



THE FLYER

**Newsletter for the St. Joseph Cupertino
Fraternity of the Secular Franciscans USA**

August 18, 2024

Fourth SUNDAY

“Gaze upon Him; consider
Him; contemplate Him, as
you desire to imitate Him.”

Saint Clare

UPCOMING: August 18, 2024 Reflection with Br. Paschal and St Maximillian Kolbe

Gather after mass for fellowship in the Dining Room. Meeting at 2 pm.

- ◆ Meetings are third Sunday of the month at 2 pm. (See website for date changes and updates)
- ◆ Check out our website: <https://StJosephCupertino.SFOUSA.org/Welcome-To-Our-Fraternities-Website>
- ◆ Check out our regional website: <https://SaintMargaretOfCortona.org/>
- ◆ Check out our national website: <https://SecularFranciscansUSA.org/>

Brother Lawrence, OFM Conv.

Br Lawrence will return next month.....



Next month we will celebrate our annual picnic.

Please sign up by contacting Charlie Heyden at cheyden2@comcast.net or 410 215 9079 no later than September 13th

We are in need of various main and side dishes.

Main Dishes (NO electrical source will be available for heating)

Side & Salad Dishes (cold; eg. Macaroni, potato, bean or veggie salad)

Desserts - all sorts (YUM!)

Cut tomatoes

Cut lettuce

Cut onions

Jars of Pickles

Chips

Drinks – Iced Tea, Soda, Gatorade both regular and Diet

We are also looking for volunteers to help set up, starting at 10am on the day of the picnic and for volunteers to clean up after which usually takes about half an hour if several people volunteer.

Minister's Note

This past month our family hosted two Japanese scouts in a cultural exchange program. Baltimore is the sister city for Kawasaki, Japan. Over the past 40 years, the Scouts have fostered 30 such exchanges. One year, our scouts go to Japan for two weeks, and the next year the Japanese scouts come to the Baltimore area.

While they were here, they went to summer camp. The following week, we visited Annapolis including the Naval Academy, Baltimore, Harper's Ferry, and Washington, D.C. While it might seem to be the typical tourist type activities, there was a genuine exchange of friendship as well. Our scouts cooked traditional Japanese meals for us, while we cooked steaks and crab cakes. We were able to see our grocery stores with renewed appreciation for our wealth of choices.

In Saint Paul's letter to the Romans we are reminded to pursue hospitality (See Romans 12:13). Saint Francis welcomed all people regardless of who they were in society. There is much to be learned about faith as we serve others. Our two Japanese scouts are Buddhists. They heard us pray before meals and we witnessed them paying respects by bowing both before and after the meal. "***Itadakimasu***" before the meal means "*I will humbly receive.*" The deeper meaning is thanks for the preparation of the meal, but also thanks to the farmers, and the plants and animals that sacrificed for the meal. "***Gochisousama deshita***" after the meal means "*It was a great deal of work to prepare the meal.*" Again, thanking not only those who prepared the meal, but also everything associated with the meal.

Most of us pray before meals, but how many us pray after a meal? One traditional prayer is
*We give thanks for all your benefits, almighty God, who lives and reigns forever.
May the souls of the faithful departed, through the mercy of God, rest in peace.
Amen.*

By opening ourselves up to new experiences, our own faith may be deepened. We may resurrect old traditions such as praying not only before the meal, but also afterwards. We may find ourselves giving thanks for everything that make meals possible to nourish our body and our souls.

Saint Francis saw the whole world in a sacramental way. Everything is of God. Being with our Japanese scouts made me look at the world in a less jaded manner. They made me appreciate this country of endless variety. Our world is a vast bounty of the love God provides to us every day if we only take time to value it. When we welcome the stranger, we welcome Him. When we eat and drink, we are sustained by Him. ***Itadakimasu*** - *I will humbly receive.*

Peace be with you all,

Melissa

Formation Thought of the Month:

“Let the love you have in your hearts be shown outwardly in your deeds.”

Testament of St. Clare

St Margaret of Cortona CHAPTER OF MATS
Registration is **NOW OPEN** for our **September 6-8, 2024**
Chapter of Mats to be held at the beautiful
Claggett Center in Adamstown, Maryland. Under the theme
of **The Next 800** Years, we will explore where we have
been, where we are now, and where we are going.
Day trippers are welcome to attend.



Volunteer to help Little Portion Farm at <https://www.LittlePortionFarm.org>

Food grown helps those in need.



Help at the Shrine: Volunteer as a lector, Eucharistic Minister, Usher, especially before our gatherings. Help staff a table to invite interest in the Secular Franciscan Order. Email Melissa.

2022-2025 Council

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Bible quotes are from the Douay-Rheims translation, unless otherwise noted.



Treasurer's Report

June & July– 2024

Beginning (running) Balance:	<u>\$ 2,474.28</u>
Income:	
Common Fund Contributions (June)	\$ 65.00
Common Fund Contributions (July)	\$ 193.00
Total Income	<u>\$ 258.00</u>
Expenses:	
Fr. Gary (honorarium) (June)	\$ 100.00
Spiritual Assistant (June & July)	200.00
Franciscan Friars (June & July)	200.00
Br. Lawrence (Jubilee gift, June)	150.00
Total Expenses	<u>\$ 650.00</u>
Ending (running) Balance:	<u>\$ 2,082.28</u>

If you are unable to attend the gatherings, you can send your contributions to the fraternity.

Contributions are tax deductible.

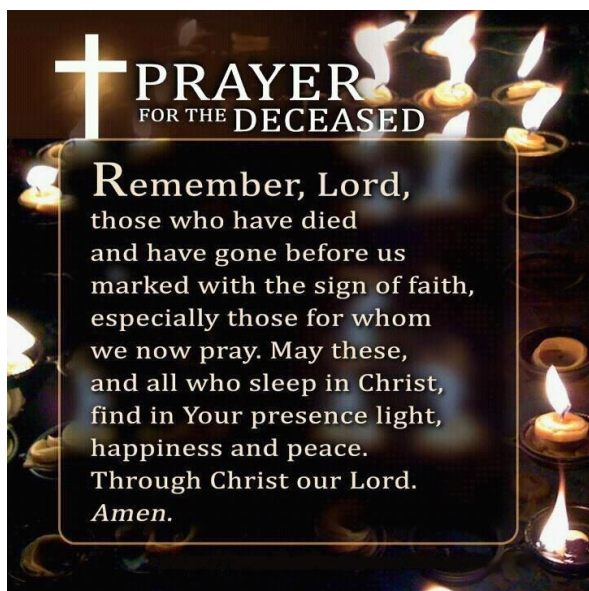
Direct Donation checks to: St. Joseph Cupertino Fraternity

Mail donations to:

Jerry Yu
2812 Green Shade Court
Ellicott City, MD 21042

You may use your bank's BILL PAY. Direct payment to St. Joseph Cupertino Fraternity C/O the address above.

NOTE! FOR BILL PAY, THE ADDRESS HAS CHANGED.



Happy Birthday!

Louise Hotovy, OFS 08/14
Rosemary Whelan, OFS 08/20
Gail Bunyan, OFS 08/21

Coming Next Month:

Dawn Glennon, OFS 09/05
Bill Siefken, OFS 09/06
Melissa Reed-Konigsdorffer, OFS 09/24
Mike King, OFS 09/25

Happy Anniversary

Brother Lawrence LaFlame, OFM Conv
08/15

Book Share--

Thomas A' Kempis' classic Imitation of Christ.

First Saturdays from 1-3 pm on ZOOM!
Contact Geri Flynn OFS for details:
AngelBarty@aol.com

PRAYER LIST

For Healing:

Gail Bunyan, OFS
Lita Maisel, OFS
Bill Siefken, OFS
Teresa Lam, OFS
Rosemary Whelan, OFS
Patrick Caughy, OFS

