Secular Franciscan Order.

The Tau Fraternity Council currently includes the following officers:

- **Minister—Kimberley Heatherington, OFS**
- **Vice Minister—Josh Goldberg, OFS**
- **Formation Director—Walter Gawlak, OFS**
- **Secretary—Vera Stewart, OFS**
- **Treasurer—Cynthia Filan-Kim, OFS**



Minister's Message Cont'd

But do we elevate ourselves too highly if we focus more upon Jesus' Passion as an act of love for the human race, than as a required sacrifice or satisfaction for its (past; present; future) sins? Can it not be both in equal measure? Or, ultimately, love?

Let's approach this question through the lens of Franciscan theology, and two of its greatest exponents — St. Bonaventure and Duns Scotus.

"Bonaventure and Scotus' explanations for why God became human were not focused on human sin and the idea that God became human by default. Rather, creation, the Incarnation, and the eventual sending of God's Spirit were all part of God's original design and were the natural result of the outpouring of God's infinitely generous love... According to Franciscan theology, it was not just Jesus' death that brought salvation to humankind. It is everything about Jesus' life, culminating in his death and resurrection, that effected humankind's salvation. It is through his entire being that Jesus brings us into union with God." (*Discovering the Franciscan Intellectual Tradition*, p. 34 and 36, by John V. Kruse - 2017, Franciscan Institute Publications).

That Jesus should spill his blood for us to the point of death is, on the face of it, a difficult proposition — and so, the only force strong enough to propel it is love.

Do we truly merit such a sacrifice? Well, God certainly thought so.

We are God's creation, known from before time; "Before I formed you in the womb, I knew you" (Jer. 1:5). What I like to term The Lowly Worm school of theology — the conviction that humanity is so sinful and insignificant as to be nothing more in comparison to the divine than a worm in the dirt — is, from the Franciscan perspective quoted above, rather diminishing.

Certainly, we need perspective. We can and must be humble — a prized Franciscan virtue — realizing that we are held in existence, our every breath and heartbeat, by God.

But we are also "fearfully and wonderfully made" (Ps. 139:14), and loved — yes, loved, despite any and all of our faults — to the point of the shedding of divine blood.

Holding you all in prayer,

Kimberley

Elections News

Tau Council Offices: At Large Councilor

Did you know that Article 49 of the *General Constitutions of the Secular Franciscan Order* allows local fraternities to include council members in addition to the Minister, Vice Minister, Treasurer, Formation Director, and Secretary? Tau Fraternity is adding a non-voting At Large Councilor position to the Council. This person may assist Tau Council in carrying out some of the activities that are not specifically designated in the Constitutions as duties of the other elected officers.

For additional information on the responsibilities of the Tau Council, see Articles 49 through 52 of the *General Constitutions of the Secular Franciscan Order*.

[2020 Dec-updated-Translation_OFS-General-Constitutions-s1469.pdf](#)

Thank you to those who have accepted nominations for the upcoming elections. We still have some vacancies, and we ask that you prayerfully consider accepting a nomination or nominating yourself.

We need two volunteers for the Elections Committee:

- ⇒ **Secretary of Elections**
- ⇒ **Teller**

If you are not running for a Council position, please consider volunteering for one of these two roles.

Important Dates from Nominations Chair John Ata, OFS

August 1—Send out the Tau Nomination Package
September 11—Elections

NOTICE

Nominees must be professed members. Please check with someone before nominating that person. Nominees should prayerfully consider the request before accepting a nomination. You are welcome to nominate yourself.



Recap of Last Gathering

June 5, 2022

OPENING PRAYER:

Offered by Kimberley Heatherington, OFS

Prayer to Achieve Inner Peace

Slow me down, Lord. Ease the pounding of my heart by the quieting of my mind. Steady my hurried pace with a vision of the eternal reach of time. Give me, amid the confusion of the day, the calmness of the everlasting hills. Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in memory. Help me to know the magical, restoring power of sleep. Teach me the art of taking minute vacations — of slowing down to look at a flower, to chat with a friend, to pat a dog, to read a few lines from a good book. Slow me down, Lord.



At our July Gathering, we celebrated Tau Fraternity's 30th Anniversary! The official anniversary date is June 21st.

PRESENTATION:

Newly professed members Sharon Goldberg, OFS; Stanley Hoover, OFS; Lisa Jaeger, OFS; and Barbara Slivers, OFS gave a presentation on their journey, entitled "Joining Heaven and Earth." The theme and main reference for the presentation came from Richard Rohr's book *Jesus' Plan for a New World*. Highlights from the presentation are:

- As we grow, we need to evaluate values.
- The sacred cows of our culture are family and occupation.
- Sometimes we need to break from the family to widen our perspectives.
- There must be suffering (darkness) to go to a deeper level.
- Those who are called are to move beyond the darkness and limitations and ask larger questions.
- The power of Jesus comes through healings and miracles.
- We don't hear much about healings and miracles outside of Mass.
- Jesus calls us to not be victims, but to stand and claim our identity – Faith.
- Jesus gave us guidance on repentance.
- Metanoia – Ongoing conversion - Acknowledge sin and live in active repentance. Be authentic in re-

pentance

- By repenting, the Kingdom of God is always close at hand. However, our misperceptions of the Kingdom are:
 - We consider the Kingdom to be different from heaven; that is a mistake.
 - We localize the kingdom within one institution, group, or place.
- We must fore-give all things – worship nothing.
- Do not affix ego to anything. Freedom is love for God.

Scripture, especially the Gospels, provide a two-level teaching, addressing liberation from oppression and truth of self.

The Word is meant for oppressors (like Zacchaeus) and the oppressed (poor and dispirited)

We each have a true self and false self; we are never free from the false self. We are called to look at it, address the false self, and reform ourselves into the true self.

The journey is a lifetime pursuit. It is about love. God is never separated from us, and we are not separated from him.

Recap Cont'd

ONGOING FORMATION:

Walter Gawlak, OFS began Ongoing Formation with a recap of questions for reflection from Chapter Four, on simplicity from *Habits for Holiness: Small Steps for Making Big Spiritual Progress* by Fr. Mark Mary Ames, CFR. He said that the chapter was about detachment. The discussions were in preparation for this month's topic "Love for the Poor." Franciscan examples and teachings on poverty include:

- Francis married Lady Poverty.
- Clare demanded from the Pope the privilege of poverty.
- The *Rule of the Secular Franciscan Order*, Section 11 instructs us to seek detachment through simplification of material needs and to be mindful stewards of goods for the benefit of God's children. Sections 12 and 13 of the Rule provide instruction on loving and identifying with people – the poor.

Walter talked about Jesus' choosing the life of the poor. Yet he shared what he had (example – the loaves and fish – his lunch). This was not just a transaction, but also identification of the poor. We identify with others through interactions and engagement. Tau is helping the poor through our activities concerning food scarcity/food insecurity as well as our other apostolates. An article published by Catholic Charities on poverty in our diocese asserts that there is a visibility problem in seeing poverty in a wealthy county.

The Fraternity discussed these questions in small groups:

1. Be honest: Do I identify with the poor? Is part of my heart not moved because I don't have names and faces and stories to connect with, or to pierce through the abstraction?
2. When I place myself in the scene painted by Matthew 25, am I grouped with those who "did it to me" by serving the hungry, thirsty, naked, etc., or with the group that did not?
3. What are ways my gifts can serve the poor, ways my talents and resources can be given to the poor? Brainstorm some suggestions.

The group shared the following after small group discussion:

- We are encountering the poor in various ways.
- The Holy Spirit guides us on how to act or respond.
- Do we relate to the poor? Yes and no. We can't help everyone, but we can be kind, and we can acknowledge them.
- There is both physical poverty and spiritual poverty. Material poverty is not the only poverty.
- The American narrative as well as our family background can impact our reaction.
- The chapter is indicting; we should not be judging.
- Who are the poor, and what is considered help?
- What is help when they no longer want help?
- Identify a section of the needy where the help is impactful instead of taking on something too large.
- We don't need to take credit for the help we give.
- Pray before becoming involved.
- Set priorities.
- Have balance.
- The poor include those who are unemployed and those who are underemployed, released prisoners, the uneducated.
- Stick with supporting existing proven groups that help the poor.
- Teach kids to cook so they don't have to spend a lot of money on fast food.
- Hold public officials responsible for spending so much on Defense and not enough on the needs of people.

APOSTOLATES

MISSIONARIES OF CHARITY HOSPICE COOKING APOSTOLATE

Thanks to our Brothers and Sisters who support the apostolate at the Missionaries of Charity Gift of Peace House. The remaining food drop offs for the year will be:

- August 13,
- October 8,
- December 10.

The menu for June includes pasta. If you would like to help or have questions, please contact Veronica O'Donnell, OFS or Joe Boyle, OFS.

Pace e bene!

ST. VINCENT DE PAUL

Help to feed the hungry. Cyndy Filan-Kim, OFS volunteered to shop and deliver food to the St. Vincent DePaul Society chapter at St. Timothy Catholic Church. Food donations may be dropped off prior to the Tau Gathering in the stairwell on the right at St. Joseph School. If you wish to make a monetary donation for the food pantry, please provide it to Cyndy.

Thank you!

For more, info, see <https://sttimothyparish.org/outreach-and-ministries/st-vincent-de-paul/>

Franciscan Mission Service

Tau Fraternity provides a biannual monetary donation to Franciscan Mission Service. The organization prepares and supports lay Catholics for mission service opportunities around the globe.

For more information, see [Home | Franciscan Mission Service](#)

POOR Clares of New Jersey

Tau Fraternity supports the Monastery of St. Clare in Chesterfield, NJ with a biannual monetary donation. The monastery is home to Sister, Karen Stapleton, OSC, who began her Franciscan journey with Tau Fraternity. The main work of the Poor Clares of NJ is to provide altar bread to parishes in the diocese of Trenton.

For more information, or to submit a prayer intention to the Poor Clares, see [The Poor Clares of New Jersey — Joyfully Embracing the Gospel Way of Life . \(poorclaresnewjersey.com\)](http://The Poor Clares of New Jersey — Joyfully Embracing the Gospel Way of Life . (poorclaresnewjersey.com))

Refugee Assistance

The First Baptist Church is planning a new project for providing English as a Second Language classes to refugees. See the next page for more info.

If you wish to continue helping the refugees in the meantime, Catholic Charities has a wish list for those who have been resettled. See Amazon.com.



James 2:17

Ecumenical Apostolate

Information about Volunteer Needs

Thank you to everyone who has volunteered to help with this apostolate! Bill Bouffard OFS and Stanley Hoover OFS will be team teaching with two members from the First Baptist Church this September. We still need volunteers for many supporting activities such as mentors to help in the classrooms, members on the refreshment committee and communication committee.

There are many ways to serve and to put action to our words of helping the poor. This project gives each of us an opportunity to help whether it be teaching in a classroom, welcoming students with a smile, developing teaching materials, setting up a Google site, or putting up posters at various businesses.

Mentors are especially needed: You need not speak a foreign language to be a mentor or have any special experience or skills other than a willingness to sit in the classroom, observe the students and make them feel welcome with a smile. Mentors give feedback to the teachers if they see that a student is struggling. If you are willing to help be a mentor, you need not attend each class. Of course it is best if you are there often, but it is not necessary.

Here is a tentative schedule for the development of this apostolate:

JULY

- Finalize training for teachers
- Set up Google site for teachers

- Develop guidelines for mentors, orientation, assessors and other volunteers as needed.
- Establish Communication Committee to develop communication plan to outreach to potential students

AUGUST

- Continue training for teachers and other volunteers
- Plan orientation and assessment of registering students
- Set up classrooms
- Put communication plan in effect i.e. flyers, church bulletins, and social media
- Set up documentation for receiving moneys

SEPTEMBER

- Orientation and assessment of students
- Classes begin

If you volunteer to help with the Communication Committee, the meetings will be via Zoom so you will not have to meet in person. In June Sally will email a list of volunteers that have agreed to help and a list of school supplies for the teachers that are needed. As always please pray for this apostolate. The First Baptist Church is very excited about Tau's participation.

INDIVIDUAL APOSTOLATE

Don't know what to do with used batteries? Sharon Goldberg, OFS is collecting and donating used batteries (certain types). She will be collecting until October. If you're interested in helping, check with her about details.

EXPAND YOUR INDIVIDUAL APOSTOLATE!

If you are contributing to a collection drive or helping your parish or community, consider inviting your Franciscan brothers and sisters. Make an announcement about the event or activity at the Tau Gatherings.

COMMITTEE NEWS

If you are interested in participating actively in one of our Committees, take a moment to chat with the chair:

Hospitality Committee – Veronica O'Donnell, OFS
Interfaith/Ecumenical Committee – Kimberley Heatherington, OFS
Infirmarian Committee – Sharon Goldberg, OFS
Recruitment Committee – Vacant
Technology Committee – John Ata, OFS

June 17, 2022

INTERFAITH & ECUMENICAL

Pope: Interreligious cooperation is needed to tackle threats to people, planet



Catholic News Service



Pope Francis smiles as he greets a member of a delegation of Buddhists from Thailand in Clementine Hall at the Vatican June 17. (CNS photo/Vatican Media)

Carol Glatz

VATICAN CITY — Interreligious dialogue and cooperation are needed more than ever during this time when people and the planet are facing multiple threats, Pope Francis told a delegation of Buddhists from Thailand.

“Sadly, on all sides we hear the cry of a wounded humanity and a broken earth,” he said.

“Our task today is to guide our respective followers to a more vivid sense of the truth that we are all brothers and sisters,” he told the group during an audience at the Vatican June 17.

“It follows that we should work together to cultivate compassion and hospitality for all human beings, especially the poor and marginalized,” the pope said.

The delegation included more than 30 prominent Buddhist monks, about 60 lay Buddhists and several representatives of the Catholic Church in Thailand, according to Vatican News. They were in Rome attending a June 17 conference titled, “Friendship between Buddhists and Christians for a Culture of Encounter,” sponsored by Rome’s Pontifical Urbanian University and the Vatican Dicastery for Interreligious Dialogue.

The purpose of their visit was to commemorate the 50th anniversary of the meeting between St. Paul VI and the 17th supreme Buddhist patriarch of Thailand, Somdej Phra Wannarat.

The pope thanked members of the delegation for their visit to the Vatican “to renew our bonds of friendship and mutual collaboration,” and he recalled his visit to Thailand in 2019, highlighting “the wonderful welcome and hospitality I received.”

The pope told them that “at a time when our human family and our planet are facing manifold threats, such friendly dialogue and close collaboration are all the more necessary.”

“The Buddha and Jesus understood the need to overcome the egoism that gives rise to conflict and violence,” he said.



UNITY WALK 2022

SEPTEMBER 11, 2022



**RESOURCE
FAIR &
REGISTRATION
12:30-1:30PM**



JOIN US!
IFC's annual Unity Walk is a public demonstration of love and support for all who live in our region. Walk with participants of all ages to visit 11 different houses of worship and spiritual centers in upper Northwest DC to learn about and experience diverse faith traditions. There will be new opportunities to engage through moderated mini-dialogues, hands-on family activities, comedy, music, and sharing of tasty cultural treats. Come by yourself or bring friends to celebrate the wonderful diversity that exists in our region! This year's walk will take place on Sunday, September 11th from 12:30-6pm. Join us!

**WALK!
1:30-
6 PM**



FOR MORE INFORMATION: www.ifcmw.org  unitywalk@ifcmw.org

PRAYERS & DEVOTIONS

Precious Blood of Our Lord Jesus Christ



HIS LIFE-GIVING FOUNTAIN

In His garden, fountain waters play,
Gem-colored jets all directions spray.
Life-giving waters' four directions,
Nourishment for all God's creation.

* * *

For such fresh, living waters I long
My heart is joyful, my soul feels strong.
Burdens and barriers my progress stay
To overcome devoutly I pray.

* * *

Striving on toward the mountain top,
Too often, I get weary and drop.
Help me rise above the broken pave;
I cry out to God my soul to save.

* * *

Near the fountain falls a single drop,
Still, I rest far from the mountain top.
Lord, help me attain that precious stage
Where I can imbibe your wisdom sage.

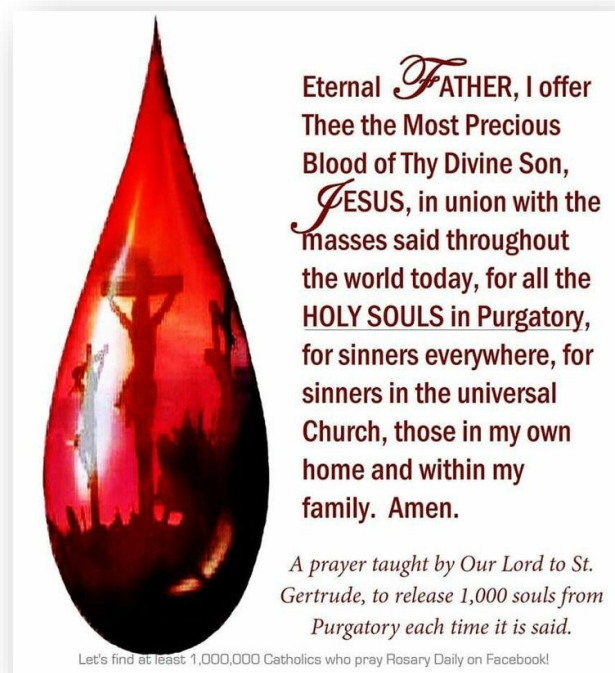
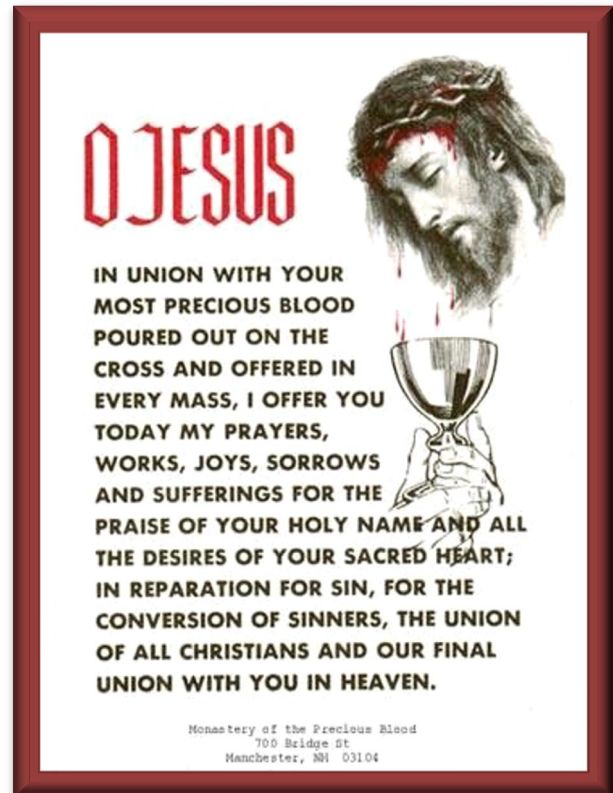
Gil Donahue, OFS; June 6, 2022



The "Constant" Prayer of St. Catherine of Siena

Precious Blood, ocean of divine mercy: Flow upon us!
Precious Blood, most pure offering: Procure us every
grace! Precious Blood, hope and refuge of sinners:
Atone for us! Precious Blood, delight of holy souls:
Draw us! Amen.

[Prayers to Precious Blood of Jesus - Catholic Gallery](#)



PRAYER INTENTIONS

HEAR US, LORD!

Please keep the following intentions in your prayers:

For physical and spiritual healing of Brian Prendergast; Walter Gawlak's daughter-in-law; Sylvia Capurso; Melissa, Ben, and Baby Levi; Valerye Milleson; Bill Brewster, his wife Linda, and their son Richard Lee; Cynthia Filan-Kim's sister; Sally White and her husband Gary; Richard & Carole Clarke and their grandsons Liam and Rory; Helen Broxmeyer and her daughter Susan; and Irene Naveau. For the patients and Sisters at the Missionaries of Charity Gift of Peace House. For the people affected by Coronavirus and their caregivers. For the Mother of Mercy Free Medical Clinic and its patients. For all peoples who suffer persecution. For the country of Myanmar and its citizens. For the victims of natural disasters. For refugees and migrant workers. For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please send prayer requests to Kimberley Heatherington, OFS.

Diocese of Arlington - St. Thérèse Vocations Society

Pray for vocations

ARLINGTON DIOCESE VOCATIONS PRAYER

Heavenly Father, Lord of the harvest, call forth vocations to the priesthood and consecrated life from our diocese and our families.

Inspire men to imitate Christ the Eternal High Priest in sacrificial service to Your Church.

Move the hearts of men and women to offer themselves wholly to You in poverty, chastity, and obedience. Send them as laborers for Your harvest.

Inspire the faithful to support them with prayer and sacrifice. Raise up holy families who foster openness to Your call.

Today we pray especially for _____, that you grant them clarity in their discernment and continued growth in holiness.

We ask this through Christ, Our Lord. Amen.



CALENDAR

Upcoming Activities and Events

July is the Month of the Precious Blood of Our Lord Jesus Christ *

- Jul 1—Feast of the Precious Blood of Our Lord Jesus Christ
- Jul 2—Feast of the Visitation of Our Lady
Tau Fraternity Virtual Gathering
- Jul 3—Feast of St. Thomas the Apostle
- Jul 6—Feast of St. Maria Goretti
- Jul 9—Feast of the Martyrs of China
- Jul 10—Sally White's birthday
- Jul 14—Feast of St. Bonaventure
Kimberley Heatherington's birthday
- Jul 18—Feast of St. Camillus de Lellis
- Jul 19—Feast of St. Vincent de Paul
- Jul 23—Feast of Blessed Louise of Savoy
- Jul 25—Feast of St. James the Apostle
- Jul 26—Memorial of Sts. Joachim and Anne, parents of the
Blessed Virgin Mary
- Jul 31—Memorial of St. Ignatius of Loyola

* See the Franciscan Calendar for more dates: <http://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

JULY 2022

Su	Mo	Tu	We	Th	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST 2022

Su	Mo	Tu	We	Th	Fri	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

QUINQUENNIAL

When: August 3—7, 2022

Where: Sheraton Phoenix Downtown,
Phoenix, AZ

Registration info:

[1 - General Information.pdf - Google Drive](#)



NEXT TAU GATHERING

July 3, 2022

SCHEDULE

- 1:30 pm – 1:32 pm Opening Prayer—**Walter Gawlak, OFS**
1:32 pm – 2:12 pm Presentation—**Tau Council**
2:12 pm – 2:22 pm Break
2:22 pm – 3:02 pm Ongoing Formation
3:02 pm – 3:12 pm Break
3:12 pm – 3:22 pm Angelus & Liturgy of the Hours
3:22 pm – 3:32 pm Business Meeting
3:32 pm Closing Prayer

Virtual Meeting!

ANNOUNCEMENT

The July 3, 2022 Tau Gathering will be virtual. See email for link . Contact Kimberley Heatherington, OFS to volunteer for:

- ◆ Opening Prayer
- ◆ Liturgy of the Hours Readings

THE ANGELUS

During Ordinary Time, we will precede the Liturgy of the Hours with the Angelus

- V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.
Hail Mary, full of grace,
The Lord is with Thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for us sinners,
Now and at the hour of our death. Amen
- V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary, etc.
- V. And the Word was made Flesh.
R. And dwelt among us.
Hail Mary, etc.
- V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

LET US PRAY

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen

FORMATION:

Initial Formation

Candidates: Chapter 18 in *The Franciscan Journey*

Aspirants: Chapter 2 in *The Franciscan Journey*

Ongoing Formation

Read Chapter 6 in *Habits for Holiness*, "Priests by Baptism: "Christian Remember Your Dignity." Father Ames presents additional small steps for making big spiritual progress, this month addressing the power of sacrifice and prayer. You can start today and inspire us next month. Why not?

LITURGY OF THE HOURS

Fourteenth Sunday in Ordinary Time:

Hymn: #32 – Now Thank We All Our God: pg. 1540 (or O Trinity of Blessed Light from the Divine Office podcast)

Gospel Canticle and Prayer: Evening Prayer II: pgs. 619,618

Everything else: Sunday, Week II Evening Prayer II: pg. 786

Readers: TBD