



May 2026

THE CALL

St. Thomas More Fraternity, Secular Franciscan Order

From Gospel to Life and Life to Gospel

Minister: Sita Chakrawarti, OFS; Vice Minister: Janette Martin, OFS; Secretary: Thomas Bender, OFS; Treasurer: Joseph Kennedy, OFS; Formation Director: Michael Landrigan, OFS; Councilor-at-Large: Ann Corro, OFS, Spiritual Assistant: Gil Donahue, OFS

Meeting – 2:00 p.m. - Sunday, May 17, 2026

St. Ann's Catholic Church
Room 105 (under the Church)
5300 10th St N, Arlington, VA 22205

(NOTE: Not at OLOL!!!)

We are collecting tuna fish and shelf stable milk (powdered/boxed) for St. Ann's Food Pantry (AFAC)

- *Opening Prayer* – Ritual, p. 35.
- *Ongoing Formation* – In preparation for Ongoing Formation, review the *Secular Franciscan Rule* as always, paying special attention to Article 9, which we will be discussing at the meeting.

Please also read over Article 16 in our *General Constitutions*, which, like Article 9 of our Rule, discusses the place of the Virgin Mary in our lives as Franciscans. Article 16 can be found on page 5 of *The Call*.

During our discussion, we will have our usual "Go Around" and a chance to respond to the following questions:

- What qualities of Mary are attractive to you? And why?
- What example does Mary set for us as Secular Franciscans?

- *Fellowship*
- *Business Meeting*
- *Liturgy of the Hours* – Evening Prayer II for the Ascension of the Lord
 - Psalms/Canticle from Evening Prayer II for Easter Sunday
 - Everything from the Proper of Seasons (Ascension is found between Wednesday and Friday of the Sixth Week of Easter in the breviaries as it was traditionally celebrated on Thursday, 40 days after Easter.)
 - Hymn TBD. Please bring your breviary and hymnal.
- *Litany of Loretto*
- *Closing Prayer* – Ritual, p. 36.

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Minister's Reflection



At the beginning of this month, I was blessed to be able to attend a conference on Franciscan Unity. It turns out that there are Lutheran, Episcopalian, and Ecumenical Franciscans. Although we are not in communion with these denominations, we were able to pray, sing, and talk together, celebrating our common Franciscan charism.

For all of us, that charism comes from St Francis and the example and way of life he left us. It is first and foremost a Christocentric life. From the moment of his initial conversion, Francis devoted himself to following Christ as closely as possible. His embrace of and love for Lady Poverty was due in large part to her being a means of emptying himself completely so as to be filled with the Holy Spirit and to become a channel of God's love and peace. His embrace of the leper; his outreach to the sultan; his rebuilding of the church/Church; and call to preach the Gospel every day, with words, if necessary, are examples of how Francis practiced his love of God and neighbor.

In giving us our Rule 800 years ago, he exhorted us to do this every day, turning to God in penance and conversion – and love, seeking Our Lord's help in following him. We are called to love our neighbor every day, seeing Christ in him/her, whether those we love from afar through charitable donations or those we meet daily – our family, friends, persons we encounter on the street or in the

grocery store, etc. Not only do we see Christ in each one, we should also try to acknowledge each one as the individual creation and child of God the s/he is.

We part company with our other Franciscan brothers and sisters where denominational differences come in. As recipients of Francis' original Rule for the Brothers and Sisters of Penitence, we are a canonically established order within the Catholic Church. Thus, we must be not only baptized Christians, but also Catholics in good standing in order to be professed. We promise to follow and support the Church and her teachings in our profession.

Our Franciscan charism, as embodied in St Francis and the Rule he gave us, embraces all of this. If we try to live it every day, we will be better persons, Christians, and Catholics. Let us begin again, for up to now we have done nothing.

Pax et Bonum,
Sita

N.B. I will not be able to attend our June meeting, as I will be doing a visitation for another fraternity. Jan Martin will lead the meeting.

Professions

None

Birthdays of the Month

Janette Martin (3rd)
Anne-Marie Pastorkovich (16th)
Anna Claire Smith (20th)
Michael Landrigan (22nd)

June

Sita Chakrawarti (7th)

Necrology

Rose McDonough – May 21, 1980
James A Joyce – May 1988
Evelyn Gibney – May 2, 2005
Wilma Harrington – May 5, 2014
Judy Manuel – May 17, 2019
Shane Potts – May 26, 2020

Prayer Intentions

For...

- For vocations to our Fraternity and all branches of the Franciscan family.
- *For peace with Iran, in the Middle East, Ukraine,*

Sudan, and wherever there is violence.

- For the victims of violence particularly from war and the conversion of the violent.
- *For the upholding of human life from conception until natural death.*
- The health, protection and guidance of Pope Leo XIV, all bishops, priests, deacons, friars, and religious sisters.
- *A just peace in Ukraine and protection for her Ukrainian and Ruthenian Rite Catholics.*
- Grace Coipuram, OFS
- *Angela Gill, OFS who is undergoing chemo for cancer and her husband Anthony who has cysts on his pancreas.*
- For continued healing from a fall for Margaret, mother of Anne-Marie Pastorkovich.
- *Patrick Birello's back and leg issues.*
- For recovery for Ralph Palasek from the aftereffects of battling an infection.
- *Patricia Kennedy, mother of Joseph Kennedy, OFS who suffers from congestive heart failure.*
- Louis, son of Clarissa, of STM Parish, and for all those suffering from depression.
- *Liz's friend Dan who has Parkinson's Disease.*
- For Liz Shaeffer, OFS' niece, Liz Williamson, 35, mother of two, recovering from brain surgery.
- *For April's friend, Kathleen who suddenly passed away while she was planting in her garden.*
- The sister of a friend of April, who does not want her sister to pray for her.
- *April's friend who has been overseas and never came back to the States.*
- April's friend, whose husband avoids Church, and his ex-wife who never went to Church.
- *The grandson of April's friend and another friend with suddenly worsening dementia.*
- For April's friend's mother, Adelaide and Christian,

LIVING OUR FRANCISCAN CHARISM

St. Margaret of Cortona Regional Retreat

June 5 -7, 2026

Priest Field Pastoral Center, Kearneysville, WV

Our St. Margaret of Cortona Annual Retreat celebrates the Region's 2026 "Justice, Peace, and Integrity of Creation" theme in a Spiritual Retreat focused on making JPIC-driven choices in our daily lives.

Reflect upon the themes of "justice, peacemaking, and respect for all created things and people," as we bring "Life to Gospel and Gospel to Life" in our Fraternities, families, workplace, and local and global communities. Come prepared to share, listen, and engage.

the grandson of a friend.

- *The Poor Holy Souls in Purgatory.*
- Religious freedom and for all persecuted for their belief in God.
- *Prisoners, the sick, poor, hungry, lonely, the elderly and their caregivers, homeless, unemployed, the dying and those with no one to pray for them.*
- The work of the Order of Malta in Bethlehem in this time of strife and war.
- *The union of all Christians and salvation of all.*

Secretary's Notes

This Sunday we again are meeting at St. Ann's Catholic Church at 2:00 p.m.! The address is 5300 10thSt N, Arlington, VA 22205. We will meet in Room 105, which is downstairs below the nave itself. It can be accessed from the office entrance of the small parking lot in front of the Church near Frederick St. or by taking the stairs or elevator down from the vestibule.

We are praying the Litany of Loretto after Evening Prayer in keeping with May being especially dedicated to Our Blessed Mother. On page 6 is an article on the three invocations of Mary added by Pope Francis to the Litany in 2020. On page 9 is a copy of the Litany of Loretto with those invocations added. Andrea suggested we reflect on what our favorite title for her is. This should tie in well with Michael's discussion of Rule 9 and devotion to the Blessed Mother in our Franciscan life.

Also, we celebrate the patron of our region, St. Margaret of Cortona on May 16th.

Peace and Good,
Randy

WHO SHOULD ATTEND Everyone, but especially: All those with a desire to reignite our Franciscan charism Fraternity JPIC Animators and Formation Directors Fraternity and Regional Leadership Newly Professed, Candidates, and Inquirers Fraternities who do not have their own annual retreat All those who feel called to discern what is "ours to do"

WHAT TO EXPECT Rev. Stan Fortuna, CFR is our retreat master. A founding member of the Franciscan Friars of the Renewal (CFRs), Fr. Stan is beloved by many Secular Franciscans and has led other retreats for Fraternities in the region. He is also an accomplished professional musician, composer, and poet. Founded in 1987, the CFRs work with the poorest of the poor in the Bronx and around the world.

Known for his stirring homilies, Fr. Stan's talks will include themes such as Love for the Poor, Life to Gospel and Gospel to Life, Discerning What is "Ours to Do," and the special significance of the 800th Anniversary of the Passing of Our Seraphic Father. Mass will be celebrated on Saturday and Sunday mornings. And of course, there will be Adoration and the Liturgy of the Hours. Time for Confession may be limited, as Fr. Stan is the only priest attending.

In addition, the JPIC team planning the retreat will host at least two panels, comprised of our own Brothers and Sisters, including discussion of:

- Fraternity Apostolates Across the Region, including examples of charitable and advocacy work with those who are homeless, immigrants, and the environment.
- JPIC's broader mission across Fraternities, our families, the workplace, and in our local and global communities.
- How JPIC intersects with the region's formation, multicultural, and interfaith initiatives; and how we are guided by our OFS Rule.

Finally, there will be some time in the evening or over meals, to relax and interact with our Sisters and Brothers. For those so inclined, there is an exercise room and a walking trail in the woods. A member of our planning team recently said that the only thing Secular Franciscans like better than getting together to eat is getting together to sing. Given that Fr. Stan is a musician, it is likely that singing and music will also be a part of what to expect on the weekend.

Goals for the Retreat include:

CARE FOR CREATION - Registrants will receive more information closer to the retreat on how we plan to recycle, reuse, carpool, and take other measures to care for creation.

GIVING BACK - Registrants will be asked to bring a canned good or nonperishable food item to the retreat. Along with any unopened snacks, we will donate these items to a local food bank with the assistance of local Secular Franciscans.

INCLUDE EVERYONE - We want to make every attempt to simply include everyone. If you are disabled and need assistance, we may be able to match you with a volunteer. If you need a language Interpreter/Translator, please let us know your needs. We are working on bringing in an ASL Interpreter for those who are Deaf. And if you want to attend the retreat but are unable to drive, plan early and let us try to help you find a ride with someone else from your area.

The retreat will begin on Friday, June 5, with registration from 3:00 to 5:00 PM. We will end on Sunday, June 7 at 12 noon. Meals provided are dinner on Friday, breakfast/lunch/dinner on Saturday, and breakfast on Sunday.

RETREAT FEES AND PAYMENT Check out the registration site for more details regarding retreat fees, deadlines, and the registration process.

REGISTER NOW: <https://www.signupgenius.com/go/409094DAAA72EAAF94-62122762-2026>

Contact 2026MOCRetreat@secularfranciscan.org for more information.



Spiritual Assistant's Corner



**ST. JOAN OF ARC
PATRON SAINT OF SOLDIERS AND FRANCE
SAINT DAY - MAY 30**

During the Hundred Years' War, fought between England and France, Joan was born in 1412 to parents of the French peasant class in the village of Domremy. From an early age, she heard the voices of St. Michael the Archangel, St. Catherine of Alexandria, and St. Margaret. At the age of thirteen, these three saints told Joan to drive the English out of France, after over 80 years of war. When she was just sixteen years old, disguising herself as a man, Joan joined the French army. Historical accounts indicate that Joan was a Third Order Franciscan, that she frequently attended Mass, and that she shared the Franciscan ideals of serving the poor and disenfranchised.

With divine assistance, Joan led the French army to many victories before she was captured by the English. Recognizing her importance to French morale, the English held a sham trial which convicted and condemned her to death in 1431. Today, St. Joan of Arc is a patron saint of France and is portrayed throughout French film, literature, and art. She is a symbol of the unlikely story of a young girl saving her people from foreign domination. As such, St. Joan is an inspiration for all those who use whatever gifts they have to improve the lives of others.

*Gil Donahue, OFS - Spiritual Assistant, St. Thomas More Fraternity
19 April 2026*

General Constitutions

Sections Applying Directly to Article 9 of the Rule

Article 16

1. *Rule 9.* Mary, Mother of Jesus, is the model of listening to the Word and of faithfulness to vocation; we, like Francis, see all the gospel virtues realized in her¹⁵. The brothers and sisters should cultivate intense love for the Most Holy Virgin, imitation, prayer, and childlike surrender. They should manifest their own devotion with expressions of genuine faith, in forms accepted by the Church.
2. Mary is the model of fruitful and faithful love for the entire ecclesial community. Secular Franciscans and their fraternities should seek to live the experience of Francis, who made the Virgin the guide of his activity. With her, like the disciples at Pentecost, they should welcome the Spirit to create a community of love¹⁶.

¹⁵Salutation to the Blessed Virgin Mary, Omn p. 135 SBV (1 FA:ED, Sal BVM, p. 163).

¹⁶ Cf. 2 Celano 198, Omn p. 521 (2 FA:ED, 2Cel, p. 374).

Pope Adds Three New Invocations to the Litany of the Blessed Virgin Mary

By Vatican News

The addition that Pope Francis has made to the Litany of Loreto, was made public by the Congregation for Divine Worship and the Discipline of the Sacraments, on Saturday. It was timed for the feast of the Immaculate Heart of Mary, June 20, 2020.

In a letter to the presidents of bishops' conferences worldwide, Cardinal Robert Sarah, the Prefect of the Congregation, and its Secretary, Archbishop Arthur Roche, note that through the course of centuries, Christians have been using innumerable invocations and titles to call upon the Virgin Mary, "as the privileged and sure way to an encounter with Christ".

Responding to the needs of our time

"Referring to the present times, marked by feelings of uncertainty and trepidation, the People of God," they say, "devoutly recourse to her, full of affection and trust."

"Discerning this sentiment and welcoming the desires expressed," the Congregation explains, "the Supreme Pontiff, Pope Francis, wishes to provide that in the formulary of the litany of the Blessed Virgin Mary, called 'The Litany of Loreto', the invocations 'Mater misericordiae', 'Mater spei' and 'Solacium migrantium' should be inserted."

According to directions, the invocation, "Mother of mercy" is to be inserted after "Mother of the Church", "Mother of hope" after "Mother of Divine Grace" and "Solace of migrants" after "Refuge of sinners".

In an interview, Archbishop Roche explained that these invocations "respond to the realities of the time that we are living". Speaking to Vatican News, he said that many people across the world who are afflicted in many ways, not only by the Covid-19 pandemic, but also forced from their homes because of poverty, conflict and other reasons, are invoking Our Lady.

Invocations not new

Archbishop Roche said that the Holy Father wanted to respond to this moment by including these invocations. The archbishop pointed out that these invocations are not new because they are part of the tradition of the Church that go back many centuries, such as the prayer and hymn, "Hail Holy Queen, Mother of mercy, Hail our hope...".

"All these invocations," he said, "have been put into the Litany of Loreto, which is beloved by people throughout the world." "It is now responding to a real need that there is in our world today for the assistance of Our Blessed Lady."

What is the Litany of Loreto?

The Litany of Loreto takes its name from the Marian shrine of Loreto in Italy, where it is believed to have been used as far back as 1531. It was officially approved in 1587 by Pope Sixtus V, who suppressed all other Marian litanies used publicly. The Litany of Loreto is the only approved Marian litany. However, many more Marian litanies were and are in use, but are designated for private devotion, as is evident, for example, in the so-called Officia Mariana. Through the centuries at least 7 new invocations to Mary were added. Saint Pope John Paul II added "Mother of the Church" in 1980, and "Queen of families" in 1995. Pope Francis has now added three more.

There are also other litanies such as of Saints, of the Names of Jesus, of the Sacred Heart of Jesus, of Saint Joseph (1909), of the Precious Blood and also of Divine Mercy.

<https://www.vaticannews.va/en/pope/news/2020-06/pope-francis-loreto-litany-new-invocations.html>
Accessed 5/11/2026.

Saints of the Month

<https://www.secularfranciscansusa.org/wp-content/uploads/Franciscan-Saints-2022-1-Catalog-by-Mary-Lou-Coffman-OFS.pdf>

- May 1 St. Riccardo Pampuri, Confessor, was a tertiary before joining another religious institute (August 2, 1897-March 1, 1930)
https://www.vatican.va/news_services/liturgy/saints/ns_lit_doc_19891101_pampuri_en.html
- Bl. Vivaldo of San Gimignano, Franciscan Friar, Hermit (1260-1320)
<http://stevenwood.com/reflections/franciscan/0501-30.htm>
- May 3 Bl. Edward Joseph Rosaz, Priest, Founder, Third Order Secular and Regular (February 15, 1830-May 3, 1903)
<https://stevenwood.com/reflections/franciscan/0504-23.htm>
- May 4 Bl. Thomas Bullaker, Bl. Henry Heath, Bl. Arthur Bell, Bl. John Woodcock, and Bl. Charles Meehan, Franciscan Martyrs of England and Wales, First Order
<http://stevenwood.com/reflections/franciscan/0504-34.htm>
- Bl. Ladislav de Gielniow, Priest, Order of Friars Minor, Capuchin (c. 1440-May 4, 1505)
<http://www.roman-catholic-saints.com/blessed-ladislav-of-gielniow.html>
- Bl. Ceferino Giménez Malla, Third Order Secular, Martyr, First Gypsy to be declared Blessed (August 26, 1861-August 8, 1936)
https://en.wikipedia.org/wiki/Ceferino_Gim%C3%A9nez_Malla
- Bl. Tommaso da Olera, Friar, Order of Friars Minor, Capuchin (1563-May 3, 1631)
<https://anastpaul.com/2020/05/04/saint-of-the-day-4-may-blessed-tommaso-da-olera-ofm-cap-1563-1631/>
- May 5 Bl. Benvenuto Mareni, Lay Brother, Order of Friars Minor, Conventual (d. May 5, 1269)
<http://catholicsaints.info/blessed-benvenuto-mareni/>
- St. Judith of Prussia (Jutta of Kulmsee), Third Order Secular (~1200-May 5, 1264)
https://en.wikipedia.org/wiki/Jutta_of_Kulmsee
- May 6 Bl. Anne-Rose Gattorno Founder, Franciscan Third Order Regular (October 14, 1831-May 6, 1900)
https://www.vatican.va/news_services/liturgy/saints/ns_lit_doc_20000409_beat-Gattorno_en.html
- May 6 Bl. Catherine Troiani, Third Order Regular, Missionary (1813-May 6, 1887)
https://www.catholic.org/saints/saint.php?saint_id=7113
- May 7 Bl. Agnellus of Pisa, Order of Friars Minor, First Minister Provincial in England (1195-1236)
https://en.wikipedia.org/wiki/Agnellus_of_Pisa
- May 8 St. Amato Ronconi, Third Order Secular (c. 1225-May 8, 1292)
https://en.wikipedia.org/wiki/Amato_Ronconi
- May 11 St. Antonio of St. Anne Galvao, Franciscan Priest, Founder of the Conceptionist Sisters (1739-December 23, 1822)
<https://www.franciscanmedia.org/saint-of-the-day/saint-antonio-de-santanna-galvao>
- May 11 St. Ignatius of Laconi, Lay Brother, Order of Friars Minor, Capuchin (December 10, 1701-May 11, 1781)
https://www.catholic.org/saints/saint.php?saint_id=6982
- May 12 St. Leopold Mandic of Castelnuovo, Priest, Order of Friars Minor, Capuchin (May 12, 1866-July 30, 1942)
https://en.wikipedia.org/wiki/Leopold_Mandic
- May 13 Bl. Gerard of Villamagna, Third Order Secular, Hermit (1174-May 13, 1242)
<http://stevenwood.com/reflections/franciscan/0513-23.htm>
- May 16 **St. Margaret of Cortona, Third Order Secular, Patroness of our OFS Region** (1247-February 22, 1297)
<https://www.franciscanmedia.org/saint-of-the-day/saint-margaret-of-cortona>
- St. Theophilus of Corte, Priest, Order of Friars Minor (1676-June 17, 1740)
<https://www.roman-catholic-saints.com/saint-theophilus-of-corte.html>
- May 17 St. Paschal Baylon, Friar, Order of Friars Minor (May 16, 1540-May 17, 1592)
<https://www.roman-catholic-saints.com/saint-paschal-of-baylon.html>
- May 18 St. Felix de Cantalice, Lay Brother, Order of Friars Minor, Capuchin (May 18, 1515-October 18, 1587)
<https://www.roman-catholic-saints.com/saint-felix-of-cantalice.html>

- May 19 St. Crispin of Viterbo, Friar, Order of Friars Minor, Capuchin November 13, 1668-May 19, 1750)
https://www.capuchin.org/saints_blessed/saint-crispin-of-viterbo/
- St. Marie-Bernard Bütler, Foundress, Franciscan Missionary Sisters of Our Lady of Help of Sinners
 (May 28, 1848-May 19, 1924)
https://www.vatican.va/news_services/liturgy/saints/2008/ns_lit_doc_20081012_verena_en.html
- Bl. Umiliana de' Cerchi, Third Order Secular (1219-May 19, 1246)
<https://www.roman-catholic-saints.com/blessed-humiliana-cerchi.html>
- St. Yves of Brittany, Third Order Secular, Patron of Lawyers (October 17, 1253-May 19, 1303)
<https://www.newadvent.org/cathen/08256b.htm>
- May 20 St. Bernardine of Siena, Priest, Missionary, Order of Friars Minor (September 8, 1380-May 20, 1444)
<http://www.roman-catholic-saints.com/saint-bernardine-of-siena.html>
- May 21 Bl. Franz Jägerstätter, Third Order Secular, Martyr (May 20, 1907-August 9, 1943)
https://www.vatican.va/news_services/liturgy/saints/ns_lit_doc_20071026_jagerstatter_en.html
- May 22 St. Joaquina Vedruna de Mas, Secular Franciscan, Founder, Carmelite Sisters of Charity
 (April 16, 1783-August 28, 1854)
<https://www.roman-catholic-saints.com/saint-joachima-de-vedruna.html>
- Bl. John Forest, Priest, Friars Minor Regular Observance (1471-May 22, 1538)
<https://www.encyclopedia.com/religion/encyclopedias-almanacs-transcripts-and-maps/forest-john-bl>
- May 24 Dedication of the Basilica in Assisi, 1253
https://en.wikipedia.org/wiki/Basilica_of_Saint_Francis_of_Assisi
- Bl. John of Prado, Priest, Martyr, Barefooted Franciscans of the Strict Observance
 (c. 1563-May 24, 1636)
<https://www.roman-catholic-saints.com/blessed-john-of-prado.html>
- May 26 St. Mariana of Jesus de Paredes, Third Order Secular, Hermit (October 31, 1618-May 26, 1645)
<http://www.roman-catholic-saints.com/saint-mariana-of-jesus.html>
- May 27 Bl. Gerard of Lunel, Third Order Secular (1275-1298)
<http://www.roman-catholic-saints.com/blessed-gerard-of-lunel.html>
- May 30 St. Joan of Arc, Secular Franciscan, "Maid of Orleans" and martyr of France (c. 1412-May 30, 1431)
<http://www.roman-catholic-saints.com/st-joan-of-arc.html>
- St. King Ferdinand III, King of Spain, Third Order Secular (1199/1201-May 30, 1252)
<http://www.roman-catholic-saints.com/saintfernando.html>
- May 31 St. Camilla Battista da Varano, Princess, Poor Clare Abbess (April 9, 1458-May 31, 1524)
<http://poorclarepa.org/st-camilla-batista-varano/>
- June 2 St. Felix of Nicosia, Friar, Order of Friars Minor, Capuchin (November 5, 1715-May 31, 1787)
https://en.wikipedia.org/wiki/Felix_of_Nicosia
- Bl. John Pelingotto, Secular Franciscan Order (1240-Jun 3 1, 1304)
https://en.wikipedia.org/wiki/Giovanni_Pelingotto
- June 3 Bl. Andrew of Spello, Priest, Order of Friars Minor (November 30, 1194-June 3, 1254)
<http://www.roman-catholic-saints.com/blessed-andrew-of-spello.html>
- June 5 Bl. Pacific of Cerano, Priest, First Order Franciscan (1424-June 4, 1482)
<http://www.roman-catholic-saints.com/blessed-pacific-of-cerano.html>
- June 7 Bl. Humiliana Cerchi, Third Order Secular (1219-May 19, 1246)
<http://www.roman-catholic-saints.com/blessed-humiliana-cerchi.html>
- June 8 Bl. Nicholas of Gèsturi, Lay Brother, Order of Friars Minor, Capuchin (August 4, 1882-June 8, 1958)
https://www.capuchin.org/saints_blessed/blessed-nicholas-of-gesturi

Litany of the Blessed Virgin Mary (Litany of Loreto)

Lord, have mercy on us.
Christ, have mercy on us.

Lord, have mercy on us.
Christ, hear us.

Christ, graciously hear us.

God, the Father of Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Spirit, *have mercy on us.*

Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us.*

Holy Mother of God, *pray for us.*

Holy Virgin of Virgins, *pray for us.*

Mother of Christ, *pray for us.*

Mother of the Church, *pray for us.*

Mother of Mercy, *pray for us.*

Mother of Divine Grace, *pray for us.*

Mother of Hope, *pray for us.*

Mother Most Pure, *pray for us.*

Mother Most Chaste, *pray for us.*

Mother Inviolata, *pray for us.*

Mother undefiled, *pray for us.*

Mother Most Amiable, *pray for us.*

Mother Most Admirable, *pray for us.*

Mother of Good Counsel, *pray for us.*

Mother of our Creator, *pray for us.*

Mother of our Savior, *pray for us.*

Virgin Most Prudent, *pray for us.*

Virgin Most Venerable, *pray for us.*

Virgin Most Renowned, *pray for us.*

Virgin Most Powerful, *pray for us.*

Virgin Most Merciful, *pray for us.*

Virgin Most Faithful, *pray for us.*

Mirror of Justice, *pray for us.*

Seat of Wisdom, *pray for us.*

Cause of Our Joy, *pray for us.*

Spiritual Vessel, *pray for us.*

Vessel of Honor, *pray for us.*

Singular Vessel of Devotion, *pray for us.*

Mystical Rose, *pray for us.*

Tower of David, *pray for us.*

Tower of Ivory, *pray for us.*

House of Gold, *pray for us.*

Ark of the Covenant, *pray for us.*

Gate of Heaven, *pray for us.*

Morning Star, *pray for us.*

Health of the Sick, *pray for us.*

Refuge of Sinners, *pray for us.*

Solace of Migrants, *pray for us.*

Comforter of the Afflicted, *pray for us.*

Help of Christians, *pray for us.*

Queen of Angels, *pray for us.*

Queen of Patriarchs, *pray for us.*

Queen of Prophets, *pray for us.*

Queen of Apostles, *pray for us.*

Queen of Martyrs, *pray for us.*

Queen of Confessors, *pray for us.*

Queen of Virgins, *pray for us.*

Queen of all Saints, *pray for us.*

Queen Conceived without Original Sin, *pray for us.*

Queen Assumed into Heaven, *pray for us.*

Queen of the Most Holy Rosary, *pray for us.*

Queen of Families, *pray for us.*

Queen of Peace, *pray for us.*

Lamb of God, who take away the sins of the world, *spare us, O Lord!*

Lamb of God, who take away the sins of the world, *graciously hear us, O Lord!*

Lamb of God, who take away the sins of the world, *have mercy on us.*

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. Grant, we beseech you, O Lord God, that we your servants, may enjoy lasting health of mind and body, and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enter into the joy of eternal happiness. Through Christ our Lord. *R. Amen.*

During Advent

Let us pray. O God, you willed that, at the message of an angel, your Word should take flesh in the womb of the Blessed Virgin Mary; grant to your suppliant people, that we, who believe her to be truly the Mother of God, may be helped by her intercession with you. Through the same Christ our Lord. *R. Amen.*

From Christmas to the Purification

Let us pray. O God, by the fruitful virginity of Blessed Mary, you bestowed upon the human race the rewards of eternal salvation; grant, we beg you, that we may feel the power of her intercession, through whom we have been made worthy to receive the Author of life, our Lord Jesus Christ your Son. Who lives and reigns with you forever and ever. *R. Amen.*

During Paschaltime

Let us pray. O God, who by the Resurrection of your Son, our Lord Jesus Christ, granted joy to the whole world; grant, we beg you, that through the intercession of the Virgin Mary, his Mother, we may attain the joys of eternal life. Through the same Christ our Lord. *R. Amen.*

This beautiful litany can be recited alone, or after praying the rosary, particularly during the month of May, dedicated to Mary. A partial indulgence is attached to those who pray this litany.

This is the 1587 version of the Litany of Loreto with the new advocations over the centuries:

1675 Queen of the most Holy Rosary (for the confraternities of the Holy Rosary)

1883 Queen Conceived without Original Sin (Leo XIII for the whole Church)

1903 Mother of Good Counsel (Leo XIII)

1917 Queen of Peace (Benedict XV)

1950 Queen Assumed into Heaven (Pius XII)

1980 Mother of the Church (John Paul II)

1995 Queen of Families (John Paul II)

2020 Mother of Mercy (Pope Francis)

2020 Mother of Hope (Pope Francis)

2020 Solace of Migrants (Pope Francis)

Prayer Source: *Enchiridion of Indulgences* , June 29, 1968

<https://www.catholicculture.org/culture/liturgicalyear/prayers/view.cfm?id=870> Accessed 5/11/2026