

# The Porter

St. Conrad Fraternity, Annapolis, MD  
Secular Franciscan Order – May 2026  
<http://stconradannapolis.sfousa.org/>

The Porter deadline for the June Porter is June 6th. Please send news, prayer requests, poems, or interesting items that you think other members may enjoy to: Joan Faltot, 715 Maiden Choice Ln, Apt CC122, Catonsville, MD 21224, or send by email to [jd6bouv@verizon.net](mailto:jd6bouv@verizon.net).



Fraternity Meeting

**Saturday, May 16, 2026**  
**Mass at 8:30 AM at Our Lady of the Fields**  
**1070 Cecil Avenue South, Millersville**  
**Followed by Fraternity Gathering in Room 203/204**

Program

Fr. Jude Winkler will speak on praying the psalms in the Liturgy of the Hours

Special Outreach

St. Vincent De Paul, St. Josephine Bakhita Conference

Refreshments

Group A (First name between A-Jo)

Liturgy

Group B (First name between Ju-Z)  
LOH for Morning Prayer, 6<sup>th</sup> Saturday of Easter followed by  
**Rite of Admission for Antoinette Ejikeme**

Prayer Requests



**For the soul of:** Poor Clare Sister Bernadine  
**For physical and spiritual healing of:** Jean Gaes' brother, Bob & Sarah Ranke, Teresa Booher (Ruth's daughter), Ed Sievers (Kathleen's husband), Margaret Jackson, Tessie Chitty, Al McGee (Ruth's brother-in-law), Ed Shea (Ruth's son), Emily McGeady, Jerry Miante, Dr. Alex Demyan, Jude Dodge's niece, Catherine Gonzalez's mother, Monica's daughter, Jude Dodge, Audrey Donnelly, Audrey Bushée, Bill Chitty, Harry Thompson, Kellie Eye (granddaughter of Susan Greif), Jimmy Wilbourne, Gerard Malka (brother of Genny Wilbourne), Carolyn Malka (sister-in-law of Genny Wilbourne). *Please help keep this list current. Additions and changes should be sent to Joan at [jd6bouv@verizon.net](mailto:jd6bouv@verizon.net)*

Birthdays

Louise Ryan – 5/25 Ruth Shea – 6/05  
Judith Tyrrell – 5/29

Profession Anniversaries

**Jeanne Wilboun – 05/15/1976 \* 50yrs !!!** Audrey Donnelly – 05/21/2016 10 yrs!  
Marie Shelton – 05/19/2000 Catharine Gonazalez – 05/21/2015 10 yrs!  
Linda Haney – 05/20/2023 Emily McGeady – 06/12/1979

Council Meeting

Wednesday, June 3 at 7:00 via Zoom

<b>Upcoming Events</b>	<b>June 5-7, 2026. St. Margaret of Corona Regional Retreat.</b> Priestfield Center. Celebrate the Region's 2026 "Justice, Peace, and Integrity of Creation" theme with a Spiritual Retreat focused on making JPIC-driven choices in our daily lives.
<b>Upcoming Events (cont'd)</b>	<b>28 July – 02 August, 2026.</b> 21st Quinquennial Congress - <i>The Easter of Francis: Rekindle the Flame.</i> (Early Bird discounts end December 31, 2025) Location: Marriott Griffin Gate Golf Resort & Spa, 1800 Newtown Pike, Lexington, KY. <a href="https://ofs-usa.regfox.com/21st-congress-secular-franciscan-order-usa">https://ofs-usa.regfox.com/21st-congress-secular-franciscan-order-usa</a>



## Minister's Minute

Dear Franciscan Sisters and Brothers,

As we enter the month of May, our hearts naturally turn toward Our Blessed Mother, the gentle guide who leads us ever closer to her Son. May is a time when the Church invites us to walk with Mary in a special way—contemplating her humility, her courage, and her unwavering “yes” to God. As Secular Franciscans, we look to her as the perfect model of discipleship, simplicity, and joyful surrender.

This month also brings Mother's Day, a moment to honor the women who have nurtured us—biologically, spiritually, and within our Franciscan family. We remember mothers who are with us, mothers who have gone home to the Lord, and all women whose love reflects Mary's tenderness and strength. May God bless them abundantly.

Let us ask Our Lady to wrap our fraternity in her mantle of peace, to intercede for our needs, and to help us live the Gospel with renewed devotion. May her example inspire us to bring compassion, hope, and fraternity to everyone we encounter.

### St. Francis of Assisi's prayer praising Mary the Mother of Jesus

Hail, holy Lady, most holy Queen,  
Mary, Mother of God, ever Virgin.  
You were chosen by the Most High Father in heaven,  
consecrated by Him, with His most Holy Beloved Son and the Holy Spirit, the Comforter.

On you descended and still remains all the fullness of grace and every good.

Hail, His Palace.

Hail His Tabernacle.

Hail His Robe.

Hail His Handmaid.

Hail, His Mother.

and Hail, all holy Virtues, who, by grace and inspiration of the Holy Spirit, are poured into the hearts of the faithful so that from their faithless state, they may be made faithful servants of God through you.

I regret that I missed our April meeting at The Shrine of St. Anthony. I heard wonderful things about the day, both Fr. Jude's thoughtful messages and an opportunity to socialize with some members of our neighboring fraternity. For those of you who were unable to hear Fr. Jude, I have a surprise for you. Fr. Jude will join us at Our Lady of the Fields at our May 16th meeting. The topic is praying the psalms in Liturgy of the Hours.

We will also celebrate the Rite of Admission for Antoinette!

Pope Leo's prayer intention for the month of May, is that everyone may have food. Pope Leo prayed that the Lord may "awaken in us a new awareness: that we learn to give thanks for every food, to consume simply. To share with joy, and to care for the fruits of the earth as a gift from You, destined for all, not just a few. Transforming the logic of

selfish consumption into a culture of solidarity”, through our communities by promoting concrete gestures, including awareness campaigns, food banks and a sober and responsible lifestyle.

Our council has voted to donate all contributions this month to St. Vincent de Paul Society to assist with providing food and critical assistance to those in need.

Light House shelter critical needs this month: shelf stable milk and eggs.

We give thanks for the life and service of Poor Clare Sister Bernadine, May she rest in peace.

In love of Saints, Francis and Clare,  
Ruth



## EARLY WARNING – Schedule/Location Change

Next month are fraternity gathering will be on the **Saturday, June 13, at Capuchin College, Washington D.C.** to celebrate Dianne Beaven’s Rite of Permanent Profession to the Gospel Life. This is always a big event for our fraternity and our past Spiritual Assistant, Fr. Patrick Monahan, OFM Cap. will join us and celebrate the Mass for us. Preparation starts at 10:00 am as all participants in the ceremony will rehearse the ritual. The Mass and ritual will begin at 11:00 am. Volunteers will be needed to man the kitchen and organize food as it is brought in and to clean up after the event. There will be signup sheets at our May fraternity gathering for volunteers and food.



## Library of St Conrad



The library of St Conrad meets once a month at Audrey’s house. On May 26, 2:00-3:15pm, we will be discussing Chapter 2 The Capillaries of Christ, Understanding the Part You Play in His Body by Marty Mitchell. We will be reading chapter 2. Contact Linda Haney for more information and let her know if you plan to attend so she can let you know of any last minute changes.



## TREASURER’S REPORT

Thank you for your continued generosity !!!

March Balance		\$6,396.07
FFA Stipend	(\$100)	\$6,296.07
SA Stipend	(\$100)	\$6,196.07
OLF Stipend	(\$100)	\$6,096.07
Amazon Relief	(\$500)	\$5,596.97
Shrine of St. Anthony	(\$275)	\$5,321.97
Fr. Jude Winkler	(\$110)	\$5,211.97
Region Fair Share	(1,231)	\$3,980.97
April Deposit/Balance	\$570	\$4,550.99

Fraternity contributions can be mailed to:  
Joe McHugh  
1740 Tedbury St  
Crofton, MD 21114

## Reminder: Monthly Donations

The council has voted to eliminate the specific designations on our monthly giving. All donations will go into the Common Fund. This will enable our fraternity to support one charity each month (in addition to our regular expenses) and have funds available to donate to unexpected emergencies around the region, country or world.


## May Outreach – Society of St. Vincent De Paul, St. Josephine Bakhita Conference

St. Josephine Bakhita Conference serves the Glen Burnie community and has recently extended its reach to Severn. Through fellowship and works of charity they quietly and discreetly aid needy families. They provide assistance with basic needs like utilities, rent, and many things in between. They also provide food through their pantry and on our home visits.

A home visit is something unique to St. Vincent de Paul. While most organizations have a neighbor visit them in their office, they go to their home as their neighbor, listen to their stories, find out what they need and help with whatever they can -- offering resources, compassion and prayer with those who need it most, and treating each neighbor they encounter with love.

Our fraternity member Dave Weir volunteers with this organization and keeps us updated on their progress. Should you wish to contribute separately, you can send a check payable to

*St. Vincent de Paul to: 126 Dorsey Road, Glen Burnie, MD 21061.*

	<h3>Franciscan Kitchen</h3> <h2>Simple, delicious and high protein Avocado Toast</h2> <p><i>--From Ruth Shea</i></p>
	<p><b>Ingredients:</b></p> <p>Bread - sour dough, whole grain are best but use what you have 1 ripe avocado, mashed, add 1 tsp apple cider vinegar or lemon juice 1/3 can of chick peas, rinsed and smashed salt and pepper to taste Can garnish with herbs, sliced radish if desired</p> <p><b>Directions:</b></p> <p>Toast 2 slices of bread Combine avocado and apple cider vinegar or lemon and mash with fork, in another bowl mash chick peas, season with salt and pepper. Spread avocado on toast, top with chick peas and add garnish if desired.</p>

— “I am a son of St. Augustine, an Augustinian, who said, ‘For you I am a bishop, with you, I am a Christian.’ In this sense we can all walk together toward that homeland that God has prepared.” — Pope Leo in his first address from the balcony of St. Peter’s Basilica May 8, 2025

## EVENTS OF INTEREST AROUND TOWN [please submit interesting events at your parish]

### ***St. Anthony's Shrine – Pilgrimages***

<https://shrineofstanthony.org/franciscan-pilgrimages-of-hope> - for dates of upcoming pilgrimages

A program that began during the Jubilee Year of Hope, Franciscan Pilgrimages of Hope offer an opportunity to experience our Shrine and grounds in a new way. A pilgrimage is the act of leaving one's home to travel to a holy place, and whether your travels are five miles or 500 miles, we hope you'll join us for these days of learning, prayer, reflection, and hope.

Each of these pilgrimage experiences feature a themed tour of the Shrine of St. Anthony, Mass, and an afternoon activity on our grounds tied to the morning's theme. While each event centers on hope, the Franciscan ideals and saints highlighted will vary based on the event. Pilgrimage events are led by Ray Glennon, OFS, and include contributions from Shrine Director Friar Gary Johnson, OFM Conv, and other friars in residence.

Pilgrimage tours begin at 9:30 in the courtyard of the Shrine, followed by time for Adoration ahead of the 12 p.m. daily Mass in the Shrine chapel. Pilgrims are encouraged to bring a bag lunch to enjoy with other visitors ahead of the afternoon activity. Pilgrims should be aware that portions of the day may include walking to various outdoor landmarks. If inclement weather affects the safety of pilgrims, events will move indoors. Registration for pilgrimage events is encouraged. Click on the event link to reserve your space. Attendance is limited to 50 participants. For more information contact the Shrine Office at 410-531-2801.

Registration is highly encouraged. To ensure a quality experience for pilgrims, we cap attendance at 50 participants. All gifts support future programming at the Shrine of St. Anthony.

### **2026 Pilgrimages of Hope**



#### **Finding Hope That's Been Lost: A Franciscan Pilgrimage of Hope**

Register at: <https://www.shrineofstanthony.org/rsvp-seeking-hope-thats-lost>

**Saturday, June 6, 9:30 AM - 2:30 PM, and repeated Tuesday, June 9, 9:30AM-2:30PM**

In honor of St. Anthony of Padua's Feast Day, we'll be offering two opportunities to join us for a special pilgrimage dedicated to his life and ministry. Reservations are encouraged.

**Register for Saturday, June 6:** <https://www.shrineofstanthony.org/rsvp-seeking-hope-thats-lost>

**Register for Tuesday, June 9:** <https://www.shrineofstanthony.org/rsvp-seeking-hope-thats-lost-tuesday>



#### **Hope From Our Mother: A Franciscan Pilgrimage of Hope**

Register at: <https://www.shrineofstanthony.org/rsvp-hope-from-our-mother>

**Saturday, August 22, 9:30-2:30**

Held on the Assumption of the Blessed Virgin Mary, this pilgrimage will center on St. Maximilian Kolbe, OFM Conv., founder of the Militia of the Immaculata who held a deep devotion to our Mother. Afternoon: a walk and visit the Lourdes Grotto and Kolbe Shrine on the property, and pray the rosary together.