TAU FRATERNITY OF THE SECULAR FRANCISCAN ORDER ST. MARGARET OF CORTONA REGION

#### OF SPECIAL INTEREST:

- Prepare for "Franciscan Holy Week"! (Oct. 3-6) Page 2-3
- Join the Next Tau Mass and A Meal! (Oct. 19) Page 6
- Franciscan Conference (Oct. 4)
  Page 7
- Festival of Praise! (Oct. 6) Page 8

#### INSIDE THIS ISSUE:

| Gathering Recap                  | 6         |
|----------------------------------|-----------|
| Apostolates &<br>Apostolate News | 10        |
| Committees                       | н         |
| Prayer<br>Intentions             | 12        |
| Reflections                      | 13-<br>14 |
| Calendar & Events                | 15        |
| Next Gathering                   | 16        |



https://tauofs.org/

#### OCTOBER 2024

### Minister's Message

Brothers and Sisters,

Peace and all good!

It's a beautiful time of year in Northern Virginia as the seasons change. The trees will soon take on their vibrant glow, and the sun at dusk will add to the enchantment.

It's also a special time in the liturgical year for Franciscans.

We have the Feast Day of St. Francis, the Transitus service commemorating St. Francis' passing, the Blessing of Animals, and the Tau Open House. Let's prepare ourselves for this time with some quiet contemplation.

Here's a sample list of questions to help guide your reflection:

- What inspired you to profess to the Secular Franciscan Order?
- What sustains your commitment to the Rule and the way of life it espouses?
- Can you think of events that were meaningful along your Franciscan journey?
- What might the next evolution of your Franciscan journey look like?
- How can you spread the love for the Franciscan charism to others?

I look forward to seeing you at these upcoming events.

Josh



### PREPARE FOR "FRANCISCAN HOLY WEEK"!

#### Transitus of St. Francis of Assisi

Thursday, October 3 at 7:00 PM St. Joseph Catholic Church — in the Sanctuary

The Transitus of Saint Francis is a yearly celebration by Franciscans around the world on October 3rd to commemorate the death of St. Francis, or his "passing" or "transitus". The celebration takes place on the night before his feast day and marks his transition from life on Earth to eternal life with God. The word "transitus" comes from the Latin word for "passage" or "crossing."

Volunteers needed to serve as Lector, Prayer Reader, Cross Bearer, and Candle Bearers (x2). Please contact Joe Boyle, OFS, to participate.

#### **The Solemnity of St. Francis of Assisi** Friday, October 4 at 6:30 AM; 8:00 AM; and 7:30 PM St. Joseph Catholic Church — in the Sanctuary

The 8:00 AM Mass intention will be for Deceased Tau Secular Franciscans. Tau members attending can sit together.



### PREPARE FOR "FRANCISCAN HOLY WEEK"!



Saturday, October 5 at 12:00 PM St. Joseph Catholic Church — in front of the Church

From the friars at St. Joseph: "Each October, around the Feast Day of St. Francis, one of the ways we celebrate the feast is the blessing of the parishioners' pets!"

Tau members will be present to hand out medals and brochures.

#### **Tau Fraternity Annual Open House**

Sunday, October 6 at 1:30 PM St. Joseph Catholic Church Parish Activities Building — Room 205

Get ready to welcome visitors interested in possibly pursuing our Franciscan way of life!



We will greet visitors; have remarks from Josh and Bill; watch a short film about St. Francis; and hear testimonies.

We will also join a video conference from Dr. Darleen Pryds from the Franciscan School of Theology at the University of San Diego; she will speak about St. Francis' stigmata.

As our Rule tells us, we receive guests "with a gentle and courteous spirit" as a "gift of the Lord and an image of Christ."

#### Organization

Tau Fraternity c/o St. Joseph Catholic Church 750 Peachtree St. Herndon, VA 20170

Meetings every 1st Sunday of the month at: St. Joseph Catholic Church 750 Peachtree St., Room 205



The Tau Fraternity of the Secular Franciscan Order was canonically established on June 21, 1992. The Fraternity is affiliated with the Third Order Regular of St. Francis, Province of the Most Sacred Heart of Jesus. Tau Fraternity is in the St. Margaret of Cortona Region of the Secular Franciscan Order.

The Tau Fraternity Council currently includes the following officers:

- Minister Josh Goldberg, OFS
- Vice Minister Liz Wellborn, OFS
- Formation Director Bill Richey, OFS
- Secretary Barbara Slivers, OFS
- Treasurer Joe Boyle, OFS
- Councilor Kimberley Heatherington, OFS



Monthly Tau Contemplative Prayer & Franciscan Spirituality Zoom Discussion led by Gil Donahue, OFS



The Tau Contemplative Prayer & Franciscan Spirituality discussion group will take place Monday, October 14. from 7:00 - 8:00 p.m.

The theme will be Mission.

Contact Gil to receive a Zoom link.

Buy this sticker at: <u>www.redbubble.com/i/sticker/St-Francis-of-Assisi-</u> Contemplation-and-Meditation-by-stickercircle/144775557.EJUG5

### A PRAYER FOR OUR COUNTRY

#### ACT OF CONSECRATION FOR THE UNITED STATES

*Clari Claus, OFS, received many requests for a copy of the Opening Prayer she read at the last Tau General Meeting. Clari shares, "The prayer is from a calendar I received from the National Shrine of the Immaculate Conception."* 

Most Holy Trinity — Father, Son, and Holy Spirit — in union with the Blessed Virgin Mary, we adore Your majesty and acknowledge Your supreme eternal dominion and authority.

Most Holy Trinity, we place the United States of America into the hands of Mary Immaculate in order that she may present the country to You. Through the intercession of Mary, have mercy on the Catholic Church in America. Have mercy on our President and on all the officers of our government. Protect family life in our nation. Grant the precious gift of many vocations to the priesthood and religious life. Have mercy on the sick, the poor, the tempted, and all who are in need.

Mary Immaculate Virgin, Our Mother, Patroness of our land, we honor you and ask your maternal protection and care for us. Obtain for us the graces we need to live and die according to the Will of your divine son.



Amen.

### MEETING RECAP + MASS & A MEAL

### THE RECAP OF THE SEPTEMBER 1 TAU GATHERING WILL APPEAR AT A LATER DATE.

**?~~~~** 

### Join your brothers and sisters for Tau Mass & A Meal!

Saturday, Oct. 19, 2024 @ 5:30 PM - St. Andrew the Apostle w/ Cyndy (Clifton) Saturday, Nov. 16, 2024 @ 5:30 PM - Holy Spirit w/ Gil (Annandale) Sunday, Feb. 16, 2025 @ 11:30 AM - St. John Neumann w/ Veronica (Reston)

Attend Mass at the parish of one of your Tau brothers or sisters, followed by a meal together at a nearby restaurant — don't miss these opportunities to worship with one another, and build community in our fraternity!

Additional details for each Tau Mass & A Meal date will follow by e-mail.



### UPCOMING LOCAL EVENTS



### Saint Francis of Assisi The Way of Poverty and Humility



Dr. William R. Cook is the Distinguished Teaching Professor of History at the State University of New York at Geneseo, where he has taught since 1970. His books include Images of St. Francis of Assisi and Francis of Assisi: The Way of Poverty and Humility. Dr. Cook contributed to the Cambridge Companion to Giotto and edits and contributes to The Art of the Franciscan Order in Italy. Dr. Cook raises money for his foundation that supports the poorest children around the world to get the best education.

The talk will be based on Dr. William Cook's book, Saint Francis of Assisi: The Way of Poverty and Humility. He will touch on the six elements of life and spirituality, including his own conversion story.

#### Wednesday, October 4 from 5:30 - 9:00 PM

Saint Agnes Catholic Church Parish Hall 1910 North Randolph Street, Arlington, VA 22207 \$25.00 includes dinner

#### R.S.V.P. & REGISTER HERE BY OCTOBER 2:

https://bit.ly/StFrancisSTA

### UPCOMING LOCAL EVENTS

# Festival of Praise

### SUNDAY, OCTOBER 6 7:00pm St. Joseph Catholic Church

Join us for Eucharistic Adoration and worship experience! This is a special opportunity for our parish community to come together in prayer, giving glory to God. The evening will feature Eucharistic Adoration accompanied by inspiring worship music, inviting us to step beyond ourselves and simply praise God for who He is.

Father David Dodd, TOR Worship Leader

St. Joseph Catholic Church | 750 Peachtree St. | Herndon, VA.

### UPCOMING NATIONAL EVENTS





#### LEARN MORE ABOUT THE Q HERE:

https://www.secularfranciscansusa.org/wp-content/uploads/2026-Q-Spring-2024.pdf

### APOSTOLATES

#### MISSIONARIES OF CHARITY HOSPICE

Thanks to our Brothers and Sisters who support the apostolate at the Missionaries of Charity Gift of Peace House.

The next food delivery will be <u>Saturday</u>, <u>October 12</u>; the menu will be chicken dishes.

Joe Boyle, OFS, is the point of contact for this delivery; please contact him with any questions or to offer to help.

#### POOR CLARES OF NEW JERSEY

Tau Fraternity supports the Monastery of St. Clare in Chesterfield, NJ, with a biannual monetary donation. The monastery is home to Sister Karen Stapleton, OSC, who began her Franciscan journey with Tau Fraternity. The main work of the Poor Clares of NJ is to provide Altar Bread to parishes in the diocese of Trenton.

For more information, or to submit a prayer intention to the Poor Clares, see <u>The Poor Clares of</u> <u>New Jersey — Joyfully Embracing the Gospel</u> <u>Way of Life .(poorclaresnewjersey.com)</u>

Watch their YouTube video <u>A Quiet Joy: New Jer-</u> sey's Monastery of Saint Clare

#### ECUMENICAL APOSTOLATE

Tau Fraternity partners with the First Baptist Church of Herndon to provide English lessons to students. Tau members volunteer time and talent to teach at Introductory, Intermediate, and Advanced levels. For more information or to volunteer, please contact Sally White, OFS.

Many thanks!

#### ST. VINCENT DE PAUL

Help to feed the hungry. Joe Boyle, OFS, volunteered to shop and deliver food to the St. Vincent de Paul Society chapter at St. Timothy Catholic Church. Food donations may be dropped off prior to the Tau Gathering in the stairwell on the right at St. Joseph School. You can also provide a monetary donation to Joe, who is Tau Treasurer. Thank you!

For more information, see

https://sttimothyparish.org/outreach-andministries/st-vincent-de-paul/

#### FRANCISCAN MISSION SERVICE

Tau Fraternity provides a biannual monetary donation to Franciscan Mission Service. The organization prepares and supports lay Catholics for mission service opportunities around the globe.

For more information, see Home | Franciscan Mission

#### **PRAYER SHAWL APOSTOLATE**

Tau Fraternity provides handmade prayer shawls to individuals in the Diocese of Arlington. Currently, shawls are being provided to pregnant women participating in the Gabriel Project. For more information, please contact Sharon Goldberg, OFS.



### TAU COMMITTEES

If you are interested in participating actively in a Tau Committee, take a moment to chat with the chair:

Cultural Diversity Committee — Sally White, OFS Hospitality Committee — Cyndy Filan-Kim, OFS Interfaith/Ecumenical Committee — Kimberley Heatherington, OFS Infirmarian Committee — Sharon Goldberg, OFS Recruitment Committee — Vacant Technology Committee — John Ata, OFS



### **PRAYER INTENTIONS**

#### HEAR US, LORD!

#### Please keep the following intentions in your prayers:

For the physical and spiritual healing of Sylvia Capurso; Cynthia Filan-Kim's sister; Sally White and her husband Gary; Richard and Carole Clarke and their grandsons Liam and Rory.

For peace in the Middle East.

For the patients and Sisters at the Missionaries of Charity Gift of Peace House. For the people affected by Coronavirus and their caregivers. For the Mother of Mercy Free Medical Clinic and its patients. For all peoples who suffer persecution. For the country of Myanmar and its citizens. For the victims of natural disasters. For refugees and migrant workers. For Russians opposing the war in Ukraine.

For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please send prayer requests to Josh Goldberg, OFS.

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God.

Philippians 4:6-7



OCTOBER: MONTH OF THE HOLY ROSARY & THE HOLY ANGELS

**POETRY, DEVOTIONS & PRAYER** 

### October

## A MONTH OF THE HOLY ROSARY

#### Join with us

October is dedicated to the Holy Rosary and the liturgical feast of Our Lady of the Rosary is celebrated annually on October 7.

#### OCTOBER: MONTH OF THE HOLY ROSARY & THE HOLY ANGELS

#### **POETRY, DEVOTIONS & PRAYER**



PRAY FOR US!



Federico de Madrazo y Kuntz, Godofredo de Bouillon en el Monte Sinaí, 1839.

### CALENDAR: ACTIVITIES & EVENTS

### October is the Month of the Holy Rosary and the Holy Angels\*

- Oct. 2 Memorial of the Guardian Angels
- Oct. 3 Transitus of St. Francis 7:00pm at St. Joseph Church Oct. 4 Solemnity of Our Seraphic Fai
- Oct. 4 Solemnity of Our Seraphic Father St. Francis
- Oct. 5 Blessing of the Animals 12:00 PM at St. Joseph Church Clari Claus' Profession Anniversary
- Oct. 6 Tau Gathering & Annual Open House Pam Brooks', Helen Broxmeyer's, & Sally White's Profession Anniversary
- Oct. 7 Memorial of Our Lady of the Rosary Carole Clarke's Profession Anniversary
- Oct. 9 Cyndy Filan-Kim's birthday
- Oct. 17 Memorial of St. Ignatius of Antioch
- Oct. 18 Feast of St. Luke
- Oct. 24 Al Carroll's & Vera Stewart's birthday
- Oct. 28 Feast of Sts. Simon and Jude
- Oct. 31 Bill Richey's birthday Beena Job's Profession Anniversary

\*See the Franciscan Calendar for more dates: https://www.roman-catholic-saints.com/traditional-franciscancalendar.html

#### Saturday, October 5 9:30 AM—2:30 PM



Diocesan Golden Jubilee Pilgrimage to the Basilica of the National Shrine of the Immaculate Conception www.arlingtondiocese.org/event/golden-jubileepilgrimage-oct-2024/

#### October 2024

| Sun | Мо | Tue | We | Thu | Fri | Sat |
|-----|----|-----|----|-----|-----|-----|
|     |    | 1   | 2  | 3   | 4   | 5   |
| 6   | 7  | 8   | 9  | 10  | 11  | 12  |
| 13  | 14 | 15  | 16 | 17  | 18  | 19  |
| 20  | 21 | 22  | 23 | 24  | 25  | 26  |
| 27  | 28 | 29  | 30 | 31  |     |     |

#### November 2024

| Sun | Мо | Tue | We | Thu | Fri | Sat |
|-----|----|-----|----|-----|-----|-----|
|     |    |     |    |     | 1   | 2   |
| 3   | 4  | 5   | 6  | 7   | 8   | 9   |
| 10  | 11 | 12  | 13 | 14  | 15  | 16  |
| 17  | 18 | 19  | 20 | 21  | 22  | 23  |
| 24  | 25 | 26  | 27 | 28  | 29  | 30  |

#### Sunday, October 20 Adoration & Praise @ St. Joseph!



7:00- 8:00 PM in the Church See the SJC website for details: https://sjcherndon.org

### NEXT TAU GATHERING

#### OCTOBER 6, 2024

#### SCHEDULE

| 1:30 PM | Opening Prayer: Cyndy Filan-Kim, OFS<br>Social Time |
|---------|---|
| 2:00 PM | Annual Tau Open House                               |
| 2:45 PM | Break   |
| 3:00 PM | Zoom: "Stigmata of St. Francis" with                |
|         | Dr. Darlene Pryds, Ph.D.                            |
| 3:30 PM | Angelus & Liturgy of the Hours                      |
| 3:45 PM | Business Meeting                                    |
| 4:00 pm | Closing Prayer St. Joseph<br>Room 205               |

During Ordinary Time, we will precede Liturgy of the Hours with the Angelus:

### The Angelus

- V. The Angel of the Lord declared unto Mary,
- R. And she conceived of the Holy Spirit. ---- Pray The HAIL MARY ----
- V. Behold the handmaid of the Lord,
- R. Be it done unto me according to your Word. ----- Pray The HAIL MARY ----
- V. And the Word was made flesh,
- R. And dwelt among us. ---- Pray The HAIL MARY ----
- V. Pray for us, O holy Mother of God,
- R. That we may be made worthy of the promises of Christ.

--- LET US PRAY ---

Pour forth, we beseech You, O Lord, Your grace into our hearts: that we, to whom the Incarnation of Christ Your Son was made known by the message of an Angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.



#### INITIAL FORMATION

Candidate: Ch. 22 in The Franciscan Journey

#### **ONGOING FORMATION**

"As we prepare for visitors to our Open House, we remember Article 13 of our Rule. We receive guests 'with a gentle and courteous spirit' as a 'gift of the Lord and an image of Christ.' This is not new because in all our monthly gatherings we receive each other 'with a gentle and courteous spirit' as a 'gift of the Lord and an image of Christ.' And in between our gatherings, we encounter others 'with a gentle and courteous spirit' as a 'gift of the Lord and an image of Christ.'"

> LITURGY OF THE HOURS 27TH SUNDAY IN ORDINARY TIME

**Evening Prayer** in Christian Prayer:

Ordinary: 694 Proper of Seasons: 633 Psalter: Sunday, Week III, 861 Hymn: TBD

Scripture & Responsory Reader: Walter Gawlak, OFS

Contact Liz Welborn, OFS, to volunteer for Scripture Reading and Responsory.