



October 2026

THE CALL

St. Thomas More Fraternity, Secular Franciscan Order

From Gospel to Life and Life to Gospel

Minister: Sita Chakrawarti, OFS; Vice Minister: Janette Martin, OFS; Secretary: Thomas Bender, OFS; Treasurer: Joseph Kennedy, OFS; Formation Director: Michael Landrigan, OFS; Councilor-at-Large: Ann Corro, OFS, Spiritual Assistant: Gil Donahue, OFS

Meeting – 2:00 p.m. - Sunday, October 11, 2026

St. Ann Catholic Church

Room 105 (under the Church)

5300 10th St N, Arlington, VA 22205

We are collecting can goods for the needy

- *Opening Prayer* – Ritual, p. 35.
- *Ongoing Formation* – Please review our Secular Franciscan Rule, paying particular attention to Articles 14 and 15, which we will discuss at the Sunday meeting. See Page 4 for related articles from the General Constitutions.

These are the questions we will use for a "Go-Around" at our Sunday meeting.

- In your opinion, why does our Rule focus on social issues? How does that fit into Franciscan Spirituality?
- What are some areas of modern life that need exploration and change in regard to the practice of justice?

- *Fellowship*
- *Business Meeting*
- *Liturgy of the Hours* – Evening Prayer II for the Twenty-Eighth Sunday in Ordinary Time
 - Psalms/Reading/Responsory/Intercessions from Evening Prayer II for Sunday, Psalter Week IV
 - Gospel Canticle Antiphon / Closing Prayer from the Proper of Seasons, Twenty-eighth Sunday in Ordinary Time.
 - Hymn TBD. Please bring your breviary and hymnal.
- *Closing Prayer* – Ritual, p. 36.

Table of Contents

Minister's Reflection	– p. 2
Professions	– p. 3
Birthdays of the Month	– p. 3
Necrology	– p. 3
Prayer Intentions	– p. 3
Secretary's Notes	– p. 4
General Constitutions and Rules 14/15	– p. 4
Spiritual Assistant's Corner	– p. 5 –
Pope Saint John XXIII	
Fr. Jerome	– p. 6 – 800 Years
Saints of the Month	– p. 7
Divine Inspiration: The Legacy of the St.	
Francis Missal	– p. 8
Faith and Action:	
A Day of Sharing Our JPIC Journey	– p. 9
True and Perfect Joy	– p. 10



Minister's Reflection



It should have been obvious to me that the October reflection for the 800th jubilee year of St Francis should be about St Francis. However, I'm neither historian/biographer nor theologian, so I wasn't sure that I had anything new to say. Eventually, though, I decided to write about what I love about St Francis and why I became and continue to be one of his followers.

There have been countless books written about Francis and Franciscans – and, sadly, I've barely made a dent in that treasure trove, something I look forward to working on. Nora Hammerman, an art historian who gave a talk at St Mary's Lyceum on September 29, said that Francis is also one of the most widely depicted persons in art history. From thousands of images shortly after his death to today, various aspects of Francis' life have been popular topics for artists. These include the sermon to the birds, the wolf of Gubbio story, the visit to the Sultan, the creche, and, of course, the receiving of the stigmata. His stripping naked to return his clothes to his father and the depiction of the Pope's dream of him holding up and rebuilding the Church are also frequent topics. There's even a Marvel Comics picture of Francis being "zapped" with the stigmata! Francis is popular with Protestants as well: Patricia Appelbaum wrote

St Francis in America about his popularity here, primarily as he became the "birdbath St Francis."

I find all these stories wonderful, too, and I marvel at the gorgeous art St Francis has inspired. But it's what lies behind the stories and artwork that really attracts me. Francis' message is much deeper than just the stories, and he was a much more complex person. Even in the 13th century, he was a radical and an extremist, to say nothing of how he would appear today.

Today, anyone who stripped naked during a fight with his father in a public place, ran around begging and singing at the tops of his lungs, no matter the message, would be locked up as insane. But if he was insane, Francis was insane for God. Everything he did was his way of following Christ and living the Gospel life literally. His message and way of life have drawn thousands, if not millions, to profess his charism throughout these 800 years.

Fortunately, he had the genius and sense to realize that not everyone who wanted to follow him could adopt his extreme lifestyle. I thank God that Francis provided a Rule for the penitents who would remain in the world, namely for us Seculars. I must admit that I am very much a product of the 20th and 21st centuries: I like living in a house with modern conveniences such as indoor plumbing, a washer and dryer, a car, books, etc. (The two times I tried camping many years ago convinced me that I much prefer hotel rooms.)

At the same time, I love Francis and what he shows us about how we can live as Franciscans in the world today. His passionate love of the Lord, Church, and the Gospel are paramount. The embrace of the leper and the meeting with the Sultan translate easily to our own time, as we try to embrace and stand up for the lepers and marginalized of our own day and try to work for peace in our world. The call to rebuild the Church, to fight injustice, and to love all of God's creation – human, fauna, flora, and Earth – certainly resonate today. All of these concepts and examples are noted in our Rule of 1978, written for our time, and open to our interpretation as our circumstances allow. Thus, I see in so many of the artworks respect and love of St Francis and reminders of his depth for those who want to imitate him in whatever way possible.

May the example and prayers of St Francis always, but especially in this 800th jubilee month, help us to follow him more truly; to love God the Father, Son, and Holy Spirit more deeply; and to share more fully that love with all creation as the visionary Rule that Francis gave us calls us to do. Amen.

Pax et bonum, Sita

Professions

10/11/1998

Anna Claire Smith (Mary)

10/14/ 2001

April Garcia (Francis)

Birthdays of the Month

October

Ralph Palasek (6th)

Bernadette Lozano (23rd)

November

None

Necrology

William F East – October 1989

Leo J Hannon – October 1990

Maria Alicia Heusser – October 1994

Elmer V Dean – October 1994

Gerhard Lubbers – October 1994

Maude G Pierce – October 1996

Johanna Hannon – October 1996

Dorothy Renkes – October 1998

R. Marie Hopkins – October 7, 2013

Prayer Intentions

For...

- For vocations to our Fraternity and all branches of the Franciscan family.
- *For the victims of violence and the conversion of the violent.*
- *For all those who travel by sea, air, and land.*
- For the sick, the suffering, and the captive.
- *For the elderly and for our elderly parents and their caregivers.*
- *For peace in the world and in our country and communities particularly in the Middle East, Ukraine, Sudan and where there is violence.*

- Poor, hungry, lonely, homeless, unemployed, the dying and those with no one to pray for them.
- *For the upholding of human life from conception until natural death.*
- The health, protection and guidance of Pope Leo XIV, all bishops, priests, deacons, friars, and religious sisters.
- *For protection of Ukrainian and Ruthenian Rite Catholics and all Christians in peril.*
- For all youth in the world that they may experience exemplars like Ss. Pier Giorgio and Carlo Acutis that lead them to Christ.
- *For healing of the schism with the SSPX.*
- For the repose of the soul of Lisa Martin, Jan Martin's sister.
- *Grace Coipuram, OFS*
- Angela Gill, OFS who is undergoing chemo for cancer and her husband Anthony who has cysts on his pancreas.
- *For healing for April's back, of her legs, and knees (Baker's cyst).*
- Patrick Birello's back and leg issues.
- For Katherine, who has ALS
- *For Denise, who is having chemotherapy.*
- For Donald, who is in memory care
- *Liz's friend Dan who has Parkinson's Disease.*
- For Ralph Palasek's recovery from the aftereffects of a serious infection.
- *Patricia Kennedy, mother of Joseph Kennedy, OFS who suffers from congestive heart failure.*
- Louis, son of Clarissa, of STM Parish, and for all those suffering from depression.
- *For April's friend, Kathleen who suddenly passed away while she was planting in her garden.*
- The sister of a friend of April, who does not want her sister to pray for her.
- *April's friend who has been overseas and never came back to the States.*
- April's friend, whose husband avoids Church, and his ex-wife who never went to Church.
- *The grandson of April's friend and another friend with suddenly worsening dementia.*
- For April's friend's mother, Adelaide and Christian, the grandson of Frank, the leader of her Luminaries group.
- *The Poor Holy Souls in Purgatory.*
- Religious freedom and for all persecuted for their belief in God.

- The work of the Order of Malta in Bethlehem in this time of strife and war.
- *The union of all Christians and salvation of all.*

Secretary's Notes

Kully Dooley will be professed at the 5:30 p.m. Mass at St. Ann's on November 7, 2026. More details are to come. Jan Martin will be leading our meeting this month as Sita will be out of town.

As we have just celebrated the Transitus of our Seraphic Father Francis and thinking of our

brother Ralph, I have included for reflection on p. 10, St. Francis' reflection on *True and Prefect Joy*. Read over sentence 11 carefully. This perhaps reflects how Francis felt welcomed in his order as it grew and the needs of managing such growth began to choke out the initial fervor for Lady Poverty and her sister Lady Humility.

Peace and Good,
Randy

General Constitutions

Articles Applying Directly to Articles 14 and 15 of the Rule

Article 19

1. *Rule 14.* Secular Franciscans should always act as a leaven in the environment in which they live through the witness of their fraternal love and clear Christian motivations.
2. In the spirit of minority, they should choose relationships which give preference to the poor and to those on the fringe of society, whether these be individuals or categories of persons or an entire people; they should collaborate in overcoming the marginalization of others and those forms of poverty that are the fruit of inefficiency and injustice.

Article 20

1. *Rule 14.* Secular Franciscans, committed by their vocation to build the Kingdom of God in present situations and activities, live their membership both in the Church and in society as an inseparable reality.
2. As the primary and fundamental contribution to building a more just and fraternal world, they should commit themselves both to the fulfilment of the duties proper to their occupation and to the professional training that pertains to it. With the same spirit of service, they should assume their social and civil responsibilities.

Article 22

1. *Rule 15.* Secular Franciscans should "be in the forefront ... in the field of public life." They should collaborate as much as possible for the passing of just laws and regulations.
2. Fraternities should commit themselves through courageous initiatives, consistent with their Franciscan vocation and with the directives of the Church, in the field of human development and justice. They should take clear positions whenever human dignity is attacked by any form of oppression or indifference. They should offer their fraternal service to the victims of injustice.
3. The renunciation of the use of violence, characteristic of the followers of Francis, does not mean the renunciation of action. However, the brothers and sisters should take care that their interventions are always inspired by Christian love.



Spiritual Assistant's Corner



POPE SAINT JOHN XXIII **(November 25, 1881 – June 3, 1963)** **Feast: October 11**

Although few people had as great an impact on the 20th century as Pope John XXIII, he avoided the limelight as much as possible. Indeed, one writer has noted that his “ordinariness” seems one of his most remarkable qualities.

The firstborn son of a farming family in Sotto il Monte, near Bergamo in northern Italy, Angelo Giuseppe Roncalli was always proud of his down-to-earth roots. In Bergamo’s diocesan seminary, he joined the Secular Franciscan Order.

After his ordination in 1904, Fr. Roncalli returned to Rome for canon law studies. He soon worked as his bishop’s secretary, Church history teacher in the seminary, and as publisher of the diocesan paper.

His service as a stretcher-bearer for the Italian army during World War I gave him a firsthand knowledge of war. In 1921, Fr. Roncalli was made national director in Italy of the Society for the Propagation of the Faith. He also found time to teach patristics at a seminary in the Eternal City.

In 1925, he became a papal diplomat, serving first in Bulgaria, then in Turkey, and finally in France. During World War II, he became well acquainted with Orthodox Church leaders. With the help of Germany’s ambassador to Turkey, Archbishop Roncalli helped save an estimated 24,000 Jewish people.

Named a cardinal and appointed patriarch of Venice in 1953, he was finally a residential bishop. A month short of entering his 78th year, Cardinal Roncalli was elected pope, taking the name John after his father and the two patrons of Rome’s cathedral, St. John Lateran. Pope John took his work very seriously but not himself. His wit soon became proverbial, and he began meeting with political and religious leaders from around the world. In 1962, he was deeply involved in efforts to resolve the Cuban missile crisis.

His most famous encyclicals were *Mother and Teacher* (1961) and *Peace on Earth* (1963). Pope John XXIII enlarged the membership in the College of Cardinals and made it more international. At his address at the opening of the Second Vatican Council, he criticized the “prophets of doom” who “in these modern times see nothing but prevarication and ruin.”

On his deathbed, Pope John said: “It is not that the gospel has changed; it is that we have begun to understand it better. Those who have lived as long as I have...were enabled to compare different cultures and traditions, and know that the moment has come to discern the signs of the times, to seize the opportunity and to look far ahead.”

“Good Pope John” died on June 3, 1963. St. John Paul II beatified him in 2000, and Pope Francis canonized him in 2014.

Reflection

Throughout his life, Angelo Roncalli cooperated with God’s grace, believing that the job at hand was worthy of his best efforts. His sense of God’s providence made him the ideal person to promote a new dialogue with Protestant and Orthodox Christians, as well as with Jews and Muslims. In the sometimes noisy crypt of St. Peter’s Basilica, many people become silent on seeing the simple tomb of Pope John XXIII, grateful for the gift of his life and holiness. After his beatification, his tomb was moved into the basilica itself.

Gil Donahue, OFS
Spiritual Assistant, St. Thomas More Fraternity



800 Years

Eight hundred years since St. Francis of Assisi embraced Sister Death. That is well over three times the age of the United States of America. Just over 7.5 times the age of the NFL (initially called the American Professional Football Association, founded coincidentally on September 17, 1920). Before the invention of the printing press or the computer. Before the industrial age. Before the development of the study of psychology. I doubt that anyone reading this essay has a family tree that goes back 800 years. Write me if you do!

Eight hundred years is a long time to go back in history.

This year there are many celebrations of St. Francis, but the most important aspect of his life—I am certain he would agree—is that he pointed people to the Gospel. Whether it was reading the Gospel at Mass, preaching in the village, the encouragement he gave his brother friars and the birds and anyone else who would listen to him, or the simple way he tried to inscribe the Gospel with the choices he made through his life, in all this, St. Francis tried always to remind us that our calling is so great we cannot do it but we can agree to let God help us and we can help each other.

I find his letter to a minister quite moving, where he reminds the minister that no matter how great the sin of a brother, that brother should always see forgiveness in the face of his minister. Recently I read the Gospel at Mass (my Italian is improving) where Jesus tells us to forgive not seven but seventy times seven times. Every fragment of the Gospel, woven into a life. No wonder so many are attracted to St. Francis of Assisi!

For your October reflection and discussion:

- * What is one difficult-to-live element of the Gospel that you see in St. Francis' life or words, something that encourages you to keep trying to live in the footsteps of St. Francis as he follows Christ?
- * What is one way you imagine life is different now than it was for St. Francis, and yet the call to live the Gospel is still the same?

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We'd love your feedback!

Saints of the Month

<https://www.secularfranciscansusa.org/wp-content/uploads/Franciscan-Saints-01-2023.pdf>

- October 1* Bl. Nicolas of Forca Palena, Priest, Third Order Regular
(September 10, 1349-October 1, 1449)
<https://www.roman-catholic-saints.com/blessed-nicholas-of-forca.html>
- October 3* Commemoration of the Transitus of St. Francis of Assisi
- October 4* Solemnity of our Seraphic Father Saint Francis**
<https://www.roman-catholic-saints.com/solemnity-of-saint-francis.html>
- October 5* Bl. Felicia Meda, Order of Poor Clares (1378-September 30, 1444)
<https://www.roman-catholic-saints.com/blessed-felicia-meda.html>
- October 6* St. Mary Frances of the Five Wounds, Third Order Secular (March 25, 1715-October 7, 1791)
<https://www.mysticsofthechurch.com/2018/06/st-mary-frances-of-five-wounds-of-jesus.html>
- October 10* St. Daniel and Companions, Angelo, Domnus, Hugolinus, Leo, Nicholas, and Samuel
Priests, Order of Friars Minor, Martyrs of Morocco (d. October 10, 1227)
<https://www.roman-catholic-saints.com/saint-daniel-and-companions.html>
- Bl. Marie-Angela Truszkowska, Founder, Third Order Regular
(May 16, 1825-October 10, 1899)
https://en.wikipedia.org/wiki/Angela_Truszkowska
- October 11* St. John XXIII, Pope, Third Order Secular (November 25, 1881-June 3, 1963)
https://en.wikipedia.org/wiki/Pope_John_XXIII
- October 12* St. Seraphin of Montegranaro, Religious, Order of Friars Minor, Capuchin
(1540-October 12, 1604)
<https://www.roman-catholic-saints.com/saint-seraphin-of-montegranaro.html>
- October 13* Bl. Honorat Kozminski, Friar, Order of Friars Minor, Capuchin
(October 16, 1829-December 16, 1916)
<https://stevenwood.com/reflections/franciscan/1216-23.htm>
- October 17* Bl. Balthazar of Chiavari, Priest, Order of Friars Minor (1420-October 17, 1492)
<https://www.roman-catholic-saints.com/blessed-balthassar-of-chiavari.html>
- October 18* Bl. James of Strepar, Archbishop, Order of Friars Minor, Conv. (c. 1340-October 1409)
<https://www.roman-catholic-saints.com/blessed-james-of-strepar.html>
- October 19* St. Peter of Alcántara, Priest, Franciscan Stricter Observance (1499-October 18, 1562)
<http://www.newadvent.org/cathen/11770c.htm>
- October 23* St. John Capistrano, Priest, Order of Friars Minor (June 24, 1386-October 23, 1456)
<http://www.newadvent.org/cathen/08452a.htm>
- Bl. Josephine Leroux, Poor Clare, martyr (January 23, 1747-October 23, 1794)
<https://www.roman-catholic-saints.com/blessed-josephine-leroux.html>
- October 25* Bl. Maria Jesus Ferragut, virgin and companions, Martyrs of Valencia [Maria Veronica Masiá, Maria Felicity Masiá Ferragut, Isabel Claduch Rovira, Milagros Ortells Gimeno],
Poor Clares, d. 1936
<https://capuchinos.org/ingles1/blog/profile/b-maria-jesus-masia-ferragut-y-companeras-martires/>
- October 26* Bl. Bonaventure of Potenza, Priest, Order of Friars Minor, Conventuals (d. October 26, 1711)
<http://hagiomajor.blogspot.com/2012/10/october-26-blessed-bonaventure-of.html>
- October 29* Bl. Thomas of Florence, Friar, Order of Friars Minor (1370-October 31, 1447)
<https://www.roman-catholic-saints.com/blessed-thomas-of-florence.html>

- October 30** Anniversary of the Dedication in Consecrated Churches of the Seraphic Order
Bl. Angelo of Acri, Priest, Order of Friars Minor, Capuchin
(October 19, 1669-October 30, 1739)
<https://saintscatholic.blogspot.com/2014/03/blessed-angelus-of-acri.html>
- October 31** Bl. Christophe of Romagne, Friar, Order of Friars Minor (c. 1172-October 31, 1272)
<http://ecole-franciscaine-de-paris.fr/christophe-de-romagne-bienheureux/>
- November 3** Bl. Helen Enselmini, Poor Clare Nun (1208-November 4, 1242)
<https://www.roman-catholic-saints.com/blessed-helen-enselmini.html>
- November 4** St. Charles Borromeo, Secular Franciscan Cardinal, Protector of the Friars Minor
(October 2, 1538-November 3, 1584)
<https://www.britannica.com/biography/Saint-Charles-Borromeo>
Bl. Teresa Manganiello, Third Order Secular (January 1, 1849-November 4, 1876)
<https://catholicsaints.info/blessed-teresa-manganiello/>
- November 5** Commemoration of All the Deceased of the Seraphic Order
<https://faustynka.livejournal.com/12261.html>
- November 6** Bls. Alfonso López, Priest, and Companions, Martyrs of the Civil War in Spain
(Died 1934, 1936-1939)
https://en.wikipedia.org/wiki/Martyrs_of_the_Spanish_Civil_War
Bl. Marguerite de Lorraine, Poor Clare Nun (1463-November 2, 1521)
<http://www.newadvent.org/cathen/09655a.htm>
- November 7** St. Didacus of Alcalá, Friar, Order of Friars Minor, Observant (c. 1400-November 12, 1463)
<https://www.sdcatholic.org/diocese/bishops/saintdidacus.aspx>
Bl. Raynier of Arezzo, Friar, Order of Friars Minor (d. 1304)
<https://www.roman-catholic-saints.com/blessed-raynier-of-arezzo.html>
- November 8** Bl. John Duns Scotus, Priest, Order of Friars Minor, Doctor of the Church
(c. 1266-November 1308)
<https://www.roman-catholic-saints.com/blessed-john-duns-scotus.html>
- November 9** Bl. Gabriel Ferretti, Priest, First Order (1385-November 12, 1456)
<https://www.roman-catholic-saints.com/blessed-gabriel-ferretti.html>

The Walters Art Museum - Opens Aug. 26, 2026 through February 7, 2027



St. Francis Missal, Italy, ca. 1200.

Acquired by Henry Walters.

<https://art.thewalters.org/object/W.75/>

In August 2026, to commemorate the 800th anniversary of St. Francis of Assisi's death, the Walters Art Museum will once again showcase *The St. Francis Missal*, a legendary 12th-century manuscript that is believed to be a

relic of the touch of St. Francis.

According to early accounts, in the year 1208 St. Francis and two of his followers were debating what God's plan for them might be. Unable to decide, they sought answers at the church of San Nicolò in Assisi. Francis opened the book on the altar three times at random. In every case, the text on the page urged renouncing earthly goods. This pivotal moment laid the foundation for the Franciscan order. The manuscript in

the Walters collection, known today as the St. Francis Missal, is traditionally believed to be the very book consulted by St. Francis of Assisi and his companions.

An inscription in the Missal lends support to the legend that surrounds it, as the inscription chronicles the book's creation for the church of San Nicolò and also mentions the book's patron, Gerard of Ugo, who is documented in Assisi in the late 12th century. Due to the manuscript's possible contact with the saint, Franciscans worldwide consider the St. Francis Missal to be a relic of touch, and every year many make pilgrimages to Baltimore to be in its presence.

Centre Street Building, Level 3, Manuscript Gallery



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**Faith and Action
A Day of Sharing Our JPIC Journey**

Saturday, December 5, 2026

11:00 AM – 3:30 PM

**Saint John Paul II National Shrine,
Washington, DC**

Leave behind all passivity and indifference. . . We cannot remain as unengaged spectators; rather, we must listen with our hearts, allow ourselves to be challenged, and become involved.

Pope Leo XIV

Come together to explore some of the charitable and advocacy efforts we are called to on the JPIC journey that lies at the core of our Franciscan spirituality. On the day's agenda will be:

- Guest Speaker Dan Melis, Executive Director of the Catholic Climate Covenant, followed by a discussion of

actions we are able to take back to our own fraternities during this Season of Creation

- A discussion of the realities and misperceptions around homelessness, including ways to become involved in existing apostolates that serve our region's homeless neighbors
- A discussion of how advocacy for fair elections is rooted in our Catholic Social Teaching, including FAN Executive Director Michele Dunne, OFS sharing FAN's involvement in soliciting and training bipartisan poll workers.
- And more. . . including updates on ways to respond to the OFS call to "accompany immigrants," and brainstorming our future involvement in both peacemaking initiatives and also the OFS World Week of the Poor in November.

\$40 registration fee includes a light lunch. Please register ASAP, as spaces are limited. We regret that we are unable to accept unregistered walk-ins.

Register here: <https://www.signupgenius.com/go/20F0D4DABAA2BAAFACE9-65634033-faith>

Sponsored by the St Margaret of Cortona Region JPIC team.

For more information, contact Pat at pboye@secularfranciscan.org.

True and Perfect Joy

The fourteenth century biographical tradition is the source of this piece which has always been considered authentic. Kajetan Esser placed this text in a section entitled "Dictated Writings" and relied on the research of Benvenutus Bughetti whose convincing arguments placed it among the writings of Francis. While it parallels Admonition V and Thomas of Celano's *The Remembrance of the Desire of a Soul*, 125 and 145, it reflects the letter which Francis sent to Brother Leo which was the result of a conversation on the road and the resolution of a question about Gospel life. It is impossible to date this incident with any certainty.

¹ The same [Brother Leonard] related in the same place that one day at Saint Mary's, blessed Francis called Brother Leo and said: "Brother Leo, write." ² He responded: "Look, I'm ready!" ³ "Write," he said "what true joy is."

⁴ "A messenger arrives and says that all the Masters of Paris have entered the Order. Write: this isn't true joy!" ⁵ Or, that all the prelates, archbishops and bishops beyond the mountains, as well as the King of France and the King of England [have entered the Order]. Write: this isn't true joy! ⁶ Again, that my brothers have gone to the non-believers and converted all of them to the Faith; again, that I have so much grace from God that I heal the sick and perform many miracles. I tell you true joy doesn't consist in any of these things."

⁷ "Then what is true joy?"

⁸ "I return from Perugia and arrive here in the dead of night. It's winter time, muddy, and so cold that icicles have formed on the edges of my habit and keep striking my legs and blood flows from such wounds.

⁹ Freezing, covered with mud and ice, I come to the gate and, after I've knocked and called for some time, a brother comes and asks: 'Who are you?' 'Brother Francis,' I answer. ¹⁰ 'Go away!' he says. 'This is not a decent hour to be wandering about! You may not come in!' ¹¹ When I insist, he replies: 'Go away! You are simple and stupid! Don't come back to us again! There are many of us here like you-we don't need you!' ¹² I stand again at the door and say: 'For the love of God, take me in tonight!' ¹³ And he replies: 'I will not!' ¹⁴ Go to the Crosiers' place and ask there!"

¹⁵ "I tell you this: If I had patience and did not become upset, true joy, as well as true virtue and the salvation of my soul, would consist in this."

Regis J Armstrong, O.F.M. Cap., J. A. Wayne Hellmann, O.F.M. Conv., William J. Short, O.F.M., editors, *The Saint: Volume I of Francis of Assisi: Early Documents*, New York: New City Press, 1999, pp. 166-7.